

Free Press Editorial Page

News from Neepawa

So another union is holding the public to ransom, with the strike of postal carriers. We, the people who pay the carriers' wages, are being made to suffer inconvenience. And they have arranged rotating strikes so they can stay at their jobs most of the time and collect their pay.

We, with many people, have a product that needs delivering.

Here's an example of what the post office provides us with when it's working well.

A reader from Neepawa, Manitoba, last week mailed us the wrappers from her copies of the Free Press. We mark each wrapper with the date it is mailed. The reader added the date it was received. Thusly!

July 26 issue, received August 18, the 22nd day; August 2 issue, received August 9, the eighth day; August 9 issue, received August 19, the 11th day; August 16 issue, received August 24, the ninth day; August 23 issue received August 30th, the eighth day; September 13 issue received September 16, the

fourth day. The issue of August 30 had not yet arrived, when the letter was written Sept. 18—"not usual in the past," she comments.

That's the bad news. Now for the good news.

The writer, Margaret Zimmerman, went on to say that her father, Arthur M. Zimmerman, was 92 years old on Sept. 11. He worked many years in and around Acton, as Beardmore tannery engineer and gas well drilling with Morgan Crewson. He doesn't enjoy the best of health but has a wonderful memory. When not too tired, he can relate many stories, in detail, of the past, which he says were: "hard days, but happier days."

He married Margaret Jane Sayers of Acton in 1908. He enjoys the Pages of the Past columns in the Free Press and noting the many changes in Acton and district.

Happy birthday, Mr. Zimmerman, whenever this paper arrives in Neepawa!



ONE SPECTATOR SAID the ground shook with the approach of CN's steam locomotive 6060 Saturday morning. Several folks were at the site of the old CN station on Eastern Avenue. They got the first taste of

an era past. Next the engine with its ten cars stopped at the Main Street crossing where the engine was watered.

Mountain pass meeting

After the Canadian Community newspapers Association convention in Vancouver in mid-August, we set out with 42 other newspapering people, on the Sun Princess for a marvellous week-long cruise to Alaska.

We made three fascinating stops, at Skagway, Ketchikan and Sitka, and spent a full day cruising in Glacier Bay, where the world is still as it was in the ice ages. Surrounded by glaciers and icebergs, we heard rangers who are stationed there describe the progress of history and the gradual reintroduction of foliage and wildlife.

There is one highlight we would like to share.

A narrow-gauge railway takes people and freight daily from Skagway in Alaska to Whitehorse in the Yukon. Passengers, like ourselves, who join the train through the White Pass simply as sight-seers, are delighted by the stupendous mountain views, and amazed as we watch the perilous trail below, where so many men and horses trudged 500 miles - in vain - in 1898, in search of gold.

At one time 10,000 of these men, and some women, camped for the

winter on the bleak shores of Lake Bennett, where they built rafts to float their supplies further into the Yukon. Then there were stores, businesses, and even a newspaper.

Now, at windy Bennett, there is a very large station, and a few trailers to house railway employees, plus the grey weathered ruins of the old church. Everywhere, snow-crowned mountain peaks soar.

Train passengers pile out of coaches warmed by oil burners into the chilly air, and hustle into the station. There, long tables are set up all ready, with stew, beans, lots of bread and pie.

It was here, so many miles from home, that two weeks ago we encountered Kate Meechan from Milton and Kathy Potter from Georgetown, both working happily in the station. "What's the news from home?" they laughed, when they learned we were from the Acton, Milton and Georgetown papers.

But the train started to shuffle, and we had to run.

As far as we could see, Bennett was not the best place to be left behind!

Falling leaves

The Children's Aid Society has written to remind people in the region that their meetings are open to the press and public. The board meets monthly on the last Wednesday at 467 Speers Rd., Oakville.

