there. Several stories were written of the

flood and all that have survived show a

close parallel with the Biblical story. There

is always a good, faithful man who is

warned by the gods to build a boat against

the coming deluge. He does so and saves his

family and the game and beasts of the field.

The rest of humanity is drowned. As the

waters recede, he sends out a dove, a

swallow and a raven and when the raven

fails to return, he knows it is safe to

emerge. He steps out on a mountain top and

Later, the story was retold in Greece as

"Deucalion's Flood". Later still it became

part of the Hebrew Bible in which form it

entered our own cultural and religious

In the six hundredth year of Noah's life,

in the second month, the seventeenth day of

the month, the same day were all the

fountains of the great deep broken up, and

the windows of heaven were opened. And

the rain was upon the earth forty days and

The Acton

Free Press

Your Community

(Save 30°)

(Save 47°)

(Save 34°)

Market Place

Dia1853-2010

pours a libation to the gods.

heritage:

forty nights.

The Biblical flood

by Ward Chesworth

Land Resource Science

University of Guelph

spate, and overflowing their banks, it

seems a reasonable time of year to

speculate about the greatest flood of all.

Was the deluge of the Bible for real, or is it

just a fanciful story? On the whole, the

geological and archaeological evidence for

the story's being based on a real flood is

In 1922, Sir Leonard Woolley led an ex-

pedition into the valley of the rivers Tigris

and Euphrates in what is now Iran. Near

the site of the ancient city of Ur he

discovered a low mound, strewn with flint

implements and fragments of pottery.

Woolley dug into it and found a layer of mud

with painted pottery and other artifacts

embedded in it. Beneath was a clean water-

laid clay and deeper still was a deposit

containing Stone Age implements. During

the next four years Woolley found this

sequence repeated almost everywhere he

dug, and gradually he came to realize that

the water-laid clay was evidence of a vast

indundation that destroyed the stone age

settlements, receded and left the fertile

soils that later civilizations were built on.

one: it was confined to the valley of the two

rivers. But it became a central, unforgotten

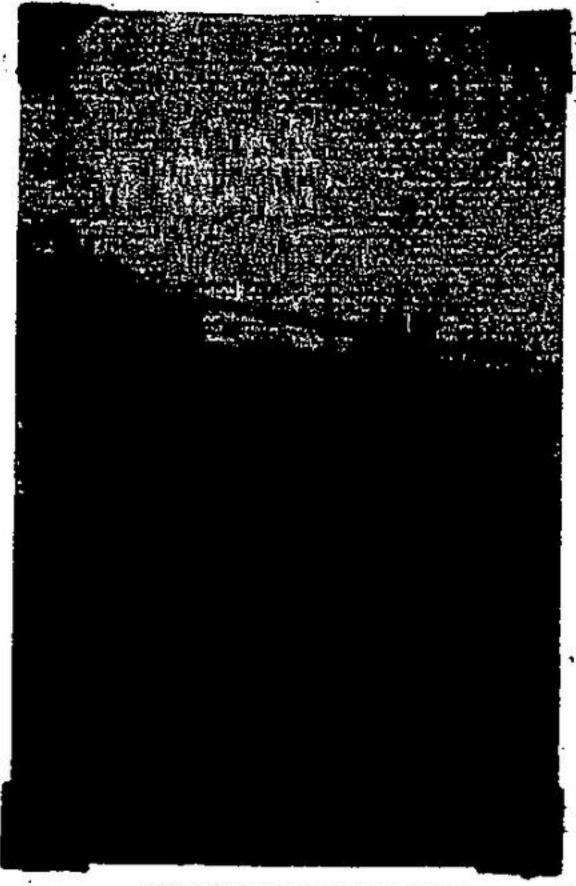
fact in the minds of the people who lived

