

Since my family is quite interested in eating, and since they'll try just about anything. I used to have a bookshelf that was full of cookbooks from different countries.

When we moved to Alberta, I weeded out the ones that weren't used that often, but still scan articles on cooking to see what's new and different.

In a BBC bulletin was an entitled "First Catch Your carcass. Camel". It read as follows:

magazine, The Morning Show. Pete Myers, the regular from Africa and the Middle spolled.

and Sour, Honey Divinity. Gogonzola cheese. Bessie Barnes' Carrot Cake, Tuna Tart and Stuffed Camel. petitors.

The camel recipe comes The closest I've come to

tomatoes. ficient for about 150 guests, reading through recipes. Then she adds, "Should your of stuffed chickens."

Ghana for Osiwe, a dish with earthquakes."

"wash it down with four feet of garland around its neck. sugar cane."

recipe for ripe coconuts filled with cooked fish, and from Malawi a way of cooking tongue with cocoa.

And in another book I learned about Kiviak, an (wherever they might be). Eskimo dish consisting of roasting him standing up fermented dovekies. These (which didn't seem quite are eaten either raw or cooked proper) or baking him on his and add "considerable zip to side, which I did." an otherwise fairly bland menu."

To make kiviak, seals are camel-or even stuffing it! skinned by making circular I don't suppose I'll ever find and around the neck.

Friends-in-Deed

by Mrs. Emily Price

ing on October 24 was a very

interesting and enjoyable

one. We were very pleased to

welcome two new members

meeting, our guest for the evening, Pete Pomeroy spoke

briefly. He answered several

questions pertaining to his

stand in running for mayor of

There were a few costumes

which were very amusing and

added to the enjoyment of the

evening and there were treats

for everyone present. Those

who were not able to be at the

meeting, due to Illness, or

other commitments, missed a

good night. We hope all the

illnesses will have disap-

peared and everyone will be

able to get out to our next

At the close of the evening's

fun, tea, coffee and a light

lunch were served by the

Our next meeting will be on

November 28 at 7.30 p.m. at

the M.Z. Bennett school. Elsie

Syme of Blue Springs Flower

Shop will be our guest. She

will be giving a demon-

stration on the making of

floral

Solar hospital heat

time in Ontario to preheat hot water at the 365-bed Oak-

ville-Trafalgar Memorial Hospital in Oakville.

Solar energy will be used in a hospital for the first

The Ontario Ministries of Energy and Health will

jointly finance the project following a study prepared.

for the ministries earlier this year. Tenders are being

The \$150,000 hospital system will make use of the

sun's energy whenever it is available to preheat ap-

proximately 7.5 million gallons of hot water used annually. No storage tank or bin is needed because the

preheated water will be used soon after it passes

through the solar collectors. At night and on cloudy

days, water will bypass the collectors and go directly

to a conventional gas-fired heating system.

social committee.

Following a short business

into our group.

Halton Hills.

meeting.

Christmas

called,

Our Friends-in-Deed meet-

Hallowe'en party

brings out ghosts

The blubber is cut free from intriguing item sandwiched the meat with a long knife, between "Farewell to Arkle" then the entire skin plus and "Roses from Ulster", blubber is pulled off the

One end is sewn shut and up An adventurous inter- to 500 unplucked dovekies are national cookery book has just stuffed into the blubber-lined been published as a result of bag. The other end is closed, the recipe competition run by and it is then covered with a the BBC World Service radio pile of stones to ripen for a уеаг ог во.

If it is too cold, fermentation compere of the program, cannot take place; if too chose 20 top recipes from the warm, the blubber turns 300 entries sent in, mainly rancid and the birds are

At the right temperature, Some of the titles are the blubber slowly permeates fascinating in themselves; for the birds, giving them the example, Judeau Hills Sweet smell and taste of old

In all my cooking and ex-And they are enhanced by perimenting, I've never tried comments from the com; anything like that, nor do I

from Libya and the camel-cooking, was the week ingredients, apart from one my husband informed me he'd medium-sized camel, includes invited friends up for a roast lambs or goats, 20 chickens suckling pig dinner. At first I and 20 kilogrammes of thought it was a great idea and had visions of this lovely These quantities, says the brown little piggy all set out on competitor, should be suf- a big platter. Then I started

One had the cook basting the guests exceed this number you pig (with beer, yet) every 10 may easily increase the minutes for the first three servings up to 200 by gar- hours then every five minutes nishing the camel with a circle for the last hour. I couldn't see how it could cook with being There is a recipe from hauled out of the oven so often.

Another recipe was equally plantains, lobsters, and eggs, complicated, ending up with which the sender promises setting the pig on a bed of "reliably stands you against watercress with an apple in its mouth, cranberries in its He also recommends you eyesockets, and a cranberry All the instructions began

From Spain there was a with "Tie the pig's feet forward and under him" but my pig's feet wouldn't go forward. I had the choices of taking him down on the floor and trying to crack his joints

> I wonder how a person would go about roasting a

cuts around the tall flippers out; but out this way, you never can tell!

arrangements. We are hoping

fona good turnout to welcome

her. Names will be drawn for

the exchange of gifts for our

Christmas party which will

be held at the home of Anne

Dodds on Tuesday, December

The shopping night for all

handicapped people will be on

Tuesday, November 28, at

Stone Road Mall in Guelph.

