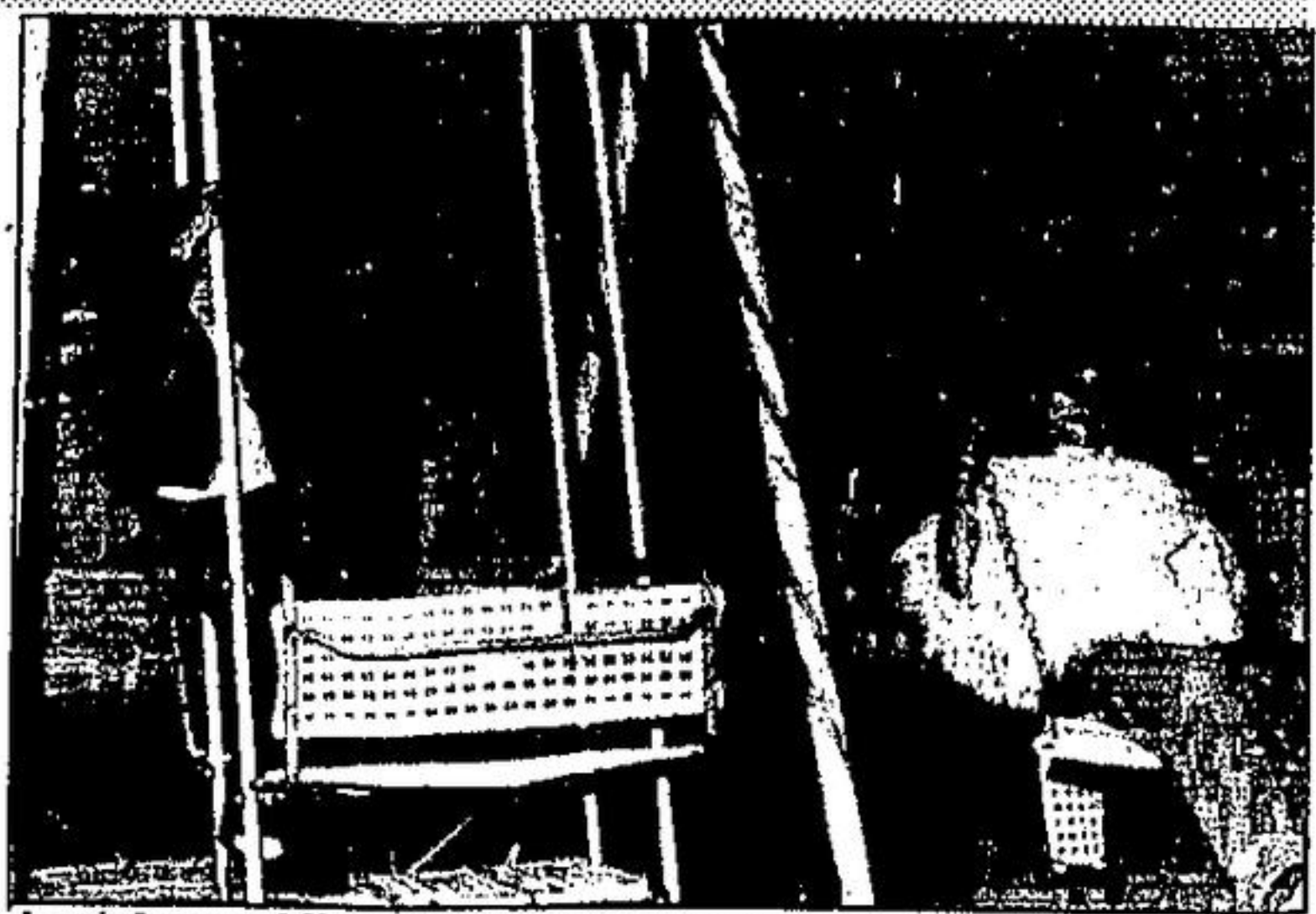




These two little boys, Michael and Neil Hignett, were counting on their parents to top all bidders at the Y's Men auction Friday night for this fire truck.



