

It's not easy to watch a little boy grow into a man, especially when you're his mother.

For fourteen years I've viewed, with eager anticipation, each step of maturity taken by the kids. Not for me the days of frilly baby dresses and childish lisps. Every plateau toward independence was a joy. Until Patrick decided to grow hair on his chest, deepen his voice, gaze longingly at female legs and drive the truck around the parking lot.

In two short months he's left from tiresome thirteen, when his favourite activities were lying totally motionless in front of the television or batting his sister on the butt; to responsible fourteen and an attitude of solicitude towards his poor senile mother.

I think it was the horse that did it. Early in the spring Pat bought his first completely own horse with his first sizeable amount of money.

The horse is a large spirited pinto, fast of foot, lively by nature, but a true trustworthy gentleman (hmm—wish I'd seen him first!). It has taken several months of getting acquainted, but now Pat is riding with such authority he's impossible to live with.

He's always been able to ride but not really master a horse. This ability comes with maturity and Pat suddenly found a bag of it. Within days, he was flashing around the arena, pulling rollbacks and bouncing over jumps, chuckling as the horse pranced like a charger. This was the child who nearly threw up at a tiny buck? It was no time at all before he was leaping gaily onto the horse's bare back and bounding all over the upper pasture with only one lead-line as control.

I watched with heart in my mouth. With this newfound confidence came a total sense of responsibility. He took over complete care for the horse without maternal prompting, also giving extra care to the other animals. He started to practise driving the truck and trailer round the yard, backing the truck up and attaching the trailer himself (something I can't do).

The driveway became pockmarked with the signs of Jack knifing (where's the anti-jack knifing button, Mom?). At one point he became so tangled in truck, trailer and hitch, he drove out onto the lawn, round the picnic table, over the sockery and brought the outfit triumphantly to a standstill the correct way round.

He began to build shelves and re-arrange his room. And he stopped fighting with his sister (well, most of the time). It was pretty heady stuff for a mother.

I wanted him to grow up but not this fast—and not quite yet.

Dental Association praises fluoride

The Regional Municipality of Halton has taken "Positive and responsible action toward the improvement of dental health for its residents," according to Dr. A. A. (Art) Stoyshin, president of the Ontario Dental Association.

Referring to the Regional Council's by-law passed Sept. 6 to implement the fluoridation of community water supplies throughout the region of Halton, Dr. Stoyshin said: "The Regional Council should be applauded for recognizing the benefits of fluoridation and for taking immediate and decisive steps to ensure the availability of those benefits to the more than one quarter of a million people living in the region."

The by-law "to establish, maintain and operate a fluoridation system in connection with the regional waterworks system," will primarily affect residents of Milton and Acton, the only two large communities in the region currently without fluoridation.

According to the Ontario Dental Association, fluoridation is making an immense contribution to improving dental health across the province, and at a minimal cost. (The Ministry of the Environment reported in 1976

that the annual per capita cost of fluoridation was 17.7 cents.)

A 1976 study by Dr. D. W. Lewis, Chairman of the Community Dentistry Department, University of Toronto, demonstrated that decay in deciduous (baby) teeth has been reduced by 50 per cent in children age five to nine and by 44 per cent in permanent teeth in older children since fluoridation was started in Metropolitan Toronto in 1963. The percentage of five-year-old children completely free of cavities has doubled since 1963, according to the study.

In a recent brief to the Ontario Select Committee on Health Care Financing and Costs, the O.D.A. strongly urged the provincial government to make subsidies or grants available to municipalities to cover 100 per cent of the installation costs for new water fluoridation facilities. "The combination of province-wide water fluoridation and public dental health education programs will lead to a reduction in the incidence of dental disease and a resulting decrease in health care costs for the individual," said Dr. Stoyshin. Fluoridated water is now available to 72 per cent of Ontario residents serviced by public waterworks, he said.

