

# Bray qualifies for national finals as 'fly' to third place finish



Mark Bray feels what he doesn't know won't hurt him.

The Acton swimmer doesn't try to be ignorant of his sport, only of the top calibre, highly acclaimed athletes he has to compete against.

At 15 years of age, Bray is one of the youngest swimmers in the men's open class. Last weekend he used his philosophy to overcome any age difference as he won a bronze medal at the Eastern Canadian Championships at the Olympian pool in Toronto.

The Burlington Swim Club

member's time of 1:00.9 in the 100m butterfly also qualified him for the National Championships next March.

"I try not to think about my opponents," explained Bray. "It gets pretty scary when you do. As long as I think about the race I can blank out all the other things."

In swimming mental preparation before the race is just as important as physical conditioning. If Bray were concerned more about his opponents than his performance he wouldn't have a chance of winning anything.

Qualifying for the nationals is a big step for any swimmer, especially one as young as Bray.

"One of my major goals was to make the nationals. Once you're past the finals you can try to make the Olympic team," he said.

Bray may lack some experience, but he seems to make up for it with his dogged determination.

"When winter comes, I'll be training twice a day in preparation for the nationals. It's the most important thing if you want to be a

swimmer — that's what I want to do. You have to disregard not being able to do other things," said Bray.

The older swimmers have another advantage over Bray — size and strength.

"As time goes by I'll get bigger and stronger. Then I'll be able to do even more work," said Bray.

Still he's noticed some improvement in swimming against some of the top guys around.

"Things were a lot worse when I was younger, 13 and swimming against those guys," said Bray.

## Swan song

BUCHAREST, Romania—Rockwood's Alan Swanston captured Canada's first medal here at the World Student Games with his bronze medal swimming performance in the 200m Individual Medley.

The 22-year-old Region of Waterloo Swim Club member is a veritable veteran of international swimming competition. He won a troika of silver medals at the 1977 Canada Games, was on Canada's second place 4x100 relay team at the 1979 Pan-Am Games and just recently hoarded a pair of golds, three silvers and one bronze medal at Cuban National championships.

The University of Waterloo student was also honored as the Most Valuable Swimmer at the facility this season.



Alan Swanston

## Free Press

# sports and recreation

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Second Section

### Anckers away

## Morris wins second mixed doubles title

by DAVE DORKEN

Cloning may not be a reality yet, so Mike Morris has found the next best thing.

Last year Morris and partner June Lewis captured the Acton Tennis Club's mixed doubles championship. This year Lewis wasn't available for the tourney but Morris and his new partner still captured all the laurels.

Morris and partner Shirley Ancker beat veterans Marcia and Don Gregg 6-4, 4-6, 7-6 to take the championship crown.

"The lady I played with last year (Lewis) plays a lot like Shirley does," said Morris. "Shirley is younger so she's a little faster."

Morris needed this extra speed to defeat the Greggs.

"They're really experienced, Marcia and Don have played together for years. They know each other like the back of their hands," explained Morris. "We had to make sure we put the ball where they weren't."

The two may be less experienced than the Greggs, and less familiar with the play of their partners, but they managed to overcome problems nicely.

"I was confident (going into the tournament)," said Morris. "Shirley and I have played a couple of times and we've beaten a couple of tough teams. The Greggs got a little tense, but we just kept our cool and persevered."

In the end their cool, yet less experienced style overcame the Greggs.

Both Morris and Ancker have done much learning in this past season.

"Shirley has improved a lot over the last year, now she's one of the top ladies in the club," said Morris.

Even the twice crowned Morris has learned a great deal this summer.

"I'm captain of the Inter-county team — we play Bramalea Rockets, Malton and a team from Toronto — you get a lot of experience playing people you've never played before," said Morris.

For Morris, experience seems to be his only teacher.

"I've never taken any lessons, like a lot of the kids from town. I just go down the courts and play. Sometimes it just takes me a little longer to learn," said Morris.

Some people, like the Greggs, probably think the young tennis player has learned too fast.



Two-timer, Mike Morris (right) scoops up a low shot in the mixed doubles championship at the Acton Tennis Club. Morris and partner Shirley Ancker captured the doubles title with a 6-4, 4-6, 7-6 win over Marcia and Don Gregg. Last year Morris won the same title with a different partner, June Lewis.

## Dan near pitcher perfect as Fread drops Metros

Dan Arbie was just about 'pitcher perfect'. The Fread construction hurler tossed a two hitter as his club upset first place Metros 2-0 in Industrial Fastball play.

