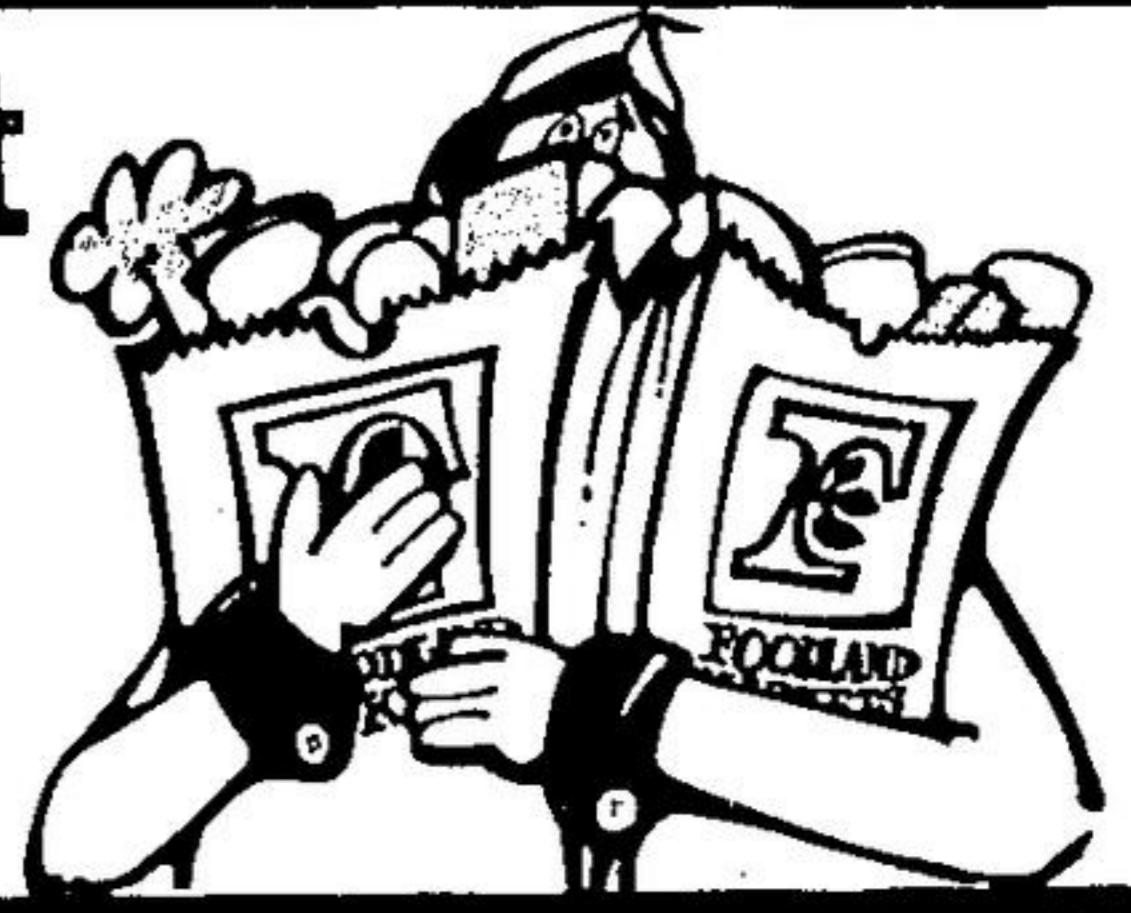




we've got what it takes to...  
**SAVE YOU PLENTY!**



DATE OF SALE SEPT. 13-14-15-16 /78

CANADA GRADE 'A' BEEF FROM THE HIP  
FULL CUT BONELESS

**ROUND STEAKS** **169**¢/lb.

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CANADA GRADE 'A' BEEF TOP ROUND OR SIRLOIN TIP FROM THE HIP

**Steak or Roasts** **199**¢/lb.

CANADA GRADE 'A' BEEF BOTTOM ROUND OR FROM THE HIP

**Rump Roasts** **189**¢/lb.

MAPLE LEAF 11 POPULAR VARIETIES

**Luncheon Meats** **59**¢/Coz. PKG.

MAPLE LEAF ALL BEEF OR

**Skinless Wieners** **99**¢/1lb. PKG.

BURNS PRIDE OF CANADA FROZEN BEEF 4oz. SIZE

**Steakettes** **119**¢/1lb. PKG.

MAPLE LEAF SLICED

**Cooked Ham** **139**¢/Coz. PKG.

BURNS PRIDE OF CANADA SITES PKG. LINK OF FARM STYLE

**Sausage** **119**¢/lb.

MAPLE LEAF READY TO SERVE

**Ham Steaks** **129**¢/Coz. PKG.

BURNS PRIDE OF CANADA BONELESS DINNER

**Hams** **229**¢/1/2 cry. o vac

MAPLE LEAF

**Side Bacon** **169**¢/1lb. PKG.

LOCAL GROWN, ONTARIO NO. 1 GRADE

**New Potatoes** **69**¢/10lb. BAG

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PRODUCE OF USA SWEET & JUICY SUNRISE VALENCIA

**Oranges** **129**¢/13oz. DOZ.

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LOCAL GROWN ONTARIO NO. 1 GRADE

**Cabbage** **29**¢/EA

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LOCAL GROWN ONTARIO NO. 1 GRADE LARGE COOKING

**Onions** **139**¢/10lb. BAG

1lb. BAG

MAXWELL HOUSE

**Coffee** **298**¢

FROM THE TROPICS

**Bananas** **11**¢/lb.

MRS WILKES RASPBERRY or STRAWBERRY

**Jam** **89**¢/24 FL. OZ.

KLEENEX ASS'T BOUTIQUE

**Towels** **99**¢/ASS'T TWIN PACK

BRIGHT'S 48 FL. OZ.

**Vegetable Cocktail** **78**¢

NABISCO SHREDDIES 23.8oz. 675gr. **95**¢

