

School days closing in—most dread the thought

With the summer holiday season coming to a close the Free Press asked some of the area young people what they had been up to and how they felt about returning to school. Here are some of the answers.



MELISA FABIAN

MELISA FABIAN, 2 Cameron Street, is five years old and heading into grade one. Melissa said she spent time visiting her Grandma for a while and went to Huntsville for a vacation. She enjoyed doing dishes and playing. Melissa is looking forward to grade 1 as she gets her own desk and likes her teachers.

JODY SHEPPARD, 28 Holmesway, is 14 and entering grade nine. He spent his summer swimming and fishing. He worked for Dickie Dee and helped his father with his work. Jody said he is looking forward to his first year in high school but is scared of the initiations.

SALLY BRIGGS, R.R. 2, Rockwood, enjoyed part of her vacation in Florida. Sally spent most of her time in Acton playing tennis and baseball and roller skating. Her grandparents visited her from England. Sally is 14 years old and will be attending grade seven even though she doesn't like the work.



SALLY BRIGGS



JODY SHEPPARD

TOM TOUCHSHER, 110 Acton Boulevard, is 10 and will be in grade 5. Tom went camping and picnicing. He said he just had fun over the holidays. He hopes to get to the Toronto Exhibition before his holiday is over. He is looking forward to returning to school, especially art class.

TED MOYSE, 60 Main Street South, is 10 years old and going to be in grade six this year. He spent some of his vacation in Quebec and visiting relatives. He enjoyed playing with friends and walking his dog. Ted is also a paper boy for the Acton Free Press. He said he enjoys learning in the schools but not the doing.

DOUG CREIGHTON, 108 Acton Boulevard, is 10 and entering grade five. He spent most of his summer riding his skateboard. He said he visited Marineland and other such places. Doug is ready to return to school but only because he has to.



DOUG CREIGHTON



DEBBIE LUMBERS

DEBBIE LUMBERS, 83 Churchill Road North, is 11 years old and entering grade 7. Debbie spent a week in Hidden Valley and a week at Wasaga Beach. She enjoyed playing tennis and roller skating as well as swimming. Debbie said she doesn't like school.

JULIE MUNKACSI, R.R. 1, Acton, is nine years of age and will be attending grade four in September. Julie spent her summer taking trips and staying with friends. She spent a lot of her time swimming. Julie is not enthusiastic about returning to school. She doesn't like the work.

CHRIS ADAMS is a seven year old grade three student from Milton. Chris spent his summer playing games and visiting in Acton.



ANTHONY WALTON

Safety poster contest for local school students

Many Acton merchants are jointly sponsoring a Safety Poster Contest for local school children. Anyone up to grade eight is eligible to take part and try to win part of the \$100 in prize money. Only one entry per person is allowed however. Posters must measure 17 in. by 22 in., be colored and carry a safety theme. Contestants have until September

30 to submit their entries. More details appear in the advertisement in this week's Free Press. Judges will be a policeman, an art teacher and the Free Press Youth Editor.

Recipe

Farm Fresh Tomato Sauce
 5 pounds tomatoes
 2 onions, finely chopped,
 4 cloves garlic, minced
 1/4 cup vegetable oil
 1/2 cup minced green onion
 1 green pepper, seeded, chopped
 1 1/4 cups dry red wine or tomato juice
 2 tsp salt
 1 tsp paprika
 1/2 teaspoon oregano leaves
 1/2 tsp pepper
 1/2 tsp rosemary
 1/2 tsp anise seed
 Wash tomatoes, dip in boiling water, then into cold water. Remove stem end and peel. Chop coarsely. Cook onions and garlic in oil until golden. Add remaining ingredients. Bring to a boil, stirring. Reduce heat. Cover. Simmer 1 hour. Uncover. Simmer 15 minutes. Cool. Transfer to freezer containers. Freeze. Makes about 10 cups.

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Foul Play

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 GOLDIE HAWN CHEVY CHASE "FOUL PLAY" BOBBI MCNEIL DAVID DUKAKIS
 — PLUS 2nd HIT —

'THE BIG BUS'
 "ADULT ENTERTAINMENT"
 FRI., SAT. & SUN. BOX OFFICE OPENS AT 7:30
 MON. TO THURS. BOX OFFICE OPENS AT 8:00
 STARTING TIMES: 'THE BIG BUS' 8:30
 'FOUL PLAY' 10:15
 CHILDREN UNDER 12 FREE

MUSTANG DRIVE-IN THEATRE ERAMOSA TOWNLINE Hwy 17 Guelph

Standard names for beef cuts help consumers

Consumers will find beef shopping much easier when the new program regulating the naming of beef cuts comes into effect. All retail stores and restaurants will be required to sell cuts of beef under standard names. The specific names, approximately 30 in total, basically follow along anatomical lines. Examples include the rump, round, blade, shoulder, flank, T-Bone, sirloin and other terms, which are already familiar to the consumer.

Confusion out of beef buying. Confronted with a growing list of fancy names at the beef counter, consumers do not know exactly what they are buying and therefore, how to cook it. Fancy names such as gourmet steak, cowboy steak and family steak have been used by some retailers to entice consumers to buy certain cuts, sometimes at a higher price. Consumers can be assured that beef will taste good, called by its standard name.

monico or Spencer steak but will be labelled a rib-eye steak in all stores and restaurants, from St. John's to Vancouver. This will enable comparison shopping between stores as well as reducing confusion when people move from one part of Canada to another.

