



A film and brief talk was given at the Friends-in-Deed meeting last week by representatives from the Ontario Heart Foundation. Lenore Stewart, left, of the provincial group, and Vic and Penny Bristow also distributed pamphlets and answered questions at the meeting at M. Z. Bennett school.

Friends-in-Deed learn about heart disease

Most of the audience at the Friends-in-Deed meeting last week agreed the presentation by the Ontario Heart Foundation representatives was informative.

"I hope the film will be of benefit," local Heart Fund organizer Vic Bristow told the 14 club members at M. Z. Bennett Public School. The color film presented views of life-styles which are geared to prevent heart disease in general and heart attacks in particular.

with exercise and deter-iorates without it," stated the sound track. Dave and Lenore Stewart, from the Ontario Heart Foundation, brought the film and answered questions.

"We find that many of our canvassers have had open heart surgery," Mrs. Stewart told the group. Mr. Stewart said that about 80 per cent of pre-mature babies—weighing as little as a pound—live. A dozen years ago, for a baby less than two pounds to live was not

normal. A recurring theme of the talk was that blood pressure can be controlled.

Knox Ladies' Aid help with banquet

"Put on a happy face" was the verse Mrs. Harry Murray used to open the meeting of Knox Ladies Aid last Tuesday.

Roll Call was answered by a "Famous Landmark" by a good attendance of ladies.

Several items regarding upcoming events were discussed, including the banquet for Athletes in Action at Luxton Hall on March 6 for which the Ladies Aid was asked to contribute certain foods. For extra work done and supplies, a donation will be given to the caretaker.

Mention was made of the World Day of Prayer program at Acton Baptist Church on March 7.

Mrs. Murray reported that she and Mrs. C.

Acton Rotary launches Easter Seal campaign

Acton Rotary Club launched its annual Easter Seal appeal Monday.

Campaign chairman Ric Devlin announced this week the six week drive, which runs through to Easter Sunday, April 6, is targeted to raise \$1,500 this year.

Throughout Ontario, 237 service clubs affiliated with the Ontario Society for Crippled Children will be aiming at a provincial goal of \$3 million to maintain essential rehabilitation services for thousands of Ontario's physically

handicapped children. For the past month Acton Rotary members and friends have been busy stuffing and addressing campaign envelopes.

Acton and area residents, who contributed \$1,800 last year, should start receiving their Easter Seals in the mail this week. The message with the seals urges people "to back a fighter."

The local Rotary Club has been helping handicapped children in the Acton area for 20 years by assisting parents of these children with the

14 polls added

There will be 14 extra polling stations in Halton Hills for the municipal election this November.

Monday Halton Hills council approved clerk-administrator Ken Richardson's plan to boost the number of polling stations from the 66 used in the 1978 vote to 80 this year.

One reason for adding more polls, Richardson said, was because a number now have more than 250 electors in them.

Ward Two (Esquesing) will have five more polls, Ward Three (Georgetown) five additional polls and Ward Four, (Georgetown) four more polls. Ward One (Acton) won't have any extra polls.

Councillor Roy Booth said he wants the number of electors in each ward tabulated and brought to council's attention because he thinks an imbalance between some wards has developed and it may be necessary to change ward boundaries in the future. Richardson noted no ward boundary changes could be made before the November vote.

Chalice Bearers

At the recent annual Vestry meeting of St. Alban's Church it was recommended that Mrs. Alice Duby, Mrs. Terry Grubbe and Mr. David Hunter be appointed to serve as Chalice Bearers.

Bishop John Bothwell has now given permission for these three persons to act in this capacity for a period of two years. By extending this ministry to different members of the Parish it is felt this will enrich the family feeling at the Eucharist and enable more people to be involved in the liturgy.

Family study

A study to look at the needs of a family counselling program run by Halton Region has been approved.

Social Policy Research

Associates has been given the green light and \$12,225 to complete the report this year. The sum is to be included in the 1980 budget.

Police talks bog down

A breakdown in contract talks between Halton Regional Police Association and the police commission has prompted the association to apply for a conciliator.

According to Bill Gall, president of the police association, an impasse was reached between the two sides on several issues.

While operating a glove plant in Acton during the late 1800s H.T. Arnold also operated a small tannery business at Glen Lawson, a small industrial centre near Dolly Varden in Esquesing.

He admitted there is a disagreement on wages. The Association is seeking a higher salary for the forces 260

uniformed officers. Halton Regional Police continue to be the highest paid in Ontario with a first-class constable

earning \$21,714 a year. Negotiations began Jan. 2, after the police contract expired Dec. 31, 1979.

JOHN DOLAN

GIVES YOU A LIFT.



Act Now!

RECIPIENTS OF: GUARANTEED INCOME SUPPLEMENT SPOUSE'S ALLOWANCE

Your Guaranteed Income Supplement or Spouse's Allowance benefit can only continue after March 31, 1980 if you have completed and returned your application form. Send it in right away.