Trying out a pool table before the bidding begins at Friday's Y's Men auction is Mike Nellis.



Laurie Ivany and Sherry McFadden try out a swing set up for grabs at the Y's Men auction Friday night at the Curling Club.

Social grants not re-opened

Halton Regional Council will not re-open the question of health and social service grants to help agencies facing termination due to a lack of funds.

At last Wednesday's council meeting it was decided to reject a request from the Health and Social Service Committee, the Radio Reading Service be invited to return to the committee with an updated report on its financial situation.

Legion Ladies' Auxiliary

Donate to fireworks

Acton Legion Ladies Auxiliary held their last meeting for the summer months on June 5 with their new president, Jean Earle, presiding.

Ferne Shultis was installed in her position of treasurer.

Gifts went out to Ladies Legion Auxiliary sick members.

Donations were made to the Mentally Retarded and the Acton Firefighters for fireworks.

Marg McNabb won the money draw and Mary Daigle the cushion.

Past officers' medals were presented to Mary Daigle, Jean Earle, Kathy Jensen and Sharon Barker.

Lucy Synnot and Sharon Barker will attend the graduation banquet to present the cheques on behalf of the Ladies Auxiliary.

The Sunnybrook vets will be visiting the Branch on November 8.

There are 14 members attending the Convention in Ottawa September 6.

Don't forget the bus trip to the races at Woodbine on September 27.

The cost is \$20 for each member attending, to be paid by the next general meeting September 4.

It was decided each member must attend three general meetings a year, and serve at least three banquets a year before they may participate in sports.

THE ACTON FREE PRESS
Authorized as Second Class Mail
Postal Registration Number — 0515

Concert series tickets on sale

Tickets went on sale this week for a three concert set this fall and next winter in Halton Hills.

The first concert, at Georgetown High School, on October 29, features Maple Sugar, a Canadian folk singing group. Also appearing will be Rockwood, born and Eden Mills resident James Gordon and his group, Gordon, Sutherland and Bird.

The second concert will be at Acton High School on February 1, 1981 and the attraction will be the Tapestry Singers.

The final concert in the series, at Georgetown High School on April 8, 1981, will feature Canada's foremost contralto, Maureen Forster.

Ticket co-chairman Janet Fleming of Acton says the subscription concert series went on sale Monday and will last two weeks. Many tickets have already gone and there is a limit of 400 tickets. For information call Mrs. Fleming at 853-0925 by June 21. Tickets are \$15 for adults and \$12 for seniors and students.



Carrie Frances McCristall recently graduated from Sheridan College in Executive Secretarial.



Cynthia Louise Lott recently graduated from the University of Ottawa with a Baccalaureate of Science in Nursing. A former Acton High School graduate, Miss Gordon has accepted a position at the Hospital for Sick Children in Toronto. Attending the convocation exercises were her parents Mr. and Mrs. Gordon Lott, Westcott Road, and Mike Noble.

Crests on display

Several colorful examples of proposed crests for Eramosa Township may be on display during Rockwood's Pioneer Days this weekend.

Drawings from Eramosa Public School and Rockwood Centennial plus some from adults were viewed recently by Eramosa Township Council and the idea was to put the pictures on display during Pioneer Days.

The motto from one of the drawings took the eye of Councillor John McLeod: "It's nice to be important and it's important to be nice."

WHY IS DIANNE FAT?

Dianne is a smart, good-looking woman, age 43. She has raised three children, has many outside activities, and participates in community projects. She likes to entertain, and to spend money on fashionable clothes. But these days, Dianne is avoiding her friends and finding more and more excuses to stay home.

Dianne has gained 25 pounds. She is sick of looking at herself in the mirror, and every once in a while she has to pretend that she doesn't look all that bad. But her reflection is fat. For some time now, Dianne has been saying, "I've got to lose weight." She knows that when she makes up her mind to do it, she can lose the weight anytime.

Well, it's been a year since the weight went on. There is a vacation in the Bahamas staring her in the face, and she is still thinking about going on a diet "soon". She's fat, panic-stricken, and she could lose 25 pounds tomorrow if only.

