

Outdoor Canada

KIDS AND CANOES

by Outdoor Canada Magazine
How soon can children be started on canoe tripping? One family we know started their daughter at five months, and their son at three weeks.

Though many people gasp at the thought of putting an infant in a "tippy" canoe, their concern is unwarranted. As long as the children are healthy and their parents experienced canoeists willing to adapt the pace of the trip to the babies' needs, there should be no problem. Planning is the key.

Start with short trips so that if you misjudge the child's needs, it's an easy matter to return to the starting point without enduring a lot of discomfort.

Clothing really isn't a problem on a canoe trip. Take enough changes so you won't be washing all the time, but not so many that packing becomes difficult. Three or four outfits are adequate and blanket sleepers at night over the regular ones will keep the wiggly little critters warm even if they don't stay covered.

For diaper-changing, carry a plastic pad large enough to set baby on without having stray parts on the ground. It's easy to make one with a square yard of quilted plastic, edged with bias tape. Disposable diapers and prepackaged towelettes are handier than cloth diapers and washcloths. Both can be burned in your camp fire after use, but don't throw them in just before you are ready to break camp. They burn slowly and need to be stirred, so wait until you have some time to spare.

An alternative to diapers is sphagnum moss, which has been used for thousands of years by Indians to protect their babies'. It's aseptic and highly absorbent.

Coping with feeding need not scare anybody off either. For breast-fed infants, of course, there's no problem whatsoever. But even bottle-fed babies aren't really a problem on canoe trips. For short trips, formula can be mixed and bottled at home, packed in an insulated bag and later kept nearly submerged in cool, shady water near camp. For longer trips, it's handier to carry canned or powdered formula and mix one bottle at a time, sterilizing in a cook pot. Bring water from home if you feel it necessary, though boiled lake or river water in unpolluted areas is fine.

Once past the formula stage, instant skim-milk powder can be carried and mixed right in the bottle. When they're this age, their bottles only have to be washed, and remember, plastic bottles tend to bounce off rocks better than glass bottles. But take a spare, just in case.

Pabulum and vegetables can be warmed in a pot, just like at home, and when children have reached the age where they start to feed themselves, a little chair is handy. Try remodelling a commode with a piece of plastic-covered fibreboard fastened on the front, and a foam cushion on the seat, to make a miniature folding high chair.

In the canoe, spread a tent on the bottom just behind the bow seat, cover it with a blanket and you have a combined crib and playpen. Sprinkle it with toys, dolls and books and your child will be happy. What's more, mother is close at hand to cover the young voyager after the rocking motion of the canoe has lulled her or him to sleep. Granted, you're not going to travel as fast as you might be used to, but so what? There's no rush.

Mosquitoes and blackflies will be more of a problem on shore than in a canoe, so make sure your baby's netting is in place and not touching arms or legs during an attack. Try to select a campsite on a point jutting out from shore, facing the prevailing wind. The breeze and your campfire will help control flying insects.

Children and canoe trips go together. The kids are never bored because there's too much to entertain their restless imaginations. Whether they're babies, toddlers or schoolchildren, they all absorb something and gain a greater understanding of nature. Maybe, when they're older, they won't be in as much of a hurry to pave over the earth as we seem to be.

Family survives

Van's salvage tie with Electric Sportsmen dumped by Unisal

All three of the Acton Industrial League top teams found themselves in trouble in Sunday night action and it was only Family Cleaners that managed to come away without losing a point.

Cleaners edged last placed Station Hotel 8-7 to regain first place in the league standings while second placed Van's Welding rallied in the last inning to earn a 9-9 tie with Halton Hills Electric.

The third placed industrial team, J and T Sports, suffered a 13-4 setback at the hands of Unisal Construction.

In other recent games Family Cleaners topped Station 20-5 while J and T Sports and Unisal struggled to a 13 all tie.

It took a two run homer by Chuck Peavoy in the bottom of the seventh to give Family Cleaners their 8-7 win over Station. The Peavoy homer gave

the Cleaners a temporary three run lead but two Hotelers runs in the top of the last inning made things interesting.

Station Hotel drew first blood in the match as they counted a pair of runs off of four walks as Family pitcher Peavoy had trouble finding the plate.

Family got a single run back in the bottom of the inning as Gary Wilson singled and scored.

Rural bantams rally

After a slow start, five losses in five games, the Acton Thompson Fuels Bantams of the Halton Rural Softball League have come back to win four of their last seven.

The most recent win by the bantams came at the expense of league leading Omagh. The Acton team, which dropped a 6-5 decision to the only unbeaten team first time around, set Omagh down the second time in the season scoring a 10-8 win after falling behind 6-0 in the first inning.

In other recent games the Thompson team took a pair of wins from Hornby 12-5 and 14-5.

Tom Shannon started on the mound for the local side in assault of Omagh but after finding control problems in the first inning he was relieved by brother Bruce. Five walks helped produce six visitors runs in the inning and things looked dismal for the locals.

