



RICK MILLER HEADS lineup of people waiting to buy food at the cafeteria in the new high school.

Students pleased with new school cafeteria

by Jennifer Rowe
The new Acton High School had many modern facilities that are a great improvement over the somewhat limited resources that were available in the old school.

One of the most significant areas is the new cafeteria. Acton High has hired three new staff members to run it, Mrs. Marion Matthews, Mrs. Susan Beemer, and Mrs. Susan Johnson.

Marion Matthews, head dietitian, graduated from the University of Guelph and did her internship at St. Michael's Hospital in Toronto. Mrs. Matthews works along with Mrs. Beemer in planning and preparing meals. She also takes care of placing orders and overlooks the general operation of the cafeteria.

Susan Beemer, assistant dietitian, studied at McGill for one year and graduated from Ryerson in 1967. Mrs. Beemer works closely with Mrs. Matthews in the planning and organizational

aspects of an operation like this. Mrs. Beemer previously worked at nursing homes in Toronto and Mississauga. She also worked at North York General Hospital for five years.

Susan Johnson is a part-time worker in the cafeteria. She works from 9 a.m. until 12:30 and mainly does the cooking over lunch hour. Mrs. Johnson is new to this type of work but finds she is enjoying it.

A cafeteria club has already been organized in the school. Students work in the cafeteria during lunch periods or other times in the day when they are free. Food vouchers are awarded in return for their work. Home Economic students also take part in the planning and preparation of meals.

Mrs. Matthews estimates 600 to 500 sales a day in the cafeteria. All the food sold here is of good nutritious quality. Candy and potato chips are exempt from the list of foods in the cafeteria.

Special occasions are celebrated in the cafeteria by providing a special meal. Last week's Thanksgiving dinner was a big success. It was enjoyed by not only the students and staff of Acton High, but by the staff from other schools in Acton who were invited for lunch.

All the ladies in the cafeteria feel that the facilities are excellent in the new school. The microwave oven is quick and ideal for warming up items for students, and the dishwasher is able to wash, rinse and dry in 58 seconds.



SUE BEEMER mans the cash register during lunch at the new high school cafeteria.



DONNIE McDONALD, left, and John Waskalik bite into an apple during a well deserved break. Boy Scouts from the 1st Acton Troop were out on Friday and Saturday for their annual apple day donations. Beavers, Cubs, and Scouts all carried baskets of apples.

Scout and Guide news

by Mark Rowe

The sun shone warmly for the annual Scout Apple Day. Friday night the weather was nice for being outdoors.

Beginning at nine o'clock Saturday morning the Beavers, Cubs and Scouts blitzed the town giving out apples in return for donations. Many thanks to the numerous generous people who supported our movement. Thanks also to everyone who helped out Saturday morning. The profit of approximately \$400 will help pay for the heating in the Scout Hall which we all enjoy.

Saturday afternoon the Scouts with the use of a short-wave radio of John Musselle joined in the Jamboree-on-the-air. Scouts the world over talked to their counterparts elsewhere for 48 hours beginning Saturday and ending Sunday.

Acton participated for six hours Saturday and six hours on Sunday. Our contacts were restricted to Canada and the United States. We had lengthy conversations with places like Arlington, Texas, Victoria, British Columbia and many points in between.

The "ham" Scouts participating in the Jamboree were Jock Garton, Jim McVeigh, Don McDonald, Gord Goulding, Frank Goulding, Antony Saxon, David Fuller, Jeff Willmott and Greg Cowan.

Scouters Club will be held tonight (Wednesday) at the Limehouse Memorial Hall. Get together with a fellow Scouter and drive down to the

eight o'clock meeting. Do not bring any registration forms to this meeting. All registration forms and monies are to be handed in at the Group Committee meeting on Oct. 24 (Monday) at 8:30 p.m. Please make sure that all sections are represented.

The first Acton Venturer Company will be attending the Green Acres Region Jamboree in Burlington this weekend.

The annual Scout and Guide Mothers fall dance was held on Saturday evening at the band hall. It was well attended and enjoyed by all.

The proceeds are used in various ways to support Scouts and Guides in Acton.

The Scout and Guide Mothers will be meeting on Tuesday evening, October 25 at the Scout Hall. All mothers with sons in our movement are members. Please come out and let us know you care.

The Royal Canadian Legion in Acton has once again invited the Acton Scout Association to participate in the Remembrance Day Parade on Sunday, November 6. All Cubs, Scouts and Venturers are expected to attend.

A wreath on our behalf will be laid to commemorate those who fell in the two world wars.

Scouters, do not forget those registration lists on Monday, October 24.

Sheridan College

Sheridan College liaison officer Chris Morton was in town last Wednesday to speak to students about his school. Students planning on entering the college next year were told about their particular courses and what it would offer. Mr. Morton also told each person the require-

ments for their program. Mr. Morton himself is a 1974 graduate of the Sheridan College Journalism program, and worked as public relations officer for the school for two years.

