## 

by Richard Charles

#### Catch up with a retrofit

A word that you'll be hearing often is "retrofit". In case you haven't met it, it goes like this: while a house is being built you can fit it with all the insulation you like, but when the house is already built and the insulation is not good enough, you bring it up to scratch with a retrofit.

But why bother when you have a good-looking home and life's not all that bad as long as there's a thermostat to push higher as the weather grows icier? The triple retrofit answer to that is: with proper insulation your fuel bills are much lower (by 25 to 55% depending on the age of the home and the type of construction), you feel a lot better indoors without drafts and cold walls, and you are helping to save valuable energy resources instead of pouring them like water through a sieve. As a bonus, your home is more comfortable winter and summer.

If you need a retrofit, and most homes do, your choice of insulating materials will depend on how you will use them, on their R-value (resistance to heat passing through them) and how well they stand up to moisture, fire, bacteria and vermin, and also on their cost, ease of handling and, depending on the use, their rigidity or flexibility. The main types you may choose from are called batt or blanket, loose fill, rigid board and foamed-in-place.

Batt or blanket insulation contains glass fibre or mineral fibre (rock or slag) and has a woolly texture. It comes in slabs (batts) or rolls (blankets) with or without a vapour barrier, and is generally the easiest insulation to handle and apply. It fits snugly between regularly spaced joists, studs or strapping.

Because it is rolled up like a carpet, the blanket is sometimes the more awkward to install. Since batt and blanket are equally effective, your choice should depend solely on where they fit best. Mineral fibre has a slightly higher R value than glass fibre.

Loose fill consists of glass, cellulose or mineral fibres; or vermiculite, polystyrene, wood shavings or wood wool, It is sold by the bag and usually costs less than batts or blankets per unit of R value. Loose fill is especially handy for irregular spaces between joists or other odd-shaped areas. It is also a simple way to insulate a wall space if you can just pour it in. The vapour barrier must be applied separately.

Rigid board insulation may be made of polystyrene, phenolic foam or polyutethane. It offers exceptional insulation for its thickness and weight, averaging R5 (per inch thick) compared with an average of 3.5 for batt or blanket. and 3 for loose fill. Other features are its rigidity and a degree of sound-proofing.

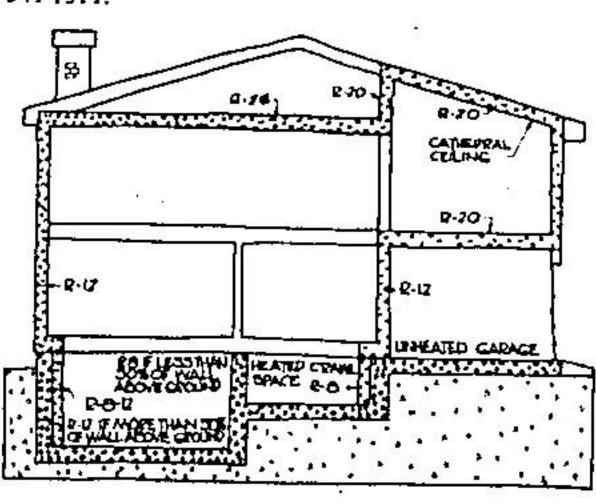
Polystyrene is usually the best buy, but it and polywethane are flammable and need to be covered with a fire-proof material for safe use indoors. Phenolic foam is more fire-resistant. Rigid insulation can also be applied outside on walls, basements or roofs.

Foamed-in-place insulation is injected as a semi-liquid in wall cavities - a professional job needing special equipment. The material is urea-formaldehyde (average R2.5 per inch) but make sure it meets Canadian Government Specifications Board quality standards.

Where you can't insulate, you caulk or apply weatherstrips in cracks and joints, especially around doors and windows. You can find these spots by testing for drafts with a piece of plastic or tissue (hung from a coat-hanger) or by watching the drift of tobacco smoke.

You can find out a tot more about insulation from Keeping the heat in, a publication of the Office of Energy Conservation, Department of Energy, Mines and Resources. Write to Box 3500, Station C, Ottawa, Ontario, K1Y,4G1.

For information on government grants for re-insulation, write to: Canadian Home Insulation Program, P.O. Box 700, St. Laurent, Quebec, H4L 5A8; or phone collect (514) 341-1511.





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HANDYMAN NEEDED

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