



the painted box

by Wendy Thomson

Notes have begun trickling in from Ontario, asking "Where are you?" Well, I'm still here, wondering why on earth I thought I'd have a quiet, peaceful life here in Buck Creek, Alberta.

For my next column, I promise to write about the country and our life here, answering all the questions I've been asked, but not today. Tonight Gord and I are celebrating our 20th wedding anniversary, and to lead up to that, we might go out and climb Buck Mountain this afternoon.

So what I'll do, is revert to the original reason for this column, dig out some recipes from my "Painted Recipe Box" and tell you of dishes I've cooked since heading west.

Meals are somewhat different here. For one thing, the family schedule isn't the same and I still haven't got used to a husband that is farming at home, instead of coming home from a factory at 4:30. Number two son David gets in from school 15 miles away at 4:30; but number one son, Jim, is now apprenticing as a mechanic and doesn't pull in the drive till 6:30.

What all that means, is that we have a lot of salads throughout the week, or things that will keep from the time Gord starts getting hungry (around 4) till 7 or so, if Jim's late.

The groceries available are somewhat different. We don't have all the lovely mushrooms that we did in Acton, but because we're so close to the Okanagan Valley (and to California) there's a good supply of fruit in the stores, and excellent broccoli and lettuce, all year round. The spinach from New Zealand is sour and coarse, and very different from what we bought at Acton. Anyhow, here are a few recipes.

LEFTOVER CASSEROLE
Mix 2 cups diced cooked meat, 2 cups cooked vegetables, 2 minced onions, 1 (10 oz.) can vegetable soup, 1 can water, (broth or vegetable juice), 2 tomatoes, seasoning to taste.

Pour into large casserole and cover with 2 cups potatoes mashed without milk. Brush with butter.

Bake uncovered at 350 degrees for one hour. Serves 5.

Note: Since this is a thin gravy, you might like to thicken it.

OZARK PUDDING

Beat one egg for one minute at low speed. Gradually add 1/4 cup sugar, beating till very smooth.

Mix and sift 2 tsp. flour, 1 1/4 tsp. baking powder, 1/8 tsp. vanilla. Turn into well buttered pie pan.

Bake at 350 degrees for 25 minutes. Serve with whipped cream or ice cream. Serves 4.

Note: This makes a kind of fruit and nut meringue, not a heavy pudding.

HEARTY SOUP

(using wrinkled tomatoes)
Saute 1/2 lb. ground beef, 1 cup chopped onion, 1 cup chopped celery, 1 minced clove garlic, in 1/4 cup olive oil in large pot.

Add 2 cups beef broth, 3 or 4 cups peeled chopped tomatoes, 1 (19 oz.) can kidney beans, 2 tsp. dried parsley, 2 tsp. salt, pinch basil, and 1/2 tsp. pepper. Bring to a boil. Add 2 cups finely chopped cabbage and 1 cup uncooked macaroni. Cover and simmer for 20 minutes, adding a little water if it looks too thick.

CHICKEN WINGS IN BARBEQUE SAUCE

Clip tips off three pounds of chicken wings. Heat 2 tsp. oil in deep heavy pan and brown the wings and tips slowly, a few at a time. As they brown, remove them and arrange in 9x12 casserole.

Saute 1/2 cup diced onion, 1 crushed clove garlic, and 1 cup diced celery in fat.

Add 1 cup water, 1 cup ketchup, 2 tsp. vinegar, 2 tsp. lemon juice, 2 tsp. worcestershire sauce, 2 tsp. brown sugar, 1 tsp. dry mustard, 1 tsp. salt, and 1/2 tsp. pepper.

Bring to a boil, simmer 5 minutes, then pour over chicken. Bake at 325 degrees for 1 hour or until chicken is tender, turning pieces once and adding more water if necessary.

Serve with rice. Serves four to six.



NIECES OF KAYE Roszell gather around the former shopkeeper at an open house in her honor on Sunday. Left to right are great-niece Carol Patterson, Miss Roszell, niece Bella Maye Roszell and niece Marguerite Patterson.

Dublin W.I. elects slate of officers for 1977-'78

by Mrs. Laura Dennis
Dublin Women's Institute met at the home of Mrs. E. Norton, Mill St. E., Acton, on Thursday evening for their annual meeting. Twenty-six members and one guest were present.

A smorgasbord supper at 6:30 p.m. with a fine variety of hot and cold dishes was much enjoyed by the ladies.

Mrs. E. Norton presided over the opening exercises at the business meeting. Minutes and correspondence were read by the secretary, Mrs. D. Hunter.

Roll call was answered as usual at the April meeting with the payment of fees for another year, offer of homes and suggestions for roll calls for the next year's program.

