

# This Week 435 Direct Deals at Miracle Food Mart

Here's just a few of them...



Pony Tail Wrap  
**Champlain  
White  
Sliced  
Bread** 24 oz. loaf  
Save .18

Was .67  
**.49**



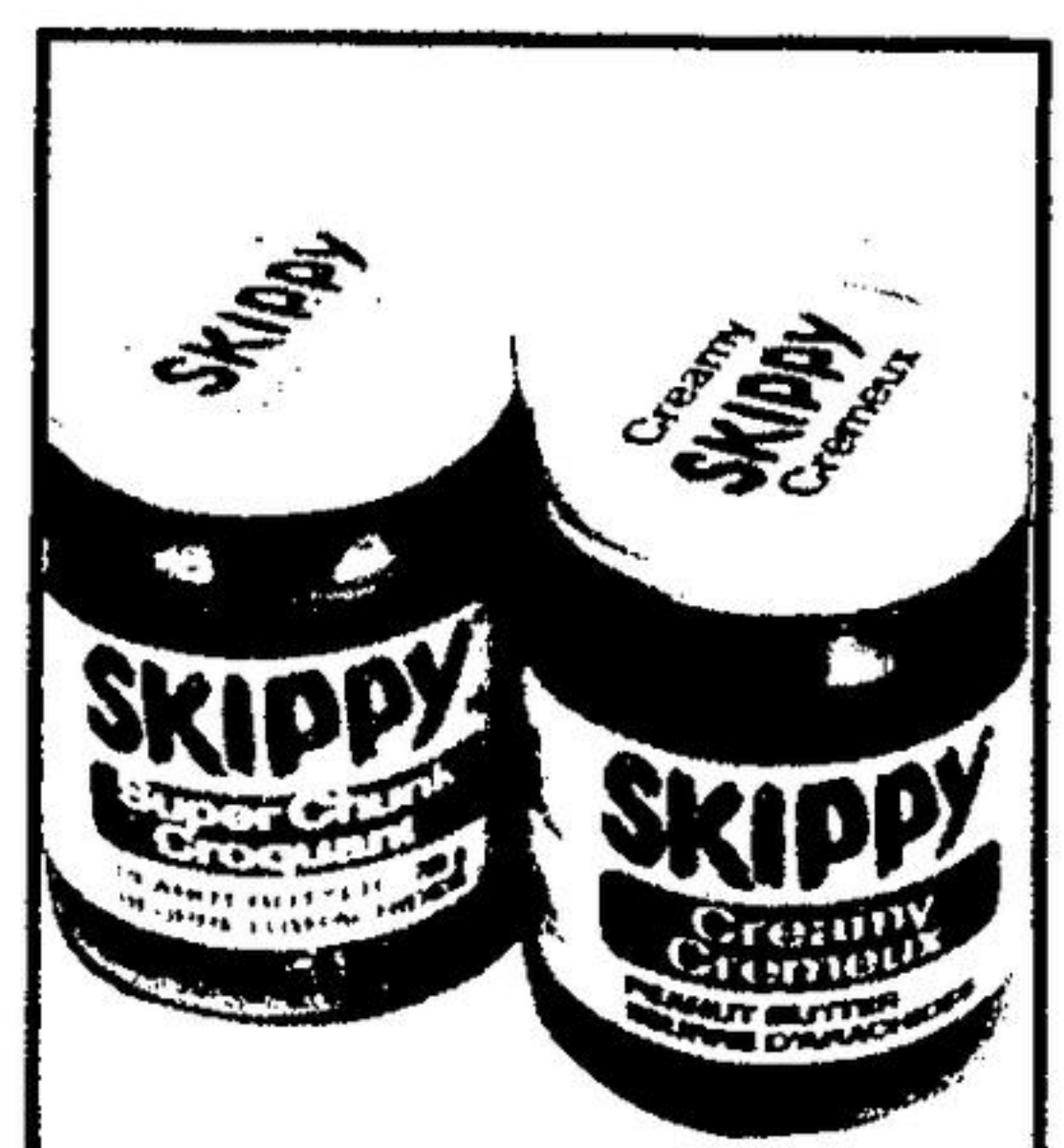
Processed Single Thin  
**Miracle Food Mart  
Cheese  
Slices** 500 g pkg., pkg. of 24  
Save .60 EACH

Was \$2.69  
**2.09**



Sprite,  
Sugar Free Tab Cola  
or  
**Coca-Cola**  
24x10 fl. oz. tins  
Coca-Cola  
8x300 ml. bttls.  
regular price  
plus deposits  
Save \$4.70

