by Wendy Thomson

I skied down the manure pile today-twice-laughing at my foolishness and hoping nobody driving by was watching. But after the past month, I was ready for a bit of nonsense. One Tuesday in February, I wandered around the stores in

Drayton Valley with a decision to make, and I poked about the stores uncertainly.

the other TV tuned to some-plete fool of myself. thing I wasn't interested in.

gliding gracefully across the other. back 40 on skis was also ap-

sitting.

Before I could change my it. skis, bindings, and poles. of a toppled tree.

book. everything was picked up; (as I would in following days) Friday I set to work with pine by lying on my back, swinging tar and brush. According to my feet over my head and the directions, the gucky stuff snapping the toe bindings was brushed on and let dry. undone. Not very graceful, but My error was in applying it as effective. liberally as I'd always done to All in all, though, it was a with his blowtorch.

fiable scorch marks.

And although instructions That was many years ago, on waxing were as vague as and somewhere along the line those on tarring, I ended up I've lost the carefree comewith beautiful results, what-may-attitude of a 10-Visitors, however, were year-old. But now, with each startled to find that my brief ski session, I loosened up ironing job for the day was on and went further and faster skis laid out on the counter each day. top. After crayoning the wax I would have managed on the bottoms, I did as a better if it weren't for the one Park. friend suggested and ran the pole, though. No-it didn't iron over it till smooth.

great winter adventure. The coming off and I had to keep family gathered around not so backtracking to fetch the pole much in support as in left sticking in the snow, some curiosity, and I refused to feet behind. budge till they went some- The dogs were no help where else.

pointed out that I'd been given to travel on the packed snowtwo different kinds of poles, mobile path where there was one for cross-country skiing no danger of disappearing into and one for racing.

with only one spur" he said. tance, but if they slowed down "He ended up going in circles at all to check out an interestall day."

I ignored them and was off! backsides. Cautiously I headed out along To complicate matters. a snowmobile path, past the Rosy, a neighbor's dog, joined granaries, and into the open us in our journeys and insisted field-not with the gliding on tackling whoever I'd run graceful movements I'd en- into, resulting in a great visioned, but with many un- tangle of legs and skls. certain, sliding, wobbling, More about skiing to starts and stops. come. . .

But once the buildings ob-

I'd been thinking how handy scuring me from the road it would be to have a small TV were left behind, I felt the stashed away in my closet to world was watching my perwatch on nights when the formance and decided to head family's male majority had back before I made a com-

Then I had my first triumph On the other hand, I'd been in executing a perfect kick getting restless from being turn, where one foot (and ski) housebound for most of the is lifted and swung to point the winter, and the thought of opposite direction from the

In that small glow of confidence. I headed back with a A glance at my reflection in surer step and was feeling a store window made up my great by the time I swung past mind-I obviously could do the house and along the with more "doing" and less packed snow of the driveway, to begin a graceful glide down

mind, I was past the TV store But then Gord appeared at and into the ski shop, the door to ask how it was emerging half an hour later going, and my feet surprised with a book on cross-country me by travelling out from skiing, a pair of boots, tins of under me, depositing me flat wax and pine tar, and a bill for on my back with all the grace

They'd be cut, fastened, or It was then I realized the whatever, and would be ready book had omitted a chapter on by the time I'd finished the how to get back on your feet! There must be a proper way, It was Thursday when but I solved the problem then

horses' hooves, and I ended up satisfying day and I made in the shed Saturday, wiping three more jaunts, travelling the excess off after Gord had further and further each time. heated it to the wipeable stage I found it hard to visualize myself at age 10, on my first skis, But when all was done, I had flying bumpily down the not only neatly tarred skis, but flights of steps built into the also ones with easily identi- slopes of Toronto's Reservoir

have be going in circles as pre-Then I was ready for my dicted, but the handle kept

either. Because of the deep Before Gord left, though, he snow, they (like me) wanted the drifts. This was all right as "You'll be like the cowboy long as they kept their dising scent, I'd run into their

