

## April is high blood pressure month

April is "high blood pressure" month. High blood pressure is a leading cause of premature death and disability in Canada. Hypertension is a very common disorder. It is estimated that between 5 to 10 percent of the adult North American population have this condition. This means that an estimated one to two million Canadians have high blood pressure. The prevalence rate is particularly high in people over 40 and for reasons unknown tends to be almost twice as common for blacks than for whites. Although much less common, high blood

pressure can also occur in preschool as well as older children. Given its high prevalence rate and its potentially serious consequences, high blood pressure is a major public health problem. It can cause serious damage to the brain, heart, eyes, kidneys and blood vessels, particularly those in the legs. High blood pressure exerts a tremendous force on the vessels and in many major organs. It will also increase the work done by the heart by forcing it

to pump blood against the high resistance. Ultimately the heart will fail or the blood vessels will become clogged by cholesterol and other substances deposited in its walls. It is therefore recommended that all adults have their blood pressure checked annually by competent and properly trained personnel. Since hypertension is a chronic, usually incurable condition, it is necessary that great care is taken to make the correct diagnosis, and that the patient continues with the prescribed treatment for as long as necessary.

### Obituary

## J. Hennessey dies

A native of London, England, James Hennessey, died in Guelph General Hospital, March 25 following a lengthy illness. He was in his 92 year.

Mr. Hennessey lived with his daughter, Pearl Ito at R.R. 1, Acton for 21 years before his death. He was born November 1887, in London, England, and came to Canada in 1907, making his home in Toronto.

Mr. Hennessey married Linda Louise Rich-

ards, in Toronto. He was employed at Coleman Lamp and Stove, Toronto, and after his retirement he worked as a plasterer. He was a quiet man who was always ready to help out at home when his daughter and son-in-law were at work. He was always a good husband and father. In the last ten years of his life, he took up rug making as a hobby and did many beautiful rugs and wall-hangings.

Funeral service was

held at St. Alban's Anglican church March 28, with Rev. Len Ewing officiating. Interment was at Rockwood Cemetery. Pallbearers were Jack Rol, son-in-law, George Richardson, nephew, and Fred and Gerry Rol.

Mr. Hennessey was predeceased by his wife in 1963, and one sister Kate, and a brother Michael. He is survived by daughter Pearl, R.R. 1, Acton and a sister Mrs. Anne Woods, London, England.

## Award of Merit for Father Ryan

The Halton Roman Catholic Separate School Board is pleased to announce the selection of Reverend Blake J. Ryan, former trustee of the Burlington and Halton Roman Catholic Separate School Boards as the 1979 recipient of the Ontario Separate School Trustees' Association's annual 'Award of Merit'.

In 1958, Father Ryan, following a period as a separate school trustee representative for the Township of East Flamborough, was elected to the Burlington Separate School Board and served as trustee until 1969. In 1964 he was elected Chairman of the Burlington Board. With the advent of County Regional School

Boards in 1969, Father Ryan was elected trustee for Ward 6, Burlington and served continuously as its representative until November 30th, 1978.

In 1978, Father Ryan was appointed the first Chairman, Board of Governors for Assumption High School a position he held until October 1978. He currently holds the position of Treasurer of the Board of Governors, Assumption High School.

## Must reapply for supplement

Recipients of Guaranteed Income Supplement to their old age pensions are again reminded they must reapply for the supplement if they haven't already. As of March 30, 1979, there were still 24,300 recipients who have not reapplied and if the applications are not received soon payments could be disrupted for the month of April.

Another application to each pensioner who has not reapplied has been sent out in the first week of April.

There will be no loss of payment to any pensioner because of late filing of an application. W. A. Wright, regional director, says in a letter to MPP Julian Reed, as in each case where there is eligibility, retroactive payments will be made.

### Cycle safety

The Community Services Division of Sheridan College is again offering motorcycle safety training sessions for novice riders. Sessions are being offered at the Brampton and Oakville campuses. The first two sessions in Brampton begin April 7 and April 21, and consist of four days with six hours of instruction each day.



D and D Crafts is Rockwood's newest shop, offering such specialties as fresh fruit baskets. Here Dianne Fatt and Dot Polo display some of the attractive handmade items.

## Craft store is in Rockwood

D and D Crafts has opened its doors in Rockwood, offering a different service to local residents. Now you can order fresh fruit baskets, wooden boards filled with tempting assorted cheeses, wine and cheese baskets or have silk floral arrangements designed in your particular color choice—ideal specialized gifts.

