

WE KNOW WHAT IT TAKES TO FEED A FAMILY-



QUALITY... at Foodland, we believe that Quality Foods are an essential factor in a family's food needs. We take pride in making Quality & Value our No. 1 for all of your food requirements!

Date of Sale... JAN. 25-26-27-28 / 78

CUT FROM CANADA GRADE 'A' BEEF
KING OF THE ROASTS
PRIME RIB ROAST
\$ **129** lb.

CUT FROM CANADA GRADE 'A' BEEF
PRIME RIB STEAKS
\$ **139** lb.

FROM THE TROPICS
GOLDEN RIPE BANANAS
19¢
PRODUCE USA 5 lb. BAG
FLORIDA ORANGES \$1.49
FROM THE TROPICS SIZE 10'S
FRESH PINEAPPLE EA 99¢
CANADA NO. 1
PARSNIPS 2 lb. CELLO BAG 79¢
CANADA NO. 1
COOKING ONIONS 2 lb. BAG 29¢
PRODUCE USA CALIFORNIA RED
GRAPES EMPEROR lb. 59¢

FRESH PORK SIDE
SPARE RIBS \$ **139** lb.

FRESH STORE SLICED
BEEF LIVER lb. **59**¢

FRESH
PORK HOCKS lb. **59**¢

CUT FROM CANADA GRADE 'A' BEEF
LEAN PAN READY
BRAISING RIBS lb. **79**¢

MAPLE LEAF
BREADED SAUSAGE 1 lb. PKG. \$ **119**

MAPLE LEAF ALL BEEF OR
SKINLESS WIENERS 1 lb. PKG. **89**¢

MAPLE LEAF 8 VARIETIES
SLICED COOKED MEATS 6 oz. PKG. **49**¢

MAPLE LEAF SLICED
COOKED HAM 6 oz. PKG. \$ **129**

MAPLE LEAF 4 VARIETIES
SLICED BOLOGNA 16 oz. PKG. \$ **109**

MAPLE LEAF SLICED
SIDE BACON 1 lb. PKG. \$ **159**

Health & Beauty Aid Buys
150 mL.
CREST REG. or MINT TOOTH PASTE \$ **169**
SECRET SCENTED OR UNSCENTED
ROLL ON DEODORANT 1/2 OZ. \$ **139**
WELLA BALSAM REG. CONDITIONER 8 FL. OZ. \$ **179**
WELLA BALSAM SHAMPOO 8 FL. OZ. \$ **209**

10 lb. BOX
TIDE POWDER DETERGENT \$ **439**

16 oz. JAR
CARNATION COFFEEMATE \$ **109**

24 FL. OZ. JAR
MRS. LUKES RASPBERRY STRAWBERRY JAM with pectin \$ **99**¢

48 FL. OZ.
BRIGHT'S TOMATO JUICE \$ **59**¢

ASS'T. COLOURS 200'S 1/2 PLY KLEENEX FACIAL TISSUE 59¢	ASS'T. COLOURS TWIN PACK KLEENEX PAPER TOWELS PKG. 99¢
32oz. YORK PEANUT BUTTER \$1.59	SIZE 60'S FOODLAND TEA BAGS PKG. \$1.59
5 VARIETIES 2lb. LANCIA PASTAS 79¢	IN OIL OR TOMATO SAUCE 3/4 FL. OZ. BRUNSWICK SARDINES 4/\$1.00

TANG ORANGE 2x7oz. FLAVOUR CRYSTALS 99¢
CASCADE PREPARED DISHWASHER 20oz. \$2.15
JOY LIQUID DETERGENT 32 FL. OZ. 99¢
DOWNY 2 LITRE FABRIC SOFTENER \$1.99
CAMAY REG. WHITE BAR SOAP 4x5oz. \$1.09
MAPLE LEAF MILD CHEESE 12oz. \$1.49
MAPLE LEAF MED. CHEESE 12oz. WEDGE \$1.55
MAPLE LEAF OLD CHEESE 12oz. WEDGE \$1.59
ALPO DOG BEEF CHUNKS 23.5 FL. OZ. 59¢
MONARCH PASTRY FLOUR 7lb. \$1.39
KELLOGG'S BRAN FLAKES 600gr. 89¢

BRAVO PLAIN SPAGHETTI SAUCE 28 FL. OZ. 79¢
DELSEY ASS'T. COLOURS TOILET TISSUE 4 ROLL PACK \$1.19
KOTEX REG. OR SUPER FEMININE NAPKINS 12'S 89¢
MRS. LUKES TABLE SYRUP 32 FL. OZ. 79¢
GOLD SEAL PINK SALMON 7 3/4oz. TIN 99¢
EASY OFF OVEN BOMB 14oz. \$1.49
SANI FLUSH TOILET BOWL CRYSTALS 34oz. 79¢
PURITAN BEEF IRISH MEATBALL STEWS 24 FL. OZ. 99¢
FLUFFO SHORTENING 1lb. 69¢
CARNATION 3 VARIETIES HOT CHOC. 12x1oz. PACK \$1.59
STUART HOUSE BURNER BIBS SMALL 10'S LARGE 6'S 69¢

FROZEN FOODS
CARNATION FROZEN SHOESTRING
FRENCH FRIES 2 lb. PKG. **69**¢
FARM HOUSE FROZEN
CREAM PIES LEMON COCONUT CHOC. BANANA 12oz. 79¢
HOLIDAY FARM FROZEN
CABBAGE ROLLS IN TOMATO SAUCE 2lb. \$2.59

WESTON BROWN N. SERVE ROLLS 12'S REG 63¢ 58¢
WESTON CINNATION BUTTERHORN 6'S REG. 73¢ 73¢
WESTON 8'S REG. 80¢ 79¢
CARAT MEL 79¢

FREE DELIVERY
FOODLAND 140 Mill St. ACTON ONT.
OPEN MON-WED. 9 AM-6 PM
THUR-FRI. 9 AM-6 PM
SAT. 9 AM-6 PM
...A NAME YOU CAN TRUST...
TO BE FAIR TO ALL OUR CUSTOMERS... WE RESERVE THE RIGHT TO LIMIT QUANTITIES!