

Miracle's 'Beef at its Best'



ON BEEF AT IT'S BEST

 <p>Our Reg. Price \$2.99 to \$3.99 Boneless full round or SIRLOIN STEAKS From Best Quality Grade A Beef</p> <p>2.48 LB. Save up to 90¢ lb. Limit 3 per Family BEST BUY</p>	 <p>Our Reg. Price \$3.58 No Tail, T-Bone or PORTERHOUSE STEAKS From Best Quality Grade A Beef</p> <p>2.68 LB. Save 90¢ lb. Limit 6 per Family BEST BUY</p>
 <p>Our Reg. Price \$3.08 Boneless SIRLOIN TIP ROASTS From Best Quality Grade A Beef</p> <p>2.38 LB. Save 70¢ lb. BEST BUY</p>	 <p>Our Reg. Price \$1.28 lb. By the 5 lb. ctn. only CHICKEN LEGS Frozen</p> <p>88¢ LB. Save \$2.00 ctn. BEST BUY</p>
 <p>Our Reg. Price \$1.38 Fresh Ontario Pork FRESH LEG OF PORK ROASTS Butt Portion</p> <p>88¢ LB. Save 50¢ lb. BEST BUY</p>	 <p>Our Reg. Price \$1.18 SMOKED PORK PICNIC SHOULDERS 5-7 lb. avg. size</p> <p>88¢ LB. Save 30¢ lb. BEST BUY</p>
<p>Regular Bone In RUMP ROASTS From Best Quality Grade A Beef</p> <p>2.48 LB. BEST BUY</p>	<p>Frozen Utility Grade FRYING OR ROASTING CHICKENS</p> <p>66¢ LB. BEST BUY</p>
<p>Quality Wieners SHOPSY'S FUNTASTICKS 1 lb. pkg.</p> <p>1.08 BEST BUY</p>	<p>Empire or Pioneer SLICED SIDE BACON 1 lb. pkg.</p> <p>1.18 BEST BUY</p>
<p>Pride of Canada SLICED COOKED HAM 8 oz. pkg.</p> <p>1.18 BEST BUY</p>	<p>PRIDE OF CANADA WIENERS 1 lb. pkg.</p> <p>1.28 BEST BUY</p>

ON YOUR GROCERY ORDER

 <p>Our Reg. Price \$4.09 CHASE & SANBORN GROUND COFFEE 1 lb. bag</p> <p>2.99 Save \$1.10 or 26% BEST BUY</p>	 <p>Our Reg. Price \$1.02 FBI PURE APPLE JUICE 48 fl. oz. btl.</p> <p>79¢ Save 23¢ or 22% BEST BUY</p>
 <p>Our Reg. Price \$7.99 Miracle Food Mart Frozen Concentrated FLORIDA ORANGE JUICE 12 1/2 fl. oz. tin</p> <p>69¢ Save 18¢ or 20% BEST BUY</p>	 <p>Our Reg. Price \$1.03 Bye the Sea FLAKED LIGHT TUNA 8 oz. tin</p> <p>88¢ Save 15¢ or 14% BEST BUY</p>
 <p>Our Reg. Price \$2.69 Regular Disposable BABY SCOTT DIAPERS pkg. of 30</p> <p>1.99 Save 70¢ or 26% BEST BUY</p>	 <p>Our Reg. Price \$2.29 Miracle Food Mart GARBAGE BAGS pkg. of 20</p> <p>1.69 Save 60¢ or 26% BEST BUY</p>
<p>Regular or Diet SEVEN-UP 750 ml. btl. plus 25¢ deposit</p> <p>33¢ BEST BUY</p>	<p>From the Tudor Bakery "MIRACLE'S IN-STORE BAKERY"</p>
<p>All Purpose MONARCH FLOUR 2.5 kg. bag</p> <p>1.29 BEST BUY</p>	<p>A Tasty Treat CHELSEA BUNS pkg. of 6</p> <p>1.19</p>
<p>Beef, Irish or Meatball CLARK'S STEWS 24 fl. oz. tin</p> <p>1.19 BEST BUY</p>	<p>Tudor CRUSTY ROLLS pkg. of 8</p> <p>59¢</p>
	<p>Delicious COCONUT MACAROONS pkg. of 12</p> <p>1.19</p>

ON HARVEST-FRESH PRODUCE

 <p>Our Reg. Price 12/\$1.48 Product of U.S.A. NEW CROP FLORIDA TANGELOS</p> <p>12/98¢ Save 50¢ or 33% BEST BUY</p>	 <p>Our Reg. Price \$1.89 Fancy Grade ONTARIO GROWN MCINTOSH APPLES 5 lb. bag</p> <p>1.29 Save 60¢ or 31% BEST BUY</p>
 <p>Our Reg. Price 79¢ No. 1 Grade ONTARIO GROWN CARROTS OR YELLOW ONIONS 5 lb. bag</p> <p>58¢ Save 21¢ or 26% BEST BUY</p>	 <p>Our Reg. Price 78¢ Product of U.S.A. Washed and Trimmed SPINACH 10 oz. bag</p> <p>58¢ Save 20¢ or 25% BEST BUY</p>
<p>Fresh from the Tropics LARGE SIZE BANANAS</p> <p>29¢ LB. BEST BUY</p>	<p>Product of U.S.A. RED EMPEROR GRAPES</p> <p>68¢ LB. BEST BUY</p>
<p>Product of South Africa Outspan VALENCIA ORANGES</p> <p>12/\$1.98 BEST BUY</p>	<p>Canadian Grown No. 1 Grade P.E.I. POTATOES 10 lb. bag</p> <p>78¢ BEST BUY</p>
<p>Product of U.S.A. JUMBO PEANUTS</p> <p>98¢ LB. BEST BUY</p>	<p>Product of U.S.A. Cinderella Brand SEEDLESS RAISINS 14 1/2 oz.</p> <p>1.39 BEST BUY</p>

ON FALL FAVOURITES

 <p>Miracle Food Mart Cracked Wheat or 60% WHOLE WHEAT BREAD 24 oz. loaf</p> <p>49¢ BEST BUY</p>	 <p>Condensed AYLMER TOMATO SOUP 10 fl. oz. tin</p> <p>5/\$1 or 20¢ each BEST BUY</p>
 <p>Assorted Varieties MIRACLE FOOD MART CAKE MIXES 19 oz. pkg.</p> <p>69¢ BEST BUY</p>	 <p>Our Reg. Price \$1.19 Mrs. Luke's Raspberry or STRAWBERRY JAM with pectin, 24 fl. oz. jar</p> <p>99¢ Save 20¢ or 16% BEST BUY</p>

ALL PRICES EFFECTIVE OCT. 24 TO 30, 1979 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



An all Canadian Company

Check out for less!