

# Miracle Food Mart

**SAVE 20¢**



COLOURED  
**CHEFMASTER**  
1 LB. NET WEIGHT  
**MARGARINE**  
MADE FROM 100% VEGETABLE OIL

Our Reg. Price 59¢  
100% Vegetable Oil  
Parchment Wrap

**CHEFMASTER MARGARINE**  
1 lb. pkg.

**39¢**  
EACH  
BEST BUY

**UP TO \$2.40 SAVINGS PER ROAST**



Our Reg. Price \$1.18  
Fresh Ontario Pork

**FRESH PORK ROASTS**  
cut from the picnic shoulder  
3-6 lb. size

**78¢** LB. BEST BUY

Our Reg. Price \$1.38  
Fresh Ontario Pork

**FRESH PORK LOIN ROASTS**  
rib end 3½-4 lb. avg. size

**88¢** LB. BEST BUY

Limit 2 per Family

**GREAT ONTARIO PORK SALE**

**SAVE \$1.00**



Our Reg. Price \$3.98  
Canadian Grown, No. 1 Grade

**P.E.I. POTATOES**  
50 lb. bag

**2.98**  
SPECIAL!

Plain or Salted  
**CHRISTIE'S PREMIUM PLUS CRACKERS**  
450 g box

Our Reg. Price \$1.05

**89¢**  
BEST BUY

Save 16¢ or 15%

Condensed  
**AYLMER TOMATO SOUP**  
10 fl. oz. tin

**5/\$1**  
BEST BUY

Our Reg. Price \$1.27

**NORDICA 2% COTTAGE CHEESE**  
500 g tub

**99¢**  
BEST BUY

Save 28¢ or 22%

Our Reg. Price \$2.89

Powdered  
**A.B.C. DETERGENT**  
8 litre box

**1.99**  
BEST BUY

Save 90¢ or 31%

Our Reg. Price \$1.49

Assorted Colours  
**DELSEY BATHROOM TISSUE**  
4 roll pkg.

**1.09**  
BEST BUY

Save 40¢ or 26%

Frozen  
**EGGO WAFFLES**  
11 oz. pkg.

**79¢**  
BEST BUY

Miracle Food Mart  
**TOMATO KETCHUP**  
25 fl. oz. jar

**99¢**  
BEST BUY

**GOLD SEAL PINK SALMON**  
7½ oz. tin

**1.19**  
BEST BUY

**SAVE 31¢**

Our Reg. Price \$1.19  
Assorted Varieties

**BROOKPARK FROZEN DINNERS**  
11 oz. pkg.

**88¢**  
BEST BUY

**UP TO \$1.80 SAVINGS PER ROAST**

Our Reg. Price \$1.28  
Fresh Ontario Pork

**FRESH PORK BUTT ROASTS**  
Cut from the pork shoulder  
3-6 lb. size

**98¢**  
LB. BEST BUY

**SAVE 30¢**

Our Reg. Price 59¢ each  
Assorted Varieties

**BROOKPARK FROZEN MEAT PIES**  
8 oz. pkg.

**2/88¢**  
BEST BUY

**UP TO \$1.60 SAVINGS PER ROAST**

Our Reg. Price \$1.38  
Fresh Ontario Pork

**PORK ROASTS TENDERLOIN END**  
3½-4 lb. avg. size

**98¢**  
LB. BEST BUY

Fresh from the tropics  
**LARGE SIZE BANANAS**

Our Reg. Price 33¢ lb.