Members were reminded of upcoming events: Achievement Day on Saturday, April 23 at E.C. Drury School, Milton; Officers Conference on May 3, 4 and 5 at Bingham Park, Waterloo, when Mrs. E. Norton will attend as the delegate from the Branch; Halton District Annual at Knox Presbyterian Church, Georgetown on May 17, when Mrs. M. Hunter, Mrs. E. Norton, Mrs. W. Lasby and Mrs. M. Nellis will attend as voting delegates, also the 80th anniversary of Federated Women's Institutes of Ontario on July 13 at Bingham Park, Waterloo.

An auction sale and a wedding reception on April 23 and May 13 respectively will be catered to by the members.

A generous collection of \$22 will be forwarded to the Mental Health Association toward their work by the convener, Mrs. A. Diamond.

Minutes of the last annual meeting in April, 1976 were read by Mrs. D. Hunter. She also gave a detailed treasurer's report for the year, and a fine balance was shown remaining. Many charitable and community efforts were supported with liberal donations.

The auditors' report was given by Mrs. E. Wilson, on behalf of herself and Mrs. A. Diamond.

Reports
In the absence of Mrs. D. Appleyard, convener, Mrs. M. Hunter read articles on the history of Speyside and the Emporium at Campbellville, which contained much historical information.

Complete reports were given by the chairmen of the Standing Committees which will be forwarded to the District Conveners respectively.

A fine report of the last District Directors' meeting held in Milton recently was given by Mrs. C. Armstrong. Plans for the District Annual on

May 17 were outlined. Several members hope to attend. The competition this year is for tea biscuits and butter tarts. A class was judged at the meeting by Mrs. G. Young, who said kind words about the Branch, before she announced that Mrs. W.J. McIntyre was the winner for her tea biscuits, and Mrs. W. Britton for the butter tarts. They will bake again for the District competition.

Mrs. E. Norton summarized the work of the Branch during her tenure as president. It had been a very busy two years, but with the co-operation of the members, much good had been accomplished.

Mrs. G. McMillan presented the report of the Nominating Committee which included also Mrs. A. Diamond and Mrs. M. McCullough, which was accepted.

Mrs. M. Nellis occupied the chair for the election of officers, and the following slate was installed for the following year:

Past president, Mrs. E. Norton; president, Mrs. M. Hunter; first vice-president, Mrs. W. Lasby; second vice-president, Mrs. H. Besley; secretary-treasurer, Mrs. D. Hunter; ass't secretary-treasurer, Mrs. K. Smith; district director, Mrs. E. Norton.

Alternate director, Mrs. C. Armstrong; public relations, Mrs. M. Nellis; branch directors, Mrs. H. Hlyth, Mrs. W. Britton, Mrs. C.M. Davidson, pianist, Mrs. M. McCullough, ass't pianist, Mrs. W. Frank, press reporter, Mrs. J.C. Dennis; ass't press reporter, Mrs. C. Armstrong; auditors, Mrs. G. McMillan and Mrs. B. Alder.

Standing committees: agriculture and Canadian

industries, Mrs. J. McLean; citizenship and world affairs, Mrs. W. Lasby; education and cultural activities, Mrs. F. Kirton; family and consumer affairs, Mrs. B. Alder; resolutions, Mrs. A. Near; social, Mrs. W.J. McIntyre; Mrs. G. McMillan and Mrs. W. Frank; curator Mrs. H. Dodds; curator committee, Mrs. C.M. Davidson and Mrs. J. Kramendonk; mental health, Mrs. A. Diamond; farm safety representative, Mrs. F. McCarron; program committee, Mrs. C. Armstrong, Mrs. D. Moffat, Mrs. J. Kramendonk and Mrs. C. McIntyre.

Visiting committee, Mrs. F. McCarron, Mrs. C. Armstrong, Mrs. C. McIntyre and Mrs. A. Diamond; quilt committee, Mrs. C. Armstrong, Mrs. W. Frank, Mrs. F. McCarron and Mrs. J.A. Van Fleet; bus committee, Mrs. C. Armstrong, Mrs. H. Dodds and Mrs. J. Kramendonk; nominating committee, Mrs. A. Diamond, Mrs. M. McCullough, Mrs. A. Murchison; catering committee, Mrs. E. Wilson, Mrs. E. Norton, Mrs. C. Thomson and Mrs. A. Murchison; card convener, Mrs. A. Diamond.

Mrs. C.M. Davidson will attend the Musical Festival on May 17 and present the trophies on behalf of the Branch.

Mrs. K. Smith reported on the progress of the canvass in the interests of the Canadian Cancer Society. \$600 was approved to be given from the organization for this good cause.

Mrs. E. Norton will attend a meeting of the Decoration Day Committee on Wednesday, April 27 at the Legion. A donation of \$35 will be given in support of this activity.

A past president's pin was

Open house held for Kaye Roszell

Kaye Roszell was guest of honor at an open house Sunday afternoon, held at the home of Mr. and Mrs. J. R. Patterson, Church St.

