

SAVE \$1.20 lb.

Our Reg. Price \$2.48 lb.
Cut from the Chuck
Best Quality Canada Grade A Beef

BLADE STEAKS
Best when Marinated
or Slow Cooked

1.28
LB. SPECIAL!



Limit 4 per Family

miracle
Foodmart

Our Reg. Price \$2.48 lb.
Cut from Best Quality
Canada Grade A Beef

CROSS RIB ROASTS
Ideal Oven Roasts
4-6 lb. size

1.78
LB. SPECIAL!



UP TO \$4.20 SAVINGS PER ROAST

Our Reg. Price \$2.48 lb.
Cut from Best Quality
Canada Grade A Beef

CROSS RIB ROASTS
Ideal Oven Roasts
4-6 lb. size

1.78
LB. SPECIAL!



SPRINGTIME SAVINGS

SAVE 24¢

Our Reg. Price 73¢
PANTRY SHELF APPLE DRINK
48 fl. oz. tin

49¢
SPECIAL!

SAVE 60¢

Our Reg. Price \$1.59
Assorted Flavours
FRONTENAC ICE CREAM
2 litre Ctn.
Limit 2 per Family

99¢
EACH SPECIAL!



SAVE 30¢ lb.

Our Reg. Price \$1.28 lb.
Product of Chile
RED EMPEROR OR BLACK RIBIER GRAPES

98¢
LB. SPECIAL!

Tudor Bakery

European Style **APPLE STRUDEL**
14 oz. 297 g
Available until May 24 only
1.39 SPECIAL!

Hearth Baked **FRENCH BREAD**
16 oz. loaf (454 g)
Available until May 24 only
2/99¢ SPECIAL!

Fresh and Soft **DINNER ROLLS**
pkg. of 12
Available until May 24 only
79¢ SPECIAL!

SAVE 30¢

Our Reg. Price \$1.39
NORDICA 2% COTTAGE CHEESE
500 g tub

1.09
SPECIAL!

SAVE \$1.00 lb.

Our Reg. Price \$3.78 lb.
Cut from Best Quality
Canada Grade A Beef
NO CAP RIB STEAKS

2.78
LB. SPECIAL!
(Cap On Rib Steaks \$2.38 lb.)

Product of U.S.A. Canada No. 1 Grade
CALIFORNIA NEW WHITE POTATOES
10 lb. bag **1.98** SPECIAL!

Product of U.S.A.
WHOLE WATERMELONS
15 lb. avg. size Each **2.98** SPECIAL!

Product of South Africa Canada Fancy Grade
GRANNY SMITH APPLES **78¢** SPECIAL!

Product of U.S.A. Canada No. 1 Grade
HEAD LETTUCE **78¢** SPECIAL!

Mira Mart **TOMATO KETCHUP**
25 fl. oz. bot. **99¢** SPECIAL!

Plain **RAGU SPAGHETTI SAUCE**
28 fl. oz. jar **1.19** SPECIAL!

Kraft **MIRACLE WHIP**
1 litre jar **1.85** SPECIAL!

Freeze dried or Decaffeinated
TASTER'S CHOICE INSTANT COFFEE
8oz. jar **6.39** SPECIAL!

Orange Pekoe **SALADA TEA BAGS**
pkg. of 80 **1.69** SPECIAL!

KELLOGG'S CORN FLAKES
675 g box **1.19** SPECIAL!

SAVE 36¢

Our Reg. Price \$1.35
BEATRICE FRUIT BOTTOM YOGURT
500 g tub

99¢
SPECIAL!

UP TO \$4.80 SAVINGS PER ROAST

Our Reg. Price \$2.18 lb.
Cut from Best Quality
Canada Grade A Beef
SHORT RIB CHUCK ROASTS
4-6 lb. size

1.38
LB. SPECIAL!

Product of U.S.A. Canada No. 1 Grade
GREEN CABBAGE
Each **68¢** SPECIAL!

Product of U.S.A. California
FRESH STRAWBERRIES
pint cup **98¢** SPECIAL!

Product of U.S.A. Canada No. 1 Grade
RED TOMATOES **78¢** SPECIAL!

Product of U.S.A. California
VALENCA ORANGES
Size 113 **12/1.68** SPECIAL!

Product of U.S.A. Canada Fancy Grade
ANJOU PEARS **58¢** SPECIAL!

Miracle + Wendy's + Pepsi
Value Plus Days
May 14 - June 3.

Save on good family Eating at Wendy's

Save on Pepsi Value Packs at Miracle

Canadian Cystic Fibrosis Foundation
GIVE A CHILD THE BREATH OF LIFE FIGHT CYSTIC FIBROSIS

COUPON VALUE 40¢

WITH THIS COUPON AND THE PURCHASE OF A 1.5 kg JAR OF (Our Special Price \$3.19) of

SQUIRREL PEANUT BUTTER

279
miracle COUPON VALUE 40¢

WITH COUPON
Limit one purchase per Coupon
Coupon valid until Tuesday May 27, 1980
REDEEMABLE ONLY AT MIRACLE FOOD MART

Our Reg. Price \$2.88 lb.
Cut from Best Quality
Canada Grade A Beef

STANDING RIB ROASTS
King of the roasts 4-6 lb. size

2.48
LB. SPECIAL!

Fresh Ontario Quality Pork
FRESH LEG OF PORK ROASTS
5-7 lb. size Built portion **78¢** SPECIAL!

Top Quality Thick or Regular Sliced
MAPLE LEAF SIDE BACON
500 g (approx. 17.5 oz.) **1.38** SPECIAL!

Fully cooked
ALASKA KING CRAB LEGS
Steam or Boil **4.58** SPECIAL!

Our Reg. Price \$1.38 lb.
CHICKEN LEGS
Sold in 5 lb. boxes **78¢** SPECIAL!

Save \$3.00 per box

PRICES EFFECTIVE UNTIL TUESDAY MAY 27, 1980 EXCEPT BAKERY ITEMS UNTIL SATURDAY MAY 24, 1980 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.