

Make a Noel Pennant to give ... or to keep

Most every neighborhood has a "boutique" . . . a special gift department or small shop that carries unusual and expensive gifts. As you wander through them you'll see many choice items that can be duplicated easily and less expensively at home. The Noel pennant illustrated is one of the many things you can put together. Directions for this unusual present are below!

NOEL PENNANT Supplies: Length of colored felt - 8" x 50" 10 inch wooden dowel

Gold spray paint 214 yards gold and white ribbon about

31/2 yards gold braid about 1/4 inch wide

Making sure that all the edges of the felt are straight and even, cut notched end of pennant by making a pencll mark 4 inches from one end and 4 inches from side edge. Draw diagonal lines from pencil mark to each corner. Cut along lines.

Each square on chart is 1 inch. The first letter starts 31/2 inches below top edge and is 11/2 inches from sides of pennant. Outline each letter with chalk following measurements on chart as guide. Allowing 1/2 inch for folding under the cut ends, cut a length of ribbon for each section of the first letter, Fold under 14 inch at both ends of each piece and glue; then glue ribbon in place, following chalk outlines. Continue this way until all letters have been glued onto pennant.

Measure 2 Inches down from top edge for hem. Starting across base of hem, glue the braid around edges of pennant.

Spray dowel with gold paint. Fold hem over dowel when paint is dry and glue hem securely. The a length of gold braid, approximately 16 inches long, to ends of dowel for hanging.

You can vary the designs, colors and letters on the Noel pennant, Short names like Amy, Eric, Mary and Jon will turn the Noel pennant into a personalized gift.

Mountainview Baptists appeal for Indian relief

In response to the devasta- the threat of cholera is grave. tion which struck India Mon- Devastation of the rice crop day, November 21 and be- in the Krishna River Delta, cause of heavy involvement considered India's rice bowl, in the immediate area by will have long term effects. Canadian Baptist mission- Contamination of rice fields Church is making a special future crops as well. appeal to the people of Halton Hills for relief funds.

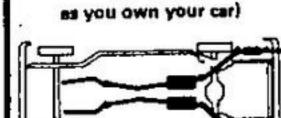
In a statement this week to the press, the local church stated that because of Baptist involvement in the area, funds can be sent directly to the area of greatest need without administration costs and without fear of mail

People may contribute by either sending a cheque (made out to Mountainview Baptist church) to Mr. Guy Ryan, treasurer, 167 Rexway Dr., Georgetown or it may be sent directly to the Baptist Federation of Canada, P.O. Box 1298, Brantford, Ont. Designate your cheque for 'India Cyclone' in either case. Mr. Ryan will send out receipts when addressed here.

The south-east coast of India was devasted by three cyclones and by tidal wave action and by eighteen plus inches of rainfall. Loss of life is expected to be in the tens of thousands. Corpses litter much of the countryside and



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Free Press

Family Page

Baking for Christmas can be all done early

many people are baking for holiday entertaining. Food specialists at the Ontario Food Council, Ministry of Agriculture and Food, say that much of the baking can be done ahead, if carefully planned.

First determine how many Christmas goodies to make.

and breads which freeze very well. Be sure there is sufficient room in the freezer. If you are uncertain about freezing a product, first prepare a small batch and freeze that test sample. After two or three days, try it to see if the quality is satisfactory.

There is a wide variety of For baked products to Christmas cookies, cakes, maintain the best quality in

and biscults can be packaged in plastic freezer bags. If cookies or cakes are frosted, freeze them before wrapping. Once frozen, wrap. This prevents the frosting from sticking to the packaging. Remember to date the packages before freezing. Various baked products have different muffins, and loaves can be stored approximately two to three months. Baked yeast breads are best used within six months. Christmas fruit

the freezer, it is important to exclude air and prevent loss of moisture. Make sure the packaging is moisture and

Package dainty cookies in rigid containers with waxed paper or plastic film between the layers, so they will not be crushed or broken. Breads

recommended times. Biscuits, freezer up to one year. Baked cookies can be frozen for nine to twelve months.

When buying a turkey, always look for the Canada Approved or Canada health inspection stamp on the tag, bag, or label. This is your assurance that the turkey has been inspected and is safe and wholesome. Next, look for the grade name. The most common grade available is Canada Grade A. Canada Grade B is as good eating quality as Grade A, but is not as well fleshed or fattened. Canada Grade Utility must at least qualify for Canada Grade B, but may have one or

more of its parts missing. Turkeys will also be marked as young or mature.



