


# Miracle Food Mart

**SAVE**

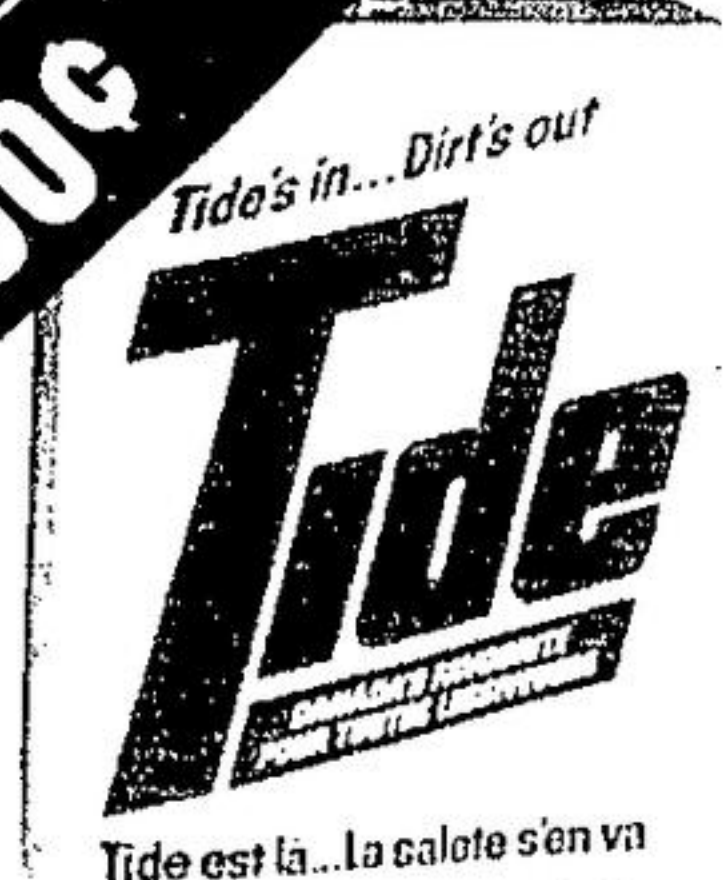


Regular or Diet  
**PEPSI-COLA**  
6x750 ml btl.  
Plus \$1.50 deposit

**1.99**

**BEST BUY**

**SAVE 90¢**



Tide's in... Dirt's out

Tide est là... La saleté s'en va

Our Reg. Price \$3.89  
Powdered  
**TIDE**  
**DETERGENT**  
6 litre box  
Limit 2 per Family purchase

**2.99**

**BEST BUY**

**UP TO \$1.50 SAVINGS PER RIB**



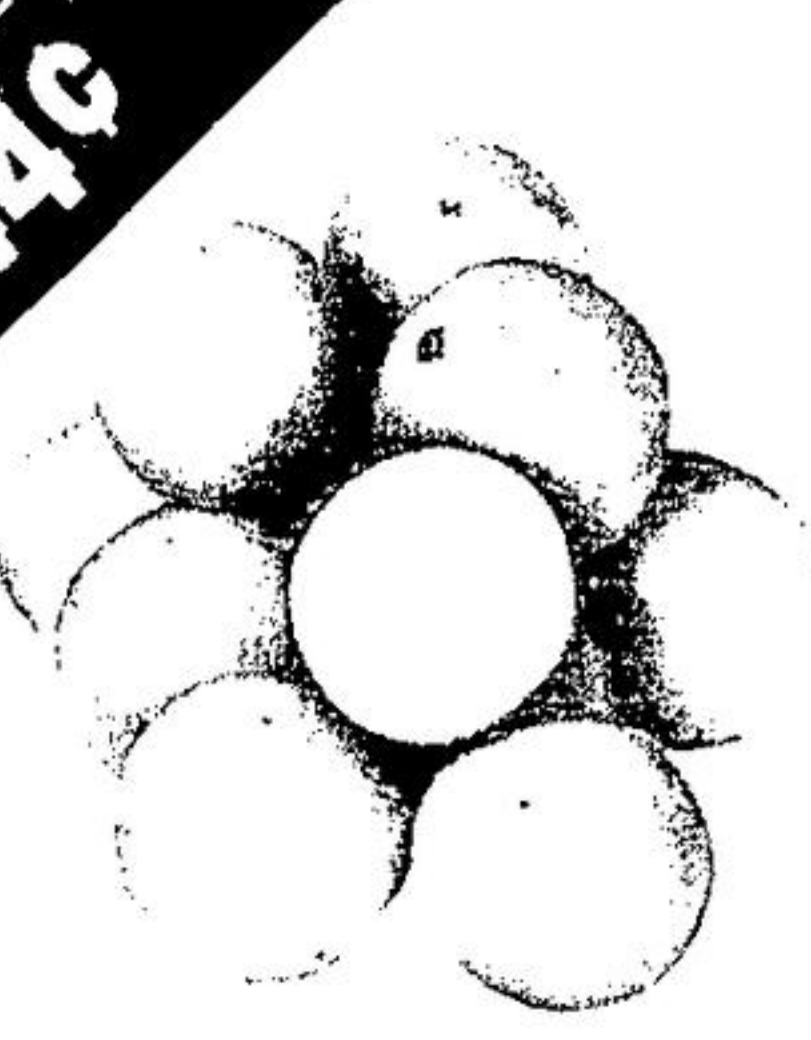
Our Reg. Price \$1.48  
Frozen Canadian Quality Pork  
**SIDE**  
**SPARE RIBS**  
3 lb. avg. size