Revenue Canada, Taxation advises taxpayers holding Canada Savings Bonds due to mature this fall, that careful study of the options available when cashing and reporting bond interest could result in tax savings. The two Canada Savings Bond Series are the 1968 Special Replacement Series (SR) maturing October 1, 1978 and the 1969/70 Series (S24), maturing November 1, 1978. It is estimated that 40 per cent of people holding these bonds have not clipped the coupons and will receive interest and compound interest equal to the principal held. Tax on this accumulated interest can vary widely depending on the method used by taxpayers for reporting the interest. Check with the bank.

Several of the recently-planted maple trees have just been broken off and ruined. A couple are on Churchill, more at the Robert Little school grounds. Last week cemetery stones were knocked over. Before that, large planters and plants were taken from porches of homes. What is in the minds of the people who do these things? Who are they?

A Guelph woman who has suffered from fluoride poisoning read

in the Free Press about Acton's likely addition of fluoride to the water, and hastened down with a letter and literature. Books she recommends are available in the Guelph library, and a few folders are at our counter. The possible effects of medication plus fluoride haven't been adequately studied, she claims.

Bill Smiley's column Sugar and Spice did not arrive in the mail this week.

Among eight million citizens in Ontario, there are 350,000 who speak French at home. About four per cent. And for that we always seem to get the French side when we set out to read the instructions on boxes?

Your temper is worth more than your weight in gold. Keep it.

Watch for those flashing school bus lights. Remember you can't pass in either direction. With the buses on the road now, it's something to remember again.

Letters welcome

Our readers write

Fluorosis victim writes

Dear Madam: Your invitation to comment on the fluoridation issue Sept. 13 prompts this reply.

"The plain fact that fluoride is an insidious poison, harmful, toxic and cumulative in its effects, even when ingested in minimal amounts, will remain unchanged no matter how many times it will be repeated in print that fluoridation of the water supply is safe."—Ludwik Gross M.D., chief of cancer research of the Veterans Administration, Bronx, New York.

The heading (in the Free Press Sept. 13) Dentists Recommend Adding Fluoride to Water does not mean ALL dentists. There are a great many medical doctors and dentists who do not recommend it!

Professional men and women who have studied the subject thoroughly and its deleterious effects on the human body are against putting this toxic poison into the public water supply, as the whole body is involved, not just a piece. As poison is excreted through the kidneys, they bear the brunt of this mass medication resulting in nephritis i.e. "The excretion of fluoride through the kidneys has not been adequately studied and middle aged and older people, particularly who have metabolic disturbances, chronic kidney disease, etc., may suffer from a long and continuous ingestion of this cumulative and toxic compound."—Simon A. Beisler M.D., former chief of urology, Roosevelt Hospital, New York City.

"Milk and eggs are good nutritious foods

but some people are allergic to them and develop disease such as eczema, asthma, etc. In the case of fluoride, it is not a good item of food, in fact it is a poison. It has been proven to cause damage to the health and life of some individuals and more cases are being discovered all the time."—K. A. Baird M.D., F.A.C.A., Lancaster, New Brunswick, Canada.

Dr. Robert J. H. Mick, D.D.S., New Jersey, writes in part "Any knowledgeable professional man knows that if a 10 pound child receives the same dose of any drug or chemical as a 170 pound adult, that the 10 pound child receives a dose 17 times greater than the 170 pound adult. Some day, the American Medical Association, American Dental Association and U. S. Public Health Service will be condemned for malpractice based on dosage alone, giving no account of other conditions that the child may have."

These statements are just a few of the many lectures and books written by learned men and women. Read: "The American Fluoridation Experiment by Dr. Fred Exner M.D. and Dr. George L. Waldbott M.D."; "The Struggle with Titans by Dr. Waldbott"; "The Grim Truth about Fluoridation by Dr. Robert Buck"; "The Fluoride Question Panacea or Poison?" by medical journalist Anne-Lise Gotsche; "Fluoridation and Truth Decay by Gladys Caldwell, research journalist and Dr. Phyllis Zansagna M.D., ad infinitum.

In other words, read and acquaint yourselves with the subject.