Anyone who missed Mr. Morton can get in touch with him at the college.

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Jennifer Rowe on staff part-time

Former high school columnist Jennifer Rowe is now writing part time for the Free Press.

Jennifer, who plans to take Journalism at Sheridan College in September, started her duties several weeks ago. She is mainly covering the school beats, but will expand into other fields as time passes. With two extra schools in town (St. Joseph's and McKenzie-Smith) her help is greatly appreciated.

She attends grade 13 classes at Acton high school in the mornings, and reports to her newspaper job afternoons on Monday, Wednesday and Fridays.

For two years, Jennifer reported the high school happenings via her weekly column in this paper. It was through this, that Jennifer realized she would like to become a journalist and set her on her future track.

Sister Janet, a grade 10 student, has taken over Jennifer's column. Brother Mark, a student of the University of Guelph, wrote the Scout and Guide news for three years.

Jennifer attended M. Z. Bennett school before high school and does know some of the teachers in town. However, there are many teachers who she has not yet met who in the past have been

very helpful to the Free Press reporters. This newspaper hopes that all our contacts in town will show Jennifer the same amount of respect and understanding which has been shown in the past. So far, Jennifer has no complaints.

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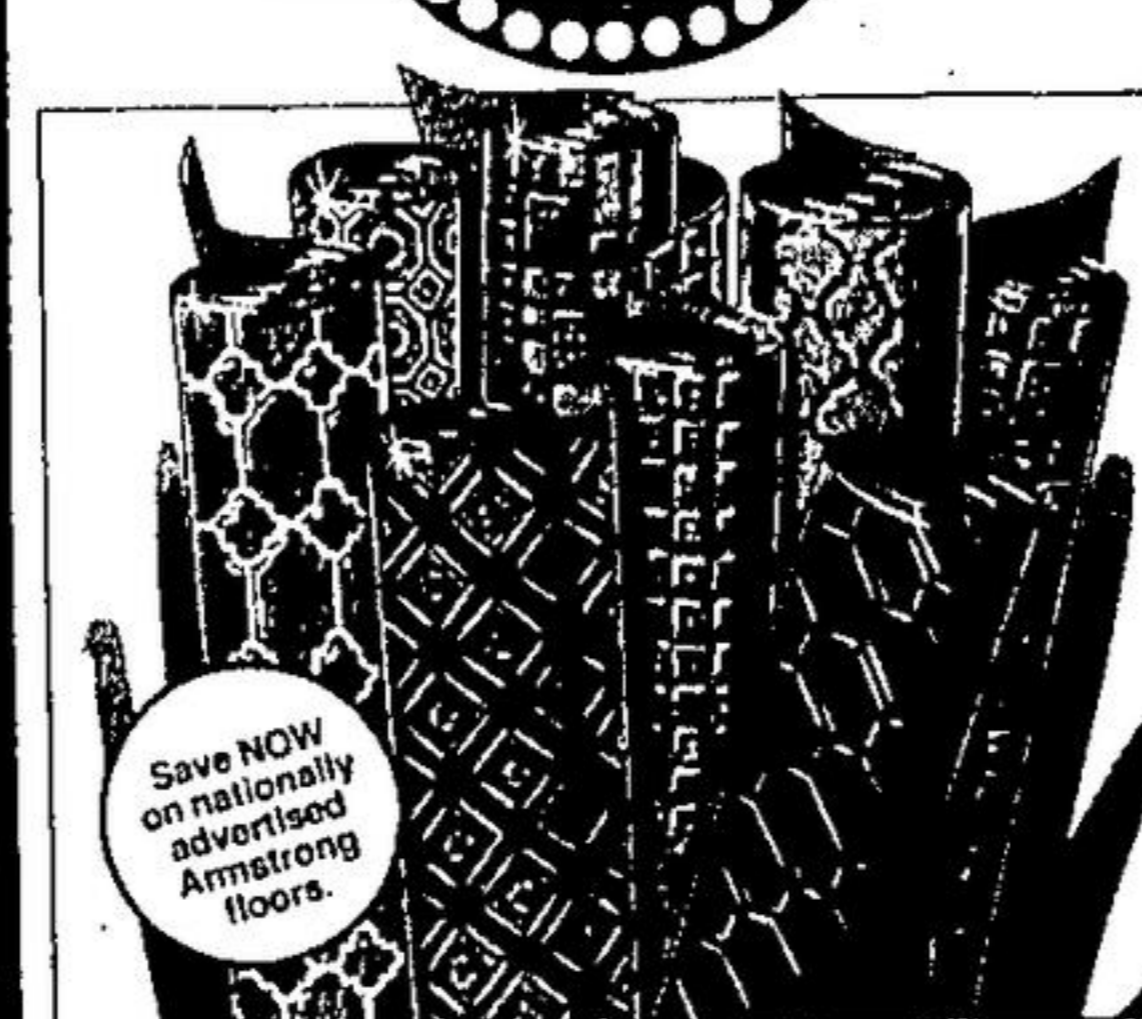
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