**3 LB./87¢**  
BEST BUY

Save 12¢

Product of U.S.A.  
California Seedless  
**NAVEL ORANGES**  
Size 113

**12/1.28**  
BEST BUY

Ontario Grown, Fancy Grade  
**RED DELICIOUS APPLES**  
3 lb. bag

Our Reg. Price \$1.48

**1.09**  
SPECIAL!

Save 39¢

Product of U.S.A.  
Canada No. 1 Grade  
**RED TOMATOES**

**58¢**  
LB. BEST BUY

Product of U.S.A.  
Canada No. 1 Grade  
**HEAD LETTUCE**  
each

**58¢**  
BEST BUY

Ontario Grown, No. 1 Grade  
**RUTABAGAS**

**3/99¢**  
BEST BUY

Ontario Grown, No. 1 Grade  
**CARROTS OR YELLOW ONIONS**  
2 lb. bag

**3/99¢**  
BEST BUY

Product of U.S.A. Florida  
**White or Red GRAPEFRUIT**

**8/1.44**  
BEST BUY

Product of U.S.A.  
**ENDIVE OR ESCAROLE**

**2/\$1**  
BEST BUY

Product of Italy  
**CHESTNUTS**  
Large Size

**98¢**  
BEST BUY

Canadian Grown, Fancy Grade  
**B.C. Red or Golden DELICIOUS APPLES**

**58¢**  
BEST BUY

Best Quality Grade A Beef  
**BEEF HIP**  
75 lb. avg. size  
contains full round steaks,  
tenderloin, brisket, short ribs,  
tip roast, lean boned beef  
steak, ground beef etc.

Our Reg. Price \$2.38

**1.98**  
LB. SPECIAL!

Save up to \$30.00 per Hip

Best Quality Grade A Beef  
**BEEF HIND QUARTER**  
130 lb. avg. size  
contains:  
sirloin, porterhouse, T-bone, full  
round steak, rump, skirt, tip roast,  
lean boned beef steak, ground beef etc.

Our Reg. Price \$2.34

**1.98**  
LB. SPECIAL!

Save up to \$46.00 per hind.

**The Tudor Bakery**  
"MIRACLE'S IN STORE BAKERY"

Fresh In-Store Baked  
**LEMON OR RASPBERRY DANISH**  
pkg. of 4

**99¢**  
BEST BUY

Jumbo  
**KAISER BUNS**  
pkg. of 6

**88¢**  
BEST BUY

In-Store Baked  
**CHOCOLATE BROWNIES**  
16 oz. pkg. (454g)

**1.29**  
BEST BUY

Our Reg. Price \$1.15

**STARKIST CHUNK LIGHT TUNA**  
8½ oz. tin

**89¢**  
BEST BUY

Save 26¢ or 22%

Our Reg. Price \$1.59

Liquid  
**PALMOLIVE DETERGENT**  
24 fl. oz. bot.

**1.19**  
BEST BUY

Save 40¢ or 25%

**PORK FEET**

**38¢**  
LB. SPECIAL!

Top Quality Sliced  
**MAPLE LEAF LUNCH MEATS**  
bologna, chicken, Mac & Cheese Luncheon, 6 oz. pkg.

**78¢**  
SPECIAL!

Mild Cured  
**SHOPSY'S CORNED BEEF BRISKET**  
3 lb. avg. size

**1.98**  
BEST BUY

Best Quality Grade A Beef  
**BEEF FRONT QUARTER**  
135 lb. avg. size  
contains standing rib, cross rib,  
blade, short rib, neck, brisket,  
rib, lean boned beef steak, ground  
beef etc.

Our Reg. Price \$1.64

**1.38**  
LB. SPECIAL!

Save up to \$35.00 per Front

Our Reg. Price \$1.92

Processed Cheese Slices  
**KRAFT SINGLES**  
2/3 oz. slice, 1 lb. pkg.

**1.79**  
BEST BUY

Save 13¢ pkg.

Our Reg. Price \$1.37

Regular  
**KLEENEX TOWELS**  
2 roll pkg.

**99¢**  
BEST BUY

Save 38¢ or 27%

Our Reg. Price \$2.28

Best Quality Grade A Beef  
**BEEF RIB**  
35 lb. avg. size  
contains standing rib roast,  
rib steak, brisket, tip roast,  
ground beef etc.

**1.98**  
LB. SPECIAL!

Save up to \$10.50 per rib

## CHECK OUT FOR LESS!

ALL PRICES EFFECTIVE JAN. 9 TO 15, 1979 IN METRO TORONTO • MISSISSAUGA  
• OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN  
• ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.