PURINA 3 VARIETIES TENDER VITTLES 500gr. **98**¢

2 LITRE SPIC & SPAN **269**¢

MR. CLEAN 909 M.L. LIQUID CLEANER 32 FL. OZ. **139**¢

COMET 22oz. CLEANSER TWIN PACK **115**¢

LIPTON CUP 4 ENVELOPE PKG. A-SOUP 12 VARIETIES **58**¢

EASY OFF 7oz. AEROSOL OVEN CLEANER **89**¢

TANG ORANGE 4 x 3 1/2 oz. POLY FLAVOUR CRYSTALS **109**¢

FOODLAND CHOICE

**Peas** **3/89**¢/14 FL. OZ.

KRAFT CANADIAN PROCESSED 1lb. SLICED

**Cheese** **158**¢

BETTY CROCKER 13.5oz. to 14oz.

**Super Moist Cake Mixes** **79**¢

GLAD GARBAGE BAGS 20's **219**¢

DELSEY ASS'T BATHROOM TISSUE 2 ROLL PKG. **59**¢

KLEENEX ASS'T FACIAL TISSUE 200's/2 PKW **67**¢

CARNIVAL FRUIT COCKTAIL 14 FL. OZ. **55**¢

CARNIVAL MUSHROOMS 10 FL. OZ. PIECES + STEMS **69**¢

PILLSBURY CRESCENT DINNER ROLLS 8oz. Box **55**¢

QUAKER LIFE CEREAL 15 oz. **89**¢

KOTEX MAXI 12's FEMININE NAPKINS **109**¢

KRAFT SMOOTH OR CRUNCHY PEANUT BUTTER 500gr. **119**¢

CROWN CORN SYRUP 2lb. GLASS **79**¢

PAMPERS ASS'T CAT FOOD 6 1/2oz. **4/100**¢

PEP 3 VARIETIES DOG FOOD 25.5 FL. OZ. **3/100**¢

BAN ULTRA 6oz. AEROSOL DEODORANT 3 VARIETIES **169**¢

SCOPE MOUTHWASH 750 ML. **269**¢

FROZEN

**Mrs Smith's Apple or Apple Crumb Pie** **119**¢/26oz.

HIGHLINER FROZEN

**Cod Fillets** **159**¢/16oz.

HIGHLINER FROZEN BOSTON

**Bluefish Sticks** **139**¢/14oz.

FOODLAND 24oz. WHITE SWEET

**Bread** **3/100**¢

KENT FROZEN

**Orange Juice** **49**¢/12 1/2oz.

**FOODLAND**

...A NAME YOU CAN TRUST...

**140 Mill St. Acton ONT**

OPEN:  
Mon., Tues., Wed. 9:00 a.m.-6 p.m.  
Thursday & Friday 9:30 a.m.-9 p.m.  
Saturday 8:30 a.m.-6 p.m.

10% DISCOUNT FOR SENIOR CITIZENS (65 & over) EVERY THURSDAY AFTER 6 P.M.!

TO BE FAIR TO ALL OUR CUSTOMERS... WE RESERVE THE RIGHT TO LIMIT QUANTITIES.