



we've got what it takes to...
SAVE YOU PLENTY!



DATE OF SALE... AUGUST 9-10-11-12/78

FAMILY PACK RIB AND LOIN END
LOIN PORK CHOPS **\$1.49** lb.

TENDERBEST
LOIN PORK CHOPS **\$1.79** lb.
FROM THE SHOULDER LEAN
BUTT OR SHOULDER PORK CHOPS **\$1.29** lb.

STORE PACKAGED FROZEN
BEEF PATTIES 4oz. size **\$1.19** lb.
STORE PACKAGED FROZEN
LAKE SMELTS **\$0.89** lb.
TAILLEFER SMOKED 2 1/2 lb. AVG.
COTTAGE ROLLS **\$1.79** lb.

FROM THE SHOULDER WHOLE OR HALF
PORK ROASTS **\$0.89** lb.
FRESH CHICKEN (BACK ATTACHED)
LEGS & BREASTS **\$1.19** lb.
TAILLEFER STORE SLICED
MOCK CHICKEN LOAF **\$1.19** lb.
TAILLEFER
SKINLESS WIENERS 1lb. PKG **\$1.09**
TAILLEFER SLICED
SIDE BACON 1lb PKG **\$1.59**

LOCAL GROWN ONTARIO NO. 1 GRADE
POTATOES **\$0.88** 10 lb. BAG

LOCAL GROWN ONTARIO NO. 1 GRADE
Cabbage **\$0.49** EA.
WISCONSIN CALIFORNIA
Nectarines **\$0.49** lb.
ONTARIO NO. 1 GRADE
Cucumbers **\$2.29**

Shop & Save, The Foodland Way!

- Heinz Sweet Gherkins 15 FL. OZ. **\$0.99**
- MEATS NOT INCLUDED
Heinz Strained Foods 4 1/2 FL. OZ. **\$2.47**
- POURING CARTON
Club House Black Pepper 100 gr. **\$1.45**
- 52.8 FL. OZ. 1.5 LITRE
Ivory Liquid Detergent **\$1.99**
- ASS'T. FLAVOURS 660 gr. TIN
Quench Flavour Crystals **\$1.65**
- 275 gr.
Kelloggs Corn Pops **79¢**
- CORN OIL 2 lb. QUARTERS
Fleischmans Margarine **\$2.45**
- FABRIC SOFTENER
Fleecy Liquid 176 FL. OZ. **\$2.49**

12 FL. OZ. (341 mL.)
HEINZ SWEET RELISH **\$0.49**

TREESWEET
GRAPEFRUIT OR ORANGE JUICE **\$0.89** 48 FL. OZ. RECONSTITUTED.

- CHOICE HALVES 14 FL. OZ.
Aylmer Bartlett Pears **\$0.49**
- 19 FL. OZ.
Aylmer Choice Tomatoes **\$0.59**
- SALAD & COOKING
Crisco Oil 3 LITRES **\$4.79**
- 2 lb.
Valiant Instant Choc Drink mix **\$1.99**
- GLASS 60 ML. TUBE 60 ML. LOTION 100 ML.
Head & Shoulders Shampoo **\$1.15**
- ANTI PERSPIRANT 6 OZ. AEROSOL
Secret Deodorant **\$1.49**
- 16oz
Kraft Maxi Mallows **69¢**
- EXTRA CHOICE
Whole Mushrooms 10 FL. OZ. **79¢**
- EXTRA CHOICE
Sliced Mushrooms 10 FL. OZ. **79¢**

128 FL. OZ.
JAVEX LIQUID BLEACH **\$0.99**

MAXWELL HOUSE
GROUND COFFEE **\$2.99** 1 lb. BAGS.

KRAFT
CANADIAN PROCESSED CHEESE SLICES **\$1.58** INDIVIDUAL WRAP 1 lb. PKG.

FROZEN BEEF, CHICKEN, TURKEY
YORK MEAT PIES **\$2.89** 8oz.

HIGHLINE FROZEN 14oz.
HADDOCK STICKS **\$1.89**

FROZEN 11oz. REG. BACON, BLUEBERRY
EGGO TOASTER WAFFLES **75¢**

MRS. LUKES
RASPBERRY STRAWBERRY JAM **\$0.99** 24 FL. OZ.

AYLMER
TOMATO OR VEGETABLE SOUP **\$5.100** 10 FL. OZ.

- DIETRICH
Scone Rolls 12's REG. 69¢ **63¢**
- WESTON
Lemon Filled Buns 6's REG. 79¢ **73¢**
- WESTON
Chocolate Swiss Roll 4's REG. 79¢ **73¢**
- WESTON
Mount Royal 6's REG. \$1.20 **119¢**



... A NAME YOU CAN TRUST ...

140 Mill St., Acton, Ont.

Open: MON. TUES. WED. 9:00 a.m.-6 p.m.
THURS. & FRI. 8:30 a.m.-9 p.m.
SATURDAY 8:30 a.m.-6 p.m.

TO BE FAIR TO ALL OUR CUSTOMERS... WE RESERVE THE RIGHT TO LIMIT QUANTITIES!