

WE KNOW WHAT IT TAKES TO FEED A FAMILY~



NUTRITION...THE PEOPLE AT YOUR FOODLAND ARE SINCERELY CONCERNED ABOUT PROVIDING NUTRITIOUS FOODS THAT ENABLE THEIR CUSTOMERS TO PREPARE HEALTHY, BALANCED MEALS FOR THEIR FAMILIES!

DATE OF SALE... JAN. 11-12-13-14/78

CUT FROM CANADA GRADE A BEEF!
SIRLOIN, T-BONE OR WING STEAKS
\$179 lb.

CUT FROM CANADA GRADE A BEEF!
BONELESS RUMP OR ROUND STEAK ROAST
\$149 lb.

PRODUCE USA FLORIDA JUICE	ORANGES	SIZE 125'S	DOZ.	79¢
PRODUCE OF USA, CALIFORNIA	LEMONS	SIZE 115'S		5/59¢
CANADA NO. 1 SMALL COOKING	ONIONS		10 lb. BAG	69¢
CANADA NO. 1 GREEN	CABBAGE		EA	39¢
CANADA NO. 1	RUTABAGAS		lb.	10¢
CANADA NO. 1 FANCY MACINTOSH	APPLES		3 lb. BAG	89¢

CUT FROM CANADA GRADE A BEEF!
Boneless, Top Round or Sirloin Tip Steaks
\$169 lb.

CUT FROM CANADA GRADE A BEEF!
Boneless Bottom Cut Round Steaks
\$139 lb.

DECAFINATED OR REG. INSTANT	TASTERS CHOICE COFFEE	8oz. JAR	\$589
1 lb. OR (454 gr.)	CRISCO SHORTENING		69¢
	ZIP DOG FOOD	15 FL. OZ.	5/100
	JOHNSONS J-CLOTHS	ASSY. COLOURS 10'S	99¢
	MARY LOU SOFT MARGARINE	1 lb. TUB	58¢
	CARNIVAL BARTLETT PEARS	28 FL. OZ.	69¢
	NU FLUFF FABRIC SOFTENER	128 FL. OZ.	\$139
	TETLEY TEA BAGS	72'S	\$198

CUT FROM CANADA GRADE A BEEF!
Boneless, Top Round or Sirloin Tip Roasts
\$159 lb.

CUT FROM CANADA GRADE A BEEF!
Tenderized Cube or Fast Fry Sandwich Steaks
\$189 lb.

SCHNEIDER'S MAPLE THICK CUT OR REG. 1/2 PKG.
Sliced Side Bacon PKG. **\$169**

SCHNEIDER'S 1/2 PKG. RED HOT DUTCH TREAT ALL BEEF
Skinless Wieners PKG. **99¢**

SCHNEIDER'S 10 VARIETIES 6oz. PKG.
Sliced Cooked Meats **49¢**

SCHNEIDER'S 2lb. CARTON
2oz. Beef Burgers PKG. **\$2.29**

SCHNEIDER'S 4 VARIETIES 1 lb. PKG.
Sliced Bologna **\$109**

SCHNEIDER'S 8oz. PKG. 4 VARIETIES FROZEN
Meat Pies **79¢**

10 FL. OZ. TINS
CAMPBELLS CHICKEN NOODLE SOUP
489

12 FL. OZ. TINS
NIBLETS WHOLE KERNEL CORN
39

2 ROLL PACK
ROYALE TOILET TISSUE
 PINK OR WHITE
49

VALLEY FARM FROZEN FRENCH FRIES
 2lb. PKG.
3100

ALLEN INSTANT ORANGE FLAVOUR CRYSTALS 4x 3/4oz. PKG.	75¢
E.D. SMITH PURE JAMS BLUEBERRY, CHERRY, SEEDLESS RED RASP. 3oz. OZ.	69¢
E.D. SMITH TOMATO PASTE 5 1/2 oz.	29¢
LIBBY DEEP BROWN BEANS WITH PORK OR TOMATO SAUCE 14 FL. OZ.	2/89¢
LIBBY ZOODLES IN TOMATO SAUCE 14 FL. OZ.	39¢
MCLARENS SWEET MIX PICKLES 24 FL. OZ.	89¢

PAMPERS DISPOSABLE OVERNIGHT DIAPERS 12'S	\$149
AIR CARE AEROSOL ASSY. SCENTS 7oz.	69¢
NIVEA CREME 2.5oz. JAR (70 M.L.)	\$119
SECRET ANTIPERSPIRANT DEODORANT SPRAY 6oz.	\$159
FACELLE ROYAL FACIAL TISSUE ASSY. COLOURS 100'S/3PLY	59¢
CHRISTIES PREMIUM PLUS HANDY PACK CRACKERS 200gr.	59¢
CHRISTIES PREMIUM PLUS CRACKERS 1lb. PAIN OR SALTED	79¢
FOODLAND COFFEE CREAMER 11oz. JAR	89¢
CRISCO OIL FOR SALAD & COOKING 12 FL. OZ.	69¢

WESTON REGULAR OR THIN REG. 55¢ Sandwich Bread 24oz. LOAF	50¢
WESTON REG. 72'S Hamburg or Hot Dog Rolls 12'S	65¢
WESTON Cinnamon Scone 4'S REG. 59¢	54¢
WESTON Raspberry Jelly Roll 12oz. REG. 89¢	79¢

frozen foods

OMSTEAD
FROZEN SMELT 16oz. **79¢**

FARM HOUSE FROZEN
APPLE PIE 24oz. **99¢**

Free Delivery!
FOODLAND
 ...A NAME YOU CAN TRUST...
 140 Mill St., Acton, Ont.
 OPEN: MON-WED. 9AM-6PM
 THURS-FRI. 9AM-9PM
 SAT. 9AM-6PM

TO BE FAIR TO ALL OUR CUSTOMERS... WE RESERVE THE RIGHT TO LIMIT QUANTITIES!