Agricultural Hall of Fame

The Ontario Agricultural Hall of Fame Association is accepting members now, says Bob Carbert, curator of the Ontario Agricultural Museum in Milton.

The association plans to create an Agricultural Hall of Fame at the museum.

"Individuals who have made outstanding contributions to Ontario agriculture can be nominated to the hall of fame by association members."

The association, formed one year ago, is non-profit and financed entirely by life memberships. Membership is open to individuals, organizations and corporations. Individual memberships cost \$25. Memberships for organizations and corporations cost \$100.

Computers

HALTON/PEEL—Interested in trying out a microcomputer or learning basic microcomputer language? Sheridan College, at the Oakville and Brampton campuses, is trying something new with microcomputers this year.

The general public can now book time—during the day or evening to use or learn something about computers.

For more information or to book time contact the Oakville campus at 845-9430, 823-9730, ext. 168 and in Brampton, call 459-7533, 384-7491, ext. 257.



AVANTE! Janet Leveque seems to be directing Rusty, her chocolate Labrador. Mrs. Leveque, an Acton resident, is instructing the dog obedience courses currently being held at Ballinafad Community Centre.



SMALLEST DOG in the class—and the youngest, Muffin, a four month Yorkshire terrier, tries to figure out how to stand at her dog training course in Ballinafad as her owner Marnie Harrison, patiently handles her.

Grant cut forces Recovery House closure

Halton Recovery House, the region's first home for recovering male alcoholics which was established in Milton just over two years ago, will probably be closed by Christmas time.

Its board of directors has agreed to dissolve the incorporated organization and disperse its assets, and has called a public meeting for Wednesday, Oct. 18 to discuss HRRH's future—if any.

Rev. W. Rod Lewis of Milton, chairman of the HRRH board, explained provincial grants, which have carried 80 per cent of the home's cost to date, will be cut off this year and the board figures it would be impossible to raise enough money locally to carry on the project. The 1978 budget is \$26,000.

"If someone else wants to take over and run it, fine—they are welcome to it," he said. But without continued provincial grants, it will be virtually impossible, the directors feel.

The House, established in a rural farmhouse on Five Side Road in Milton in the summer of 1976, has to date helped 31 Halton men along the road to

recovery from alcoholism. It can accommodate eight at a time, and has been full or nearly full ever since it opened, Lewis said. There has often been a waiting list.

Lewis explained Recovery House was founded as a residence for recovering men with alcohol problems who would have a chance at rehabilitation and could return to jobs and live in the community. Its primary concern is alcohol.

The provincial cabinet's grants-in-aid committee helped the project get off the ground, by providing 80 per cent of the costs for a three-year trial period. Lewis said this year is the third year of grants-in-aid support and it was hoped future grants would come from either the Ministry of Health or Ministry of Community and Social Services.

But the province is no longer interested in giving grants to "new" projects which deal with a single health or mental condition, like alcoholism, he said. In future only groups which deal with the entire spectrum of associated problems will receive grants, the government has told HRRH.

"They have said absolutely not," Lewis said.

The alternate would be for Recovery House to broaden its scope and handle people with a variety of health-related afflictions in addition to alcohol-related problems, he said. But Recovery House directors, most of them Milton area residents, are not interested. "It would represent a fairly radical change," Lewis admitted, and the directors, after considering the alternatives, opted to opt out rather than expand the service.

"We found it unpalatable, we just didn't want to get into all that," the board chairman said.

Such a change would mean offering a 24-hour-a-day operation, at least eight staffers, and an annual salary budget of over \$100,000, he predicted. It would also mean the House would have to move to the South Halton area where the need is greater.

Although it is Milton-based, the House serves the entire Halton Region, Lewis pointed out, and the majority of the people referred to HRRH come from the Oakville and Burlington areas.

Lewis said the House

received some public support in donations from companies, churches, industrial firms and unions, but admitted it fell flat in the eyes of the general public. Last summer the directors sent 12,000 brochures to homes around Halton, asking for donations, and the campaign netted only nine donations totalling \$100.