Proprietress Dot Polo and assistant Dianne Fatt saw a market for "handmade" crafts in the area and have lined shop shelves with adorable stuffed toys, baby sweater sets, attractive aprons, place mats, chenille animals and wooden spoon racks.

The two ladies' busy fingers create many items. Local residents also supply their individual unique items to the stock.

Seasonal novelties such as children's Easter baskets brimming with goodies and year-round Christmas decorations add to the selection.

D and D Crafts, located at 405 Main St. S. is open Sat. and Sun. 10 a.m. to 5 p.m. Browsers welcome.

### Jogging clinic

This clinic is geared to both novice and experienced jogger, on Wednesday, April 15 from 8-10 p.m. at the Cedarvale Community Centre. Guest speakers will be Ms Abby Hoffman and Mr. Dave Steen, both represented Canada in Track & Field in international competition. It's free - for further information call Operation ACTION at 877-7211.

878-3272 **ROXY** 878-3208

Wed. 11 Thu. 12 Fri. 13 Sat. 14

The story of a girl who refused to forget the love once a champion!

**ICE CASTLES**

ROBYN COLEMAN THE HENRIETTA HAYES LINDA HURLEY NIKKON DENHILSKY SARAHIT WARREN HUEFMAN JOHNSON

Friday, April 13 & Saturday, April 14

Matinee 2 p.m.

**INTERNATIONAL VELVET**

starring Tatum O'Neal and Christopher Plummer

Sat. 15 Sun. 16 Mon. 17

**HAROLD ROBBINS'**

The **Betsy**

TEENAGE GRAFFITI

SHOW TIMES: Sunday through Thursday 8 p.m. Friday and Saturday 7 p.m. - 9 p.m.

## This July can be important for your son or daughter.

A month at Bishop's College School Summer Program could help them with:

- French as a second language

Concentrating attention on the individual needs of each student, experienced teachers will provide the opportunity for enrichment in French as a second language.

Extensive recreational activities help to develop a close personal relationship between student and teacher during the four weeks at Bishop's.

Individual programs are designed to meet the needs of boys and girls, aged 11 to 15. Detailed reports are prepared following the close of summer school which lasts from June 25th - July 21st.

For additional information please write to:

Director of Admissions, Summer Program, Bishop's College School, Lennoxville, Que. J1M 1Z8 or telephone (819) 562-7683

**Bishop's College School**  
Lennoxville, P.Q.

B.C.S. is a residential school for boys and girls situated in the country, about ninety miles from Montreal.

## No money for Belwood camp

by Barb Wynneek

Les Allan, Guelph Kiwanis Club representative canvassed Eramosa Council, seeking a donation to Belwood Camp for Retarded Children. The Kiwanis are currently campaigning for funds to finance a \$125,000 renovation and addition project on the present South Wellington County site.

Deputy Reeve David Masson questioned Mr. Allen, if it was his club's practice to go to municipalities for financial aid. He added he had never heard of any other service club canvassing council, and that asking for taxpayers' dollars is not a fund raising project, in his opinion.

Councillor John McLeod commented that other service clubs might also seek council's financial support.

Mr. Allen explained that his club is more of a charitable rather than a service organization, and the camp is a community service. He said industries will also be approached and a Radio TV auction is another fund raising source.

Eramosa was the second Wellington County council canvassed. Guelph township donated a generous \$1000, according to Mr. Allen. Eramosa turned down the request.



Brian Whiffen (left), R.R. 2 Rockwood, is seen receiving congratulations from Dr. A.J. Fisher, Fiberglas Canada Ltd., Toronto, recently. A graduate of Milton district high school and currently a second year systems design (engineering) student at the University of Waterloo, Mr. Whiffen was honored in Waterloo when he received a Sandford Fleming Foundation award. Dr. Fisher is chairman of the Foundation, a non-profit organization fostering industry-university co-operation in engineering education.

## Rockwood bowling

Team standings at the end of the 28th week of bowling are: Erk and Jerks, 120 points, Kay's Feeds, 119, Guelphites 115, Four Corners 98, Carney's 96, Rockwood Postes 95, Good Timers 95, Happy Gang 94, Late Corners 92, Unpredictables 89, Rovers, 81, Countrymen 74.