Although retailers and restaurants have not fully adopted this uniform system of beef identification, because of a problem in changing their labelling machines, the program should be in full force by the end of the year. During this transition period, consumers are encouraged to

ask for beef cuts by their standard names. A chart depicting the retail cuts of beef labelled according to the new standardized nomenclature and color-coded for initial tenderness of the cut, can be obtained free-of-charge by contacting any of the Beef

Information Centre offices. The Toronto office is at 590 Keele St., Toronto, M6N 3E3.

The **AL-ANON FAMILY GROUP** meets at **St. Joseph's Church Hall** 64 Church E. Mondays at 8 p.m. Information 853-3310 After Hours 853-2504

For Your **COMMUNITY SERVICES CENTRE** 853-3310

MILTOWNE CENTRE FLEA MARKET
 RIGHT IN THE HEART OF DOWNTOWN MILTON
 NEXT TO THE TOWN HALL IN FIRE HALL AND GARAGE
MAIN ST.—MILTON
 Fridays 7 p.m. - 9 p.m.
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 Vendors Call 878-1834
COME ON DOWN FOR DOWNTOWN SHOPPING

Five day training for safety patrols

It's college before school this year for approximately 160 school Safety Patrol Students as they take in an extensive five days of training by 13 Police Officers from August 21 to August 25.

The Hamilton Automobile Club's School Safety Patrol Officers' Training Session is being held at Ridley College, St. Catharines this year, along with the support of participating communities.

These students learn how to become Captains of their School Patrols so they can swing into action at the beginning of the school year to help their fellow classmates to and from school safely. One student from each school with patrols from Brant County, Haldimand, Halton and Hamilton-Wentworth attends this training session.

At 7 a.m. every morning, police vans roam the college grounds with "good morning" greetings sounding from the p.a. system. At 8 a.m. breakfast is served in the distinguished dining hall. Then at 9 a.m. outdoor classes get underway with the 13 Police Safety Officers instructing. It is here that they learn how to assist their friends to and from school safely at school crossings, how to control students on school buses and practice emergency evacuations with powerful smoke bombs being used to simulate an emergency.

The St. Catharines Fire Department will also assist the students in showing them how to fight gasoline fed fires. There is a one hour break for lunch at noon then it's onto the field to simulated street intersections to put their theory into practice.

At 3 o'clock the books are put away for the day and it's off to the large indoor pool to cool off, while other students are taught various crafts by teachers and Officers.

Evenings consist of sports programs and various entertainment programs, for movies to magicians.

At 10 p.m. it's "lights out" to get a good night's sleep so all will be refreshed in the morning for another busy day.

Departments, we have a very low number of accidents involving students going to and from school, especially during the first week of school which is so critical."

The main purpose is to teach safety, but the week is also beneficial in that youngsters find a very strong relationship with their Police Safety Officers.

On Wednesday, August 23, members of the news media, elected officials, heads of Police Depts., and officials from the Boards of Education visit the college for lunch, then watch the various class activities.

On Friday afternoon as the students pack for home, emotions run high since they must say goodbye to their new found friends and Police Officers. However, it will only be a few days when they will put their theory into practice as the school bells ring out for another school year.

Sheridan college offers new technical courses

Renovations are underway at Sheridan's Port St. Campus in Mississauga to accommodate new skill training programs sponsored by Canada Manpower, college president Jack Porter announced this week.

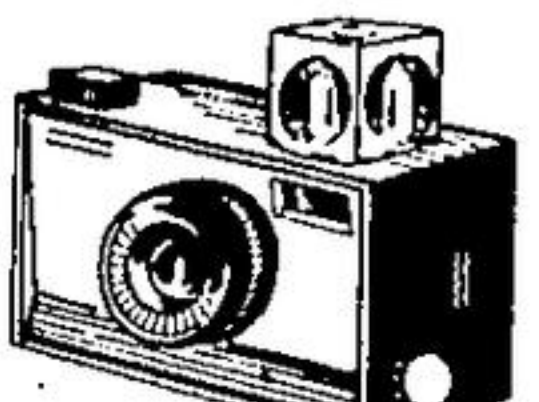
Porter said, the additional 10,000 sq. ft. at the Mississauga Campus will include two classrooms and two shops. The new programs are Welder Fitter, Machine Shop and Blue Print reading, which start in October. Drafting will be offered for the first time at the Oakville Campus, starting in September.

The new facility could be

utilized in with Ontario's new training scheme to meet the current shortage of skilled workers which was announced in June by Minister of Colleges and Universities Harry Parrott.

"The provincial scheme fits in nicely with initiatives that the college has already taken," said Dean of Community Services Don Hamilton. He explained that the Halton-Peel Educational Liaison Committee, which he chairs, has already identified the need for a co-ordinated skill training program in the technical area and has established a sub-committee to look into it.

BACK TO SCHOOL DAYS AT **Larry's House of Buys** 174 MILL ST. EAST, ACTON 853 3060

FREE PRESS SPECIAL 
Photographic Contest
 FOR DISPLAY AT THE **ACTON FALL FAIR**
AMATEURS ONLY
 Best black and white or colour photographs, suitable for publication, with credit, in the Acton Free Press.
 Picture Subject — a scene, children, animals, building, flowers, etc. of general interest, taken within 15 miles of Acton.
 Three entries per person permitted (children's entries welcome).
 Colour photographs judged separately from black and white.
 Negatives would be appreciated if possible so pictures may be enlarged for display.
DEADLINE FOR ENTRIES FRIDAY, SEPT. 8th
 First prizes \$5, three honorable mentions at \$2.50 each, up to 10 awards of \$1 each in each category, colour and black and white.

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