

# MIRACLE FOOD MART

**SAVE 65¢**



Our Reg. Price 33¢ each  
Assorted Flavours  
**MIRACLE FOOD MART  
SOFT DRINKS**  
750 ml. btl.  
Plus 25¢ deposit

**5/\$1**

**SPECIAL!**

**SAVE \$1.00 lb.**



Our Reg. Price \$3.78  
Cut from the Loin  
No Tall, Porterhouse, Wing or  
**T-BONE  
STEAKS**  
Cut from Best Quality Canada Grade A Beef

**2.78**

LB.

Limit 6 per family  
**SPECIAL!**

**SAVE \$1.00 lb.**



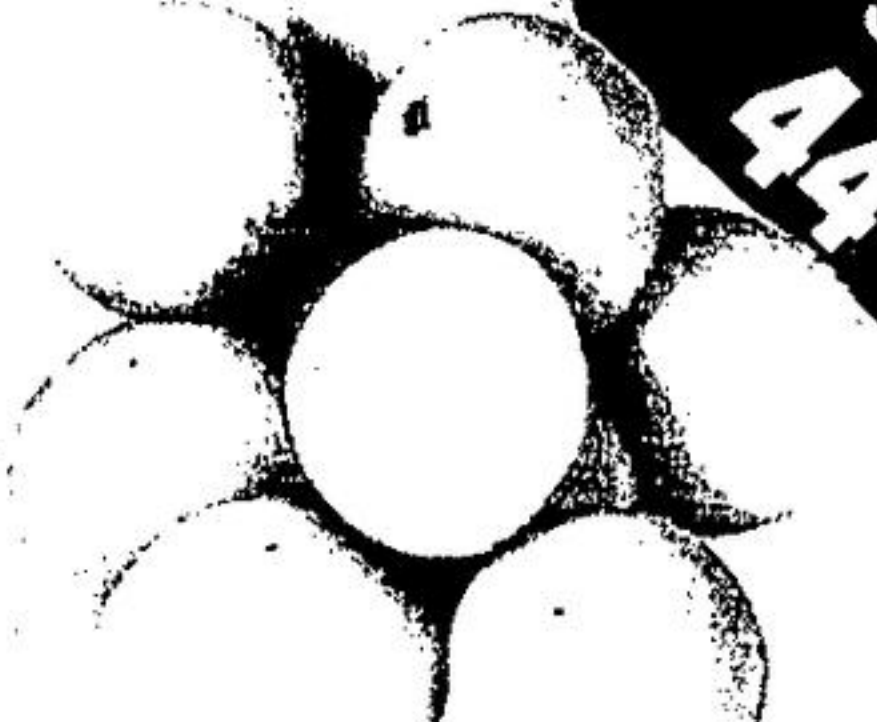
Our Reg. Price \$3.58  
Cut from the Loin  
**SIRLOIN  
STEAKS**  
Cut from Best Quality Canada Grade A Beef

**2.58**

LB.

Limit 3 per Family  
**SPECIAL!**

**SAVE 44¢**



Our Reg. Price 81/\$1.44  
Product of U.S.A.  
Florida  
**WHITE OR RED  
GRAPEFRUIT**

**8/\$1**

**SPECIAL!**

Our Reg. Price \$1.31

**GENERAL MILLS  
CHERIOS**  
425 g. box  
Save 31¢

**1.00**

**BEST BUY**

**SAVE 34¢**

Our Reg. Price 67¢ each  
Picnic Concentrated Unsweetened  
**FROZEN  
ORANGE JUICE**  
12 1/2 fl. oz. tin

**2/\$1**

**BEST BUY**

**UP TO 90¢ SAVINGS PER ROLL**

Our Reg. Price \$1.58 lb.  
Pride of Canada  
**COTTAGE  
ROLLS**  
2-3 lb. avg. size

**1.28**

LB.

**SPECIAL!**

Product of U.S.A.  
Canada No. 1 Grade  
**HEAD  
LETTUCE**  
Each

**2/\$1**

**BEST BUY**

Our Reg. Price \$1.19

Chocolate Vanilla Creme, Cinnamon Swirl  
French Creme or Trio  
**STEINBERG  
COOKIES**  
1 lb. bag  
Save 19¢

**1.00**

**BEST BUY**

**COUPON VALUE \$1.00**

WITH THIS COUPON AND THE PURCHASE  
OF A CASE OF 24x10 fl. oz. tins  
(Reg. Price \$3.99)  
**CARLTON CLUB  
SOFT DRINKS**

**2.99**

COUPON VALUE \$1.00

Limit one Pop coupon per item purchased  
Coupon valid until Tuesday February 5, 1980  
REDEEMABLE ONLY AT MIRACLE FOOD MART

**UP TO \$4.20 SAVINGS PER ROAST**

Our Reg. Price \$1.48  
Fresh Ontario Pork  
**FRESH LEG OF  
PORK ROASTS**  
5-7 lb. size butt portion

**88¢**

LB.

**BEST BUY**

Product of U.S.A.  
**FRESH  
STRAWBERRIES**  
Pint cup

**98¢**

**BEST BUY**

Our Reg. Price \$1.29

Fancy Halves or Slices  
**DEL MONTE  
PEACHES**  
28 fl. oz. tin  
Save 29¢

**1.00**

**BEST BUY**

Product of U.S.A. In Shell  
**WALNUTS**  
Jumbo size

**98¢**

LB.