If only what? Despite the deep dissatisfaction with herself, how can it be that Dianne can't find motivation to lose weight? She has spent 52 weeks dazed, confused, unhappy, and reaching for food, and 52 more of the same are coming up.

You know Dianne. She is your friend or your relative or your mother. Maybe she's you. Two pounds became 25 when Dianne wasn't looking. She doesn't think in terms of having gained weight. To her, it's more a case of weight having somehow attached itself to her.

Now what? While it is true that the "time has to be right" to lose weight successfully, the right time never seems to come for people like Dianne. Why does she stay fat? Is she waiting for life to get a little easier first? Is it that she doesn't really comprehend what has happened so that it is next to impossible to begin a remedy? Or is it that she hasn't truly grasped that her weight will not look after itself?

Body weight fluctuates. How much it fluctuates depends on how much food is eaten and on how much energy is expended. Dianne is fat because she eats too much of the wrong foods. And she'll stay fat as long as she continues to do so. Unhappily, she will continue to do so. But why?

We have answers for people who come to us for help. But there are so many who never consider losing weight beyond wishing it would disappear. What keeps that wish unfulfilled? Either Dianne is happy being fat or she is not. If she's not happy with it, why does she stay that way? Why does Dianne stay fat? We'd like to hear from you if you are, perhaps, a "Dianne".

If you would like to come in for a free consultation and weigh in with no obligation to join, call or write for the location nearest you. Weight Watchers.

6610 Turner Valley Rd.,
Mississauga, L5N 2P1
826-9204

NOW OPENING IN MISSISSAUGA

SAFETY SUPPLY CANADA
Established 1926

40th Branch Office

5138 Everest Drive Tel: 624-5520

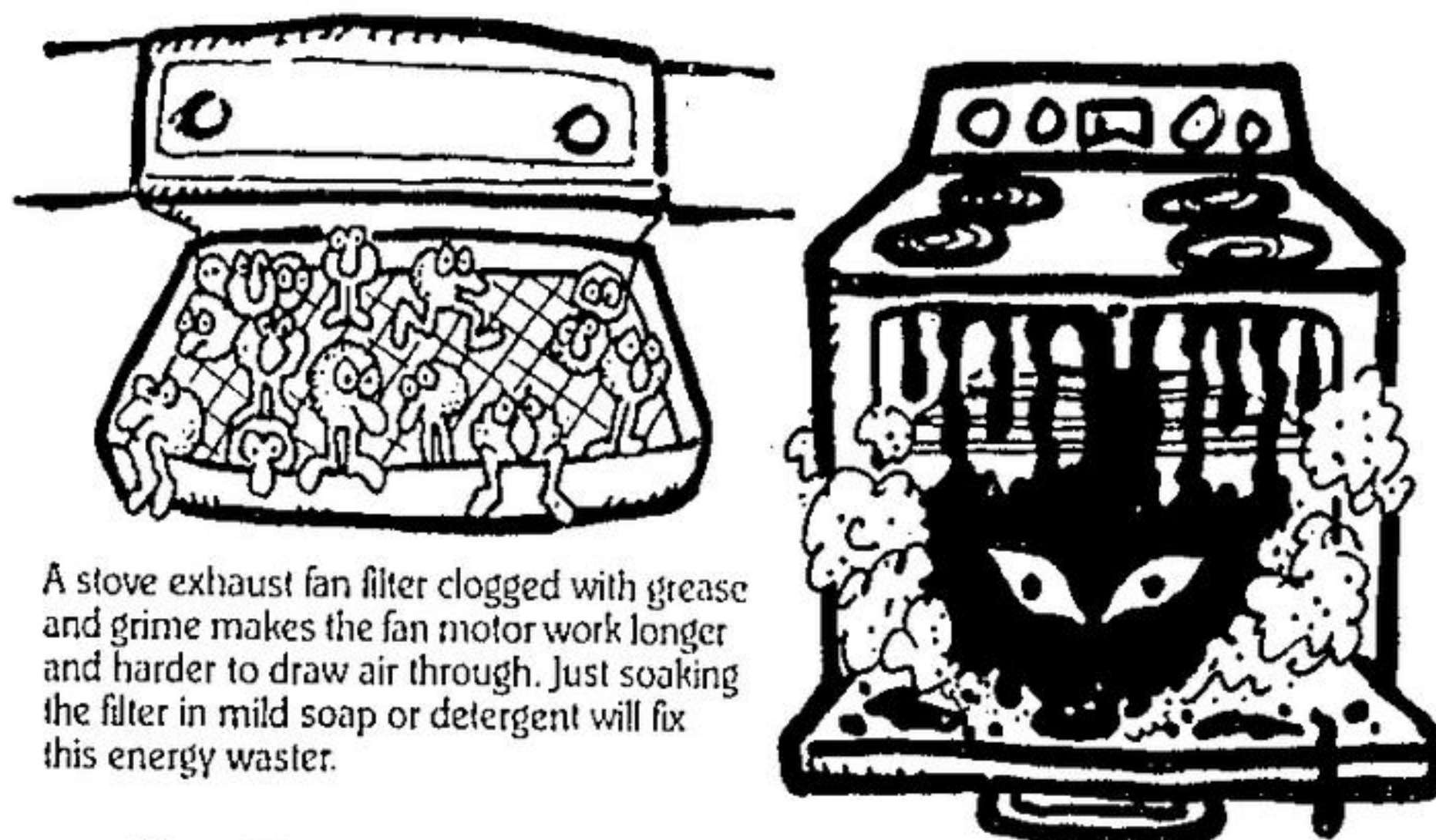
Offering a complete line of Safety Equipment and Supplies including:

