



Carol Parent keeps a close eye to make sure Mom finds the right pins during the Family Twosome tournament at the Acton Bowling Lanes Tuesday. Carol and mother Susan combined to win the mother-daughter portion of the tournament. A complete list of winners next week.

Pee-wees manhandle Fergus Richard picks up five points

Acton Lions pee-wees completely manhandled Fergus in Waterloo-Wellington league play last week to the tune of 8-0.

The Lions managed only one goal in the first period but tallied three in the second and five times in the final frame as the understaffed Fergus team ran out of legs.

Jim Richard, picked up his first of five points, opening the scoring from Randy Coverdale and Bruce Canary. In the second frame Acton got goals from Canary, Lorenzo Civiero and Paul Cargill. Jim Richard assisted on two counters while Coverdale and Rick Dodds assisted on singles. Acton totally dominated the final frame despite taking 12 minutes in penalties. Richard and Cargill each fired their second of the night with Vince Danagher, Troy McNaught and Steve Raine adding singles. Richard, Dodds,

Canary, Dave McKnight and David Milne were credited with helpers. Goalkeepers Brian Roach and Tim McKendry split time in the Lions den, "playing well" according to coach Barry Insoe.

"There was no excuse for the sub-par officiating" said Insoe whose team is the second least penalized team in the league. They received a total of 24 minutes in penalties compared to Fergus' 16. Fergus is the second most penalized team.

Vince Danagher and Troy McNaught were pointed out by Insoe as playing well for the Lions.

The win moves the Acton season record to 12 wins and 3 losses, good for first place at the present time.

The Lions host Milton 4-towners at the arena Saturday afternoon at 1:40 p.m. in an exhibition contest.

Team	G	W	L	T	F	A	P
Burlington	29	26	2	1	200	83	53
Streetsville	27	25	2	0	222	77	50
Oakville	29	18	11	0	177	137	36
Oak Ridges	29	15	10	4	158	146	34
Orillia	30	13	13	4	138	154	30
Brampton	28	13	12	3	120	121	29
Thornhill	29	11	14	4	119	137	26
Dixie	28	8	15	5	121	144	21
Barrie	29	10	18	1	137	159	21
Milton	30	8	18	4	134	198	20
Acton	29	7	20	2	125	183	16
Georgetown	29	4	23	2	97	187	10

In-n-out Midgets nipped by leaders

Acton Ed's In-n-Out Midgets put up a strong fight but could not find the net as they fell to league leading Hespeler by a 3-0 score. The Acton club took seven of the nine penalties handed out allowing Hespeler to score three times in the second period for the win. A game with Elora slated for December 20 was cancelled due to bad weather. The locals are competing in tournaments in New Hamburg from December 28 to 30 and Palmerston from the 28th to the first of January.

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Youth bowling

by Cheryl White and Laurie Pickles

Bantams Shift One:
Scorpions left the Butterflies in the hot desert and crawled away taking all games and totals with them. The Ants were stuck to their

seats with honey giving the Bees room to fly away with all games and totals. Flying around looking for new stingers were the Wasps after the Caterpillars marched away with both games and totals.

Shelties were nipped by the Beagles for all points. Standings: Chihuahuas 34, Bulldogs 33, Pekes 28, Beagles 27, Huskies 23, Shelties 11.

Cross Country Skiing



Standings: Caterpillars 27, Wasps 22½, Butterflies 20½, Bees 18½, Scorpions 17½, Ants 12.

Top Ten: Tracey Gordon 541, Teresa Dunn 508, Wade Sheppard 487, Grant Smith 472, Julie Heatley 462, Joel Pink 461, Peter Mills 460, Brian Canary 457, Sally Briggs 451, Chris Lobsinger 444.

(continued from page 11) finger when thrust backwards after poling into the ground.

Shift Two:
Fluttering with excitement were the moths when they had taken both games and totals from the Mosquitoes. Beetles were stung by the Hornets for all games and totals. The glaring of lights were seen by everyone when the Fireflies blinded the Flies to take all games and totals.

Seniors:
The Pines cooled down the Palms when they took two games and totals. Hedwoods finally pulled their roots together when they took all points making firewood out of the Birches. Elms turned the Cedars brown when they took all games and totals from them.

Ski walking, ski striding and ski bounding with poles simulates the on-snow diagonal stride. Kick off from one foot and simultaneously push into the ground with the pole opposite the kicking foot. Then kick off with the other foot and push with the other pole. Continue in this manner, walking briskly up very gradual hills.

Standings: Hornets 29, Moths 23, Fireflies 21, Beetles 19, Mosquitoes 18, Flies 7.

Top Ten: Gary Bousfield 595, Melissa Harris 594, John Herrington 585, Marina Herrington 556, Bev Baker 528, Andrea Jenkinson 514, Dale Anderson 502, Carrie McCristall 489, Laurie Pickles 476, John Rayner 467.

Brisk walking with poles develops muscles in the arms, lower back and abdomen. Important leg muscles are also strengthened. Best results are obtained through uphill use of poles. But start on easy grades and gradually increase the slope after a couple of weeks.

Pop winners with the highest over their average were Gillian Fryers with 57, Peter Gates with 48, Beverley Dunn 46, and Chris Gervais 20.

Birthdays:
Birthday greetings for this week are extended to Robert Jennings, Donna Ferguson and Tina Walker.

The best off-season cross country conditioning activities are movements that mimic actual on-snow skiing. However, any exercise is better than none at all, if one is to adequately enjoy the activity.

Juniors Shift One:
The Dalmations and the Poms barked it over and decided to split the points taking two each. Terriers uncured the Poodles hair to take all games and totals. The Collies were too busy thinking about Christmas and let the Yorkies take all the points.

Standings: Dalmations 42, Poodles 33, Terriers 25, Yorkies 22, Collies 21, Poms 13.

A PRAYER FOR THE NEW YEAR

*May laughter light your way,
may your dreams come true
and may health and happiness shine
on you and your loved ones in the New Year.*

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Thanks to our valued friends.

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