**BEST BUY**

Our Reg. Price 83¢ each

In Molasses, Pork or  
**HEINZ BEANS  
IN TOMATO  
SAUCE**  
14 fl. oz. tin  
Save 26¢

**2/\$1**

**BEST BUY**

Product of U.S.A.  
Canada No. 1 Grade  
**RED  
TOMATOES**

**2 LB./\$1**

**BEST BUY**

Our Reg. Price \$1.23

Sealed  
**SMOOTH'N CREAMY  
COTTAGE CHEESE**  
500 g tub  
Save 23¢

**1.00**

**BEST BUY**

Fresh from the Tropics  
**LARGE SIZE  
BANANAS**

**3 LB./99¢**

**BEST BUY**

**SAVE WITH OVER 300 SPECIAL PRICES EVERY WEEK!**

**The Tudor Bakery**

Crispy  
**CRUSTY  
ROLLS**  
pkg. of 8

**79¢**

**BEST BUY**

"MIRACLE'S IN STORE BAKERY"

**CHOCOLATE  
FUDGE  
LAYER  
CAKE**  
7 inch round

**2.49**

**BEST BUY**

Chewy  
**CHOCOLATE  
BROWNIES**  
16 oz. pkg. (454 g)

**1.29**

**BEST BUY**

Dampier's  
**COUNTRY BRAN BREAD**  
24 oz. loaf, Not available Monday

**69¢**

**BEST BUY**

Bake-Rite  
**CREME HORNS**  
pkg. of 8, Not available Monday

**79¢**

**BEST BUY**

Miracle Food Mart  
**GLAZED DONUTS**  
pkg. of 9, Not available Monday

**69¢**

**BEST BUY**

Miracle Food Mart  
**BRAN MUFFINS**  
pkg. of 8, Not available Monday

**69¢**

**BEST BUY**

Fresh Ontario Pork  
**LEG OF PORK  
ROASTS**  
5-7 lb. size, shank portion

**98¢**

**BEST BUY**

Pride of Canada  
**SKINLESS WIENERS**  
1 lb. pkg.

**1.18**

**BEST BUY**

Pride of Canada  
**SLICED COOKED HAM**  
175 g

**1.28**

**BEST BUY**

Regular Bone-in  
**RUMP ROAST**  
Cut from Best Quality  
Canada Grade A Beef

**2.58**

LB.

**SPECIAL!**

Ontario Grown, No. 1 Grade  
**POTATOES**  
10 lb. bag

**78¢**

**BEST BUY**

Ontario Grown No. 1 Grade  
**CARROTS OR  
YELLOW ONIONS**  
2 lb. bag

**2/88¢**

**BEST BUY**

Ontario Grown, Small No. 1 Grade  
**RED DELICIOUS APPLES**  
3 lb. bag

**1.09**

**BEST BUY**

Product of U.S.A.  
**BRUSSEL SPROUTS**

**78¢**

LB.

**BEST BUY**

Orange Pekoe  
**RED ROSE TEA BAGS**  
pkg. of 20

**1.00**

**BEST BUY**

25, 40, 60, 100W Miracle Food Mart  
**LIGHT BULBS**  
pkg. of 2

**2/\$1**

**BEST BUY**

Our Reg. Price 32¢ each

Condensed  
**HEINZ  
TOMATO SOUP**  
10 fl. oz. tin  
Save 28¢

**4/\$1**

**BEST BUY**

Our Reg. Price \$1.05

Fancy  
**HEINZ  
TOMATO JUICE**  
48 fl. oz. tin  
Save 26¢

**79¢**

**BEST BUY**

A cold weather favourite!  
Boneless  
**LEAN  
STEW BEEF**  
Cut from Best Quality  
Canada Grade A Beef  
Save 30¢ lb.

**2.08**

LB.

**SPECIAL!**

Our Reg. Price \$2.38

Pride of Canada  
**SLICED SIDE BACON**  
1 lb. pkg.

**1.38**

**BEST BUY**

Boneless Outside  
**BOTTOM  
ROUND ROASTS**  
Cut from Best Quality  
Canada Grade A Beef  
4-6 lb. size  
Save up to \$4.20 per Roast

**2.58**

LB.

**SPECIAL!**

Our Reg. Price \$3.28

Boneless Inside  
**TOP ROUND  
ROASTS**  
Cut from Best Quality  
Canada Grade A Beef  
2-4 lb. size  
Save up to \$2.40 per Roast

**2.88**

LB.

**SPECIAL!**

Our Reg. Price \$3.48

Boneless  
**SIRLOIN  
TIP ROASTS**  
Cut from Best Quality  
Canada Grade A Beef  
4-6 lb. size  
Save up to \$4.20 per Roast

**2.78**

LB.

**SPECIAL!**

Our Reg. Price \$3.48

Product of U.S.A. Canada No. 1 Grade  
**GREEN CABBAGE**

**2/\$1**

**BEST BUY**

Miracle's Family Day at the  
**Garden Bros. 3 Ring  
CIRCUS**  
at Maple Leaf Gardens  
February 22-23-24

1/2 price Ticket offer for Saturday  
February 23, 4 p.m. Show  
Pick up your discount voucher at  
Miracle!

Our Reg. Price \$1.05

Fancy  
**HEINZ  
TOMATO JUICE**  
48 fl. oz. tin  
Save 26¢

**79¢**

**BEST BUY**

A cold weather favourite!  
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**LEAN  
STEW BEEF**  
Cut from Best Quality  
Canada Grade A Beef  
Save 30¢ lb.

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**GREEN CABBAGE**

**2/\$1**

**BEST BUY**

## CHECK OUT FOR LESS!

**BEST BUY** A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'!

ALL PRICES EFFECTIVE JAN. 30 TO FEB. 5, 1980 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHTAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.