


# MIRACLE FOODMART

**SAVE 78¢**

*Tide's in... Dirt's out*



**Tide**  
CANADA'S FAVORITE  
POUR TOUTES LES SUCHEUSES

*Tide est là... La saleté s'en va*

Our Reg. Price \$3.77  
Powdered  
**TIDE  
DETERGENT**  
6 litre box

**2.99**

**BEST BUY**

**UP TO \$1.29 SAVINGS PER CHICKEN**



Our Reg. Price \$1.12  
Oven Ready  
**GRADE A  
FRESH CHICKENS**  
2-3 lb. size  
Limit 3 per Family

**69¢**

LB. **SPECIAL!**

**UP TO 54¢ SAVINGS PER CHICKEN**



Our Reg. Price 82¢  
Frozen Utility Grade  
**OVEN READY  
CHICKENS**  
2-3 lb. size  
Limit 3 per Family

**64¢**

LB. **BEST BUY**

**SAVE 75¢**



Our Reg. Price 58¢ lb.  
Product of U.S.A.  
Canada No.1 Grade  
**RED  
TOMATOES**

**3 LB. / 99¢**

**SPECIAL!**

Our Reg. Price \$1.19  
**QUAKER STATE  
10W30 MOTOR OIL**  
1 litre tin  
Save 32¢ or 26%

**87¢**

**BEST BUY**

**COUPON VALUE 55¢**

WITH THIS COUPON AND THE PURCHASE OF A  
1 lb. bag of (Our Best Buy Price \$3.14)  
Regular or Fine Grind

**NABOB  
GROUND COFFEE**

**2.59**

Limit one Coffee coupon per Family purchase  
Coupon expires Tuesday January 22, 1990  
REDEEMABLE ONLY AT MIRACLE FOOD MART

**UP TO \$1.93 SAVINGS PER CHICKEN**

Our Reg. Price \$1.22  
Oven Ready  
**GRADE A LARGE  
FRESH CHICKENS**  
3½-4½ lb. size

**79¢**

LB. **SPECIAL!**

Our Reg. Price \$1.48  
Ontario Grown, Fancy Grade  
**RED DELICIOUS  
APPLES**  
3 lb. bag  
Save 39¢

**1.09**

**BEST BUY**

Our Reg. Price \$1.39  
Liquid  
**JAVEX  
BLEACH**  
128 fl. oz. jug  
Save 30¢ or 21%

**1.09**

**BEST BUY**

**SAVE 25¢**

Our Reg. Price 74¢  
Assorted Flavours  
**GAY LEA  
YOGURT**  
2x125 g pkg.

**49¢**

**BEST BUY**

**UP TO \$3.50 SAVINGS PER ROAST**

Our Reg. Price \$1.48  
Fresh Ontario Pork  
**FRESH LEG OF  
PORK ROASTS**  
5-7 lb. size butt portion

**98¢**

LB. **BEST BUY**

Ontario Grown, No.1 Grade  
**YELLOW  
ONIONS**  
2 lb. bag

**3/99¢**

**BEST BUY**

Our Reg. Price \$1.27  
Regular or 1%  
**DARI-FRESH  
COTTAGE CHEESE**  
500 g tub  
Save 28¢ or 22%

**99¢**

**BEST BUY**

Straight, Crinkle or Shoestring  
McCain **FRENCH FRIES**  
3½ lb. bag

**1.39**

**BEST BUY**

Top Quality Sliced, 6 oz. pkg.  
**MAPLE LEAF  
LUNCH MEATS**  
bologna, chicken, mac & cheese, luncheon

**78¢**

**BEST BUY**

Ontario Grown, No.1 Grade  
**CARROTS**  
2 lb. bag

**3/99¢**

**BEST BUY**

Our Reg. Price \$1.37  
Regular  
**KLEENEX  
TOWELS**  
2 roll pkg.  
Save 38¢ or 27%

**99¢**

**BEST BUY**

Alora Frozen Pizzeria Style  
**PEPPERONI PIZZA**  
pkg. of 4-5" pizzas

**1.89**

**BEST BUY**

Top Quality Sliced  
**MAPLE LEAF  
COOKED HAM**  
6 oz. pkg.

**1.38**

**BEST BUY**

Product of U.S.A. Florida  
**WHITE OR RED  
GRAPEFRUIT**

**8/1.44**

**BEST BUY**

Disposable Daytime pkg. of 30  
Extra Absorbent pkg. of 24  
**PAMPERS  
DIAPERS**

**2.79**

**BEST BUY**

In-Store Baked  
**LEMON  
DANISH**  
pkg. of 4

**99¢**

**BEST BUY**

Top Quality  
**MAPLE LEAF SIDE BACON**  
1 lb. pkg.