- PROTECTIVE CLOTHING
- EYE PROTECTION
- HEARING PROTECTION
- RESPIRATORY PROTECTION
- GAS DETECTION INSTRUMENTS
- MEDICAL AND FIRST AID SUPPLIES
- FIRE FIGHTING EQUIPMENT AND APPAREL
- ENGINEERED FIRE SYSTEMS

PLUS

FM FACTORY MUTUAL APPROVED
FIRE EXTINGUISHER SERVICE AND RECHARGE FACILITIES
Visit or call us today for all your safety needs.

Look who's stealing your electricity.



A stove exhaust fan filter clogged with grease and grime makes the fan motor work longer and harder to draw air through. Just soaking the filter in mild soap or detergent will fix this energy waster.

Use Energy Wisely

Tune-up, clean up. It's simple. Appliances that are clean and well-cared for last longer and use less electricity. Over the long run, you can save money on appliance replacement. And of course, the less energy you waste, the more dollars you save.

Grease and burnt-on food really reduce your oven's efficiency. A clean oven works better and uses less electricity. Opening the oven door too often also wastes valuable heat. If you have a window in the oven door, keeping it see-through clean can clear up the problem.

Don't waste your energy.

ontario hydro

CFRB Limited



George E. Daniels, William E. Hall, Vice-President and Station Manager, CFRB Toronto, is pleased to announce the appointment of George E. Daniels as General Sales Manager. George Daniels joins CFRB with an extensive background in both the broadcasting and automotive fields. He spent several years with Standard Broadcast Sales both in Toronto and as Vice-President and General Manager in Montreal. He then joined CFRB's sister station CJAD Montreal as Vice-President and General Sales Manager. In recent years he has been General Sales Manager of one of Canada's leading foundry and manufacturing conglomerates in the automotive and public transportation industries. CFRB is Canada's leading radio station with the largest reach of broadcast audience in Southern Ontario, enabling marketers to sell products and services effectively and efficiently.

Radolph's SPECIAL FLAN-FAIR'SO



REG. \$1.29
1.29
1.50

98¢

... fun to make
a treat to eat!

NOW!
IN YOUR FAVORITE
FOOD STORE

10% off

ANY IN-STOCK
NATURAL GAS OR
PROPANE BARBECUE

UNION GAS
appliance
centre

56 Main Street South, Halton Hills (Georgetown), Ont.

Bryan Day

Residential Sales Representative

Bus: 877-3921

Res: 877-0049

Offer ends June 30th, 1980