

# Blow Press surrender first, A.T.W., Cleaners in

Blow Press were stunned 9-2 by a fired up Acton Terminal Warehouse squad, slipping from first to third position in the industrial hockey standings as a result of the loss. ATW and Family Cleaners, who topped Lakeview 5-3, have taken over the

top spot. Vans' Welding stayed in the race with a 6-4 win over Hellers. Blow Press took the lead 1-0 in the first period when Mike McMahon found the range from Fred Crawford. Henry Toebes scored twice and Bren Irwin added a single as ATW

counted three unanswered markers before the end of the second period. Assists went to Dave Cooksley with two and Steve Bennett, Cecil Stuckless and Pete Morrison with one each. Blow Press were not out of the game yet as they opened

the final period with a marker, again from McMahon. Jeff Goy got the assist. Six in a row That was the last time they were in the game as ATW came back with six in a row to win going away. Leading the

scoring in the six run burst were Bren Irwin and Bruce Cooksley with two goals each. Pete Morrison and Bill Severenski and Steve Bennett collected the other two points. Ted Saitz, Severnski and Stuckless picked up assists in the game. Even though these two teams are battling for the lead in the industrial standings, the game was a clean one, with only one penalty called.

Vans Welding finally took control of a tight game in the final period where they out-scored Hellers 4-2 for their two point win. Score stood at 2-2 after two periods of play as Bruce McPherson scored twice for Vans and Ron Mellon and Steve Townsley answered for Hellers. Wayne Allan assisted on both McPherson's goals and Glen McKenzie, Al Hall and Bill Fabian did the assisting for Hellers.

Cleaners came back when Schmidt pointless. Steve McIntyre, Tim Jacobs sailed in unassisted, making a pair of goals by McIntyre and John Ashley

got the assists on the markers. Only one penalty was called during the game.

Two quick goals from Ron Mellon and Hugh Forbes brought Hellers close but Vans iced the game with three seconds left when McPherson connected again, from Andrew Berry. Glen McKenzie assisted on both Hellers late markers, while Mellon and Jim Cooney picked up singles. There were no penalties called in the game. Cleaners got a share of the top spot for the first time this year with their 5-3 win over Lakeview. They went out 4-0 in the first period and held on to win from there. Gary Coulton led the scoring in the four goal burst, potting the puck three times inside a seven minute span. The other Cleaners' goal of the period went to Floyd Hillier. Ted Jowett picked up assists on all four shots, with a double going to Floyd Hillier and singles to Bart Jacobs and Coulton. Lakeview finally got on the scoreboard in the second frame when Jim McDonald banged one home from Ron Schmidt and Bob Jarrett.

## Tiny and Cadet gymnasts compete at North York meet

On Saturday, the Halton Hill Gymnastics Recreation Tiny and Cadet teams travelled to Toronto to compete at North York recreation Invitational meet.

The girls from Halton did extremely well. The Tiny group, which is made up of gymnasts under a years of age as of Sept. 1, 1977, placed fourth all-round. The team

brought home three individual ribbons, two on beam. Amanda DeForest won a ribbon with Christine Shirk and Janet Strathdee both putting on extremely good performances here. Christine also took a sixth place ribbon for her floor.

Tiny division consisted of Amanda DeForest, Lisa Greenly, Heather Ormsby,

Christine Shirk, and Janet Strathdee. The Cadet division is for girls ranging in the 8-9 age group. This team placed third all-round, with outstanding performances from all the team.

The following girls took individual ribbons for their routines. Kelli Warner had a lovely floor program and received fourth. Penny Sieber

and Lynne Herrmann tied for sixth on vault. Cadet team consisted of Martha Armstrong, Elizabeth Hoerig, Lynn Herrmann, Christine Hughes, Tina Goddard, Sheryl Kirkpatrick, Lisa Mitchell, Jennifer Lusby, Elizabeth Majury, Penny Sieber and Kelli Warner.

Janet Armstrong, the head coach for the Acton division, took both teams to North York for the meet. Her comments on this mixed group from the Acton intermediate program, Georgetown intermediate group and the pre-competitive girls from the Halton Hills Jills were that they all performed well, acted sportsmanlike and were a definite credit to Halton Hills.

## Coaches' Corner

by Bill Richmond  
NCCP Instructor  
START SIMPLY  
Work from the very simple to the more difficult, a progression in teaching. Don't spring a new and difficult task on your boys.

Sometimes boys can't see that they've made a major error. You have to go over it with them and tell them exactly what they did wrong. A little of everything.

### PRACTICE ORGANIZATION

If you're going to work on break-out patterns, for example, start from a diagram or maybe a film, then go to a demonstration on the ice, then a walk-through, to a breakout session with a little bit faster tempo and then, finally, a break-out session with one or two guys fore-checking. Increasing the number of fore-checkers until you have a five breaking out, five fore-checking type system. This is working from the very simple to the very difficult.

There need not be any secrets in the game hockey. Any coach with his salt can become familiar with the latest developments in the game. Coaching clinics, new books, and discussion with fellow coaches help the coach stay abreast of the latest developments on hockey.

Fred Shero hit the nail right on the head when he said that "execution" was the key to hockey success. Since all teams do not have the same amount of time for practice, proper execution comes from well-planned practices. I believe a team plays as it practices. Therefore, every fundamental executed in practice should be taught and learned so that it will also be executed the same way in a game situation.

The success or failure of most coaches probably is directly proportionate to their ability to devise drills for their particular needs and to co-ordinate them into the daily program. A coach may have a tremendous knowledge of the game, but unless he can teach it to the players, it can go to waste.

Therefore, in planning a hockey program for the season, the coach should take into account the following points:

**A LITTLE CHALLENGE**  
But if you set up some drill that requires them to stick-handle through some cones or pass the puck off and receive it, maybe skate around an end cone and cut in on net, then you are simulating a game situation.

1. Keep it simple - simplicity should be stressed along with proper execution of the fundamentals of hockey.

2. Fundamentals should be stressed daily during the practice session, since the game boils down to puck control, passing and skating.

3. Drills should be utilized to teach both offensive and defensive systems. Coaches should start with the part and work to the whole.

4. Follow your planned practice schedule to the letter. Do not deviate since you should have planned your practices with specific objectives in mind.

5. Vary your drills from practice to practice to prevent monotony. Drills should

be short and snappy with emphasis on execution. Drills should also stress competition as much as possible.

6. All practice sessions should leave ample time for defensive work. Defense is the key. You must stop the other team from scoring.

7. Sixty to ninety minutes is an ideal amount of time for practice, if it is well planned. Don't let your practice drag. Tell them off ice what you plan to do on ice.

8. End each practice with a fun drill so that your players leave the ice with a good feeling.

9. A five to ten minute pre-practice warm-up should be utilized to loosen up each player before hard work is begun.

10. Analyze each day's practice with your assistant coach. Keep a daily record of practice schedules, rating the strengths and weaknesses of each drill. Then, emphasize your weaknesses in the next practices.

### AIHL standings

W	L	T	PTS	GF	GA	
Cleaners	8	5	1	17	67	51
ATW	7	4	3	17	82	65
Blow Press	7	5	2	16	56	49
Lakeview	6	6	2	14	58	57
Vans	6	7	1	13	54	65
Hellers	2	9	3	7	48	79

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