

PLUS DIRECT DEALS





Savings of up to 30% passed directly to you every week.

HUNDREDS OF DIRECT DEALS

 <p>Powdered Tide Detergent 6 litre box</p> <p>3.62</p> <p>Was \$4.14 Save .52</p>	 <p>Assorted Varieties Primo Pasta 800 g cello bag</p> <p>.99 EACH</p> <p>Was \$1.34 Save .35</p>	 <p>Famous for Quality Sliced Schneiders Side Bacon 500 g</p> <p>2.49</p> <p>Was \$2.95 Save .46</p>			
 <p>Ground Mother Parker Coffee 1 lb. bag</p> <p>2.52</p> <p>Was \$3.18 Save .66</p>	 <p>Sprite, Sugar Free Tab or Coca-Cola 24x10 fl. oz. tins Coca-Cola 8x300 ml btl. regular price plus deposits</p> <p>5.99</p> <p>Was \$8.69 Save \$2.70</p>	 <p>Famous for Quality Beef or Regular Schneiders Mini Sizzlers 500 g pkg.</p> <p>2.38</p> <p>Was \$2.92 Save .54 pkg.</p>			
 <p>Assorted Varieties Added Touch Cake Mixes 524 g pkg.</p> <p>.94</p> <p>Was \$1.19 Save .25</p>	 <p>Regular or Mint Crest Toothpaste 100ml plus 50 ml free</p> <p>1.55</p> <p>Was \$1.67 Save .12</p>	 <p>Famous for Quality Schneiders Beef Steakettes 500 g pkg.</p> <p>2.33</p>			
<p>Assorted Colours Kleenex Facial Tissue pkg. of 200</p> <p>.79</p> <p>Was .99 Save .20</p>	<p>Assorted Colours Royale Bathroom Tissue 4 roll pkg.</p> <p>1.39</p> <p>Was \$1.85 Save .46</p>	<p>Plain or Ripple Humpty Dumpty Potato Chips 200 g pkg.</p> <p>1.19</p> <p>Was \$1.39 Save .20</p>	<p>Regular Creamed Nordica Cottage Cheese 500 g pkg.</p> <p>1.19</p>	<p>Regular or All Beef Shopsy's Deli Fresh Wieners 1 lb. pkg.</p> <p>1.96</p> <p>Was \$2.30 Save .34 pkg.</p>	<p>Top Quality Maple Leaf Sliced Bologna 500 g</p> <p>2.64</p> <p>Was \$2.84</p>
<p>Assorted Colours Royale Towels 2 roll pkg.</p> <p>1.19</p> <p>Was \$1.70 Save .51</p>	<p>Evaporated 2% Carnation Milk 385 ml tin</p> <p>.52</p> <p>Was .54 Save .02</p>	<p>Post Alpha Blits Cereal 450 g pkg.</p> <p>2.00</p> <p>Was \$2.07 Save .07</p>	<p>Regular or Unbleached Five Roses Flour 2.5 kg bag</p> <p>2.44</p>	<p>Famous for Quality Schneiders Meat Pies 250 g</p> <p>1.33</p>	<p>North Atlantic Highliner Cod Fillets 16 oz. pkg.</p> <p>2.44</p> <p>Was \$2.58 Save .14 pkg.</p>

DELI DEALS

PRODUCE DEALS

 <p>Store Sliced Steak Pastrami or Shopsy's Corned Beef lb.</p> <p>4.29</p> <p>Was \$5.99 Save \$1.70 lb.</p>	 <p>Product of P.E.I. Canada No. 1 Grade P.E.I. Potatoes 50 lb. bag</p> <p>4.48</p>	 <p>Product of Italy Canada No. 1 Grade Muscat Grapes lb.</p> <p>1.48</p>			
 <p>Store Sliced Extra Lean Shopsy's Cooked Ham lb.</p> <p>2.19</p> <p>Was \$3.19 Save \$1.00 lb.</p>	 <p>Product of U.S.A. or B.C. Canada Fancy Grade Golden Delicious Apples (Size 125) 2lb/\$1</p>	 <p>Product of U.S.A. California In Shell Jumbo Hartley Walnuts lb.</p> <p>1.28 (New Crop)</p>			
<p>Shopsy's Deli Fresh Potato and Egg Salad lb.</p> <p>1.69</p> <p>Was \$1.99 Save .30 lb.</p>	<p>Shopsy's Beef Salami Store Sliced lb.</p> <p>2.99</p> <p>Was \$3.69 Save .70 lb.</p>	<p>Product of U.S.A. Florida Tangelos 12/1.38</p>	<p>Product of U.S.A. Florida White or Red Grapefruit 8/1.28</p>	<p>Product of U.S.A. or Mexico Tangerines 12/1.38</p>	<p>Product of U.S.A. Canada No. 1 Grade Red Grapes lb. .98</p>
<p>Clearview Farms Turkey Coll Polish Sausage lb.</p> <p>1.69</p> <p>Was \$1.99 Save .30 lb.</p>	<p>Canadian Queen Store Sliced Lunch Meats Bologna, mac & cheese, chicken, minced ham lb.</p> <p>1.59</p> <p>Was up to \$2.59 Save \$1.00 lb.</p>	<p>Product of U.S.A. Canada No. 1 Grade Bartlett Pears (Size 120-125) lb. .78</p>	<p>Product of Ontario Canada No. 1 Grade Carrots or Yellow Onions 2 lb. bag 2/.98</p>	<p>Fresh from the Tropics Large Size Bananas 3lb/.99</p>	<p>Product of Italy Fresh Chestnuts lb. 1.68</p>
<p>Product of U.S.A. Green Onions or Radishes 8oz. bag 2/.88</p>	<p>Product of U.S.A. Canada No. 1 Grade Red Tomatoes 1 1/2 lb. tray 1.68</p>	<p>Product of U.S.A. or Ontario Brussel Sprouts lb. .88</p>	<p>Product of U.S.A. Lexia Seeded Raisins 375 g 1.69</p>	<p>Product of U.S.A. Canada No. 1 Grade Head Lettuce .78</p>	<p>Product of U.S.A. Farmist Brand Economy Prunes 24 oz. 2.49</p>
<p>Product of U.S.A. Persimmons 2/1.00</p>	<p>Ontario Grown Boston Ferns 8 inch pot 4.99</p>	<p>Product of U.S.A. or Ontario Brussel Sprouts lb. .88</p>	<p>Product of U.S.A. Canada No. 1 Grade Red Grapes lb. .98</p>	<p>Product of U.S.A. Canada No. 1 Grade Head Lettuce .78</p>	<p>Product of U.S.A. Farmist Brand Economy Prunes 24 oz. 2.49</p>

We're a little smarter... just like our customers.

miracle foodmart

DUE TO COMPETITIVE PRICING, MARKET FLUCTUATIONS AND DISTRIBUTION COSTS, THE SAVINGS MAY BE GREATER IN SOME AREAS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.