

PLUS DIRECT DEALS

Savings of up to 30% passed directly to you every week.

HUNDREDS OF DIRECT DEALS

 Kraft Miracle Whip 1 litre jar 1.78 Was \$1.90 Save .12	 Sugar Free Gingerale, Club Soda, Tonic Water, Sport Cola, Wink, C Plus Orange or Canada Dry Gingerale 24x10 fl. oz. tins Canada Dry Gingerale 6x300 ml btls. reg. price plus deposits 5.99 Was \$8.09 Save \$2.10	 Product of Canada Beverly Hills Frozen Cut-Up Rabbits whole cut-up RABBIT 1.98 lb.			
 Instant Nescafe Coffee 10 oz. jar EACH 5.31 Was \$6.39 Save \$1.08	 Assorted Varieties Hostess Potato Chips 200 g pkg. EACH 1.19 Was \$1.39 Save .20	 Individually Wrapped Sole Fillets/Highliner Fillets of Sole 14 oz. pkg. 3.86 Was \$3.98			
 Assorted Varieties Old Fashioned Recipe Beatrice Ice Cream 2 litre ctn. EACH 2.79 Was \$3.89 Save \$1.10	 Family Digestive, Assorted, Fruit Creams Assorted Creams or Home Assorted Peek Freans Cookies 400 g bag 1.84 Was \$1.98 Save .14	 Fearmans Sliced Mary Miles Side Bacon 500 g 1.73 Was \$2.10 Save .37 pkg.			
Nature's Best Whole Kernal Corn 12 fl. oz. tin 2/1.00	Instant Chocolate Nestle Quick 1 kg tin 2.99 Was \$3.59 Save .60	Assorted Varieties Ready to Serve Quaker Cereals 11 oz. box 1.20 Was \$1.28 Save .08	Lentic Icing Sugar or Golden Brown Sugar 1 kg pkg. .99	Mary Miles Wieners 1 lb. pkg. 1.43 Was \$1.70 Save .27 pkg.	Canadian Queen Pure Pork Sausages lb. 1.54
Assorted Varieties Jello Jelly Powders 3 oz. pkg. .34 Was .38 Save .04	Assorted Varieties Kal Kan Cat Food 170 g tin .29 Was .41 Save .12	Liquid Javex Bleach 3.6 litre bil. 1.49 Was \$1.79 Save .30	Powdered Sunlight Detergent 6 litre box 3.58 Was \$4.00 Save .42	Mary Miles Sweet Pickled Pork Cottage Rolls lb. 2.07	Mary Miles Dinner Hams lb. 2.67

DELI DEALS

PRODUCE DEALS

 Swift's Black Forest Ham Store Sliced lb. 3.99 Was \$5.99 Save \$2.00 lb.	 Canada No. 1 Grade Product of P.E.I. P.E.I. Potatoes 50 lb. bag 4.48	 Product of U.S.A. California Seedless Navel Oranges Size 138 12/98			
 Shopsy's Pastrami or Corned Beef Store Sliced lb. 4.29 Was \$5.99 Save \$1.70 lb.	 Product of Italy Fresh Chestnuts lb. .98	 Product of U.S.A. Washed and Trimmed Spinach 10 oz. bag .58			
Store Sliced Swift's Premium Lunch Meats Bologna, Chicken, Mac & Cheese lb. 2.19 Was \$2.99 Save .80 lb.	Store Sliced Premium Old World Swift's Salami Dutch Lunch, Vienna, Warran, Italian lb. 2.79 Was \$3.29 Save .50 lb.	Product of U.S.A. Florida White or Red Grapefruit 8/1.28	Product of U.S.A. Florida Avocados EACH .78	Product of Ontario Canada No. 1 Grade Carrots or Yellow Onions 2 lb. bag 2/98	Product of Italy Canada No. 1 Grade Muscat Grapes lb. 1.48
Product of U.S.A. Canada No. 1 Grade Head Lettuce EACH .78	Product of U.S.A. Green Onions or Radishes 8 oz. bag 2/.88	Product of U.S.A. Canada No. 1 Grade Red Tomatoes 1 1/2 lb. tray 1.68	Product of U.S.A. Fresh Broccoli EACH .98	Product of U.S.A. Fresh from the Tropics Large Size Bananas 3lb/ .99	Product of U.S.A. Canada No. 1 Grade Red Grapes lb. .98
Swift's Coll Polish Sausage lb. 2.29 Was \$2.69 Save .40 lb.	Wong Wing Chinese Style Chicken Wings lb. 2.49 Was \$3.19 Save .70 lb.	Product of U.S.A. Florida Tangelos 12/1.38	Product of Mexico Tangerines 12/1.38	Product of U.S.A. For Indoor Planting Potting Soil 10 litre bag .98	Ontario Grown Assorted Tropical Plants 4 inch pot .99
Product of U.S.A. Sunmaid Brand Thompson Seedless Raisins 24 oz. 3.99	Ontario Grown Assorted African Violets 4 inch pot 1.79				

just like our customers.

miracle foodmart®

DUE TO COMPETITIVE PRICING, MARKET FLUCTUATIONS AND DISTRIBUTION COSTS, THE SAVINGS MAY BE GREATER IN SOME AREAS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.