Tom Shannon came back to the mound in the second inning giving up a single and a double. Omagh added an eighth tally in the third inning before Acton came to life.

A five run third inning, including a bases-loaded triple by Tom Shannon, brought the local team within striking distance. A pair of fourth inning walks helped the Acton cause in the fourth inning as three runs reached home to even the score.

Acton scored ten third inning counters in their 14-5 win over Hornby while Tom Shannon cracked the only homer from the local side.

In the 10-5 Acton win it was seven third inning runs that supplied the difference, and again it was Shannon who smashed the only homer from the local side.

Bantams snatch pair

Acton Mackenzie Bulldoll Bantams continue to win ball games in the Tri-county Fastball league.

The local team topped a pair of decisions over the past week scoring an 8-1 win over Eramosa and an 8-2 victory over Puslinch.

In Puslinch the Bulldoll team went straight to the attack two runs in the first inning and extending their lead by three in the second.

A walk and an error led to the first two Acton runs as Rob Vermeulen and Mark Duval crossed the plate. In the second inning Gord McArthur, Tim Evans and Tim Baker rounded the bases to give the locals a comfortable 5-0 lead.

Puslinch managed their only runs of the game in the bottom of the sixth inning as they managed to get to Acton pitcher Vermeulen.

Acton came back in the top of the seventh adding padding to their lead to defeat the only team that had previously beaten them.

The game marked the return of Acton second basemen Paul Nolan who had been sidelined with a sprained ankle.

Tim Ferguson was the only Eramosa batter to break down the Acton defense in their confrontation with the Rockwood team. Ferguson's sixth inning run broke the shut-out of the Acton pitching combination of Rob

ACTON CHAMBER OF COMMERCE
COMMUNITY CALENDAR
FAMILY NIGHT FILMS at Acton Public Library July 12th, 6:45 p.m. The Adventures of Tarzan

Pizza Pee-wees

It was by no means a pitchers' duel but the Acton Chicken and Pizza Spot Halton Rural Pee-wees came out on top of a 21-15 match with Hornby in league action last week.

The pee-wees came from behind in the match, scoring a total of ten seventh inning runs while sending 14 batters to the plate.

PUBLIC NOTICE

Trespassing complaints are being received by the police and Ontario Hydro in this area from property owners whose land is crossed by a Hydro transmission line.

The presence of a power line does not mean that the underlying property is owned by Ontario Hydro. Many power line corridors are not Hydro-owned, but are used under various forms of legal agreement.

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- ERIN**
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- QUELPH**
Chalmers United Church
Hall (back entrance)
60 Quebec Street
Thurs. 1 & 7:30 p.m.
- MILTON**
Holy Rosary Parish Hall
139 Martin Street
Tues. 7:30 p.m.
- ACTON**
St. Aben's Parish Hall
Wilow Street
Thurs. 7:30 p.m.
- QUELPH**
YM-YWCA
400 Speedvale East
Mon. 7:30 p.m.

MISSISSAUGA MEADOWVALE
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Mon. 7:30 p.m., Wed. 9:30 a.m. and 7:30 p.m.

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HOURS OPEN: Mon - Fri. 9:00 a.m. to 9:30 p.m. Sat. 9:00 a.m. to 6:00 p.m.

AVOID TRAGEDIES
Adverse winds and waves were the greatest single cause of boating fatalities last year in Ontario. The Ontario Safety League states that most of these tragedies could have been avoided if the boat operators knew and strictly observed the capabilities of their boats.

MEETING OF PUBLIC MEETING
TAKE NOTICE THAT A Public Meeting of the Liquor Licence Board of Ontario will be held at the ROYAL CANADIAN LEGION BRANCH #48, 1180 BARTON STREET EAST, HAMILTON, ONTARIO, on THURSDAY, AUGUST 2nd, 1979, at the hour of 10:00 o'clock in the forenoon, at which time the Board will hear applications for new licences in accordance with the Liquor Licence Act, 1975 and Regulations thereunder.
The following establishment has applied for a licence of the class indicated, and the application will be entertained at the aforementioned location and time.
Wooden Heart Restaurant
Halton Hills
M.A. 56 Mill Street East
Acton, Ontario
Dining Room Licence Applicants:
Gert Boehmisch and Mrs. Rhoda Bruce Boehmisch
AND FURTHER TAKE NOTICE that any person who is resident in the municipality and who wishes to make representation relative to the application, shall make their submission to the Board in writing prior to the date of the hearing, or in person at the time and place of the hearing (copies of written submissions will be forwarded to the applicant).
Executive Director,
Liquor Licence Board of Ontario,
55 Lakeshore Boulevard East,
TORONTO, Ontario, M5E 1A4.
MINISTRY OF CONSUMER AND COMMERCIAL RELATIONS
THE LIQUOR LICENCE ACT, 1975
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