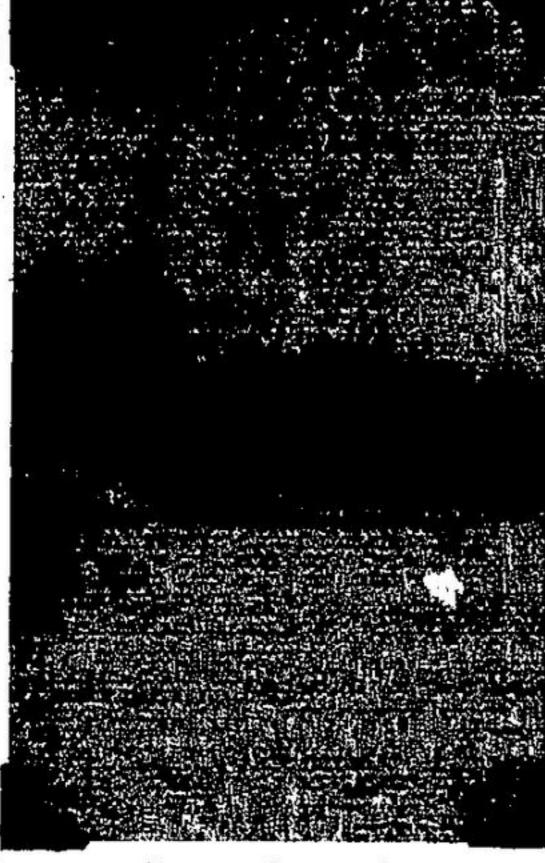
Ocean King 7½ oz. Tin (Save 204)
RED SOCKEYE

This flood, of course, was not a universal

very strong.

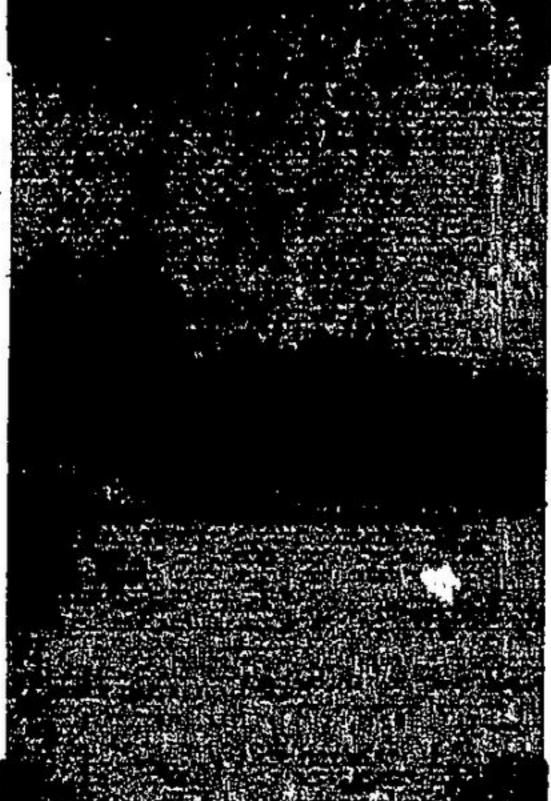
With local rivers and streams in full





ICE WAS AN IMPORTANT commodity years ago. It was cut from ponds, and stored in ice houses all summer. Deliveries were made regularly to home ice boxes. This ice cutter was made by Sandy McIsaac, the owner of the Highway Garage on Main N., which was razed a couple of years ago. In the photographs above, the machine is seen cutting ice on Henderson's Pond, which was behind the Free Press plant.

Pictures from the past



Today's recipes

delicious chicken ¼ c. corn syrup recipes from the Synchron- 2 thap, lemon juice ized Swim Team's cook book. CRAB-STUFFED CHICKEN BREASTS

6 chicken breasts, skinned and boned 1/2 c. chopped onion 1/2 c. chopped celery 3 tbsp. butter

3 tbsp. dry white wine 1 - 71/2 oz. can crabmeat drained 14 c. stuffing mlx

2 tosp. flour 4 tsp. paprika 1 c. Hollandaise sauce 2 lbsp. dry white wine

14 c. shredded Swiss cheese In morning or day ahead pound chicken to flatten. Sprinkle with salt, pepper. Cook onlon and celery in 3 tbsp. butter, until tender. Remove from heat, add wine, crab and stuffing mix, toss.

Divide mixture among breasts, roll up and secure with toothpicks. Combine flour and paprika, coat chicken. 1134x734x134" baking dish. Refrigerate.

heat oven to 375 degrees F. tonsted in frying pan Drizzle 2 tbsp. melted butter 1 tsp. salt over chicken. Bake un- 1/2 tsp. pepper covered for 1 hr. Meanwhile 2 tbsp. lemon juice make Hollandaise, remaining wine and cheese, cheese melts. Transfer chicken to heated platter, drizzle sauce over, garnish with parsley. Makes 6 (will make 8-10 generous servings.

