

This Week 721 Direct Deals at Miracle Food Mart

Plus additional savings

Grocery Direct Deals



Smooth
Kraft Peanut Butter
1 kg jar
Save \$1.49

Was \$5.50
3.99
EACH



Heinz Tomato Ketchup
32 fl. oz. keg
Save .57

Was \$2.26
1.69

Frozen Concentrated 100 - Pure Florida Grapefruit or
Miracle Food Mart Orange Juice 12.5 fl. oz. tin **.89**

Fancy
Heinz Tomato Juice 48 fl. oz. tin **.99**

Kellogg's Special K Cereal 475 g box **1.89**

Assorted Varieties
Duncan Hines Cake Mixes 520 g pkg. **1.09**

All Purpose
Robin Hood Flour 3.5 kg bag **2.89**

Assorted Varieties
Del Monte Pudding Cups 4x5 fl. oz. tins **1.29**

Club Soda, C Plus Orange, Tonic Water, Sugar Free Gingerale or
Canada Dry Gingerale 24x10 fl. oz. tins **5.99**

Canada Dry Gingerale 6x300 ml btl. tins regular price plus deposit

Regular Filter or Drip
Maxwell House Ground Coffee 1 lb. bag **2.69**

Assorted Varieties Strained
Heinz Baby Food (No Meat) 4.5 fl. oz. jar **.33**

Butterscotch Chip, Chocolate Chip, Coconut, Peanut Butter Chip
Steinberg Cookies 400 g bag **1.19**

Chicken or Turkey
Burn's Flaked Meats 6.5 oz. tin **1.69**

In Tomato Sauce or With Pork
Heinz Beans 14 fl. oz. tin **2/1.00**

Budget
McConnell Tea Bags pkg. of 100 **.99**

Fleecy Fabric Softener 3.6 liter btl. **2.69**

Meat



Ready To Use Previously Frozen Lean & Meaty Pork
Side Spare Ribs

1.28
lb.



Fresh Ontario Quality Pork
Leg of Pork Roasts 5-7 lb. size butt portion

1.28
lb.

SPECIAL!

Fresh Ontario Quality Pork
Leg of Pork Roasts 5-7 lb. avg. size shank portion **1.38**
lb.

Fresh Ontario Quality Pork Centre Cut
Leg of Pork Roasts 4 lb. avg. size centre portion **1.98**
lb.

Cut from the leg
Fresh Pork Schnitzel bread & fry Thin sliced boneless pork cutlets **2.58**
lb.

Cut from the Leg, Bone in Centre Cut
Pork Cutlets fry or broil **1.98**
lb.

Grade B Frozen or Fresh
Stewing Hens **.58**
lb.

Taillefer
Tourtiere Pies 500 g pkg. **2.46**

Farmers Sliced
Mary Miles Side Bacon 500 g **1.88**

Sliced
Beef Liver Steaks **.88**
lb.

Famous for Quality, Dutch Treat, All Beef Wieners or
Schnelders Red Hots 1 lb. pkg. **2.18**

Famous for Quality, Sliced
Schnelders Lunch Meats 175 g Bologna, mac & cheese, luncheon **1.08**


Famous for Quality
Schnelders Snack Rolls 250 g Braunschweiger, Liverwurst, Chicken **.98**

Famous for Quality
Schnelders Mini Deli 250 g Beerwurst, Pepperoni, Kielbassa **2.09**

Oven Ready Frozen Pink
Pacific Salmon **1.98**
lb.

Pillers Breakfast or
Bratwurst Sausage **2.28**
lb.

Produce



Product of U.S.A. New Crop Florida
White or Red Grapefruit

8/1.28
SPECIAL!

Fresh from the Tropics
Large Size Bananas **3lb/.99**

Product of Ontario Canada No. 1 Grade
Ontario Potatoes 10 lb. bag **1.17**

Product of South Africa
Outspan Valencia Oranges Size 112 **12/1.98**

Product of Ontario Canada No. 1 Grade
Carrots or Yellow Onions 2 lb. bag **2/.98**

Product of U.S.A.
Fresh Broccoli **.98**
lb.

Product of U.S.A. Canada No. 1 Grade
Red Grapes **.98**
lb.

Deli

Top Quality
Maple Leaf Waxed Bologna Was \$1.99 **1.49**
lb.

Store Sliced Save .50 lb.

Top Quality Store Sliced
Maple Leaf Lunch Meats Was \$3.19 **2.19**
lb.

chicken loaf, mac & cheese, dutch loaf, headcheese Save \$1.00 lb.

Country Kitchen
Maple Leaf Blackforest Style Ham Was \$5.99 **4.29**
lb.

Store Sliced Save \$1.70

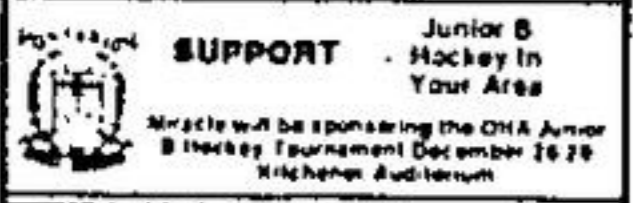
Bakery

White
Mira-Lite Sliced Bread Was .57 **2/1.00**
450 g loaf Save .14

Plain or Whole Wheat
Oakrun English Muffins Was .75 **.59**
pkg. of 6 Save .16

Caramel or Vanilla
Vachon 1/2 Moon Was \$1.79 **1.49**
pkg. of 6 Save .30

ALL PRICES EFFECTIVE UNTIL TUES. OCT. 27, 1981 EXCEPT BAKERY ITEMS UNTIL SAT. OCT. 24, 1981 *WAS* PRICES REFERS TO OUR REGULAR SELLING PRICE *SAVE* REFERS TO THE MINIMUM SAVING OVER OUR REGULAR SELLING PRICE. DUE TO COMPETITIVE PRICING, MARKET FLUCTUATIONS AND DISTRIBUTION COSTS, THE SAVINGS MAY BE GREATER IN SOME AREAS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



We're a little smarter... just like our customers