Ladies over 500 for Tuesday, March 27, Nellie Stockman, 709, Ellen Gainer, 636, Nini Coverdale, 618, Marjorie O'Krafka, 606, Erke Van Driel, 594, Ivy Ritchie 568, Alice Johnson, 555, Sue Nightingale 548, Marg McKersie, 536, Ann Parkinson, 524, Jean Smith, 521, Vivienne O'Brien, 514, Joanne Davies, 512, Joy Halliburton, 508.

Men over 600 for Tuesday March 27, Howard Dunk 688, Randy Peart, 685, Ted Jestin, 658, Gary Parks, 650, Gordon Ostrander, 644, Ray Nightingale, 631, Dennis Death, 629, David Donnell, 623, Dunc McPheeran, 606.

Results of games bowled March 27, Four Corners, five points, two highest bowlers, Nellie Stockman 709, Ted Jestin 658, Rovers, 2 Gordon Ostrander 644, Vivienne O'Brien, 514, Erk and Jerks, 5 Randy Peart 685, Erke Van Driel 594, Countrymen, 2 Bert Gould 545, Jean Smith 521, Carney's 2, Howard Dunk 688, Doug Carney 543, Unpredictables 5, Fred Vandervalk 571, Chris Dales 544, Greg Dales 544, Kay's Feeds 4, John Polo 583, Elmer Allan 536, Guelphites 3, Gary Parks 650, Dunc

McPheeran 606, Late Corners 5, Ellen Garner, 636, David Donnell 623, Happy Gang 2, Paul Holman 522, Nini Coverdale 618, Rockwood Postes 7, Roy Nightingale 631, Ivy Ritchie 568, Good Timers 0, Danny Bolton 490, Kathy Bolton 478.

**WATCH THE GAS STATIONS GO BY**

IN A **FANTASTIC V.W. RABBIT**

4 Speed & 5 Speed

**THE SELECTION WAS NEVER BETTER AND THE SAVINGS ARE TERRIFIC**

"The Money You Save At Baz Will Be Your Own"

"AT BAZ MOTORS WE CARE"

**BAZ MOTORS LTD.**

199 GUELPH STREET, GERRYSTOWN  
877-5286 or Toronto 678-1813

**the Greatest Carpet Offer.**

**Satisfaction or your money back!**

**SAVE**

**with low Factory Power Prices**

AS low as **1/2** the price you might expect or even less.

**CLOSED GOOD FRIDAY OPEN SATURDAY AND EASTER MONDAY**

**BONUS OFFER!**

While supplies last - Indoor/Outdoor carpet

SALE PRICED **\$1.99** sq. yd.

**SPECIAL!**

While supplies last. Over 250,000 square yards of carpet. Made to sell from \$8.00 to \$24.00 per sq. yd.

SALE PRICED **\$5 to \$12** sq. yd.

Saxenies, spulshes, snags, twists, velvets, plushes, cut 'n' loops, contract prints.

**WE DO EVERYTHING TO PLEASE YOU.**

- Floor covering specialists for broadloom, area rugs & vinyl flooring.
- Immediate delivery anywhere in Ontario.
- Immediate custom carpet installation with lifetime service guarantee.
- Custom cutting while you wait to save you time and money.
- No money down, no payment until July on our deferred credit plan.

**FACTORY CARPET OUTLET**

Registered Trademark of D B Diversified Ltd. We do everything but make the carpet.

**DOWNSVIEW** 1017 FINCH AVE W. AT OFFERIN 800-8060  
**MISSISSAUGA** 1458 DUNDAS ST. E. JUST EAST OF DIXIE RD. 270-6600  
**SCARBOROUGH** 1399 KENNEDY RD. AT ELLESMERE 752-6010  
**RICHMOND HILL** 10720 YONGE ST. N. AT ELGIN MILLS RD. 883-1723  
**WHITBY-OSHAWA** 1618 DUNDAS ST. E. EAST OF THICKSON RD. 1-578-1500  
Hamilton 969 Upper James St  
Stoney Creek 940 Queenston Rd

HOURS OPEN: Mon-Fri 9:00 a.m. to 9:00 p.m. Sat 9:00 a.m. to 6:00 p.m.

18 Giant Warehouse Outlets located in Canada. St. Catharines, Kitchener, London, Sudbury, Ottawa, Metro Montreal, Calgary.

Come and check out

**MOHAWK INN'S** 416 854-2277

**OPTIONS**

Campbellville/Jexit 38/401 W/ Race-track

really good disco Fridays + Satur. days

open 4 rest of the week

exciting decor, lights + videos

live band/phon Wed. April 18 until Sat. April 21

"Wide Open" Decent!