Was \$9.69  
**4.99**



Super Chunk or Creamy  
**Skippy  
Peanut  
Butter** 750 g jar  
EACH

Was \$4.25  
**2.99**  
Save \$1.26

Assorted Colours <b>Kleenex Boutique Towels</b> 2 roll pkg. Save .46 Was \$1.65 <b>1.19</b>	Frozen Concentrated Unsweetened <b>Minute Maid Orange Juice</b> 16 fl. oz. tin Save .40 Was \$1.69 <b>1.29</b>	<b>Nabisco Shreddies</b> 875 g box Save .44 Was \$1.73 <b>1.29</b>	Assorted Flavours <b>Sealtest Ice Cream Parlour Ice Cream</b> 2 litre ctn. Was \$1.79 <b>2.49</b>	Liquid Green Miracle Food Mart <b>Dish Detergent</b> 1 litre btl. Save .60 Was \$2.49 <b>1.89</b>
100% Vegetable Oil <b>Chefmaster Soft Margarine</b> 1 lb. tub Save .20 Was .69 <b>.49</b>	<b>Lay's or Ruffles Potato Chips</b> 200 g bag Save .20 Was \$1.39 <b>1.19</b>	Arrowroot, Digestive, Fruit Shortcake or Shortcake <b>Peek Freans Cookies</b> 400 g bag Save .60 Was \$1.99 <b>1.39</b>	Assorted Varieties <b>Catelli Pasta</b> 1 kg box Save .80 Was \$1.79 <b>.99</b>	Dempster's Bamby <b>Hot Dog and Hamburger Rolls</b> pkg. of 8 Save .25 Was .84 <b>.59</b>
Assorted Flavours <b>Gay Lea Yogurt</b> 175 g pkg. <b>3/.99</b>	Assorted Varieties <b>Del Monte Fruit Cups</b> 4x5 fl. oz. tins Save .43 Was \$1.87 <b>1.44</b>	Fancy <b>Libby's Tomato Juice</b> 48 fl. oz. tin Save .28 Was \$1.21 <b>.99</b>	Beef <b>Top Choice Dog Food</b> 2 kg box Save .90 Was \$4.39 <b>3.49</b>	Fabric Softener Sheets <b>Bounce</b> pkg. of 40 Save .22 Was \$3.41 <b>3.19</b>
<b>Sealtest Sour Cream</b> 500 ml. cont. <b>1.09</b>	Plain <b>Catelli Spaghetti Sauce</b> 28 fl. oz. tin Save .70 Was \$1.49 <b>.79</b>	Orange Flavoured <b>Tang Crystals</b> 22.9 oz. cont. Save .30 Was \$3.09 <b>2.79</b>	Powdered <b>Sunlight Detergent</b> 6 litre box Save \$1.64 Was \$4.53 <b>3.49</b>	Assorted Colours <b>Velour Bathroom Tissue</b> 4 roll pkg. Save .40 Was \$1.69 <b>1.29</b>
Assorted Varieties Frozen <b>Cavendish French Fries</b> 2 lb. bag Save .30 Was \$1.19 <b>.89</b>	Burn's <b>Flaked Ham</b> 8.5 oz. tin Save .65 Was \$1.64 <b>.99</b>	Assorted Varieties <b>Added Touch Cake Mixes</b> 18.5 oz. pkg. Save .50 Was \$1.39 <b>.89</b>	Regular or Deodorant <b>New Freedom Maxi Napkins</b> pkg. of 30 Was \$1.79 <b>2.39</b>	Caramel or <b>Vachon Joe and Louis</b> pkg. of 6 Save .30 Was \$1.79 <b>1.49</b>
Frozen Extra Deluxe or Pepperoni <b>Gusto Pizza</b> 10", 13 oz. pkg. Save .66 Was \$2.65 <b>1.99</b>	Pea and Ham, Pea and Vegetable or Chicken Noodle <b>Habitant Soup</b> 14 fl. oz. tin Save .18 Was .69 <b>2/\$1</b>	Whole, Choice <b>Aylmer Tomatoes</b> 28 fl. oz. tin Save .30 Was \$1.09 <b>.79</b>	Liquid <b>Sunlight Dish Detergent</b> 1 litre btl. Save .50 Was \$2.29 <b>1.79</b>	Assorted Colours <b>Kleenex Facial Tissue</b> pkg. of 200 Save .29 Was \$1.06 <b>.77</b>

Plus additional savings like these...

Regular  
**Ground  
Beef**  
Limit 5 lbs. per family

**1.18**  
LB.

Save .70 lb. SPECIAL!

FROM THE DELI  
Was \$3.29 lb.  
Store Sliced  
**Swift's Old  
World Salami**  
Vienna, Ukranian, Italian, Polish

**2.29**  
LB.

Save \$1.00 lb.

Fresh from the Tropics  
**Large Size  
Bananas**

**4 / \$1**  
lbs/

SPECIAL!

Ideal for the BBQ Frozen  
**Side  
Spare Ribs**

**1.48**  
LB.

Save .50 lb. SPECIAL!

We're a little smarter... just like our customers **miracle foodmart**

ALL PRICES EFFECTIVE UNTIL TUES. SEPT. 8, 1981 EXCEPT BAKERY ITEMS UNTIL SAT. SEPT. 5, 1981 'WAS' PRICES REFERS TO OUR REGULAR SELLING PRICE. 'SAVE' REFERS TO THE MINIMUM SAVING OVER OUR REGULAR SELLING PRICE. DUE TO COMPETITIVE PRICING, MARKET FLUCTUATIONS AND DISTRIBUTION COSTS, THE SAVINGS MAY BE GREATER IN SOME AREAS.