

Miracle Foodmart

SAVE \$1.40



Our Reg. Price \$6.99
NESCAFÉ INSTANT COFFEE
10 oz. jar

5.59
EACH

BEST BUY

UP TO \$4.20 SAVINGS PER ROAST



Our Reg. Price \$2.18
BLADE ROASTS
Cut from Best Quality Canada Grade A Beef
4-6 lb. size

1.48
LB.

SPECIAL! Limit 3 per Family

Our Reg. Price \$2.18
SHORT RIB ROASTS
Cut from Best Quality Canada Grade A Beef
4-6 lb. size

1.48
LB.

SPECIAL!

BEEF ROAST SALE!



Product of U.S.A.
TEMPLE ORANGES

12/98¢

BEST BUY

Assorted Flavours Premium Quality
SEALTEST YOGURT
175 g cup

Our Reg. Price 55¢

36¢

Save 19¢ or 30%

BEST BUY

Choice
AYLMER WHOLE TOMATOES
19 fl. oz. tin

Our Reg. Price 75¢

59¢

Save 16¢ or 21%

BEST BUY

Miracle Food Mart Corn, Mixed Vegetables, Peas & Carrots or
FROZEN PEAS
2 lb. bag

89¢

BEST BUY

Assorted Colours
VIVA TOWELS
2 roll pkg.

Our Reg. Price \$1.33

1.09

Save 24¢ or 18%

BEST BUY

10W30 SHELL X100 MOTOR OIL
1 litre tin

Our Reg. Price 99¢

69¢

Save 30¢ or 30%

BEST BUY

SAVE 30¢

Our Reg. Price \$1.39
Assorted Colours
COTTONELLE BATHROOM TISSUE
4 roll pkg.

1.09

BEST BUY

UP TO \$4.80 SAVINGS PER ROAST

Our Reg. Price \$2.48
CROSS RIB ROASTS
Cut from Best Quality Canada Grade A Beef
4-6 lb. size

1.68
LB.

SPECIAL!

Canadian Grown No. 1 Grade
P.E.I. POTATOES
50 lb. bag

Our Reg. Price \$4.48

3.78

Save 70¢

SPECIAL!

Fresh from the Tropics
LARGE SIZE BANANAS

3 LB./99¢

BEST BUY

Product of U.S.A. Canada No. 1 Grade
HEAD LETTUCE
Each

58¢

BEST BUY

Product of U.S.A. Canada No. 1 Grade
RED TOMATOES

58¢
LB.

BEST BUY

Product of Mexico Canada No. 1 Grade
GREEN SWEET PEPPERS

Our Reg. Price 88¢ lb.

58¢
LB.

Save 40¢ lb.

SPECIAL!

COUPON VALUE \$1.00

WITH THIS COUPON AND THE PURCHASE OF A CASE OF 12x12 fl.oz. tins (Reg. Price \$4.99)
Fancy Whole Kernel GREEN GIANT NIBLETS CORN

12/3.99

COUPON VALUE \$1.00
Limit one case purchase per Coupon
Coupon valid until Tuesday February 12, 1980
REDEEMABLE ONLY AT MIRACLE FOOD MART

UP TO \$4.20 SAVINGS PER ROAST

Our Reg. Price \$3.08
King of the Roasts
STANDING RIB ROASTS
Cut from Best Quality Canada Grade A Beef
4-6 lb. size

2.38
LB.

SPECIAL!

SAVE WITH OVER 300 SPECIAL PRICES EVERY WEEK!

Assorted Flavours
LAURA SECOND MINI PUDDINGS
4x5 fl. oz. tins

1.09

BEST BUY

Assorted Flavours
QUENCH CRYSTALS
4x3 1/2 oz. pkg.

99¢

BEST BUY

Assorted Varieties Deluxe II
DUNCAN HINES CAKE MIXES
18 oz. box

95¢

BEST BUY

Beef, Irish or Meatball
CLARK'S STEWS
24 fl. oz. tin

1.29

BEST BUY

Giant Sweet or Summersweet
GREEN GIANT PEAS
14 fl. oz. tin

45¢

BEST BUY

All Purpose
FIVE ROSES FLOUR
2.5 kg bag

1.39

BEST BUY

McCain Frozen
SUPERCRISSPS OR SUPERPATTIES
24 oz. pkg.

79¢

BEST BUY

The Tudor Bakery

"MIRACLE'S IN STORE BAKERY"

Hearth Baked
FRENCH BREAD
16 oz. loaf, 454 g

2/99¢

BEST BUY

Fresh Baked
CHERRY DANISH
pkg. of 4

Save 20¢

99¢

BEST BUY

Fishy
CHERRY STRUDEL
14 oz. pkg., 397 g

Save 20¢

1.49

BEST BUY

Canadian Queen
SLICED COOKED HAM
175 g pkg.

1.08

SPECIAL!

No-Name or Canadian Queen
PURE PORK SAUSAGES
1 lb. pkg.

1.18

SPECIAL!

No-Name or MARY MILES WIENERS
MARY MILES WIENERS
1 lb. pkg.

1.18

SPECIAL!

No-Name or MARY MILES SIDE BACON
MARY MILES SIDE BACON
Sliced 500 g pkg.

1.28

SPECIAL!

No-Name or MARY MILES DINNER HAM
MARY MILES DINNER HAM
Boneless 3 lb. avg. size

1.88

SPECIAL!

Product of U.S.A.
GREEN ONIONS OR RADISH
5 oz. bag

3/99¢

BEST BUY

Ontario Grown, Small One Grade
RED DELICIOUS APPLES
3 lb. bag

1.09

BEST BUY

Ontario Grown, No. 1 Grade
CARROTS OR YELLOW ONIONS
2 lb. bag

2/88¢

BEST BUY

Product of U.S.A. Canada No. 1 Grade
GREEN CABBAGE

2/\$1

BEST BUY

Product of U.S.A. Florida
WHITE OR RED GRAPEFRUIT

8/1.44

BEST BUY

Fully Skinned
SMOKED COOKED HAM
5-7 lb. size Butt portion

Our Reg. Price \$1.28

98¢
LB.

Save up to \$2.10 per ham

SPECIAL!

Part Skinned
SMOKED COOKED HAM
5-7 lb. size Shank portion

Our Reg. Price \$1.18

88¢
LB.

Save up to \$4.20 per ham

SPECIAL!

Miracle's Family Day at the
Garden Bror. 3 Ring
ENTERTAINMENT
at Maple Leaf Gardens
February 22-23-24

1/2 price Ticket offer for Saturday
February 23, 4 p.m. Show
Pick up your discount voucher at
Miracle!

Our Reg. Price \$1.33
KELLOGG'S CORN FLAKES
675 g box

1.09

BEST BUY

Save 24¢ or 18%

Cut from Best Quality Canada Grade A Beef
NO CAP RIB STEAKS

Our Reg. Price \$3.58

2.68
LB.

Save 90¢ lb.

SPECIAL!

Assorted Flavours
HI C FRUIT DRINKS
48 fl. oz. tin

Our Reg. Price 73¢

59¢

Save 14¢ or 19%

BEST BUY

Cut from Best Quality Canada Grade A Beef Boneless
LEAN STEW BEEF

Our Reg. Price \$2.38

1.98
LB.

Save 40¢ lb.

SPECIAL!

Part Skinned
SMOKED COOKED HAM
5-7 lb. size Shank portion

Our Reg. Price \$1.18

88¢
LB.

Save up to \$4.20 per ham

SPECIAL!

CHECK OUT FOR LESS!

BEST BUY A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'!

ALL PRICES EFFECTIVE FEB. 6 TO 12, 1980 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.