

DATE OF SALE... JULY 19-20-21-22 /78



SUMMER SIZZLERS

FOOD VALUE...

GRADE 'A' FRESH FRYING

CHICKENS 79¢

2 TO 3 lb. AVG. lb.

FRESH B.B.Q. READY QUARTERED CHICKEN lb.	89¢	FRESH CHICKENS LIVERS lb.	59¢
STORE PACKAGED FROZEN BREADED CHICKEN CUTLETS lb.	109¢	STORE SLICED TAILLEFER EXTRA LEAN COOKED HAM lb.	199¢
TAILLEFER SKINLESS WIENERS 1lb. PKG.	99¢	TAILLEFER SLICED SIDE BACON 1lb. PKG.	139¢
STORE PACKAGED FROZEN BLUEFISH KRUNCHIES lb.	169¢	HADDOCK FILLETS STORE PACKAGED FROZEN 1lb. CELL.	179¢
STORE PACKAGED FROZEN BREADED VEAL STEAKETTES 4oz. SIZE lb.	169¢	STORE PACKAGED FROZEN BEEF PATTIES 4oz. SIZE	119¢

FLAVOURFUL PRODUCE OF USA #1 GRADE

PLUMS 2100

PRODUCE USA LUSCIOUS CALIFORNIA

Nectarines lb. 59¢

IDEAL FOR SUMMER SALADS TASTY 8oz. PKG.

Cole Slaw 3/100

DOLE OR CHIQUITA Bananas lb. 23¢

ALLENS ASS'T 48 FL.OZ.

FRUIT DRINKS 48¢

- HEINZ STRAINED FOODS 4 1/2 FL.OZ. 489¢
- QUENCH FLAVOUR CRYSTALS 4 X 3.5 OZ. ASS'T. 99¢
- FLEECY SHEETS FABRIC SOFTENER 30'S 159¢
- NABISCO SHREDDED WHEAT SPOON SIZE 5.25gr. 69¢
- GRAVY TRAIN 4kg. 298¢
- GAINES DRY DOG MEAL 8.8lb 4kg. 259¢
- LIBBY ALPHAGETTI 14 FL.OZ. 398ml. IN TOMATO SAUCE 39¢
- LIBBY ZOODLES IN TOMATO SAUCE 14 FL.OZ. 39¢
- DEL MONTE FRUIT COCKTAIL 28 FL.OZ. 85¢
- SWANSDOWN TOILET TISSUE ASS'T. 4 ROLL PACK 109¢
- WHITE SWAN TOWELS ASS'T. TWO ROLL PACK 99¢
- WHITE SWAN SERVIETTES 240'S 129¢
- ALCAN FOIL 12" X 100' 225¢
- E.D. SMITH APPLE PIE FILL 19 FL.OZ. 89¢
- E.D. SMITH RAISIN PIE FILL 19 FL.OZ. 79¢
- E.D. SMITH JAMS PURE 9 FL.OZ. JAR STRAWBERRY OR BLACK CURRANT 69¢
- TRITICALE CRACKERS NEW FROM CHRISTIES! NEW MAN MADE CEREAL GRAIN SCIENTIFICALLY CROSSING WHEAT AND RYE 250gr. 95¢
- CHRISTIES SOCIAL TEA 400gr. 95¢
- CHRISTIES ICED WAFERS 150gr. 49¢

DEL MONTE HALVES OR SLICED

PEACHES 79¢

28 FL.OZ.

CLOVER LEAF CHUNK LIGHT 6 1/2 OZ.

TUNA 79¢

POWDER DETERGENT

SUNLIGHT 249

6 LITRES

STOKELY FANCY KERNEL 12 FL.OZ. OR CREAM 14 FL.OZ.

CORN OR PEAS 3/100

COARSE PICKLING

WINDSOR SALT 59¢

2kg

KENT FROZEN 12.5oz.

ORANGE JUICE 59¢

FROZEN DEEP 'N' DELICIOUS CHOC. 13oz. VANILLA 14oz.

MCCAIN CAKES 99¢

HIGHLINER FROZEN FISH CAKES 24oz. 109¢

DIETRICH HOMEMADE COUNTRY STYLE

ROLLS 24oz. REG 58¢ 53¢

WESTON JAM DELITE BUNS 8" REG. 83¢ 77¢

WESTON FAMILY REG 65¢ CHOC. ROLLS 10oz. 63¢

THE GRAND PRIZE WINNER IN THE 'FUN IN THE SUN' DRAW FOR A PROPANE GAS B.B.Q. IS...

MARY FORSTNER 21 DUNDAS EAST, ERIN, ONT.

A SHOPPER AT FOODLAND MARKET, ERIN ONT.



...A NAME YOU CAN TRUST... 140 MILL ST. Acton, Ont.

OPEN: MON. TUES. WED. 9:00 a.m.-6 p.m. THURS. & FRI. 8:30 a.m.-9 p.m. SATURDAY 8:30 a.m.-6 p.m.

TO BE FAIR TO ALL OUR CUSTOMERS... WE RESERVE THE RIGHT TO LIMIT QUANTITIES!