


SAVE \$1.00 lb.

Our Reg. Price \$2.38 lb.
Cut from the chuck Best Quality
Canada Grade A Beef

BLADE STEAKS
Limit 4 per family
BEST WHEN MARINATED
OR SLOW COOKED

1.38
LB.

SPECIAL!



miracle
foodmart

UP TO \$3.60 SAVINGS PER ROAST

Our Reg. Price \$2.38 lb.
Cut from Best Quality
Canada Grade A Beef

CROSS RIB ROASTS
4-6 lb. size
BEST WHEN COOKED
WITH MOISTURE

1.78
LB.

SPECIAL!



Beef Sale!

SAVE

VILLAGE SWISS STYLE YOGURT
125 g cup

4/\$1

BEST BUY

SAVE 26¢

Our Reg. Price \$1.35
Regular

NORDICA COTTAGE CHEESE
500 g tub

1.09

BEST BUY

SAVE 30¢ lb.

Our Reg. Price \$2.28 lb.
Cut from Best Quality
Canada Grade A Beef

LEAN BONELESS STEW BEEF

1.98
LB.

SPECIAL!

SAVE

Product of U.S.A. or
Ontario Grown
No. 1 Grade

GREEN CABBAGE

2/1.00

BEST BUY

Frozen Banquet
FRIED CHICKEN
2 lb. box **2.99**
BEST BUY

Frozen Deluxe or Pepperoni
TOTINO 5" PIZZA
pkg. of 4 **1.99**
BEST BUY

Steinberg
VARIETY MIX COOKIES
2 lb. bag **1.99**
BEST BUY

Plain Primo
SPAGHETTI SAUCE
28 fl. oz. tin **89¢**
BEST BUY

StarKist
SOLID WHITE TUNA
7 oz. tin **1.39**
BEST BUY

Pieces & Stems
RIO MUSHROOMS
10 fl. oz. tin **75¢**
BEST BUY

Orange Pekoe
TETLEY TEA BAGS
pkg. of 144 **2.99**
BEST BUY

GENERAL MILLS CHEERIOS
300 g box **89¢**
BEST BUY

QUAKER STATE 10W30 MOTOR OIL
1 litre tin **89¢**
BEST BUY


SAVE 34¢

Our Reg. Price 67¢ each
Picnic Concentrated
Unsweetened

FROZEN ORANGE JUICE
12 1/2 fl. oz. tin

2/\$1

BEST BUY



Product of U.S.A.
Florida

WHITE OR RED GRAPEFRUIT **8/1.52**
BEST BUY

Ontario Grown, No. 1 Grade

CARROTS OR YELLOW ONIONS **3/99¢**
BEST BUY

Product of U.S.A.
Canada Fancy Grade

ANJOU PEARS **78¢**
BEST BUY

Canadian Grown, No. 1 Grade

P.E.I. POTATOES **1.68**
BEST BUY

Ontario Grown Fancy Grade
Controlled Atmosphere

RED ROME APPLES **1.38**
BEST BUY

Product of Mexico
Ontario No. 1 Grade

GREEN SWEET PEPPERS **78¢**
BEST BUY

Product of U.S.A. Canada No. 1 Grade

RED TOMATOES **68¢**
BEST BUY

Fresh from Tropics

LARGE SIZE BANANAS **2 lb./78¢**
BEST BUY

Product of U.S.A.

GREEN ONIONS OR CELLO RADISH **3/99¢**
BEST BUY

SAVE 16¢

Our Reg. Price 55¢
Fancy Whole Kernel

GREEN GIANT NIBLETS CORN
12 fl. oz. tin

39¢

BEST BUY



Tudor Bakery

SAVE 24¢

Our Reg. Price \$1.23
Delicious

APPLE BUNS
pkg. of 6 **99¢**

Our Reg. Price \$1.01

KAISER BUNS
pkg. of 6 **89¢**

Save 16¢

Our Reg. Price \$1.01

60% WHOLE WHEAT BREAD
1 lb. (100% whole wheat flour)
Save 20¢ **59¢**

BUY A PASSPORT BOOK
Limited-Time Special Price offer
\$14.95
with a minimum \$10 purchase (excluding tobacco, white supplies, last)

Visit Miracle's Booth at The Home Show

SEE US AT THE NATIONAL **HOME SHOW**
APRIL 4-12 1980
1000-1001
1000-1001
1000-1001

SAVE 60¢ lb.

Our Reg. Price \$1.58 lb.
Product of Chile

THOMPSON SEEDLESS GRAPES

98¢
LB.

SPECIAL!



Frozen Oven Ready

GRADE A CHICKENS **78¢**
2-3 lb. size **SPECIAL!**

Frozen Oven Ready

GRADE A CHICKENS **88¢**
3 1/2-4 lb. size **SPECIAL!**

Frozen-Skinned

BEEF LIVER STEAKS **98¢**
LB. **SPECIAL!**

Our Reg. Price \$1.20

Store Packed
Quarter Pound

BEEF STEAKETTES **1.08**
with soy **SPECIAL!**

Save 12¢ lb.

ALL PRICES EFFECTIVE APR. 9 TO 15, 1980 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.