

## Mental health clinic serves North Halton

Residents of North Halton requiring mental health services will no longer need to travel out of the area. A mental health clinic serving Milton, Georgetown and Acton has been established at the Halton Health Unit, 155 King St., Milton.

North Halton Mental Health Clinic is a two-year pilot project supported by the Ontario Ministry of Health and operating under the sponsorship of the Health Unit.

Clinic Co-ordinator Mae Vaivods said one of the clinic's staff will be available in each of the towns during the day. The clinic's three therapists will rotate evening duty to enable the clinic to be open on occasional evenings for the convenience of clients who cannot attend during the day, Ms. Vaivods said. The evening schedule is yet to be drawn up.

The clinic will provide services for all age groups. Services will include assessment, treatment and follow-up and a variety of treatment modalities, including individual, family and group therapies, the co-ordinator said.

Ms. Vaivods said she hopes to keep the clinic organized in such a way that staff can get involved at short notice when needed, such as in a crisis situation. Depending on the caseload—now more than 30 clients—the staff should be able to see a new client within a week of referral, she said.

People who want mental health services can call the clinic themselves and arrange for an interview. The clinic will also be seeing clients referred by family physicians, other agencies, schools, hospitals, police and jails.

People who are having problems coping with life in some way, are unsuccessful in dealing with the problems themselves and are suffering

as a result are the people the clinic is prepared to help, Ms. Vaivods said.

When a prospective client calls the clinic for help he can expect to be asked to come in for an interview. If the client is unable to come to the clinic, staff may arrange a home visit. During the initial interview the client will have a chance to talk about his problem and provide background information, Ms. Vaivods said.

The therapist and client would then draw up some goals and a plan of action that the client would want to be involved with, she added. If there are questions or doubts about the problem, then the client would probably be asked to return for an interview with one of the consulting physicians present.

In addition to offering direct services to clients, clinic staff will be available for consultation with other community agencies.

The clinic, which began operations in April, now has its full complement of four full-time and two-part time staff.

Mae Vaivods, a registered nurse, brings to her new position a varied background in the mental health field, including experience at Queen St. and Lakeshore Psychiatric Hospitals and most recently the Forensic Unit at the Toronto Jail.

Social Worker Don Disher has a special interest in community development. He hopes to be working with community programs with shared interests in developing programs that would contribute to the prevention of problems. Mr. Disher taught at the School of Social Work at McMaster University before joining the clinic's therapy team.

Dr. Roy Butler and Dr. Philomena Newberry will provide consultation and clinical supervision to the team on a part-time basis.

Dr. Butler, a psychiatrist, is an assistant professor in the department of psychiatry at McMaster Medical School.

Dr. Newberry, a paediatrician, is associated with McMaster University Medical Centre/Child and Family Centre, Chedoke. She is on the faculty of the medical school in the department of paediatrics. For the past six years she has been concerned exclusively with development and behavioral aspects of paediatrics.

Jane Marshall is full-time secretary for the clinic.

North Halton, which has no psychiatrists and no psychiatric beds, has been in need of mental health workers for a number of years, Ms. Vaivods said. Clients who require hospitalization will still have to go to the psychiatric units at Joseph Brant Hospital, while Georgetown residents will



COMMENTATOR DEANNA REED, and models, Edith Hillman, Karen Hillman, Murielle Patrick, and Linda Taras, show evening dresses

at the close of the fashion show held Monday night by the North Halton Association for the Mentally Retarded.

## Fashion show helps retarded

North Halton Golf Club was packed and extra tables had to be set up at the Monday night fashion show, sponsored by North Halton Association for the Mentally Retarded, where members of the Association and their children were the models.

With Deanna Reed as commentator each outfit was described with wit and warmth. All the fashions were provided by Todcoran Enterprises, headed by Ann Wickham. The furnishings came from the Bamboo Loft, the hair styles and make-up by Hair Plus, Guelphview Square, and the shoes and boots from Galyn Shoes and Luggage, Georgetown.

Market Centre. As always the children stole the show as they modelled casual and dress up clothes. Showing the children's wear were Michelle Evans, Paul Evans, Heather Kearn, Cindy Perryment, Melanie Reed, and Todd Wickham.

Showing the latest fashions for women on both sporty and formal occasions were Edith Hillman, Karen Hillman, Murielle Patrick, Linda Taras, Ann Wickham and Wendy Hillman.

Helping mistress of ceremonies Edith Hillman were Leslie Hale, Wendy Hillman and Howard Dean. Music was provided by Cor Klamer on the organ and Lloyd Hillman on drums.

Wendy Hillman. Helping mistress of ceremonies Edith Hillman were Leslie Hale, Wendy Hillman and Howard Dean. Music was provided by Cor Klamer on the organ and Lloyd Hillman on drums.

## Senior citizens enjoy joint picnic at park

The Golden Age club of Acton had as their guests the Rockwood Sunshine club for a picnic at the Rockwood Conservation park on Thursday afternoon, July 25.

It is a lovely place for a picnic. They had games in the afternoon conducted by Mr. Robertson and Mr. Davidson.

First prize for kicking the shoe went to Mrs. Mann. Mr. Hube received first for the men. Next was ducking for apples with Mrs. Merkley being the winner. She was

also the winner of the plate and clothespin race. The toilet paper sash was won by Mrs. Besley.

The men played a game of horseshoes, Mr. Davidson, Mr. Leachman, Mr. Besley and Mr. Hube playing.

They proceeded along to the Pavilion for a bountiful picnic supper. Afterward, they had several games of bingo prizes going to Mr. Fuller, Mr. Milne, Mrs. Mann, Mrs. Black and Mrs. Berry. Everyone reported a good afternoon and evening.

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## Y's Men visits Acton

Acton Y's Men called a special meeting in the Y Monday to greet Sam Irving of Spanish Town, Jamaica, the regional director for the Caribbean region for the International Y's Men's club and a member of the International Council. He attended the first Canada-wide convention in Ottawa and visited several clubs afterwards. Acton was his last visit before returning home.

He was the guest of Mr. and Mrs. Ed Leatherland here. Rick Coe of the Acton club, who is district governor for Central and Niagara District Y's Men's clubs, also attended the convention in Ottawa.

Mr. Irving's club is twinned with a club at Orillia and he visited there as well.

His club in Spanish Town has 22 members, not much larger than Acton's. The Acton group has a goal of doubling their 15-man membership this coming year.

His district includes eight clubs, four in Jamaica, three in Trinidad and one in Aruba. He presented the Acton men with souvenir ashtrays from Jamaica, and was given a leather key case with the Y's Men's crest.

First regular fall meeting for the club will be a barbecue Sept. 13.

## Personals

Congratulations to Miss Sandra Splinter who earned First Class Honors in her Preliminary Rudiments examination of the Royal Conservatory of Music, University of Toronto. Sandra is Miss Jean McLean's pupil of Brock Street, Acton.

Mr. and Mrs. Stan Morrison and Mr. and Mrs. Ralph Denny, during their recent motor trip, enjoyed a visit with Mrs. Lou Browlow and her father John Thomas.

Mrs. Browlow and her father live on Vancouver Island.

Mr. Thomas, who farmed for many years east of Acton, is 103 years old, is in good health and has a good memory.

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30°C is swimming time  
10°C — wear a coat

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## Area people selected

About 70 artisans from across Ontario and Quebec have been chosen to participate in Fair November 1977, an expose and sale of Canadian crafts. The event will be held November 25 and 26 at Guelph. Area people selected include Herman and Ethel Bessem, Dorothy Brandford and Lotte Zonnenberg.

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