HAWAIIAN CHICKEN 6 pieces cut up chicken 14 c. margarine 10 oz. can crushed pineapple

David Estrin

Barrister & Solicitor wishes to announce that as of March 30, 1978 his office is located in the Guelph - Kitchener area

from where he will continue his Practice Restricted to

Environmental & Energy Law

· Hat's Management's Recycling · Environmental Heath Hazards

Mailing Address Eden Mills, Ontario NOB 1PO

Telephone (519) 856-9040

. Land Use ITaming

An Waler from Hassian & Transp Regulation

* 192 - Danie is in Condus . * It to be Consension a habita mendican Management — a Especimiento

. In a renta impunitásiasiment . Ars & Quartes

2 tsp. soy sauce 1 tsp. ground ginger 1 tsp. salt Pepper

1 thep. cornstarch

Place chicken skin side up, in a baking dish in a single layer. Melt marg. Drain crushed pineapple and reserve syrup. Add drained pineapple to marg, along with corn syrup, lemon juice, soy sauce, ginger, salt and pepper. Pour over chicken. Bake at 400 degrees F. for 1 hr. Baste often. Lift out on heated platter. Blend cornstarch with pineapple syrup. Drain any excess fat from pan. Stir in cornstarch. Put into a small sauce pan. Bring liquid up to 11/3 c. by adding water if necessary. Use for

Pauline Leslie

CHICKEN CASSEROLE 2-6 oz. cans boned chicken 2 cans cream of chicken soup 2 c. diced celery 4 tsp. minced onlon 11/4 hrs. before serving - 1 c. almonds (blanched)

> add 11/2 c. mayonnaise 6 hard cooked eggs, sliced Potato chips - to cover 1) Combine ingredients in large casserole

servings). Linda Craig 2) Cover with potato chips.
HICKEN 3) Put in oven at 375 degrees. 4) Cook for 1/2 hr. - Serve with

tossed salad and rolls.

Joyce Reynolds

SALMON

STEW

Quaker

\$1.29

to Budget Yourself with These Food Buys

14 oz. Tins

Red Rose

\$1.69 **TEA BAGS** (Save 18°)

Pkg. of 60

(Save 20°) 69¢ **APPLE SAUCE**

TOMATO JUICE 59¢

Van Camp PORK and **BEANS**

28 oz. Tins (Save 30°) BEEF . IRISH . MEAT BALL

TOILET TISSUE 99¢ (Save 30°)

BOUTIQUE

Delsey

4 Flavours HARVEST CRUNCH

200g Pkg.

Grade 'A' Medium

GRANOLA BARS 99¢

FARM FRESH

79¢ EGGS

fresh as spring. PRODUCE

ARRIVING DAILY AT THE LOWEST POSSIBLE PRICES!

quick 'n easy FROZEN FOODS

14 oz. Pkg. Highliner

IN BATTER

COD or HADDOCK



Canada No. 1 **FULL SLICE** **Red Brand Beef**

ROUND STEAK B. \$1.79

Bottom **ROUND STEAK** ROAST

ROUND STEAK ROAST

њ. *\$1.89*

RUMP ROAST

Boneless

SIRLOIN TIP

FINAL LOOK AT HIND QUARTER BEEF BELOW \$200 LB. Canada No. 1 Fresh

CHICKEN LEGS Schneider's 1 lb. Pkg.

Devon 1 lb. Pkg.

4 VARIETIES

SIDE

\$1.49

\$1.09



• HELP THE MENTALLY RETARDED Support the Flowers.

of Hope"

PRICES EFFECTIVE MAY 3, 4, 5, 6 WE RESERVE THE RIGHT TO LIMIT QUANTITIES



SUPERMARKET

9 Mill Street East • Acton 853-0650

Unrest in civil service Dear Sir. I only hope Dr. Frank Philbrook knows more about the human body and its functions than he knows about politics and the public service. (Biggest Bang for our Buck, April 15).

Dr. Philbrook wants to control the federal bureaucracy by freezing hiring in the civil service-a nice political gimmick-a motherhood issue bound to get votes.

The fact is the freeze is already on. Civil servants are being laid off or not replaced. The statistics look good because they do not show the private outside contractors that are being given healthy contracts to do the work formerly done by civil servants. As for the dismissal of incompetent civil servants I wish we had such legislation for

politicians. Dr. Philbrook here shows his ignorance of the private and public sector. A civil servant can be fired much easier than a union

member in the private sector. Trade unions

in the private sector are much more militant and protective of their members than

are their civil service counterpart. Of course everything is not right in the civil service. There is definite unrest, and with good reason. A good example is "designation". A designated person cannot strike. That sounds fairly reasonable to the general public. Prison guards, federal fire fighters, etc., comes to your mind, but do you agree that as in a recent legal strike, the people who tended the Governor General's greenhouses should be "designated"?

I can cite many instances of such abuses. The civil service does just that. Provide a service. It can be compared to an army in its size and structure.

William A. Johnson.

