

Free Press

rockwood and district

Rockwood DIGEST



Count the Jelly Beans for a prize - two year old Ruth Tabata assists Martine Martell with one of the money making tables at the Rockwood Nursery School Tea and sale Saturday at Centennial Public School. The gymnasium was jammed with hundreds of enthusiastic buyers and tea drinkers, traffic was jammed all around the school area. A good day was had by all.

You may think your household has the liveliest fireworks in Rockwood, but there'll be some competition Sunday night at Rockmosa Community Centre when the Rockwood and District Lions Clubs start setting off Victoria Day fireworks.

The fun starts at dusk and costs just \$1.50 for adults and 50 cents for kids. The Lionettes will have a food booth there.

Rain date (shhh) is the following day Monday, May 19, same time, same station.

Thirteen scouts of the 1st Rockwood Troop, plus their leaders Bill Hammond and Kevin March, travelled to Woodstock on Friday afternoon for a two day International Camporee with 849 scouts from all over Canada and the United States.

"It was super," says leader Hammond, "We had excellent facilities, with creeks, hills and woods."

The youngsters took part in many activities including carving a totem pole, a tug-of-war, scavenger hunt, cross country races and obstacle courses, still walking and a tree lashing contest.

The scouts cooked all meals with the exception of a barbecue chicken dinner on Saturday night—no one complained of stomach trouble. Bob figures the troop was lucky to get away with a sliver in the hand and sand in an eye as the troops' only injuries.

Bob Guyett, also a scout leader who organized the event, was unfortunately unable to attend due to illness. Bill Hammond expressed his thanks to the six parent volunteer drivers who chauffeured the troop to and from Woodstock and the Parents' Committee who raised funds for the trip.

Rockwood Sunshine Club are actively planning their float for Pioneer Day on June 14. The choir is also practicing the numbers they will be singing in Rochester, New York, when they take their trip on May 29.

Mrs. Christina Robertson was back in the chair at the last Sunshine Club meeting, after an illness.

In her report Mrs. Isabel Nellis gives the results of games played at the recent club meeting: playing as a lady, Mr. Max Milne with

65 points; playing as a man Mrs. Christina Robertson 62. Alex McPhedran and Wilbur Patterson tied with 58. Mr. William Hayden and Mr. Victor Smith won at crokinole.

Pioneer Day is progressing as planned with many events falling into place.

The Tennis Club Dance on Saturday June 14 held in conjunction with Pioneer Day will be indoors at the Rockmosa Community Centre instead of outside on the tennis courts as originally planned.

There will be prizes for decorated bicycles and all youngsters are invited to participate in the parade. Best floats will receive cash prizes.

There will be specific classes for the pet show involving dogs, cats, and other types of pets.

The Leo Club will be organizing a soap box derby with push type cars. A bed race will be included for older "children". For the particularly adventurous raft races will be held on the ole Eramosa.

Sounds like lots of fun. Plan to attend at the ball park on June 14.

Phone Barb Wynneck 856-4854 with ideas or if you wish to participate in any way.

This is the time of year for garage sales. If you have junk that can't be sold put it out for the special garbage day pickup, May 24, with your regular trash but in a separate pile.

If you want to acquire some pre-used goodies be at the bowling green (town square by the cenotaph) on May 31. A huge flea market, bake and rummage sale will be held from 10 a.m. to 5 p.m. to raise money for the restoration of the Anglican Church.

On to Australia and 13 days in the sun checking farms from Sydney to Melbourne. They took in the Sydney Opera House and the harbour tour, mountains and the river of Kangaroo Valley, the largest fruit cannery in the world at Shepardon, irrigated farms, rice paddies, citrus groves and the International Harvester plant, among other sights.

They attended the Royal Sydney Easter Show where Earl Osborne judged Holstein-Friesian classes. This splendid agri-fair is the Commonwealth show for New South Wales.

Following Australia, the tour group flew to Honolulu for a short rest before coming home. In all 2,300 miles were logged by air, and 2,000 miles by bus.

Grand River Conservation Authority plans to spend \$268,500 on further development of various conservation areas including Rockwood after receiving approval of a provincial grant of \$134,250.

The grant will enable the authority to continue development and management of areas in accordance with draft master plans and conceptual site plans.

Proposed development includes general grounds development, reforestation, landscaping, beach development, wildlife management, roadway construction, and general improvement of various sanitary facilities and picnic areas in all conservation areas.

Rockwood will receive only a portion of planned improvements.

Several Rockwood residents are home from early spring holidays with interesting tales to tell.

Three Rockwood couples joined a group of 48 to take a month long tour of the South Pacific, Australia and New Zealand.

Mr. and Mrs. Harry Bonner, Mr. and Mrs. Alex McNabb and Mr. and Mrs. Earl Osborne made the trip as part of the Wellington Holstein Breeders, of which Harry is secretary treasurer.

The trip of a lifetime was organized in conjunction with the Ontario Branch of the Holstein-Friesian Association as a farm study tour.

First stop was Fiji where the group was able to spend a few days collecting their wits and relaxing after hectic departure arrangements.

On to New Zealand where a busy nine days were spent travelling from Christchurch and Auckland to Mount Cook and Hamilton seeing everything from the Glowworm caves, a Maori concert, thermal areas, a Friesian stud, the Agridome in Auckland and the catlodge in Queenstown, plus a variety of Holstein farms.

