

Over 100 attend 73rd district annual

by Mrs. Alma Wheeler
Alma United Church was the setting for the 73rd District Annual of Wellington Centre Women's Institutes. Over 100 W.I. members attended this meeting. Mrs. Carl Hall, president of Alma W.I. the hostess branch, welcomed all present. This was their first opportunity to be hostess, their branch being only four years old. Mrs. Ron Fisher, Alma, was the organist for the day's activities and the registration was looked after by the Living Springs Branch. In Wellington Centre District there are eleven branches with 313 members—304 paid members and 9 life members.

The morning session opened with the "Opening Ode" followed by the Mary Stewart Collect. The minutes of the last District Annual were read by the Secretary Treasurer Mrs. E.S. Duffield. Mrs. Clarence Beatty, retiring president, in her address, thanked all for their cooperation. Mrs. Beatty congratulated Elora W.I. in being second in the quilt competition at F.W.I.C. Island in June of last year. Elora was 1.2 point behind the first prize quilt. "The Double Wedding Ring" was purchased by the F.W.I.O. and presented to Miss Helen McKercher on her retirement as director of the Home Economics Branch. Mrs. R. John Reid, Board director from Subdivision 12 had the honor of presenting this quilt to Miss McKercher. Elora is in this subdivision. Mrs. Beatty also paid tribute to

Queen Elizabeth on her Silver Jubilee.

The nominating committee, Mrs. Albert Rogers and Mrs. Lloyd Stauffer gave their report and the new officers were installed by Miss Jane Pengilly.

Past president, Mrs. Clarence Beatty, R.R. 1, Orton; president, Mrs. John Burnett, R.R. 4, Belwood; first vice-pres., Mrs. Matt Leuty, R.R. 3, Ferguson; second vice-pres., Mrs. Oliver Somerville, Hillsburgh; third vice-pres., Mrs. J. Salter, R.R. 1, Arthur; secretary-treasurer, Mrs. Elmer Duffield, R.R. 1, Rockwood; ass't. sec-treas., Mrs. Arthur Wheeler, R.R. 5, Rockwood; federation representative, Mrs. R. John Reid, R.R. 2, Hillsburgh; ass't. fed-rep, Mrs. George Ostic, Ferguson; delegate to area convention, Mrs. John Burnett, R.R. 4, Belwood; alternate, Mrs. Matt Leuty, R.R. 3, Ferguson; auditors, Mrs. Albert Sobol, R.R. 5, Rockwood and Mrs. Harold Green, R.R. 2, Elora.

Conveners of standing committees: Agriculture and Canadian Industries, Mrs. Raymond Grose, R.R. 2, Alma; Citizenship and World Affairs, Mrs. Archie Gates, R.R. 3, Acton; Education and Cultural Activities, Mrs. Harry Burr, Ferguson; Family and Consumer Affairs, Mrs. Cecil Warmington, Guelph; Resolutions, Mrs. Lloyd Lang, R.R. 2, Hillsburgh; Curator, Mrs. Irvine Black, R.R. 3, Ferguson; In Memoriam, Mrs. John Baldwin, Hillsburgh; Farm Safety, Mrs. John Maitland, R.R. 2, Elora; and Representative to Historical Society, Mrs. Oliver Somerville, Hillsburgh.



VALERIE ANNE Mitchell and George Douglas McPhail were married in St. Alban's Anglican church on May 14. They are now living at 75 Bower Ave.

McPhail — Mitchell wed on May 14

A honeymoon to Quebec City followed the marriage of Valerie Anne Mitchell and George Douglas McPhail on May 14 in St. Alban's Anglican church.

The Rev. Leonard Ewing officiated at the double ring ceremony with Mrs. Oakes supplying the organ music.

The bride is the daughter of Babs and Lennox Mitchell, 161 Poplar Ave., and is an inventory clerk at Blue Giant Equipment in Brampton. The groom is the son of Jean and Kerwin McPhail, R.R. 3, Acton.

Escorted down the aisle by her father, the bride wore a full length white modern style gown with empire waist, and a garter belonging to her grandmother. She carried a white orchid surrounded by stephanotis.

Matron of honor was Monika Cook, a friend, who wore a yellow gown with empire waistline and matching jacket. Bridesmaids were Susan McPhail, sister of the groom, and Linda Perkins, a friend. They wore blue gowns and carried daisies. Paula Mitchell, sister of the bride, was flowergirl, wearing a yellow gown and carried a basket of daisies. The bride's mother made the flowergirl's dress.

Best man was friend Bill Cook, with Craig Perkins and Bruce McPhail as ushers.

The bride's uncle, Colin Reid was the master of ceremonies at the reception held at the Acton Band Hall. The bride's mother and Mrs. Sylvia Williamson made the wedding cake, and it was decorated by Mrs. Mansell Nellis.

Special guests at the wedding were the bride's grand-

Relax — there's help: parent study group

Do you know where your children are? More important, do you know WHO your children are?

Kids are people, and want to be treated as such. In this age of liberation, our offspring have joined the march for equality and democratic rights. Parents, reared in a more rigid autocratic society, are ill prepared to meet the challenge of raising today's liberated youngsters.