**98¢**

LB.

**SPECIAL!**

**SAVE 44¢**



Product of U.S.A.  
**FLORIDA**  
**WHITE GRAPEFRUIT**  
Reg. 8/\$1.44

**8/\$1**

**SPECIAL!**

Processed Cheese Slices  
**KRAFT**  
**SINGLES**  
1 lb. pkg. 1 oz. slice  
Save 30¢ or 14%

Our Reg. Price \$2.09

**1.79**

**BEST BUY**

Processed  
**KRAFT**  
**CHEEZ WHIZ**  
500 g jar  
Save 20¢ per Jar

Our Reg. Price \$2.09

**1.89**

**BEST BUY**

Processed Plain or Onion Philadelphia  
**KRAFT**  
**CREAM CHEESE**  
250 g pkg.  
Save 15¢ or 13%

Our Reg. Price \$1.14

**99¢**

**BEST BUY**

Frozen  
**RICH'S**  
**COFFEE RICH**  
32 fl. oz. ctn.  
Save 16¢ or 16%

Our Reg. Price 95¢

**79¢**

**BEST BUY**

Chocolate Chip  
**STEINBERG**  
**COOKIES**  
900 g bag  
Save 38¢ or 16%

Our Reg. Price \$2.37

**1.99**

**BEST BUY**

**SAVE \$1.30**

Our Reg. Price \$4.19  
**MAXWELL HOUSE**  
**GROUND COFFEE**  
1 lb. bag

**2.89**

**BEST BUY**

**SAVE 16¢**

Our Reg. Price 52¢  
Assorted Flavours  
**LIGHT'N LIVELY**  
**YOGURT**  
175 g cup

**36¢**

**BEST BUY**

**UP TO 78¢ SAVINGS PER CHICKEN**

Our Reg. Price 94¢  
Frozen Utility Grade  
**OVEN READY**  
**CHICKENS**  
2-3 lb. size

**68¢**

LB.

Limit 3 per Family

**SPECIAL!**

**UP TO \$5.40 SAVINGS PER HAM**

Our Reg. Price \$1.18-\$1.28  
Whole or Shank Portion,  
Part Skinned  
**SMOKED**  
**COOKED HAM**  
7-18 lb. avg. size

**98¢**

LB.

**SPECIAL!**

Product of U.S.A. Florida  
**HONEY**  
**TANGERINES**

**12/98¢**

**BEST BUY**

Product of U.S.A.  
**FRESH**  
**STRAWBERRIES**  
pint cup

**98¢**

**BEST BUY**

Ontario Grown, No. 1 Grade  
**CARROTS OR**  
**YELLOW**  
**ONIONS**  
2 lb. bag