Example. Do you know that the same American Dental Association that approves commercial products containing fluoride and the fluoridation of every water supply also condemns fluoride in drinking water because it causes developmental disturbances in bones as well as goitre—Panacea or Poison.

How do you control your fluoride intake if it is in your drinking water, swimming pool, ice cubes, fruit juice and food that is boiled? Sodium fluoride cannot be boiled away. It becomes stronger.

Would you offer a friend a glass of water laced with ground glass? The university chemistry book describes the sodium fluoride as a powerful, toxic, poison for eliminating rats. No other purpose listed. Do not mistake sodium fluoride for calcium fluoride. Calcium fluoride is found in the water naturally in some areas. The calcium counteracts the fluoride but in artificially fluoridated municipalities, sodium fluoride is used. Waste matter from aluminum, for hydrofluorosilic waste matter from fertilizer. Both these chemicals call for heavy fines for dumping in waste water. See Halton region bylaw 7176.

If all regional government has to offer the municipalities involved is polluting the ecology and eventual higher taxes, then it is time to end this monopoly of human rights. Fluorosis victim. Mrs. L. Waide

Mrs. Waide also adds to her letter the full letter from Dr. Robert Mick, a dentist of Laurel Springs, New Jersey.

September 25, 1978

To Whom It May Concern:

I have been actively engaged in dentistry since 1935 and have been involved with fluorides and the promotion of fluoridation since 1944. I was one of the first promoters of fluoridation in the world from 1944 to 1948. I was influenced to believe in fluoridation and I wanted to be a "do gooder." I learned in 1948 how I had willingly but unknowingly become involved in what was to become the biggest international scandal ever to be promoted in the name of a health scheme. Between 1949 and 1952 I was involved with animal research experiments with fluoride and research studies. As a result of these experiments I learned that the animals receiving the fluoride had accumulated up to 500 per cent more fluoride in their spleens, bones, kidneys, livers and teeth than controlled animals. Cripples were born in the third generation. In 1949, as representatives of the American Academy of Nutrition, we conducted studies in Africa among natives on a relationship of fluorides in their water and food they ate, to dental decay and mottling enamel.

The American Dental Association paid for and sponsored research in the 1920's on waters that caused mottling in human teeth. These results were published in Journal of ADA July 1926. The damage from fluorides by so-called "natural fluoridation" has been known for over 50 years by the American Dental Association.

The U.S.P.H.S., Naval Division, conducted a year's intensive research study in 1950. The results of this study have never been made available to the Dental Association as of this day. The conclusions of that U.S.P.H.S. study was that dental decay became less as various minerals in the food and water became less. This study also showed that where there was fluoride in the water there was 600 per cent dental decay than where there was no fluoride.

Any knowledgeable professional man knows that if a 10 lb. child receives the same dose of any drug or chemical as a 170 lb. adult that the 10 lb. child receives a dose 17 times greater than the 170 lb. adult. Some day the American Medical Association, American Dental Association and U.S.P.H.S. will be condemned for malpractice based on dosage alone, giving no account of other conditions that the child may have.

Very truly yours, Robert J. H. Mick



CROWNING GLORY... the original old top of The Old Free Press building was hoisted back into position atop the new building Friday morning. It was securely bolted from the inside by Doug Fread and Peter Schmuki. The building is reconstructed in the style of its 1904 predecessor, with decorative mouldings newly cast from molds of the original old pieces. Block and pillars closely resembles original tinwork.

The Free Press Back Issues

10 years ago

Taken from the issue of the Free Press of Wednesday, September 25, 1968

A record gate, high attendance at all events over the three days, a successful parade and many entries in all categories left members of Acton Agricultural Society weary but delighted. The 55th annual fall fair set a new record for gate receipts with 2295 paid admissions Friday night.

Council was informed that Monex Corporation wish to build four model homes on the east side of Churchill Rd. North, at their Tuesday meeting. The homes would be models for the Seynuck subdivision and would be built on four of the 23 lots of Mrs. R.N. Brown's property.