"The private sector does not seem to care," he summed up. The chairman said people seem to feel that a person with a drinking problem has caused his or her own problems, and many don't feel they have to contribute aid. They don't realize alcoholism is a disease, he said.

"Alcoholism is not yet a strong enough concern," he said. He pointed out the government reflects society, and the current government policy is really "a commentary on our times."

Lewis said many other similar one-purpose projects will likely be closing as well. Recovery House now has four men in residence and further referrals are being refused, pending the outcome of the Oct. 18 meeting.

Lewis admitted the directors knew when they first

opened the project that the government grants were not assured for any long period of time. But they held out hope that the situation would change.

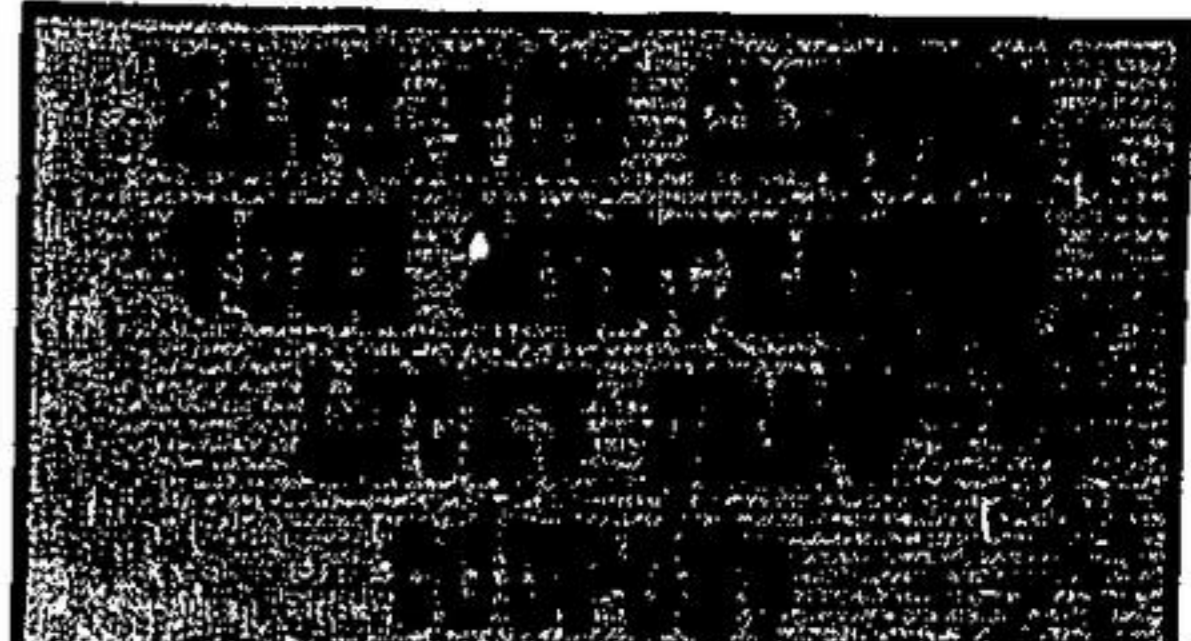
"We are not surprised, but we are disappointed," he summed up. The Board is frustrated at the necessity of terminating what has proven to be a significant self-support program for the recovering male alcoholic in this region.

"It is our hope that the provincial government will see fit in the future to make available more money for such specialized services as the alcoholic and his accommodation and recovery needs."

The Oct. 18 meeting is at 11 p.m. in the classroom at Milton District Hospital.

Correction

A name was incorrect in last week's 20 Years Ago column. The item should have read "Mr. and Mrs. William Gamble of Park Ave. celebrated their 65th wedding anniversary." Sorry.



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ADAPT Lawn sale

ADAPT (Alcohol and Drug Addiction Project) will hold a lawn sale at the home of Marjorie Powys this Saturday, Oct. 14.