**1.58**

**BEST BUY**

Product of U.S.A. California  
**NAVEL  
SEEDLESS ORANGES**  
Size 113

**12/1.28**

**BEST BUY**

Meyer's  
**ENGLISH MUFFINS**  
Not available Monday, 12 oz. pkg.

**49¢**

**BEST BUY**

Fresh Baked  
**RAISIN  
BUNS**  
pkg. of 12

**1.19**

**BEST BUY**

Top Quality Regular  
**MAPLE LEAF WIENERS**  
1 lb. pkg.

**1.58**

**BEST BUY**

Ontario Grown, No.1 Grade  
**POTATOES**  
10 lb. bag

**78¢**

**BEST BUY**

Steinberg  
**APPLE PIE**  
Not available Monday, 20 oz. pkg.

**89¢**

**BEST BUY**

Mortimers, Scottish Style  
**BEEF PIES**  
2 pie pack

**94¢**

**SPECIAL!**

Mortimers  
**SCOTTISH STYLE HAGGIS**

**1.98**

**SPECIAL!**

Product of U.S.A., Canada No.1 Grade  
**HEAD LETTUCE**

**58¢**

**BEST BUY**

Tangy, Sweet  
**LEMON  
MERINGUE  
PIE**  
20 oz. 567 g

**1.49**

**BEST BUY**

Steinberg  
**VARIETY  
MIX COOKIES**  
2 lb. bag  
Save 28¢ or 12%

**1.89**

**BEST BUY**

Fresh Ontario Pork  
**FRESH LEG OF  
PORK ROAST**  
5-7 lb. size  
Save up to \$2.80 per Roast

**1.08**

LB. **BEST BUY**

Product of U.S.A., Canada NO.1 Grade  
**CELERY HEARTS**

**88¢**

**BEST BUY**

Processed Cheese Slices  
**BLACK DIAMOND  
SINGLE THINS**  
16 oz. pkg.  
Save 13¢ pkg.

**1.79**

**BEST BUY**

Plain  
**BRAVO  
SPAGHETTI SAUCE**  
28 fl. oz. 1ln  
Save 20¢ or 18%

**89¢**

**BEST BUY**

Oven Ready  
**GRADE A FRESH  
ROASTING CHICKENS**  
5-7 lb. size  
Save up to \$2.31 per Chicken

**99¢**

LB. **SPECIAL!**

Ontario Grown, NO.1 Grade  
**WAXED RUTABAGAS**

**3/99¢**

**BEST BUY**

Plain or Dip  
**HOSTESS  
POTATO CHIPS**  
300 g bag  
Save 18¢ or 12%

**1.29**

**BEST BUY**

Our Reg. Price \$2.17  
**STEINBERG  
MIX COOKIES**  
2 lb. bag  
Save 28¢ or 12%

**1.89**

**BEST BUY**

Our Reg. Price \$1.48  
Frozen Oven Ready  
**GRADE A  
YOUNG DUCKS**  
3-5 lb. size  
Save up to \$1.50 per Duck

**1.18**

LB. **SPECIAL!**

Canadian Grown, Fancy Grade  
**B.C. RED OR GOLDEN  
DELICIOUS APPLES**

**58¢**

LB. **BEST BUY**

Our Reg. Price \$1.47  
**PLAIN OR DIP  
HOSTESS  
POTATO CHIPS**  
300 g bag  
Save 18¢ or 12%

**1.29**

**BEST BUY**

Our Reg. Price \$1.09  
**PLAIN  
BRAVO  
SPAGHETTI SAUCE**  
28 fl. oz. 1ln  
Save 20¢ or 18%

**89¢**

**BEST BUY**

Our Reg. Price \$1.32  
Oven Ready  
**GRADE A FRESH  
ROASTING CHICKENS**  
5-7 lb. size  
Save up to \$2.31 per Chicken

**99¢**

LB. **SPECIAL!**

Our Reg. Price \$1.48  
Frozen Oven Ready  
**GRADE A  
YOUNG DUCKS**  
3-5 lb. size  
Save up to \$1.50 per Duck

**1.18**

LB. **SPECIAL!**

**CHECK OUT FOR LESS!**

ALL PRICES EFFECTIVE JAN. 16 TO 22, 1990 IN METRO TORONTO • MISSISSAUGA • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • OAKVILLE • THORNHILL • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**BEST BUY** A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'