

# Miracle Food Mart

**SAVE 34¢**



Our Reg. Price 67¢ each  
Unsweetened  
Picnic Concentrated  
**FROZEN ORANGE JUICE**  
12 1/2 fl. oz. tin

**2/\$1**

**BEST BUY**

**UP TO \$1.35 SAVINGS PER STEAK**



Our Reg. Price \$3.28 to \$3.58  
Boneless full round Steak or

**SIRLOIN STEAKS**  
Cut from Best Quality Canada Grade A Beef

**2.68** LB.

Limit 3 steaks per family  
Approx. 1 1/2 lb. size  
**SPECIAL!**

**UP TO \$1.10 SAVINGS PER STEAK**



Our Reg. Price \$3.78  
Cut from the Loin

**NO TAIL PORTERHOUSE WING OR T-BONE STEAKS**  
Cut from Best Quality Canada Grade A Beef

**2.88** LB.

Limit 6 steaks per family  
Approx. 1 1/4 lb. size  
**SPECIAL!**

**STEAK SALE!**

**SAVE 75¢**



Our Reg. Price 58¢ lb.  
Canadian Grown, Fancy Grade

**GOLDEN DELICIOUS APPLES**

**3LB./99¢**

**SPECIAL!**

Quick Fries  
**FRENCH FRIES**  
2 lb. bag  
Save 12¢

Our Reg. Price 28¢ each

**4/\$1**

**BEST BUY**

Pantry Shelf  
**APPLE DRINK**  
48 fl. oz. tin

**49¢**

**BEST BUY**

Assorted Varieties Instant  
**DAINTY RICE MIXES**  
12 oz. box  
Save 52¢

Our Reg. Price 78¢ each

**2/\$1**

**BEST BUY**

Assorted Varieties  
**DAD'S COOKIES**  
400 g bag  
Save 47¢

Our Reg. Price \$1.47

**1.00**

**BEST BUY**

Assorted Varieties Ready to Serve  
**HABITANT SOUP**  
8 fl. oz. tin  
Save 55¢

Our Reg. Price 31¢ each

**5/\$1**

**BEST BUY**

**SAVE 96¢**

Our Reg. Price \$6.95  
Powdered  
**SUNLIGHT DETERGENT**  
12 litre box

**5.99**

**BEST BUY**

**UP TO \$3.60 SAVINGS PER ROAST**

Our Reg. Price \$3.28  
Outside Boneless Bottom Round

**STEAK ROASTS**  
Cut from Best Quality Canada Grade A Beef

**2.68** LB.

4-6 lb. size  
**SPECIAL!**

**SAVE 47¢**

Our Reg. Price \$1.47  
Fleischmann's Soft

**CORN OIL MARGARINE**  
2x8 oz. tubs

**1.00**

**BEST BUY**

**UP TO \$3.60 SAVINGS PER ROAST**

Our Reg. Price \$3.28  
Regular Bone-in

**RUMP ROASTS**  
Cut from Best Quality Canada Grade A Beef

**2.68** LB.

4-6 lb. size  
**SPECIAL!**

Product of Chile  
**SEEDLESS GRAPES**

**98¢** LB.

**BEST BUY**

Product of U.S.A.  
**FRESH STRAWBERRIES**  
pint cup

**98¢**

**BEST BUY**

Product of U.S.A.  
Canada No. 1 Grade  
**CELERY STALKS**  
each

**68¢**

**BEST BUY**

Ontario Grown  
Canada No. 1 Grade

**CARROTS OR YELLOW ONIONS**  
2 lb. bag

**3/99¢**

**BEST BUY**

Product of U.S.A.  
Washed and Trimmed

**SPINACH**  
10 oz. bag

**68¢**

**BEST BUY**

**SAVE WITH OVER 300 SPECIAL PRICES EVERY WEEK!**

Miracle Food Mart  
**FROZEN WAFFLES**  
10 oz. pkg.

**2/\$1**

**BEST BUY**

Frozen Concentrated  
**SUNNY ORANGE DRINK**  
12 fl. oz. tin

**2/\$1**

**BEST BUY**

Orange Flavoured  
**TANG CRYSTALS**  
4x3 1/2 oz. pkg.

