

WE KNOW WHAT IT TAKES TO FEED A FAMILY-



ECONOMY WE AT FOODLAND ARE HIGHLY CONCERNED ABOUT PROVIDING OUR CUSTOMERS WITH ECONOMIC FOOD BUYS, THUS ENABLING YOUR FAMILIES TO EAT WELL YET WITHIN THE LIMITS OF YOUR BUDGET!

DATE OF SALE... JAN. 18-19-20-21 1978

<p>TENDER TRIMMED 5 TO 6 LB. WHOLE OVEN READY PORK SHOULDER ROAST</p> <p>95 ¢</p>	<p>CUT FROM THE SHOULDER FRESH LEAN PORK BUTT ROAST or CHOPS</p> <p>115 ¢</p>
<p>SWIFT'S PREMIUM BY THE PIECE Bologna lb. 55 ¢</p>	<p>SWIFT'S PREMIUM SKINLESS Wieners 1 lb. PKG. 85 ¢</p>
<p>FRESH STORE SLICED Pork Liver lb. 39 ¢</p>	<p>SWIFT'S 'OLD MILL' SMALL LINK BREAKFAST Sausage STORE PACKED lb. 99 ¢</p>
<p>SWIFT'S PREMIUM 4 VARIETIES Sliced Cooked Meats 6 oz. PKG. EA. 49 ¢</p>	<p>SWIFT'S PREMIUM SLICED 6 oz. PKG. Cooked Ham EA. 119 ¢</p>
<p>SWIFT'S PREMIUM READY TO EAT SHOULDER Picnics 570 G LB. lb. 119 ¢</p>	<p>SWIFT'S PREMIUM BY THE PIECE Polish Coil lb. 129 ¢</p>
<p>SWIFT'S PREMIUM SWEET PICKLED Cottage Rolls 1/2 CRV OVAC lb. 129 ¢</p>	<p>SWIFT'S LAZY MAPLE SLICED Side Bacon 1 lb. PKG. PKG. 159 ¢</p>

<p>PRODUCE OF USA - CALIFORNIA SWEET Sunkist Oranges</p> <p>SIZE 11 3/8 ¢ DOZ. 109</p>	
<p>PRODUCE OF USA CALIFORNIA RED EMPEROR GRAPES lb. 59 ¢</p>	<p>PRODUCE OF USA SPANISH TYPE ONIONS lb. 25 ¢</p>
<p>PRODUCE OF USA JUMBO SIZE HONEYDEW MELONS DOZ. 149</p>	<p>CANADA NO. 1 CARROTS 2 lb. BAG 39 ¢</p>
<p>CANADA NO. 1 TABLE TABLE POTATOES 20 lb. BAG 109</p>	

<p>SOFT Parkay Margarine 1 lb. TWIN PACK 89 ¢</p>	<p>ROCKY MOUNTAIN Mushrooms 10 FL. OZ. 69 ¢</p>
<p>Palmolive Liquid 24 FL. OZ. DETERGENT 119</p>	

LIBBY RED KIDNEY BEANS
398 M.L. 14 FL. OZ.

3100 ¢

SCOTT PAPER TOWELS
ASS'T, WHITE, DECORATED
2 ROLL PACK

89 ¢

KRAFT CHEESE SLICES
CANADIAN PROCESSED INDIVIDUALLY WRAPPED

149 ¢

ABC POWDER DETERGENT
5 lb. PKG.

189 ¢

MOUNTAIN BLEND GROUND COFFEE 1 lb. BAG. **389** ¢

CARNATION EVAPORATED MILK 10 FL. OZ. TIN **38** ¢

MISS MEW CAT FOOD ASS'T. VARIETIES 6 OZ. OZ. **4100**

Borateem REGULAR 3 lb. **99** ¢

Chef Boy Ar Dee Ravioli 15 FL. OZ. BKEP. **49** ¢

Cling Free Sheets 24'S FABRIC SOFTENER PREPREKED **129** ¢

Fray Bentos Corned Beef SPECIAL LEAN 12 OZ. **119** ¢

S.O.S Pads 18'S **79** ¢

Nescafé Instant Coffee 10 OZ. SAR **499** ¢

Del Monte Pears FANCY BARTLETT 14 FL. OZ. **49** ¢

Del Monte Peaches FANCY HALVES OR SLICED 14 FL. OZ. **49** ¢

Del Monte Fruit Cocktail 14 FL. OZ. **49** ¢

Scott Cut Rite Refill WPK PAPER 100' **59** ¢

MILD OR MEXICAN 15 FL. OZ.
MARY MILES CHILI CON CARNE 28 FL. OZ. TIN **59** ¢

HABITANT PEA or VEGETABLE SOUP 14 FL. OZ. TIN **58** ¢

FOODLAND CHOICE PEAS **389** ¢

Baby Scott Diapers REG. 20'S **245** ¢

Cricket Butane Lighter DISPOSABLE **99** ¢

VO 5 Shampoo DRY, REG. OILY 200 M.L. **119** ¢

Right Guard Deodorant 5 VARIETIES 6 OZ. **149** ¢

Dr. Ballard's Dog Food CHAMPION 4 VARIETIES 25.5 FL. OZ. **39** ¢

KENT FROZEN

ORANGE JUICE 12 1/2 OZ. **59** ¢

FROZEN BEEF, CHICKEN, TURKEY
YORK MEAT PIES 8 OZ. **2/89** ¢

FROZEN
RICH'S COFFEE RICH 82 OZ. **59** ¢

WESTON BUTTERMILK Scone Bread 24 OZ. REG. 55¢	50 ¢
WESTON BERRANNE SOFT & CRISPY Sesame Rolls 12'S REG. 73¢	67 ¢
WESTON Chelsea Buns 8'S REG. 85¢	79 ¢
WESTON Bran Muffins 11 OZ. REG. 85¢	75 ¢
WESTON Swiss Rolls 6'S REG. 1.19	109 ¢

OPEN ~ MON - WED 9 AM - 6 PM THURS - FRI 9 AM - 9 PM SAT - 9 AM - 6 PM
FREE DELIVERY!

FOODLAND 140 Mill St. ACTON, ONT.

...A NAME YOU CAN TRUST...

TO BE FAIR TO ALL OUR CUSTOMERS... WE RESERVE THE RIGHT TO LIMIT QUANTITIES!