Recipe

"Soup" Meat Loaf
1 - 10 oz. can cream of onion soup
1 1/2 lb. ground beef
1/2 c. fine dry bread crumbs
2 tbsps. chopped parsley
1 egg, slightly beaten
1 tsp. salt
1/4 c. water
1 tsp. soya sauce
Sprigs of parsley to garnish—if desired
Mix thoroughly 1/2 c. of soup, beef, crumbs, parsley, egg and salt. Shape firmly into loaf. Place in shallow baking pan. Bake at 350 degrees F. for 1 hr. 15 min. Blend remaining soup, water, soya sauce and 2-3 tbsps. drippings. Heat, stir occasionally and serve as sauce with loaf. Garnish with parsley—6 servings.
Cathy Ashley

The funds raised from the event will go towards the operation of the program. The program has been operating for about three years now and serves as an aid to people trying to break the habit.

ADAPT assists people in changing their lifestyle once they have been released from institutions. The organization is based on the idea that for alcoholics to stay away from booze, they must change their way of life and often change the people with whom they associate.

Mrs. Powys lives at the corner of Hill and James Sts. in Milton.

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THE CORPORATION OF THE TOWN OF HALTON HILLS

1978 MUNICIPAL ELECTION NOTICE TO ELECTORS

TAKE NOTICE THAT Nominations on the proper form will be received by the Returning Officer at the Municipal Administration Building, on the Seventh Line (Halton Road No. 3), for the following Elected Offices for two year terms 1978-1979:

THE CORPORATION OF THE TOWN OF HALTON HILLS

Mayor — To be elected at large and serve as a member on both The Regional Municipality of Halton and Town of Halton Hills Councils.

4 Councillors — To serve on both The Regional Municipality of Halton and Town of Halton Hills Councils - one such Councillor to be elected from each of the Four Wards.

8 Councillors — To serve on the Town of Halton Hills Council only - two such Councillors to be elected from each of the Four Wards.

THE HALTON BOARD OF EDUCATION

2 Trustees — One such Trustee to be elected by Public School Electors from the combined Wards 1 (former Town of Acton) and 2 (former Township of Esquesing).
— One such Trustee to be elected by Public School Electors from the combined Wards 3 and 4 (former Town of Georgetown).

THE ROMAN CATHOLIC SEPARATE SCHOOL BOARD

1 Trustee — To be elected at large by Roman Catholic Separate School Electors.

The period during which Nominations for the above offices will be received is between the hours of 8:30 a.m. and 4:30 p.m., from Monday, October 16th, 1978, through to Friday, October 20, 1978, and between the hours of 8:30 a.m. and 5:00 p.m., on Monday, October 23, 1978.

Nominations on the proper form will be received by the Returning Officer for the Town of Milton, at the Town of Milton Municipal Buildings, 251 Main Street East, Milton, for the following elected office:

THE HALTON BOARD OF EDUCATION

1 Trustee — To be elected at large by the Roman Catholic Separate School Electors from the combined Municipalities of the Town of Halton Hills and the Town of Milton.

The period during which Nominations for the above office will be received is between the hours of 8:30 a.m. and 4:30 p.m., from Monday, October 16th, 1978, through to Friday, October 20th, 1978, and between the hours of 8:30 a.m. and 5:00 p.m., on Monday, October 23, 1978.

Candidates are required to submit Nominations on the proscribed form only. Information relative to Nomination forms and Municipal Wards may be obtained from the Office of the Returning Officer for the Town of Halton Hills, Municipal Administration Building, Seventh Line (Halton Road No. 3) between the hours of 8:30 a.m. and 4:30 p.m., Monday to Friday.

The name, address and office for candidates nominated will be posted at the Municipal Administration Building, Seventh Line (Halton Road No. 3).

K. R. Richardson,
Returning Officer,
Town of Halton Hills.

DATED THIS 10TH DAY OF OCTOBER, 1978.