



LABOUR-LESS FOODS FOR...

LABOUR DAY FOOD VALUES!

140 MILL ST. ACTON, ONT.

OPEN: MON TO WED. 9AM-6PM THURS. & FRI. 9AM-9PM SAT. 9AM-6PM

DATE OF SALE---AUG. 31 SEPT 1-2-3/77

CUT FROM CANADA GRADE 'A' BEEF! FROM THE HIP ECONOMICALLY PRICED

ROUND STEAK BONELESS FULL SLICE

\$1.19

JUICY & TENDER BONELESS

RUMP, SIRLOIN TIP or BOTTOM ROUND ROASTS

\$1.39

FRESH CRISP PRODUCE FEATURES

FROM THE TROPICS

BANANAS

2 29

PRODUCE OF USA CALIFORNIA

ORANGES SIZE 113'S DOZ. \$1.19

CANADA NO. 1 CARROTS 2 LB. CELLO BAG 29¢

CANADA NO. 1 COOKING ONIONS 2 LB. BAG. 49¢

CANADA NO. 1 GREEN CABBAGE HEAD 29¢

TENDER & JUICY

CUBE STEAKS lb. \$1.79

BONELESS CUBED STEWING BEEF lb. 98¢

FRESH STORE SLICED BEEF LIVER lb. 55¢

MAPLE LEAF SWEET PICKLED COTTAGE ROLLS 1/2 CRV O VAC lb. \$1.19

MAPLE LEAF JUMBO DELI SAUSAGE 20 oz. \$1.79

MAPLE LEAF SLICED POPULARS LUNCHEON MEATS 6oz. 2/89¢

MAPLE LEAF BY THE PIECE POLISH COIL lb. \$1.25

MAPLE LEAF 16oz. BOLOGNA 88¢

MAPLE LEAF 1 LB. TRAY BREADED SAUSAGE \$1.09

MAPLE LEAF PAST & EASY 2oz. PATTIES BEEF BURGERS 2lb. \$1.98

WHOLE DILLS (WITH OR WITHOUT GARLIC) OR POLSKI COORKI

BICK'S PICKLES

32 FL. OZ.

88

YORK SMOOTH OR CRUNCHY

PEANUT BUTTER

16 FL. OZ.

88

CLOVER LEAF

PINK SALMON

7 3/4 OZ.

89

ORANGE FLAVOUR

TANG CRYSTALS

4 X 3 1/2 OZ. PACK

99

PACK OF 2 X 24 FL. OZ.

MIR LIQUID DETERGENT \$1.09

12oz. KAM LUNCHEON MEAT 89¢

IN TOMATO SAUCE

LIBBY SPAGHETTI 28 FL. OZ. 59¢

14 FL. OZ. 398 mL. LIBBY RED KIDNEY BEANS 39¢

CHOICE BARTLETT 28 FL. OZ.

AUSTRAL PEARS 69¢

1 PINT SIZE 25'S

BERNARDIN FREEZER BAGS 49¢

1 QUART SIZE 20'S

BERNARDIN FREEZER BAGS 49¢

5 1/2 FL. OZ. E.D. SMITH TOMATO PASTE 4/100

BETTY CROCKER

CAKE MIXES

5 VARIETIES

19oz. TO 20oz.

69

BETTY CROCKER ASS'T. 6oz. TO 14.5oz. ICING MIXES 88¢

OUTDOOR B-B-Q SPECIALS

10lb.

CHARCOAL BRIQUETS 1.49

ASS'T. PRINTS

SCOTT WHITE SERVIETTES 60'S 43¢

ESSO B-B-Q LIGHTER 32 FL. OZ. 65¢

HOSTESS PLASTIC PLATES 9" COLOURED 6'S 59¢

BARGAIN PACK 9" SAVE-A-DAY CARDBOARD PLATES 80'S \$1.39

ASS'T. VARIETIES

CARLTON CLUB SOFT DRINKS

2.99

CASE OF 24 X 10 FL. OZ. TINS

SALAD & COOKING 38 FL. OZ.

CRISCO OIL \$1.99

FOODLAND BREAD 33¢

WHITE, SLICED 24oz.

FANCY 2lb. BAG FROZEN FOODS

SEABROOK FROZEN KERNEL CORN 89

FROZEN SARA LEE CHOC. or VANILLA CAKE LAYER 13oz. \$1.09

FROZEN RHODES WHITE or BROWN BREAD DOUGH 2'S 59¢

LADY SCOTT ASS'T. PRINTS

FACIAL TISSUE 59

150'S/ 2PLY

LADY SCOTT ASS'T. PRINTS

TOILET TISSUE 59

2 ROLL PACK

FREE DELIVERY!

TO BE FAIR TO ALL OUR CUSTOMERS... WE RESERVE THE RIGHT TO LIMIT QUANTITIES.