

Miracle's Lower Prices why pay more?

PLUS 60 DAY PRICE FREEZE ON SELECTED KEY ITEMS

<p>Assorted Flavours Sealtest All Natural Ice Cream 2 litre cont.</p> <p>2.49</p> <p>Was \$3.73 SAVE 124 SPECIAL!</p>	<p>Product of U.S.A. Canada No. 1 Grade Red Tomatoes</p> <p>3lbs /.99</p> <p>Was .68 lb. SAVE .35 SPECIAL!</p>	<p>Cut from Best Quality Grade A Beef, Chuck Blade Steak Marinate and Bar-B-Que</p> <p>LB. 1.38</p> <p>Was \$2.48 SAVE 110 SPECIAL!</p>
<p>100% Vegetable Oil Chefmaster Soft Margarine 1 lb. tub</p> <p>.59</p> <p>Was .69 SAVE .10 SPECIAL!</p>	<p>Product of Ontario Canada No. 1 Grade Ontario Head Lettuce</p> <p>3 /.99</p> <p>Was .68 ea. SAVE .35 SPECIAL!</p>	<p>Cut from Best Quality Grade A Beef, Chuck Cross Rib Roast 4-6 lb. size Pot or Oven Roast</p> <p>LB. 1.78</p> <p>Was \$2.78 SAVE UP TO 600 per roast SPECIAL!</p>
<p>Wilson's Gingerale, Orange Crush, Hires Root Beer or RC Cola 24x10 fl. oz. tins Coca-Cola 6 x 300 ml. btl. reg. price plus deposits</p> <p>4.99</p> <p>Was \$8.63 SAVE 364 SPECIAL!</p>	<p>Product of Ontario Canada No. 1 Grade Ontario Cauliflower</p> <p>EACH .99</p> <p>Was \$1.59 SAVE .60 SPECIAL!</p>	<p>Cut from Best Quality Grade A Beef Boneless Lean Stew Beef</p> <p>LB. 1.98</p> <p>Was \$2.68 SAVE .70 SPECIAL!</p>

SAVE .60	1.89	Good Host Iced Tea Mix 500 g tin
SAVE .36	1.59	Breakfast Cereal Post Sugar Crisp 400 g box
Was \$1.33 SAVE .24	1.09	Assorted Flavours Neilson Crystals pkg. of 3
SAVE .38	1.29	Assorted Colours White Swan Bathroom Tissue 4 roll pkg.
SPECIAL!	1.19	Assorted Colours White Swan Towels 2 roll pkg.
SAVE .16	1.39	Frozen, Concentrated Unsweetened 100% Pure Miracle Food Mart Florida Orange Juice 16 - 7 1/2 fl. oz. tins

*MIRACLE'S PRICE FREEZE

<p>Powdered Tide Detergent 6 litre box Was \$4.75 SPECIAL!</p> <p>3.75</p> <p>FROZEN AT</p>	<p>Processed Singles Kraft Cheese Slices pkg. of 24 500 g pkg. Was \$2.81 SPECIAL!</p> <p>2.29</p> <p>FROZEN AT</p>	<p>Salad Dressing Kraft Miracle Whip 1 litre btl. Was \$2.33 SPECIAL!</p> <p>1.89</p> <p>FROZEN AT</p>
<p>Fancy Whole Kernel Green Giant Niblets Corn 12 fl. oz. tin Was .63 SPECIAL!</p> <p>.49</p> <p>FROZEN AT</p>	<p>Choice Mitchell's Apple Juice 48 fl. oz. tin Was \$1.23 SPECIAL!</p> <p>.99</p> <p>FROZEN AT</p>	<p>Mira-Lite White Sliced Bread 450 g loaf Was .48 SPECIAL!</p> <p>.46</p> <p>FROZEN AT</p>
<p>Miracle Food Mart Hot Dog and Hamburger Buns pkg. of 8 Was .77 SPECIAL!</p> <p>.59</p> <p>FROZEN AT</p>	<p>Chunk or Flaked Light Gold Seal Tuna 6 oz. tin</p> <p>1.29</p> <p>FROZEN AT</p>	<p>White or Yellow Capri Bathroom Tissue 4 roll pkg.</p> <p>.99</p> <p>FROZEN AT</p>
<p>Assorted Varieties Miracle Food Mart Potato Chips 200 g bag SPECIAL!</p> <p>.88</p> <p>FROZEN AT</p>	<p>Steinberg Charcoal Briquets 10 lb. bag</p> <p>1.97</p> <p>FROZEN AT</p>	<p>Prepared French's Mustard 16 fl. oz. btl. Was .79 SPECIAL!</p> <p>.69</p> <p>FROZEN AT</p>
<p>Plain Kraft Barbeque Sauce 25 fl. oz. btl. Was \$2.05 SPECIAL!</p> <p>1.69</p> <p>FROZEN AT</p>	<p>Miracle Food Mart Tomato Ketchup 25 fl. oz. btl. SPECIAL!</p> <p>1.17</p> <p>FROZEN AT</p>	<p>Mineral Water Perrier 4x330 ml. btl. Was \$2.39 SPECIAL!</p> <p>1.99</p> <p>FROZEN AT</p>

Ideal for BBQ Primrose Beef Burgers	LB. .98	Was \$1.98 SAVE 100 LB.
Frozen Utility Grade Oven Ready Chickens 3-4 lb. size	LB. .88	Was \$1.18 UP TO 120 per chicken
Frozen Part Back Attached Chicken Legs Sold in 4.4 lb. ctn. at \$4.31	LB. .98	Was \$1.78 SAVE .80 LB.
Choice Grade Veal Chops Blade or Shoulder	LB. 1.98	Was \$2.48 SAVE .50 LB.
Store Sliced Mix or Match European Style Pillers Salami Thuringer, Hungarian, Pork, Peppersed, German, Cervelat, Mustard, Paprika	LB. 3.59	SAVE 140 FROM THE DELI
Fresh Potato Salad or Cole Slaw	LB. .99	SAVE UP TO .40 FROM THE DELI

*WAS' PRICES REFERS TO OUR REGULAR SELLING PRICE-WE RESERVE THE RIGHT TO LIMIT QUANTITIES. ALL PRICES EFFECTIVE UNTIL TUES. JULY 14, 1981 EXCEPT BAKERY ITEMS UNTIL SAT. JULY 11, 1981