**3/99¢**

**BEST BUY**

Product of U.S.A. Canada No. 1 Grade  
**RED**  
**TOMATOES**

LB. **58¢**

**BEST BUY**

Product of U.S.A. or Ontario Canada No. 1 Grade  
**RED OR GREEN**  
**CABBAGE**

**2/\$1**

**BEST BUY**

**SAVE WITH OVER 300 SPECIAL PRICES EVERY WEEK!**

**The Tudor Bakery**

**"MIRACLE'S IN STORE BAKERY"**

**SAVE 26¢**

Our Reg. Price \$1.25  
Old Fashioned, Plain,  
Cinnamon, Sugar  
**CAKE**  
**DONUTS**  
pkg. of 10

**99¢**

Our Reg. Price \$1.45

Fresh Baked  
**BANANA**  
**LOAF CAKE**  
14 oz. 397 g  
Save 46¢

**99¢**

Our Reg. Price 95¢

Old Fashioned  
**SCONE**  
**ROLLS**  
pkg. of 12  
Save 11¢

**87¢**

Famous for Quality Sliced  
**SCHNEIDERS LUNCH MEATS**  
175 g Chicken, mac&cheese, Pich&amento  
(approx. 6.17 oz.)

**78¢**

**SPECIAL!**

Famous for Quality  
**SCHNEIDERS BEEF PIES**  
8 oz. beef steak, pork, chicken, turkey

**88¢**

**SPECIAL!**

Switt's  
**PREMIUM WIENERS**  
1 lb. pkg.

**1.18**

**SPECIAL!**

Switt's Sliced  
**LAZY MAPLE SIDE BACON**  
500 g (approx. 17.6 oz.)

**1.48**

**SPECIAL!**

Switt's  
**LAZY MAPLE SAUSAGES**  
500 g (approx. 17.6 oz.)

**1.68**

**SPECIAL!**

Product of U.S.A.  
**ENDIVE OR ESCAROLE**

**2/\$1**

**BEST BUY**

Product of U.S.A.  
Washed and trimmed  
**SPINACH**  
10 oz. bag

**68¢**

**BEST BUY**

Product of U.S.A. California  
**NAVEL ORANGES**  
Size 113

**12/1.68**

**BEST BUY**

Product of U.S.A. Canada No. 1 Grade  
**P.E.I. POTATOES**  
20 lb. bag

**1.68**

**BEST BUY**

Disposable Toddler  
**PAMPERS DIAPERS**  
pkg. of 24

**3.59**

**BEST BUY**

Assorted Varieties Laura Secord  
**FAMILY PUDDINGS**  
15 fl. oz. tin

**69¢**

**BEST BUY**

Assorted Varieties  
**ROSE DILL**  
**PICKLES**  
32 fl. oz. jar

**99¢**

**EVERYDAY LOW PRICE**

Assorted Flavours  
**WYLER'S**  
**CRYSTALS**  
22 oz. tin  
Save 20¢ or 10%

Our Reg. Price \$1.99

**1.79**

**BEST BUY**

Switt's  
**SUGAR PLUM**  
**DINNER HAM**  
3 lb. avg. size  
Save up to \$1.20 per Ham

Our Reg. Price \$2.78

**2.38**

LB.

**SPECIAL!**

Frozen Utility or Grade B  
**OVEN READY**  
**YOUNG TURKEYS**  
6-12 lb. size  
Save up to \$3.72 per Turkey

Our Reg. Price \$1.18

**87¢**

LB.

**SPECIAL!**

Assorted Varieties  
**NESTLE**  
**SOUPTIME**  
pkg. of 4  
Save 16¢ or 21%

Our Reg. Price 75¢

**59¢**

**BEST BUY**

Liquid  
**JAVEX**  
**BLEACH**  
120 fl. oz. jug  
Save 30¢ or 21%

Our Reg. Price \$1.39

**1.09**

**BEST BUY**

Frozen Oven Ready Grade A  
Miracle Baste or  
**BUTTERBALL**  
**YOUNG TURKEYS**  
all sizes  
Save 40¢ lb.

Our Reg. Price \$1.58

**1.18**

LB.

**SPECIAL!**

Frozen Oven Ready King Cole  
**GRADE A**  
**YOUNG DUCKS**  
Save 30¢ lb.

Our Reg. Price \$1.48

**1.18**

LB.

**SPECIAL!**

ALL PRICES EFFECTIVE MAR. 5 TO 11, 1980 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

# CHECK OUT FOR LESS!

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS!

**BEST BUY** A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE