

DATE OF SALE SEPTEMBER 6-7-8-9/78



# BACK TO SCHOOL FOOD FEATURES that'll appease those hungry appetites

FAMILY PACK RIB AND LOIN

## LOIN PORK CHOPS

# \$1.59

lb.

TENDERBEST LOIN PORK CHOPS

\$1.89 lb.

PORK-FRESH MEATY SIDE SPARE RIBS \$1.49 lb.

FRESH PORK HOCKS

49¢ lb.

SWIFT'S PREMIUM SKINLESS WIENERS \$1.09 1lb. PKG.

MAPLE LEAF GOLDEN FRY SAUSAGE

1lb \$1.59

SWIFT'S PREMIUM POLISH COIL BY THE PIECE \$1.49 lb.

MAPLE LEAF SWEET PICKLED COTTAGE ROLLS 1/2 CRY. D. VAC

1lb \$1.39

SWIFT'S SUGAR PLUM SLICED COOKED HAM 4oz. PKG. 99¢

MAPLE LEAF READY TO EAT SHOULDER PICNICS 5lb. AVERAGE

1lb \$1.19

SWIFT'S LAZY MAPLE SLICED SIDE BACON 1lb. PKG. \$1.79

LOCAL GROWN ONTARIO NO.1 GRADE

### Cauliflower

'FLAVOURFUL'

# 49¢

EA

LOCAL GROWN CANADA NO.1 2lb. PKG.

Cooking Onions or Carrots MIX 'N' MATCH 39¢

LOCAL GROWN Green Onions or Bunch Radishes 2/39¢

CALIFORNIA NO.1 GRADE Spanish Onions JUMBO SWEET + MILD 1lb. 39¢

Blue Bonnet Margarine

COLOURED 3lb.

# \$1.99

Campbell's Tomato Soup

5/10 FL. OZ. TINS

# \$1.00

Heinz Ketchup

313 M.L. 11 FL. OZ. BOTTLE

# 49¢

Carnation Coffeemate

18oz. BONUS PACK

# 1.19

Heinz Tomato Juice

1.36 LITRES 48 FL. OZ.

# 69¢

- FACELLE ROYALE ASSY. COLOURS Facial Tissue 3PLY 59¢
- MEAT VARIETIES EXCLUDED 4 1/2 FL. OZ. Heinz Strained Foods 489¢
- SLICED, CRUSHED, TIDBIT 13 FL. OZ. Palanda Pineapple 57¢
- 64 FL. OZ. Sweetheart Fabric Softener 99¢
- PURE 9 FL. OZ. SEEDLESS RED RASB. STRAWBERRY CHERRY E.D. Smith Jam 79¢
- QUART SIZE 25'S Ziploc Bags 69¢
- GALLON SIZE 20'S Ziploc Bags 79¢
- PLAIN WITH MEAT WITH MUSHROOM Ragu Spag. Sauce 14 FL. OZ. 59¢
- ASSY. VARIETIES 660 gr. Quench Flavour Crystals \$1.65
- 15 OZ. WINDOW CLEANER Windex Aerosol 89¢

- FOR SALAD & COOKING Crisco Oil 1 LITRE \$1.89
- DOUBLE FUDGE 15.5 OZ. Duncan Hines Brownies 98¢
- ASSY. SCENTS Air Care Solid 7oz 79¢
- SCENTED & UNSCENTED Secret Roll On 2.5 FL. OZ. \$1.89
- GLASS 100ML. TUBE 100ML. LOTION 175ML Head & Shoulders Shampoo \$1.79
- BEEF OR CHEESE FLAVOUR Gainesburger 2kg. \$2.59
- OLD MILL Quick Rolled Oats 1.35kg 95¢
- ROBIN HOOD 247kg. 6 VARIETIES Pudding Cake 49¢
- DEEP BROWN Libby Beans WITH PORK 28 FL. OZ. 75¢
- LIBBY (W/ TOMATO SAUCE) 19 FL. OZ. Spag. Alphagetti or Zoodles 53¢

Libby CHOICE Peas & Carrots or Mixed Veg.

3/14 FL. OZ.

# 1.00

VALLEY FARM FROZEN FRENCH FRIES 2lb 39¢

MCCAIN FROZEN FANCY PEAS 2lb 89¢

KENT FROZEN ORANGE JUICE 12.5oz 57¢

DIETRICH B'S REG. 69¢ OKTOBERFEST ROLLS 63¢

WESTON 6'S REG. 79¢ JAM FILLED BUNS 73¢

WESTON STRAWBERRY REG. \$1.09 CREAM ROLL 12oz. 99¢



...A NAME YOU CAN TRUST...

140 MILL STREET, ACTON, ONT.  
OPEN:  
MON.-WED. 9 a.m.-6 p.m.  
THURS. & FRI. 8:30 a.m.-9 p.m.  
SAT. 8:30 a.m.-9 p.m.

NOTE: 10% DISCOUNT TO SENIOR CITIZENS (65 & over) EACH THURS. AFTER 6 P.M.

TO BE FAIR TO ALL OUR CUSTOMERS... WE RESERVE THE RIGHT TO LIMIT QUANTITIES!