**1.00**

**BEST BUY**

Coffee Whitener  
**BORDEN'S CREMELLE**  
22 oz. jar

**2.00**

**BEST BUY**

Orange Pekoe  
**TETLEY TEA BAGS**  
pkg. of 72

**1.59**

**BEST BUY**

Mitchell's  
**FANCY APPLE SAUCE**  
19 fl. oz. tin  
Save 38¢

Our Reg. Price 69¢ each

**2/\$1**

**BEST BUY**

Assorted Flavours  
**DEL MONTE PUDDING CUPS**  
4x5 fl. oz. tins  
Save 39¢

Our Reg. Price \$1.39

**1.00**

**BEST BUY**

All Purpose  
**FIVE ROSES FLOUR**  
3.5 kg bag

**2.00**

**BEST BUY**

Assorted Flavours  
**JELLO JELLY POWDERS**  
3 oz. pkg.

**4/\$1**

**BEST BUY**

Assorted Varieties, No meat  
**GERBER'S BABY FOOD & JUICES**  
4 1/2 fl. oz. jar

**4/\$1**

**BEST BUY**

Total  
**CLEANING CREAM**  
650 ml cont.

**1.69**

**BEST BUY**

Wizard Owl  
**RUG & ROOM DEODORIZER**  
400 g cont.

**1.69**

**BEST BUY**

Frozen Atoro  
**PEPPERONI PIZZA**  
pkg. of 6  
Save 70¢

Our Reg. Price \$2.69

**1.99**

**BEST BUY**

Disposable Toddler  
**PAMPERS DIAPERS**  
pkg. of 24  
Save 40¢

Our Reg. Price \$3.99

**3.59**

**BEST BUY**

Top Quality Sliced  
**MAPLE LEAF LUNCH MEATS**  
175 g. chicken, mac & cheese, luncheon

**82¢**

**BEST BUY**

Top Quality Sliced Maple Leaf  
**SLICED COOKED HAM**  
175 g.

**1.44**

**BEST BUY**

Top Quality Regular  
**MAPLE LEAF WIENERS**  
1 lb. pkg.

**1.58**

**BEST BUY**

Top Quality Sliced  
**MAPLE LEAF SIDE BACON**  
500 g (approx. 1.1 lb.)

**1.68**

**BEST BUY**

Highliner Covertant  
**FILLETS IN SAUCE**  
14 oz. pkg. 5 exciting varieties

**2.18**

**BEST BUY**

A cold weather favourite  
**LEAN BONELESS STEW BEEF**  
1 lb. pkg.  
Save 30¢ lb.

Our Reg. Price \$2.38

**2.08**

**SPECIAL!**

Cut from Best Quality  
Canada Grade A Beef

**TENDERIZED HIP STEAKS**  
1 lb. pkg.  
Save 80¢ lb.

Our Reg. Price \$3.78

**2.98**

**SPECIAL!**

Product of U.S.A.  
**GREEN BEANS**

**78¢** LB.

**BEST BUY**

Ontario Grown, No. 1 Grade  
**RED OR GREEN CABBAGE**

**2/\$1**

**BEST BUY**

Product of Mexico, Canada No. 1 Grade  
**RED TOMATOES**

**58¢** LB.

**BEST BUY**

Fresh from the Tropics  
**LARGE SIZE BANANAS**

**3LB./99¢**

**BEST BUY**

Product of U.S.A. Florida  
**HONEY TANGERINES**

**12/98¢**

**BEST BUY**

**COUPON VALUE \$1.00**

\$1.00 OFF WITH THIS COUPON AND THE PURCHASE OF A 3-5 LB. SIZE OF FROZEN

**PINK PACIFIC SALMON**  
pre-cut into steaks and a roast

COUPON VALUE \$1.00

**\$1 OFF** 

Limit one salmon purchase per coupon  
Coupon valid until Tuesday March 4, 1980  
REDEEMABLE ONLY AT MIRACLE FOOD MART

ALL PRICES EFFECTIVE FEB. 27 to MAR. 4, 1980 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

# CHECK OUT FOR LESS!

**BEST BUY** A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE.

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'!