What an active week Rockwood had for the first week of May. Education week, nursery school tea, scouts going to an International Camporee—everybody coming and going—busy, busy.

Education week at the school was well attended by parents and friends for most of the week long activities. The school was open to the public at most times, special historical talks, films and slides were shown to the youngsters and all classes entertained the parents with a lively Music Night on Tuesday.



Seventy-six trombones? Not quite, but almost. The Rockwood Centennaires, the grade 8 band, entertained at Music Night at Rockwood Centennial Public School during education week.

Please call Jennifer Barr, 853-2010 or 856-9096 with Rockwood News.

Ospringe

4-H achievement night

by Doris Fines

Five Ospringe girls completed the 4-H project and attended Achievement Night at Ross R. MacKay school in Hillsburgh on May 5.

The girls are Shirley Fletcher, Karen McKinnon, Wendy Van Dam, Linda Earle, Karen Pankratz, and leaders Donna Sandy and Debbie Clark. Karen McKinnon was commentator for the exhibit on The History of Macramé and pointer was Wendy Van Dam.

The fall project will be Food for Friends, which deals with preparation of party foods, and how to conserve energy in appliances while preparing meals.

The parents' organization had their meeting the week following the one at Ospringe school when the school superintendent Mr. Corbett came out to speak.

The ideas put forth were discussed and the decision was for someone to attend the board meetings to keep up to date on developments. Mr. Corbett had discussed the anti-inflationary tactics that the school board is using, which they wish to do in the best interest of the taxpayer. To fight inflation they are bricking windows, dropping programs, and computerizing buses to find the most efficient way of busing. Schools whose enrollment has dropped below 125 pupils have been designated for closing, as one tactic, or the second step would be twinning of schools to share one principal.

Penny and John Aitken of Willowdale, with their children Polly, Whitney and Charlie, spent the weekend with John's parents Mr. and Mrs. Gordon Aitken.

The eighth film in the series is on The Age of Fragmentation, and will be shown at Knox Church next Sunday evening. Here Dr. Shaeffer reviews the current fragmented state of art, music, poetry, and the motion picture as expressions of man's dilemma.

The Girl Guides are having a fun night at Ospringe school on Thursday, May 15, from 7 to 9 p.m. There will be movies, games of chance, refreshments, and a rummage sale.

There will also be a plant sale as a school fund raising project by the parents' group. Delivery will be May 27. To place your order for flowers and vegetables contact the school before May 16.

Ospringe school had a very interesting Education Week. On Monday, the Erin District High School band played for all the students in the gym. Members of the band demonstrated the ranges of their instruments as they were described by Mr. Davidson, their very capable bandmaster.

ROCKWOOD & DISTRICT LIONS CLUB PRESENTS VICTORIA DAY

Fireworks

Sunday, May 18, 1980
Dusk
Rockmosa Community Centre
Rockwood

Adults \$1.50
CHILDREN 50¢
Lionettes will have a snack booth.
Rain Date: same time
Monday, May 19

Pope, Starret & Co.
Chartered Accountants

16 Mountainview Road S.

Suite 304
GEORGETOWN

877-6984

Ebenezer UCW meets

by Mrs. R. McLean

The May meeting of Ebenezer UCW was held at the home of Margaret Allsop. Sadie Moore, the president, was in charge. The roll call was answered with a verse, containing the word, "build." A letter was read from their foster child, Sokoona. The program consisted of listening to a tape, by Estelle Carver, of Connecticut, which was quite inspiring. Lois Beeton assisted the hostess in serving lunch.

Mr. Finley's sermon dealt with Mary and Martha. We are indebted much to others. The Holy Spirit guides and corrects, just as parents do. Home life is democratic. Children are taught to eventually be independent. The guidance of the Holy Spirit leads to having communion with God on your own. Teaching is best done by example.



How to cope.

Stress is something we encounter every week of the year. But during Mental Health Week, from May 4th to the 10th, we're putting the stress on knowing how to cope with it.

Stress is a part of normal living. And a little stress can even help individuals realize new successes or achievements.

But evidence is mounting that excessive or prolonged stress is linked to major illnesses.

So the trick is not to ignore stress. But to understand and control it. And now, during Mental Health Week, is a good time to start.

If tension, anxiety and daily pressures start mastering you instead of the other way around, try dealing with them in a few simple ways.

Keep up your general health. Good physical condition can help you cope with stress situations.

Talk about or work out your problems. Talking and physical activity are emotional outlets which can help put problems into perspective.

Give your support to friends, family and co-workers during periods of stress. As it helps them, it can also take your mind off your own problems.

Learn some of the new methods of controlling stress. There are all kinds of techniques, from the simplest to the most sophisticated.

And finally, get more information on how you can understand and deal with stress, by writing to: Ontario Ministry of Health, Resource Centre, Queen's Park, Toronto, Ontario M7A 1S2.

After all, the more you know about stress, the better you can cope with it. And Mental Health Week is a good time to start.



Ontario

Ministry of Health

Dennis R. Timbrell
Minister

ALWAYS GLAD TO HELP

That's the philosophy we've lived by for more than 100 years.

Because we've made it our business to offer more than dependable products and services to our customers in south-western Ontario.

We've made our business one of helping families and tradespeople choose the products that

are right for their needs. And we've made our name by providing the best-possible quality of service.

It's how Reinhardt Boehmer conducted business when he founded Boehmers. It's how we've been conducting business for more than a century. And it's how we'll continue.

BOEHMERS

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