IODE now

78 years old

IODE, a national organization of women volunteers, has

been involved in the development of Canada and concerned

with the welfare of Canadians since it was founded on Febru-

ary 13, 1900. Because the 18,000 members raise and spend

more than \$1,000,000 each year, this involvement is visible

and practical. Acton has two chapters of long standing, the

stretching from Newfoundland to British Columbia and north

across the Territories, for the entire 20th century IODE has

been successful in proving that unity through diversity is not

In the communities across the country where IODE is

established, the interests of the members primarily en-

compass those concerns which meet the needs of the area,

yet each may experience a sense of pride as a participant in a

All manner of projects are undertaken at the regional

level. During recent months, in areas of every province the

forces of law and order have been recognized and honored

As a national endeavour, the gift of 39 watercolors by

Winifred Petchey Marsh to the Prince of Wales Museum in

Yellowknife, Northwest Territories, is the outstanding

feature of the current program. From across Canada,

members have contributed more than \$30,000 to make this

This trained and highly professional Canadian artist has

depicted the now-disappearing culture of the Padlimuit Tribe

of the Cariboo Eskimo from personal observations made

while she lived in the Arctic. To assist in the progress of the

arts is a stated objective of the IODE, and this gift, which is

of special interest to all Canadians, has been widely ac-

To promote education of all kinds is another stated ob-

jective of the IODE, and each year scholarships and bur-

saries to students at all levels exceed \$250,000. During the

year ten post-graduate students received War Memorial

Newcomers to Canada are welcomed through the national

The people of the Third World are another concern. Tons of

powdered milk and clothing have been sent to Lesotho; and

grateful thanks have been received for the assistance given

The local chapters have participated for many years in

with the National IODE Police Community Relations Award.

Non-sectarian and non-partisan, without racial bias,

Duke of Devonshire and Lakeside Chapter.

only possible, but is also desirable.

great Canadian endeavour.

gift possible.

claimed by art lovers.

Scholarships valued at \$5,000 each.

citizenship programme, FLASH.

to the people of Bangladesh.

Acton activities.

WITH TEMPERATURES CLIMBING very gradually upwards, in either Celsius or Fahrenheit, streams are losing their winter covering of ice. They are swollen with the meltoff and it is a good idea to stay away from their banks as Lisa Halliday, Barbara and Beverly Dunn did at the library.

Family Page Free Press

Money and women Greenock W.I. topic

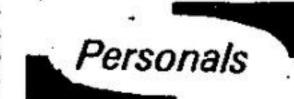
The March meeting of Greenock Women's Institute F.W.I.O. was held at the home of Mrs. Wayne Aitken. Mrs. R. Sinclair opened the meeting. An Easter message was given by Mrs. G.

Wallace. Plans were completed to serve lunch for the 40th Wedding Anniversary of Mr. and Mrs. E. Archibald.

Greenock is looking forward to having their booth of baking and crafts etc. at the in Orangeville Conservation

Roll call was a cookle swap exchanged.

affairs conveners were in charge of the program, Mrs. J. Veerman, Mrs. W. Aitken, Mrs. R. McKeown and Mrs. J.



Mr. and Mrs. Wilfred Wilhelm of Walsingham, Ontario, visited Mr. and Mrs. family Easter Sunday.

Progressive Conservative member of parliament, Otto Jelinek visited the legion Thursday evening where he spoke to interested residents. Mr. Jelinek answered many questions and discussed the PC's election platform. He will be contesting the nomination for Halton.

Baptisms

Baptized at the United church were Kelth Russell Little, son of Pat and Dean Little of Rosemary Road; and Jennifer Anne Vidler, daughter of Peter and Nancy Vidler of McDonald Boule-

Orders

tilizer in the Trinity Activity 2 tbsp. oil Group fund-raising project will be picking up their orders 1/2 tsp. or less pepper Saturday at the Free Press building, River and Willow

Awards

About 25 youngsters received attendance and memorization awards, during the Easter Sunday service at Knox Presbyterian church. The presentations were made by the teachers to about 25 children of all age levels, from pre-schoolers through to grade eight.

Banner

banner is now up.

Miss Margaret Mackenzie, an Acton lawyer, spoke to the money aspects of the law.

April meeting will comgroup on their chosen topic, mence at 1 p.m. It includes money affairs and women. A reports from standing question and answer period committees for the past

and Mrs. K. Boizic.

served by Mrs. E. Patterson

proved to be most helpful on Institute year and election of officers. Mrs. J. Veerman A delicious lunch was will be hostess.

Theta Phi chapter Spring Maple Syrup Festival elects new executive

The March meeting of the with recipe. A booklet is to be Theta Phi chapter was held at made of the many recipes the home of Joyce Finley, with co-hostesses being Family and Consumer Maureen Burrows and Marg

The sherry gift, brought by Marlene Steckley, was won by Peggy Johnson.

Elections for 1978-79 took place. The new executive is: president, Cheryl Beaton; vice president, Marlene recording

secretary, Marion Matthews; corresponding secretary, Joyce Finley; treasurer. Marg Oliver; city council reps, Linda Griffin, and Sue Robbins, her alternative.

Former president Dlane Tappin proposed a toast to the new executive wishing them a successful year.

All the members enjoyed wine and cheese followed by coffee and cake.

Cookie sales Fred Lemon, Dean and Mr. for daffodis

Cast your cookies upon the waters, and they will return. . . as daffodils!

The young people of St. Alban's Sunday School will be selling cookies after the 10:30 a.m. service at the church this Sunday morning. The next Sunday they'll present

the money raised to Marg Oliver, who is in charge of daffodil sales here this April, during Cancer month. The money will be used to buy daffodils and these will be distributed to the members of the congregation on the following Sunday.