Plan before you buy turkey

Christmas is approaching quickly. If you are planning to serve turkey for your holiday meal, it's a good idea to decide exactly what size you'll need and what to look for before you buy, say the food specialists at the Ontario Food Council, Ministry of Agriculture and Food.

Whether the gathering is going to be small or large, allow 1/2 to 3/4 pound per serving. It is wise to buy more than the exact amount needed, to allow for seconds or leftovers. Leftovers can be used for sandwiches, in soups, casseroles, salads, or ples. Any turkey that you don't plan to eat the day after Christmas should be frozen right after Christmas dinner.

Turkey meat can be frozen up

to two months.

Mature turkeys, used for egg production first, are not as tender as young birds raised for meat only.

When shopping, you'll notice that some turkeys may be labelled Deep Basted or Self-Basting. This means that the turkey has been injected with vegetable oil or butter as a basting ingredient to increase the juiciness of the cooked turkey. You can get this same moist quality by buying a reagular turkey and basting it yourself.

If you plan to buy a fresh turkey, wait and buy it no more than two or three days before you cook it. If you plan to buy a frozen turkey, you 🚅 can buy it now and store it in 15: the freezer at -18 degrees C (0 degrees F) or lower until the

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time to thaw it for roasting. Figure to the time to the it for roasting.

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JANUARY 1978

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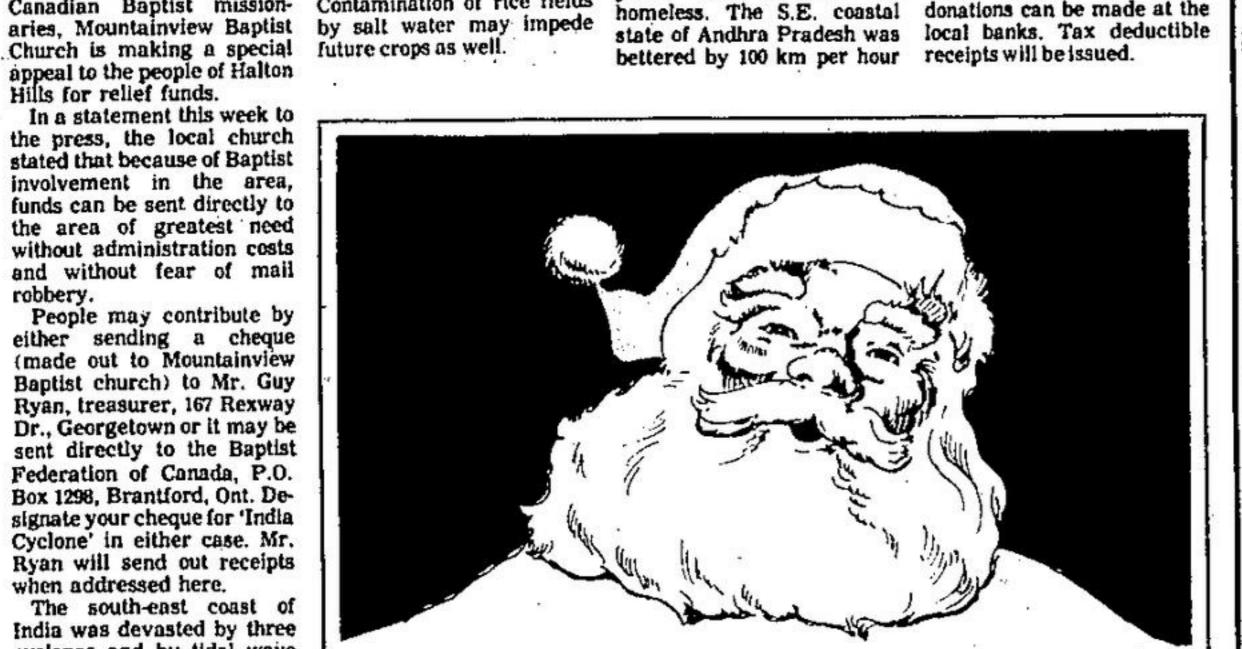
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