


SAVE 90¢

Our Reg. Price \$2.89
Assorted Flavours Sealtest

ICE CREAM PARLOUR ICE CREAM
2 litre ctn.

1.99

SPECIAL!



miracle
foodmart

UP TO \$3.50 SAVINGS PER HAM

Our Reg. Price \$1.28
Part Skinned


SMOKED COOKED HAM
5-7 lb. avg. size Shank portion

78¢

SPECIAL!



STOREWIDE SUMMER SALE!



SAVE \$2.00

Regular or Diet
SEVEN-UP
6x10 fl. oz. btl.
plus 60¢ deposit

Our Reg. Price \$6.99
Regular or Diet
SEVEN-UP
24x10 fl. oz. tins

1.65

4.99

SPECIAL!

SAVE

Assorted Colours
KLEENEX BOUTIQUE TOWELS
2 roll pkg.

99¢

SPECIAL!

Our Reg. Price \$1.58

Fresh Ontario Quality Pork

FRESH PORK LOIN CHOPS
Rib & tenderloin chops mixed

42¢ lb.

1.16

SPECIAL!

SAVE

ONTARIO FRESH STRAWBERRIES
quart cup EACH

98¢

SPECIAL!

Catelli
MACARONI & CHEESE DINNER
7.25 oz. box **25¢** SPECIAL!

Miracle Food Mart
HOT DOG AND HAMBURGER ROLLS
pkg. of 8 **2/\$1** SPECIAL!

Champlain Pony Tail Wrap
WHITE SLICED BREAD
24 oz. loaf (available until Sat. June 21, 1980 only) **39¢** SPECIAL!

Frozen Valley Farm
FRENCH FRIES
2 lb. pkg. **29¢** EVERYDAY LOW PRICE

Smooth or Crunchy
SQUIRREL PEANUT BUTTER
500 g jar **1.19** SPECIAL!

Regular or Mint
CREST TOOTHPASTE
100 ml tube **99¢** SPECIAL!

SAVE 76¢

Our Reg. Price \$3.75
Powdered
SUNLIGHT DETERGENT
6 litre box

2.99

SPECIAL!

Our Reg. Price \$1.78
Frozen

PORK SIDE SPARE RIBS
3 lb. avg. size

UP TO \$1.20 SAVINGS PER RIB

1.38

SPECIAL!

Product of U.S.A.
FRESH CULTIVATED BLUEBERRIES
pint cup EACH **98¢** SPECIAL!

Product of U.S.A.
WHOLE WATERMELON
15 lb. avg. size EACH **1.98** SPECIAL!

Product of U.S.A. Canada No. 1 Grade
NEW POTATOES
10 lb. bag **1.98** SPECIAL!

Product of U.S.A.
FRESH NECTARINES **88¢** SPECIAL!

Product of U.S.A. Canada No. 1 Grade
FRESH PEACHES **78¢** SPECIAL!

Product of U.S.A.
HONEY DEW MELONS **98¢** SPECIAL!

Fresh from the Tropics
LARGE SIZE BANANAS **3LBS./99¢** SPECIAL!

Product of U.S.A.
NEW CROP PERLETTE GRAPES **1.48** SPECIAL!

Ontario Grown
GREEN ONIONS OR BUNCH RADISHES **3/99¢** SPECIAL!

Tudor Bakery

Our Reg. Price \$1.05
Super Size
KAISER BUNS
pkg. of 8
Available until June 21 only
89¢ SPECIAL!
Save 16¢

Old Fashioned
BRAN MUFFINS
pkg. of 6
Available until June 21 only
Homestyle
APPLE PIE
20 oz. 567 g
Available until June 21 only
1.49 SPECIAL!

SAVE 90¢

Our Reg. Price \$4.39
MAXWELL HOUSE GROUND COFFEE
1 lb. bag

3.49

SPECIAL!

Our Reg. Price \$1.98

Fresh Ontario Quality Pork

CENTRE CUT PORK LOIN CHOPS

42¢ lb.

1.56

SPECIAL!



FAMILY FUN IN THE GOOD OL' SUMMERTIME

PICK UP YOUR FAMILY FUN FLYER! PACKED WITH 30 COUPONS. IT'S FREE WITH A MINIMUM \$25 ORDER WHILE SUPPLIES LAST!

SAVE 40¢

Our Reg. Price \$1.39
By the Sea
CHUNK LIGHT TUNA
8 1/2 oz. tin

99¢

SPECIAL!

Our Reg. Price \$1.48
Frozen Ready to Cook
Soft Basting Grade A

BUTTERBALL YOUNG TURKEYS
8-14 lb. size

UP TO \$7.00 SAVINGS PER TURKEY

98¢

SPECIAL!

Fresh Ontario Quality Pork

LEG OF PORK ROASTS
5-7 lb. size built portion **88¢** SPECIAL!

Top Quality Sliced
MAPLE LEAF SIDE BACON
800g (17.8 oz.) **1.38** SPECIAL!

Top Quality Regular or All Beef
MAPLE LEAF WIENERS
1 lb. pkg. **1.38** SPECIAL!

Via Air Express
Genuine New Season
FRESH ATLANTIC SALMON
Steaks or Roast **5.98** SPECIAL!
(Available Wed., Thurs., Fri.)

PRICES EFFECTIVE UNTIL TUESDAY JUNE 24, 1980 EXCEPT BAKERY ITEMS UNTIL SATURDAY JUNE 21, 1980 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.