There will be volunteers to

help with wheelchairs. There

will be free gift wrapping and

other surprises as well as free

tea and coffee. It is a good

opportunity for those to do

their own shopping, and make

them feel as though they are

part of the excitement and

enjoy the festive season as

well as the feeling of in-

dependence which is so im-

portant to all handicapped

Election time is once again

upon us and an opportunity to

exercise our rights to choose

the candidates of our choice,

so let's hope the weather will

co-operate so people can get out and cast their votes.

Advance polls will be held on

See you at the polls on Monday, November 13 and at

Saturday, November 4.

our next meeting.



BLOCK PARENTS committee members are front row I. to r. Bev Landriault, Darleen Blashuk, Lynne Curran, Jean Martin, back row, Mary Hicks, Karen Caissie, Val Rule-Cassie and Liz Bailey.

Free Press

Family page



NEWLYWEDS DANCE up a storm at the Scout and Guide Mothers Hallowe'en dance Saturday night. And who is under all the garments - why, we'll never tell!

## Mothers successful

The Scout and Guide Mothers Dance at the Band Hall last Saturday was a success. Hallowe'en theme was enthusiastically received by those in attendance.

Dracula was on the door receiving fellow witches and ghosts as they entered. Great fun was had by all.

Winners of the Scout and Guide mothers draw are: first prize, a Quilt, Alma Barrow, Toronto; second, Dried Flowers, C.P. Beaton, Acton; and third, a Cushion, K. Owen, Acton.

Ten Winterio tickets were distributed as spot dance prizes.

Pete Homer took the best costume prize as a Hunchback. Door prizes of coasters were won by Dave and Bey Owen and John and Mary Conner. An ice bucket was the door prize for Wilmer and Edith Watkin. Bob and Leslie Johnston took home a liquid refreshment dispenser.

A special thank you is handed out to all those who helped make the dance a success and all mothers are reminded that the next meeting will be November 28 at 8:30 p.m.



# ELECT G.W."PAT"

# AREA COUNCILLOR

Town & Country **WARD 1 ACTON** SUP-R-BELT **SNOWBITER** 

With the adoption of uniform water and sewer rates for the region of Halton, which will be a great benefit to Acton and to which I devoted a great deal of time and effort, I have decided to seek an office with less responsibility. Therefore I am offering my "Experience and Time" as an area councillor. With only three votes on a council of twelve members, Acton needs and deserves strong representation.

#### As Your Area Councillor I Will:

continue to fight for Beardmore's needs to be accommodated in our sewage treatment plant

work in the best interests of all our citizens to preserve Actor's identity

insist on strong budget controls

work for an early completion of our Senior Citizens Apartments

# Back a Fighter for Acton

WHO HAS THE TIME AND EXPERIENCE TO RESOLVE **LOCAL PROBLEMS!** 



AREA COUNCILLOR WARDI ACTON

## Block Parents group have second meeting

The committee for Acton safety can call co-chair-Block Parents held their The purpose of the meeting

was to organize the Block Parents program in Acton. Anyone concerned about Bev

person Bev Laundriault at second meeting on Monday. 853-3412 for further informa-

Committee members are Laundriault, Mary making Acton a "safe" com- Hicks, Val Rule - Caissie, munity where children can Jean Martin, Karen Caissie, grow up without parents Elizabeth Balley, Lynn being concerned with their Curran and Darlene Blashuk.

#### Knox Alert group meets at church

The Knox Alert Evening Thanksgiving. group met in the Mary Ellen Anderson room of the church for their October meeting.

president, Nellie Merkley, opened the meeting with the call to worship. During the devotions Beth Smith read a poem written by 85-year-old Mrs. Bea Ariss. This poem, set to the music of Finlandia, was sung by a Parry Sound choir for served with a cup of tea.

Bessie Musselle gave two readings, Thanksgiving and

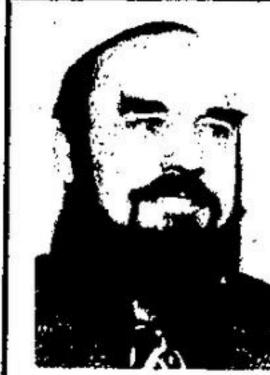
In the Name of God, Amen. Nellie Merkley took charge of the business portion of the meeting, during which time get well cards and a birthday card for the sick and shut in members were signed.

After the benediction a variety of sandwiches were

#### Meeting on 'Scarp

Due to the growing interest and concern over the future of the Niagara Escarpment, the Sierra Club of Ontario has organized a public education seminar on this topic for Sunday, November 5 at Ancaster High School in the Village of Ancaster.

The morning session will consist of talks by, among others, Professor John Jackson of Brock University's Geography Department, and Don Taylor, chief planner with the Ningara Escarpment Commission. Afternoon seminar leaders include Ron Reid of the Ontario Federation of Naturalists.



RESPONSIBLE

 ACCESSIBLE CONCERNED

for information

854-2366

ON NOVEMBER 13th, 1978

VOTE

WM. A. JOHNSON X

"THE MAN FOR ALL REASONS"



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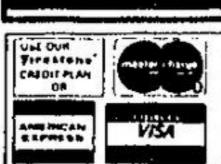
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