Mom finds herself, nagging, scolding, demanding, pleading with the kids to stop fighting, pick up after them, get their chores done. But still the dishes pile up, the mess remains in the living room, and big brother continues to torment little sister unmercifully. The A1 student, your pride and joy, suddenly becomes a potential drop-out as his marks plummet to the bottom of the class. Your teenager once intent on pleasing her parents and teachers, now defies authority figures in favor of impressing her

Dad's commands, bribes and threats fall on deaf ears. Parents are sent reeling through volumes of Dr. Spock, Haim G. Ginott, and other child care experts, because they are sure there's got to be a better way to make these kids behave. While Grandma insists that the most effective application of

that darned psychology book is to apply it freely and squarely to the seat of the pants.

Sound like home to you? Relax, parents! Help is on the way!

There is a better way to cope with the everyday little irritations of life. By joining a parent study group, Mom and Dad can learn how to create a more harmonious atmosphere in the home—between themselves and the kids, and between each other.

In a parent study group, parents are surprised to discover that by fostering a mutual respect between them and the kids, the young ones learn to become responsible, independent, reliable, contributing members of the family.

Here's how a parent study group works. A group of ordinary people, like yourself, gets together to discuss mutual family incidences, in their own non-expert terms. The reading materials provided for study, are only guidelines for the group to ponder, discuss, and accept or reject as they see fit.

Since the members themselves are the ones who solve their own dilemmas, the group leader does not necessarily have to be an expert. It is usually a person who has taken the course previously and wants to help other couples better their family relationships.

Responsible Mrs. Sue Burns, Guidance Counsellor at Acton High School, and instrumental in

introducing parent study groups in this area, said, "parents take far too much responsibility on themselves for the actions of their children. With this new democratic method of training children, the youngsters are responsible for their own actions. Parents then become teachers instead of bosses, and help structure consequences instead of punishment."

"By instilling in each family member a spirit of unity and mutual respect, every member is responsible for how the family operates, not just Mom and Dad. Let the children share in the work and the problems."

"Don't supervise their every move. Let the kids make mistakes and learn from them, for that is what they're going to have to do when they're ready to face the big bad world alone."

Mrs. Burns and several fellow child care experts introduced the groups in the North Halton and Wellington areas after attending workshops and seminars with the Adler Association in Toronto.

Pioneer Alfred Adler was the man who shunned the Freudian theories of blaming your past for your problems and pioneered, individual psychology, where a person is deemed responsible for hanging on to his own situation. Adler built on current relationships and situations to help the client.

The Adler Association is based on these teachings and theories.

Sue Burns and her group

decided that it was time they did something in this area and ran a conference at Guelph University to get some indication of how many people would be interested in learning better ways of raising children. So enthusiastic was the response (200 people showed up) that they have now formed the Guelph Marriage and Family Education Association.

On committee Among the members of the steering committee are Acton High School Guidance Counsellor, Brian Skerrett, who also runs a private counselling service in Guelph; a mother, Margaret Frid; Halton Hills Councillor Peter

Marko, who is a counsellor with the Addiction Research Foundation; a Guelph nursery school teacher, Rita Raegale, and Mrs. Sue Burns. The purpose of the organization is to teach parents and educators better methods of turning out responsible, cooperative, tolerant individuals and to assist the kids to reach their full potential as people.

Anyone who is interested in joining a parent study group, or leading one, or anyone who is interested in learning more about the program is invited to come to a meeting on Monday, June 13 at 7:30 p.m., at Central Public School, Dublin Street North, in Guelph.

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Free Press Family Page

Gardening theme at W.I.

Mrs. Wilfred Flewelling was hostess for the May meeting of the Mimosa Women's Institute which featured gardening.

Following a dessert luncheon, the president, Mrs. Harry Moore, assisted by Mrs. Roy Wheeler, secretary-

treasurer, conducted a short business session.

It was decided not to have meetings during July and August. The roll call was answered by 11 members and two visitors with a hint on gardening.

Taste of thyme

The spice for this month was thyme and Mrs. Frank Longstreet gave a short talk telling a little of its origin and how it can be used in cooking. A container was passed around so that each member could smell and taste thyme.

Mrs. Jake Pedersen introduced the guest speaker, Pat Tucker, who is the head of the grounds department at the University of Guelph. He showed slides on landscaping around the home with many helpful comments and suggestions as to how they could be applied in different areas.

Mrs. Flewelling favored with a piano solo, Country Gardens.

In keeping with the gardening theme, a sale of plants and bulbs was held with Mrs. Clarence Beatty acting as auctioneer.

The June meeting will feature the 4-H Club girls and will be held at Mrs. Frank Longstreet's home.

Water safety

Mayor Tom Hill proclaimed June 5 to June 11 Red Cross Water Safety Week, at Monday night's council meeting, but following town policy, any advertisement of the proclamation will be made by the Red Cross.

Free Press Personals

Mr. Sam Perry celebrated his 90th birthday with friends and relatives Sunday, June 5. Among the many cards and gifts that he received were good wishes from Governor General Leger, Lieutenant Governor McGibbon, Prime Minister Trudeau and Dr. Philbrook.

Free Press reporter John Bottomley graduated on Saturday from Queen's University with a Bachelor of Arts degree. His parents came from New York to attend, as well as other relatives and friends.

Attraction

Young people are already attracted to the new high school in great numbers. They peek in the windows and use the track for bicycling. Speeders have been reported already, too.

Planters ready soon

The planters at the library are under construction this week. Landscaping changes there were recommended by the library board this spring.

Seniors

Senior Citizens week all across Ontario will be celebrated this year during the week of Sunday, June 19.

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