Arbie had a perfect game going for seven and two thirds innings. Metros' Robin Insoe was the spoiler when he poked a double. Butch Jennings belted a single before Arbie fanned the final Metros batter.

The pitcher was also effective at the plate, going three for four with a pair of doubles and a single. Jack Poot had a pair of two baggers, Bob Merrikin and Allen Hall had a pair of doubles.

The loss was only the fourth of the season for Metros, currently first place in the league with a 15-4 record.

Metros showed little mercy against Halton Hills Electric as they blanked them 7-0 in five innings.

Dave Engleby threw a four hitter for Metros and

cracked a single. Mark Williamson patted a four bagger for the winners. Karl Killingbeck, Insoe and Jennings all hammered a double and a single.

Ken Hurren and Steve Kier had doubles for Halton.

Metros scored five runs in the second frame alone. Two runs in the fourth and fifth invoked the 'mercy rule.'

Unisal Construction was 'stoned' by Harvey's Firestone Oldtimers in a 12-5 rout.

Gary Massales tapped a homer for the winners, Don Archibald, Al Aucky, Jim James, Earl Burt, Vince Thornton and Doug Prah scored for Firestone.

Wally Ella, Terry O'Brien, Charlie Harrison, Ken Pilgrim and Hugh Forbes scored for Unisal.

Jules Russiani fanned seven batters in the win.

## Desmond's brawn and Brain help in win over firemen

Desmond's used 'Brain' as well as brawn as they edged Firemen 4-3 in condo fastball play.

Tom Brain crossed the plate twice, including an inside the park homer. Dan Arbie and Jules Russiani scored once each.

Stan Clark picked up the win for Desmonds as he tossed five hits and a walk. Doug Hewitt was good for a double and a two run homer, Chris Tennant and Jim Davies also scored for Firemen.

The win leaves Desmonds in second place, with a game in hand over first spot Jug City.

In other condo action Milton (Greenworld) blanked Bovis 5-0. John Galliger was on the mound for the winners.

Fobert may have scored a lot of runs, but it was one less than they needed as they lost a close 12-11 game to Jug City.

Mike Manes started the game off a little shaky, allowing five runs before settling down and fanning eight batters for the win.

Mike Manes, Andy Dye and Dave Manes each crossed the plate twice for the winners. Bill Clark, Bob Doyle, Bill Manes, Bill Dawkins and Fred Landry scored once each.

Glen Crichton, Clint Peacock and Keith Smilly scored twice for Fobert, Ray Williams, Bob Merrikin, Bill Gillies, John Gunn and Red McEachern had one run each.

## Eramosa Gunned down in atom soccer battle

Gunners don't just believe in the saying 'it's better late than never'. They live it.

Last week Eramosa held Gunners scoreless for the first half of their Acton Soccer Club squirt game. Things weren't as easy in the second frame. Gunners scored six times to win the game 6-0.

Brian Dunn earned the shut-out, Derek Martin booted a hat trick. Jimmy Sale had a pair of markers, and Robbie Richard rounded out the scoring with a single.

David Patty, Jamie Galloway and Jason Crawford all had a strong game for Gunners.

In other squirt play Tornados blew past Rockwood 3-2. Brad Thorpe had a pair of markers for Tornados, Craig Stuckey had one. Jason Piper and Bill Gillies had stand-out performances for the winners.

Wolves ravaged Rockwood B 11-0 in atom action. Jeff Willis was flawless in the Wolves' net. David Thorpe kicked five goals, Chris Graham was good for four, Sean Yamashita and David English tallied one each.

Greg English, Chris Drummond and Stephan Schweighoffer played well for the Rockwood bunch.

Tigers and Lions knocked heads in a 1-1 draw. Chris Hayter found the opening for Tigers and had an excellent game. Jeffery Koprowski held Tigers in the game with several key saves. Kevin Pettipfer had a good game on Tigers' wing.

In other atom play Leopards dropped Rockwood A 12-0. Rene VanKesteran split the pipes five times, Paul Westaway hit the mark four times, Shawn Clark, John Bousfield and Tim Briggs socked singles.

## Restaurant orders undefeated streak

Acton's Restaurant Peewee Tri-county ball club finished off the regular season in fine form, stretching their undefeated record to five games.

The boys were on the road twice last week and came home with a pair of convincing victories beating Puslinch 14-5 and Fergus 7-2. They edged Puslinch again 8-7 in a make-up game.