NEED HELP? For further information or assistance please consult your telephone directory, or information operator, for the telephone number of the nearest Income Security Program offices.

Canada

Health and Welfare Canada Santé et Bien-être social Canada

Income Security Programs
Programmes de la sécurité du Revenu

Weekdays at 3:00, just as Toronto traffic thickens, John Dolan slips behind the CFRB microphone to make driving home a little more informative, a little more relaxing and a lot more fun.

News and comments from **Bob Hesketh**, views from **Bill McVean**, weather from **Bev Cudbirt**, commuter traffic, race results, sports, financial comment and **Henry Shannon's** airborne traffic reports are punctuated with a little travelling music and John's wry observations on the passing scene. It's a radio recipe designed to get you going and keep you cooking.

3:00-6:30 P.M. MONDAY-FRIDAY
CFRB 1010
THE PEOPLE PEOPLE LISTEN TO



Vera Evans admires some knit and macramé goods for sale at the Acton Salvation Army sale and tea Saturday afternoon at the Y.

THE ACTION IS ON!

NIGHTLY BINGO \$5,500 IN CASH PRIZES

COME AND PLAY EVERY SINGLE NIGHT ENTIRE HALL ON ONE FLOOR

FREE ADMISSION - BUSES & PARKING * SUNDAY \$3,500

INFORMATION 270-0561 OR 677-9748 AFTER 5 ALL PROCEEDS TO CHARITY

INTERNATIONAL CENTRE
AIRPORT ROAD, 7711 DERRY ROAD

HALTON GOSPEL TEMPLE

1 mile west of Georgetown on No. 7 Highway
Pastor Angus J. Nicholson — Phone 877-2759

FRIDAY, MARCH 7th, 2:00 p.m. — WORLD DAY OF PRAYER

SUNDAY, MARCH 9th, 1980

Guest Soloist — LYNDA RAYMER (Windsor, Ont.)

PLUS Morning and Evening
THE CHRYSALAIRES "GOSPEL QUARTET"

Worship in an exciting atmosphere. Meet people, make friends.

CONSIDER STANSTEAD COLLEGE

Stanstead College, a boarding school for boys and girls from grades 7 to 12 since 1872, offers a first rate academic programme to students from 12 countries and 5 Canadian Provinces who share our 620-acre campus 90 miles east and south of Montreal and at the top of U.S. 91.

Hardiness, self-reliance, and neighbourliness, the values of local residents who built and paid for this border community's first little red brick school house in 1817, are the qualities that characterize Stanstead College today.

This is a country school where intellect, hard work, athletic prowess, humour and a good heart are respected. The curriculum is aimed at university entry in the U.S.A. and Canada. The limited size of classes, individual attention and rigorous academic standards contribute to a well-rounded education which goes far beyond minimum requirements. We take advantage of our location to provide a strong French language programme as well as a Spanish option. Regular evening study sessions are held, with supervision depending on each student's monthly performance. Each student is assigned a teacher as adviser to help with organization and performance, and most students stay with the same adviser throughout their stay.

For a country school with country values, Stanstead is well endowed with sophisticated equipment including a computer featuring the flexible PDP 11 configuration, a large well-equipped gymnasium, ice hockey arena, 25 metre indoor swimming pool, squash and tennis courts, running track, cross country ski trails and access to superb downhill skiing.

SCHOLARSHIPS AND BURSARIES ARE AVAILABLE

For further information write or phone:
Jeremy M. Riley, B. Comm., B.Ed., Headmaster,
Stanstead College,
Stanstead, Que. J0B 3E0 — Tel: 819-876-2702

Stanstead College
Stanstead, Quebec, Canada, J0B 3E0 (819) 876-2702

March is Red Cross Month

RED CROSS RED

Your Acton & District Area Red Cross

MARCH IS THE MONTH TO GIVE GENEROUSLY
People Who Care and Share are always Aware.

Your Executive:

President: Mr. Henry Kroes 853-1868
255 Arthur St.

Secretary: Mrs. Carol Prystasz 853-2702
53 Wellington Street

Services Provided:

Blood Donor: Mrs. Alice Schreiber 853-0681
86 Longfield Rd.
Mrs. Eileen McFadden 853-1886
297 Peel Street

Loan & Sickroom: Mrs. M. Hargrave 853-1517
96 Wallace St.

Individual & Emergency Aid & Minor Disaster: Mrs. A. Arnold 853-0973
161 Tyler Ave.

Transportation: Mrs. Brenda Ramsden 853-0760
R.R. 4, Rockwood

Major Disaster: Mrs. G. McFadden 853-1886
297 Peel St.

Public Relations & Finance: Mr. Fritz Dehan 853-2965
R.R. 2, Acton

Red Cross is a vital part of your community.
If you can give a helping hand please contact:
Mr. Henry Kroes 853-1868