Today I heard the fire siren, and through the window I watched some of those men

running and running up the Beardmore hill to get into their cars . . . and I won-

dered . . . praying for them all.

Thank you.

R.R. 2, Rockwood

Truly yours (Mrs.) M. Rodriguez

155 Churchill Rd. S.

Acton

If an army doesn't win battles you do not fire the troops. You fire the Generals.

Humane and courageous

The Editor

of Acton Free Press Acton, Ont. :

Dear Editor:

Year, the Firefighters.

humane and courageous!

Through the Free Press I would like to express my feelings to our Citizens of the

Their voluntary services are most

How to motivate kids

(The following letter is in reply to Jennifer Barr's comments about children in hercolumn Sideroad Five.) Dear Mrs. Barr:

Yes, Ma'am, we do have a guaranteed way to get children to do their chores willingly, with or without a smile, WITHOUT BEING ASKED. In fact, I'm trying desperately to find a way to stop them. I always maintained that

if I could have one wish it would be to have someone follow me around and pick up after me. Now that Steve, our 13-year-old has granted my wish, I'm not so sure I really want everything tucked away so tidily that I don't know where anything is.

I've actually had to call him out of class at school to ask him where he put my glasses and my shoes so I could leave the house fully dressed. Now I suppose you want to know the secret of my success. Simple - Don't do it

yourself! You may have to wallow in a lot of muck for a while, but sooner or later the offspring are going to enquire "Why can't we have a nice tidy house like Mrs. Jones and Mrs.

Smith?" And you will answer, "we can dear, if you want to do it." Secret Number 2 is a little more complicated but equally effective. Dad, who rules with a little more iron thumb than Mom, categorizes all the duties, and lists them according to priority. The list goes up on the family bulletin board where everyone can see it.

Incidentally, if you don't have a bulletin

board, get one. All the mechanical and electrical chores are assigned to Geoff, our electronic wizard. The crafty type assignments such as woodworking, furniture repair, and outdoor duties are listed under "JIM" who excels in that field. And Mr. Clean gets stuck with the household stuff, like washing windows et al.

They are listed in order of paying and non-paying jobs. Naturally the kids break their backs getting the paying jobs done first. So we have to add a stipulation that no money is forthcoming until all duties are completed.

The next category lists all the volunteer tasks, with the price beside it. Naturally, the dirty oven goes to the highest bidder, and is finished in record time. At times it is wise when listing the oven, fridge and tollet cleanups, to pin the cash to the list. This way they trip over each other to complete the task and collect.

Now Mom, you and Dad are free to assist and advise, but don't boss, and under no circumstances must you ever finish an incompleted chore. Otherwise you've lost

Speaking of games, introduce the work in a fun way, make them think they're having fun, and you'll get far more work out of

As in our initial agreement, I absolutely refuse to take any responsibility for the care and feeding of the dog, cat, or fish. They also do their own washing, ironing and mending. Otherwise they have nothing to

Yes, we do have our fair share of bawls and squalls, floods and breakages. But we don't see or hear anything. Just make sure that your floors and carpets come in all the latest hues of peanut butter, ketchup, mustard, grape juice and hot chocolate. That way nobody will know if anything gets spilled. Never invade the privacy of their bedrooms, nor even suggest that they clean

Just pin up the list and go away and leave

Of course, if you're lucky enough to have a Mr. Clean in your brood he will do the vacuuming, keep the kitchen floor scrubbed and polished, put everything away where you may never find it again until you move, and keep his big brothers posted on their turns to wash the dishes, cook the meal, and scrub the bathrooms. He also sees that Mom keeps all her junk in her own private office, or the bedroom, then carefully closes the doors so no one can see who has the messlest quarters in the house.

Having a lazy mother has made our kids kind of special. Even to serving my tea in bed in the mornings. No, they are not for sale, but we will hire them out for a price.



"It Doesn't Feel Like a Small Car."

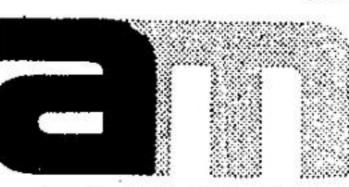
The new More-Door GLC. It's got more of everything that makes the GLC's such Great Little Cars. More glass for greater visibility. More legroom for back-seat passengers. A bigger cargo area. And two more doors. The More-Door GLC gives you more room for your money.



PRICED FROM

GLC. GREAT LITTLE CARS FOR A GREAT LOT OF REASONS

> Test-drive Mazda's line of GLC's now



achilles motors

Mazda sales & Service

357 Queen Street East, Acton 853-0200