Kevin Lobsinger proved to be durable as well as effective on the mound for Acton. He was credited with the win after putting down eight batters. Lobsinger was aided in the win by the fine catching of Mike Ormsby, Smith, Ormsby, Cooney, Cunningham and Parker scattered two hits apiece. White,

Lobsinger, Cargill and Bartolac rounded out the scoring with singles.

Smith hit a pair, White, Cargill, Ormsby, Cooney and Cunningham had singles. Craig Loctson hauled in a number of hits from left field.

Acton finished the regular season Monday night with a 8-7 win in extra innings over Puslinch. Jeff White hit a long fly ball to score Mike Cunningham for the win.

White scored a pair of runs, Lobsinger, Haynes, Paruer and McIntyre scored once each.

The win gave Acton an impressive 10-0 record for the season.

### Hornby Squirts

David Hinz smashed a homer and a pair of doubles as Acton Optimists beat Hornby 18-10 in Halton Rural squirt boys' softball play.

Shawn Dryden, Mike Arnott, David Harrison, Chris Lindsay, Mike Williams and Paul Sankey all scored twice. Chad Nell, Chris Griggs and Jason Campbell all rounded the bags once.

Williams was the winner on the Acton mound. Dryden, Williams and Lindsay all played a strong game defensively.

Lowville humiliated Acton 32-5 in another squirt game.

### Tri-county squirt

Acton Transmissions were running hot and cold last week.

The Tri-county squirt club hammered Eramosa in a 25-6 rout, then were dumped 16-6 by Ponsomy. Craig Cadenhead was solid at bat against Eramosa, he connected for a grand slam homer and a singleton. Even Hayter knocked a homer, two triples, and a single. Scott Williams had a triple, and a pair of singles. Greg Leatherhand, David Roden, and Frank Katsilimis each poked singles.

Roden and Dryden had a strong game for Acton in the loss.

### Rotary ball

There was a big prize at stake when Acton met Georgetown in an exhibition Rotary Club ball game.

The Georgetown side lost the game 35-15 and had to foot the bill for a steak barbeque for the Acton team.

Dave Manes was the winning pitcher for Acton.

### Grasshoppers

Acton grasshopper softball players found pitching fit them to a 'tee' last week.

Two local clubs, Home Hardware and Emily's Natural Foods met last week and instead of using the batting 'T' the players tried to hit a pitched ball. Trevor Brent, Morgan Vanham, Jill Murray and Susan Anderson proved to be good sluggers for the Hardware side.

Emily's was helped by the solid hitting of Jennifer Lee and the versatility of Jeannette Verbiq who showed skill offensively and defensively. Kyle Thomson also had a good game.

### Fastball blues

## Ed's Argos?

Ed's In and Out midgets seem to have contacted a rare disease, normally afflicting only teams from Toronto.

Yep, just like those hapless Toronto Argos, the Acton club can't seem to play a solid nine innings of ball.

Last Monday night the Acton club once again showed their ability to snatch defeat from the jaws of victory when they gave away a 4-3 win to Kitchener, in Intercounty Fastball League play.

"I don't know what to say, it's the same old thing, we're just not hitting the ball, we start a big drive but then we die near the end of the game," moaned manager Dan Arbie.

The midgets weretied 3-3 going into the ninth frame. Kitchener put two men on base, then the third batter popped a fly to right field. Acton made a double play, then couldn't get the last man out.

Kitchener scored two runs before the midgets succeeded to finish the half inning.

The same problems have hampered the club all season. Earlier in the week the midgets lost a 3-1 decision to Woodstock. The squad put 4 players on base, but managed to score only one runner.

"We should change the name to Ed's In and Out Morticians," quipped Arbie. "We come up big the first half of the game then we die. They used to play seven innings (last year). Maybe they think the last two (innings) don't matter."

Arbie can't complain too much, his club is in fact playing three leagues over their heads. Last year they cleaned up in the Tri-county league—hammering all opponents without much effort.

This season they have found the added competition of the Inter-County league to be traumatic. Besides playing two innings more each game the Club has to work harder for the wins.

"We only have five batters, the rest only hit the ball when they feel like it. That's what killed us in this game (against Kitchener), that's what killed us against Woodstock," said Arbie.

The losses this week dropped the team's record to 6-10, nothing impressive, but still good enough for fourth place in the league.

Ed's have four games left in the season, including three against cellar dwelling Galt. The so far hapless Galt tribe has only one win so far this season, the 'Morticians' have to win one game against them to make it into post-season play.



Put the boots to it... Leopards' Chris O'Neill kicks the ball out of the reach of a Rockwood A opponent in an atom soccer match. Leopards mauled Rockwood 12-0.