

It's Mainly Because of the Meat...



Fresh Daily
Regular

Ground Beef
lb.

our reg. price 1.98 lb.

.80 lb. difference

1.18

limit:
10 lbs. per
family

Store Sliced

Cooked Ham
lb.

our reg. price 2.59 lb.

.80 lb. difference

1.79

Returnable Bottle Plus Deposit
Assorted Flavours
Domino Beverages
750 ml bottle

.29

our reg. price .43
.14 difference

Assorted Fruit Flavours, Dominion
Yogurt
175 g cont.

3/\$1

SPECIAL!

Primo Plain
Spaghetti Sauce
28 fl. oz. tin

.99

our reg. price 1.29
.30 difference

Swift's or Burns', Rindless, Sliced
Breakfast Bacon
500 g pkg.

1.78

our reg. price 2.22
.44 difference

Regular or Beef
Shopsy's Wieners
1 lb. pkg.

1.49

our reg. price 2.38
.89 difference

Burns', Sweet Pickled
Cottage Rolls
lb.

1.78

our reg. price 2.18 lb.
.40 lb. difference

Coffee Whitener
Cremelle
624 g cont.

2.39

our reg. price 2.59
.20 difference

Chunk Light
Star-kist Tuna
6.5 oz. tin

1.29

our reg. price 1.45
.16 difference

Assorted Colours, Symphony
Facial Tissue
pkg. of 200

.79

SPECIAL!

Frozen, Dressed, Whole
Whitefish

.88

SPECIAL!

Swift's Premium
Sliced Bologna
500 g pkg.

1.89

our reg. price 2.19
.30 difference

Mary Miles
Wieners
1 lb. pkg.

.88

Limit: 3 pkgs. per family
SPECIAL!

Assorted Colours Symphony Bathroom Tissue 4 roll pkg. 1.39	Special! In Tomato Sauce Zoodles or Libby's Alpha-Getti 19 fl. oz. tin .69	Special! Richmello Old Fashioned Bran Bread 24 oz. loaf .69	Special! Burns' Roy-All Lecheon Meat 12 oz. tin .99	Special! Red or Mint Flavoured Close Up Toothpaste 150 ml tube 1.79
Armour Star Corned Beef 12 oz. cont. 2.19	Special! Frozen, Blueberry Regular or Buttermilk, Aunt Jemima Pancake Batter 454 g cont. .69	Special! Glad Plastic Garbage Bags pkg. of 20 2.89	Special! In Tomato Sauce Heinz Scarios 14 oz. tin 2.89	Special! Regular or Mint Flavoured Cepacol Mouthwash 500 ml cont. 1.99
Soft Imperial Margarine 2 lb. pkg. 2.19	Special! Regular or Decafinated Instant Taster's Choice 8 oz. jar 5.99	Special! Powdered Concentrate Boralex Detergent 2.2 kg box 2.59	Special! Orange Pekoe (Gauze) Richmello Tea Bags 8 oz. pkg. 1.49	Special! Shampoo, Conditioner or Creme Rinse Nature's Henna 500 ml cont. 2.89

Definite Difference on Produce

Dole, Del Monte or Chiquita Bananas 25 lb. SPECIAL!	Product of Canada, Fancy Grade Ontario Grown McIntosh Apples 3 lb. bag .98	Product of U.S.A. California Navel Oranges dozen .97
	Product of Honduras Fresh Pineapple .. .99	Southern Pride Vegetable Cocktail 48 fl. oz. 1.28
	Product of Canada, Fresh Belgian Endive .. 1.99	Product of Canada Fresh Cole Slaw 8 oz. pkg. 2.98

Pier 19

Frozen Dressed Cello Rainbow trout 8 oz. pkg. .89	Special!
Frozen Alaska King Crab Legs lb. 4.99	Special!
Frozen Dressed Whole Whitefish lb. .88	Special!

A Definite Difference at Dominion

Burns' or Swift's Sliced Cooked Ham 175 g pkg. 1.28	Special!
Burns' Store Packaged Breakfast Sausage .. 1.38	Special!
Swift's Sugar Plum Cooked Boneless Dinner Hams lb. 2.48	Special!
Burns' Vacuum Packed Bologna Chunks lb. 1.18	Special!
Swift's Frozen Lazy Maple Sausage 500 g pkg. 1.99	Special!
Swift's Premium Sizzlean 375 g pkg. 1.99	Special!

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.