His 2193rd meeting was racked up Tuesday by clerk-administrator Jack McGeachie at council. He turns his job over to the new clerk Joe Hurst at the end of this week and was attending his last official meeting in Acton.

20 years ago

Taken from the issue of the Free Press of Thursday, October 2, 1958

Andrew W. Frank, of R.R. 1, Campbellville, a real estate broker, has been recommended for appointment to the position of Sheriff of Halton County. Robert Shortill, of Milton who has acted as deputy-sheriff for the past six or seven years has been named Local Registrar of the Supreme Court, Surrogate Registrar of the County, Clerk of the County Court and Special Examiner for the county.

Rev. Gordon M. Holmes, B.A. BTh takes over his preaching at the Acton Baptist church this Sunday, October 5 when he moves to Acton from his former post at Stayner.

Over 80 Halton County Firemen attended their annual church service at Knox Presbyterian church, Acton on Sunday, September 28 when Rev. E. Orsborn, Milton, conducted the service in the absence of Rev. A.J. McKenzie who was ill.

Dave Manes, local Rotary club member, was chosen to represent the Acton club at the annual conference in Toronto at the general meeting on Tuesday evening.

Mr. and Mrs. George Bolton, Main St., Rockwood, observed their 59th wedding anniversary and his 87th birthday on Sunday. Married in the home they still occupy on September 27, 1899, they still enjoy good health.

50 years ago

Taken from the issue of the Free Press of Thursday, September 27, 1828

Mr. John Waldie, son of Mr. and Mrs. Donald Waldie and grandson of Alex Waldie, Esquimaux, who has occupied a mission field in the west during the summer, occupied the pulpit in Knox Church on Sunday morning.

During the weekend, the home of Mr. and Mrs. C.W. Mason, Willow Street was the gathering place of a family reunion of the parents and brothers and sisters and their families of Mrs. Mason, the first when all the family were together in over 16 years.

Word as been received this week from Mrs. O.A. Gane (nee Vida Folster) by her mother and sister Miss Daisy, here of the escape of herself and her husband from serious accident in the Florida hurricane of last week. Mr. and Mrs. Gane were motoring from Jacksonville Florida to their home in West Palm Beach when the storm started.

100 years ago

Taken from the issue of the Free Press of September 26, 1878

There are some worthless half-grown boys in this village who roam up and down Mill and Main streets every night, bound to do all the mischief possible. They throw stones, break windows, unhitch horses, steal watermelons, apples etc. The village constable should take the matter up and see if they could not be stopped.

Almost every house in town will board a teacher for the next three days, for the County Convention. The school house has been adorned with evergreens for the occasion.

Mr. Jas. McLam is building a new blacksmith shop on Main near Mill. The plow manufactured at Acton Plow Works occupies a position at the Provincial Exhibition in Toronto.

On account of several accidents which occurred on Saturday last on the Grand Trunk Railway, there were great accumulations of freight at different stations along the line. Fifteen freight trains passed Acton going east on Monday morning between three and six o'clock.

THE ACTON FREE PRESS
PHONE 853-2010

Business and Editorial Office



Founded in 1875 and published every Wednesday at 52 Willow Street, Acton. Ontario. Member of the Audit Bureau of Circulation, the Canadian Community Newspapers Association and the Ontario Weekly News papers Association. Advertising rates on request. Subscriptions payable in advance. \$7.50 in Canada, \$29.00 in all countries other than Canada. Single copies 15 cents. Latent delivery in Acton 15 cents per week. Second class mail Registration Number 0515. Advertising accepted on the condition that in the event of typographical error that portion of the advertising space occupied by the erroneous item, together with reasonable allowance for signature, will not be charged for but the balance of the advertisement will be paid for at the applicable rate. In the event of a typographical error advertising goods or services at a wrong price, goods or services may not be sold. Advertising is strictly non-political and may be withdrawn at any time.

Dills Printing & Publishing Co. Ltd.
David H. Doss, Publisher

Kate Doss, Editor
Bill Cook, Advertising Manager

Copyright 1978