Try a salad

A touch of spring! Some interesting salads from the Synchronized Swim Team cookbook follow: until firm

Those who ordered fer-

WWW.

at Knox

The junior choir sang during the service as well. MARKET STATE OF THE STATE OF TH

8 crisp bacon slices, crum-Dash of pepper

Carrot Salad 11/2 - 2 sliced carrots cooked Sliced celery, onlons and green pepper

Dressing: 1/2 can tomato soup 2 tbsp. sugar 2 tbsp. vinegar

Combine ingredients for dressing and pour over vebetables and chill before eating. Jodi Duncan

Caesar Salad 1 head Romaine lettuce Crushed garlic 2 oz. oli ¼ oz. red wine vinegar 1/2 oz. lemon juice 1/4 tsp. dry mustard 1/4 tap. salt and pepper

14 tsp. Worcestershire sauce Raw egg Parmesan cheese Croutons, anchovy fillets, bacon bits In a large salad bowl

combine above ingredients except lettuce in order, adding egg last. (It acts as a binding agent). Add chilled lettuce leaves, sprinkle generously with Parmesan cheese. Toss.

Jodl Duncan Raw Spinach Salad

1 lb. spinach 6 green onions The Cancer Society street 4 hard cooked eggs, coarsely chopped

Dressing: 1 clove garlic 1/2 c. salad oil 1/2 tsp. salt

3 lbsp. lemon julce ¼ c. cider vinegar

Wash spinach, remove stems and break into bite-size pleces. In salad bowl, toss spinach with onlons, eggs, bacon and pepper. Refrigerate covered, about 2 hrs. Pour dressing over salad. Toss to coat spinach. Serve at once. Dressing:

Marinate garlle in salad oil at least 1 hr. Just before serving remove garlic. Combine garlic oil and salt in small bowl. Mix lemon julce and vinegar and gradually add to oil, beating well. P. Howard, Rockwood

Sauerkraut Salad 2 cans (28 oz. and 14 oz.) sauerkraut 1 c. white sugar

1/2 c. clder vinegar 1 c. water 1 c. chopped celery 1/2 c. chopped green pepper

4 c. chopped onion 1 small jar pimento Wash the sauerkraut well to INSTALLED AT NO EXTRA CHARGE! get rid of salt, then drain well.

Boil the sugar, vinegar and Firestone water until clear. Combine. Stores the other ingredients and pour the hot syrup over them. Store in fridge overnight and serve cold. Keeps for 2 weeks in fridge.

Betty Armstrong

Daffodils to bowling cancer month campaign

The March meeting of the toys for young patients. It will will be enjoyed by everyone acton Branch of the Canadian give these young people a who attends, as there will be Acton Branch of the Canadian Cancer Society was held at the home of Mrs. Rena Arbic and proved to be a very informative one.

The Activity Group is really living up to their name with chairman Jane Telford recruiting many new knitters and toy-makers along with gifts to distribute to children hospital or to families of patients. "The generosity of year. these many volunteers giving of their time and talent so freely makes us proud to be part of the Acton Branch where the community supports us so wholeheartedly in so many ways," members agreed.

Anne Usher has enlisted the help of McKenzie-Smith shop teachers and 72 students have volunteered to make wooden

FRONT DISC

GRIPPER

SHOCKS

BRAKE SERVICE

ment to know that their food. generous help will make several small children very happy.

The street banner is being put up by the Acton Hydro to herald the coming of Cancer month, and the merchants in and toy-makers along with town have graciously con-the faithful ones who make sented to using our publicity materials in their stores and who are cancer patients in banks. Daffodil Day will be the week-end of April 7 this

> Arlie White, campaign chairman, has the plans arranged for a Bowl-A-Rama from April 2 to 7 inclusive with the 13 leagues and all profits are to be presented to the Canadian Cancer Society for the annual campaign beginning April 1.

Dance tickets have sold very well and a good evening

DRUM

SHOCKS

great feeling of accomplish- lots of lucky draws and great

Marilyn Shean, dance convener. It is a lovely centrepiece which we will be able to use at our spring dance and

formed members that the an- This function in May is nual pot luck supper will be always a most enjoyable one.

on May 25 this year at the Presbyterian Church in Acton and the guest speaker will be Helen Cummins. Members A beautiful basket of hope look forward to this event was presented to the group by very much as it gives them a chance to get together with all of the enthusiastic canvassers, team captains, and hard-working volunteers in for many functions in the every capacity without whose ongoing devotion the Concer President Gloria Coats in- Society could not function.

J. Kohari D.T. J. Novak D.T. GEORGETOWN

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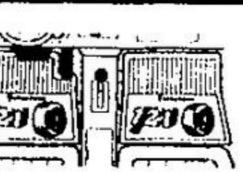


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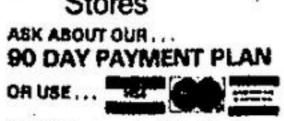
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