Some 50 people came to visit with Miss Roszell, a former shop keeper of 45 years, from two to five p.m. A few friends and customers also came in the evening. Helping Miss Roszell's

nieces Bella Maye Roszell and Marguerite Patterson, and great-niece Carol Patterson were Mrs. Ted Hansen, Mrs. Clarence Coles and Mrs. Barbara Murchison. Deborah and Karen Tuffin helped serve.

Flowers were given to the guest of honor from Mr. and Mrs. Roger Murray and Mrs. Elsie Syme.



REV. RUSSELL Tudor Hall (above) gave a talk on his trip to Africa Wednesday sponsored by the Canadian Bible Society in Beth-El Christian Reformed Church. Daphne King, president of the Acton branch of the society, resigned because she is moving to Vancouver. Harry Kerkhof will replace her until elections are held.

Club adopts colors, dress

Five new members joined the Acton Hill Billies C B Club at the April meeting attended by 30 members.

Yellow, blue and black are now the new official club colors after much discussion and decision. The idea of jackets, vests and shirts was adopted as the official dress to be worn to all CB functions. Vests and shirts are available for order from Tiger Lily and Tea Granny. Jackets are available from C.K. It was

agreed denim pants would be worn with the outfit.

Success
The recent transmitter hunt was both a financial and social success. All members are looking forward to another hunt and more planned functions.

A dance is planned in the near future to be held at Acton High School and sponsored jointly by the Hill Billies and the high school Student Association.

Members were delighted to hear that Brenda Seaton, a fellow CBER from Hespeler, is back home recuperating well from surgery. The Hill Billies and other CB clubs helped financially when Brenda required an extensive operation in Florida. Brenda is expected to be attending school in another month.

The next club meeting will be held on May 29 at the Scout Hall.

presented to Mrs. Norton by the incoming president, Mrs. M. Hunter, for her good and hard-working services during the last two years.

Mrs. H. Dodds as Curator, passed around mimeographed sheets of house logs. These are to be brought up to date for the next meeting. This is the history of the members' homes with as many pertinent facts as possible included.

With a special thanks to the outgoing president, Mrs. Norton, for her hard work, dedication and good leadership in her position, to the other officers, and the support of the members, Mrs. D. Moffat, as Courtesy Convener, said a sincere thanks for a very successful year which the Institute had enjoyed. She also mentioned the fine smorgasbord supper.

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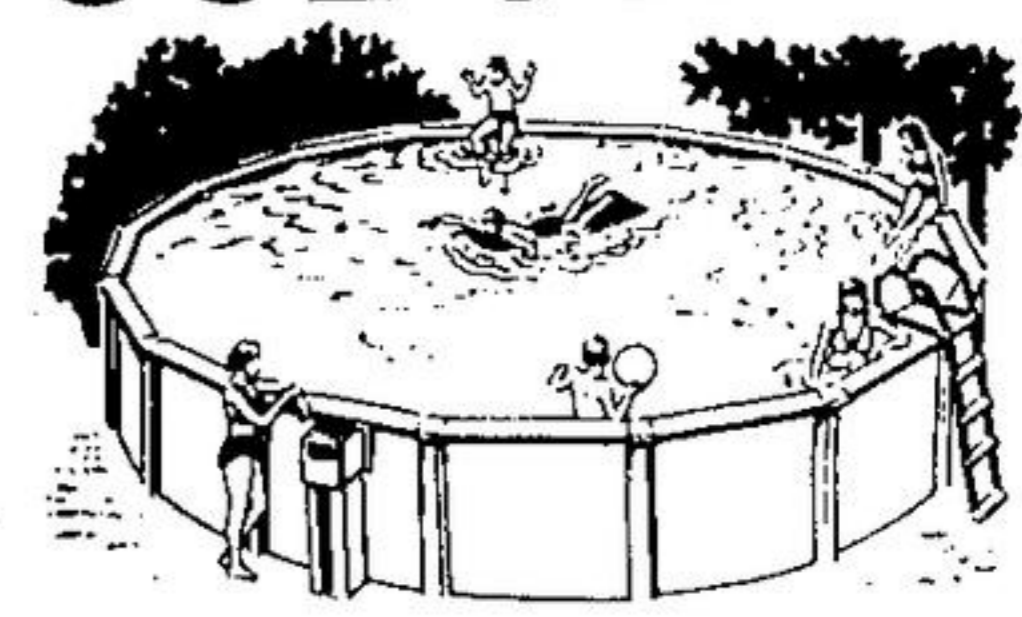
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MODELLING leisure gowns during the 4-H Activity Day at the E. C. Drury auditorium in Milton on Saturday are Bev Metherell of Dublin North and Doline Des Haies of Dublin South.

Raise \$300 for children

Over \$300 was raised in a nearly new and bake sale at St. Alban's on Saturday.

The proceeds are going to two youngsters the Sunday school children have adopted, one in Kenya and another in the Philippines.

Terry Grubbe, Marge Masales, Nora Sewell and Daphne King organized the sale.

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