

Wins two gold medals in Pan-American games

by Kerry Chalmers
Did you know that one of our local youths participated in the Pan American Games in El Salvador in December? Doug Cox, 19, of R. R. 5, Rockwood, not only participated, he won two gold medals!

Doug, son of Gordon and Olive Cox, began wrestling four years ago when he attended Centre Wellington High School in Fergus. His coach Frank Corning was a big influence, reports Doug. Coach Corning was the National Junior Coach for Canada at the Pan Am Games this past December.



DOUG COX, 19, of R.R. 5, Rockwood, was on the 10-man team that participated in wrestling at the Pan-American games in El Salvador.

trained for one month before competing against eight people from across Canada. He qualified in Greco and came in third in the 180 lbs. weight class in both Greco and free style. Usually a wrestler will use only one method but Doug finds the two complement each other.

Olympics
From there he went to Chicago, Illinois, to train with the American Olympic Team in preparation for the Olympic Games in Montreal. Because of a dislocated shoulder, Doug was unable to participate at the Olympics.

Last fall training began again at the University of Guelph. The Wrestling Board of Canada selected Doug as one of a 10-man team to participate in the Pan American Games in El Salvador in Central America. This team worked out in Fergus under the direction of coach Corning. There are 10 different weight classes. Doug wrestled in the 198 lbs. class in free-style and won a gold medal and wrestled 180 lbs. in Greco, again winning a gold.

Doug is presently training for the World Championships to be held next June in Las Vegas when 39 countries will compete.

"The general public seems to confuse amateur wrestling with the 'phony' professional stuff on television," explained Doug. "Amateur wrestling is a contact sport but is non-violent," he added. "I have been asked if I'm allowed to punch the guy and such questions, and I find this frustrating," he said.

He went on to explain that brute strength really means nothing in amateur wrestling but that technique is all important. It could be compared to Judo in that respect.

Last June Doug attended Olympic Training Camp in Thunder Bay where he

Rockwood bowling

Team standings
Carneys 77, Optimists 73, Mustangs 72, Guelphites 68, Five Plus One 61, Kay's Feeds 60, Countrymen 60, The Happy Gang 59, Nortons 52, Four Corners 51, Dynamites 42, Popeye 42.

Men over 600, Paul Holman 662, Peter Bosch 646, Ted Justin 612, Harve Reid 600.

Women over 500, Nellie Stokman 647, Ivy Ritchie 637, Linda Wilson 573, Eva Bosch 572, Violeta Lilley 536, Mary Lush 531, Val Samuel 520, Hanna Cleland 513, Gerda Birkholz 508, Barb McLaren 505.

Results of games played Tues. Jan. 11:
Carneys 5 pts. Hob Lilley 569, Danny Rennud 546; Dynamites 2 pts. Paul Holman 662, Jim Dales 632.
Nortons 7 pts. Ivy Ritchie 637, Roy Nightingale 509; Five Plus One 0 pts. Val

Samuel 520, Kathy Holman 456.
countrymen 5 pts. Peter Bosch 646, Eva Bosch 572; Mustangs 2 pts. Harve Reid 600, Dave Cleland 579.
Four Corners 5 pts. Nellie Stokman 647, Don McKersie 599; Popeye 2 pts. George Smith 518, Gordon Ostrander 499.
Optimists 4 pts. Ted Justin 612, Sam Nyholt 541; The Happy Gang 3 pts. Linda Wilson 573, Glen Gray 551.
Kay's Feeds 5 pts. John Polo 568, Mary Lush 531; Guelphites 2 pts. Jim Cerniuk 578, Sam Lawler 573.

Elect chairman

Rockwood Trustees elected Tom Reid as their chairman at their inaugural meeting on January 6. The next meeting will be held Tuesday, Jan. 25 at 7:30 p.m. at the Parish Hall.

Brownie news

by Diana Wallace
With a brand new year ahead we look forward eagerly to fulfilling our plans. We are busy getting on with test work and starting our new enrolled brownies on their tests.

The week before last we had a games night and Mrs. Chesworth brought her collection of lovely games. Her ideas are inexhaustible. We gave out a number of well earned badges last week and golden bars. Two Guides - Jane Hullah and Sylvia Schelke have joined us for 15 hours as they are working on their "Canada Cord". We find these older girls very helpful as Delia Chesworth, one of our regular helpers, has gone to England for six months.

Two brownies wrote their own story on "A Brownie night" for the newspaper.

Enthusiasm
Another new tweenie joined

us last week. They are full of enthusiasms and so proud to be brownies, these new little girls. It's delightful to see it. Everything you do for them is so appreciated and they love their brownie hat. Somehow the hat seems to be the most important thing you can possess at seven years old, and when you are enrolled and allowed to wear that hat, well, you feel 10 feet tall.

On the other end of the line we have four very eager older girls enthusiastic to join Guides who can't wait to throw off their brownie attire for their nice new blue uniforms.

By age 10 and 11 they really are ready for the bigger world of Guides, having completed their brownie work and eager for new horizons.

We have our fly-up ceremony on Jan. 27 for these four girls.

Centre managed committee of six

Rockmosa Recreation Centre will be managed by a six member community centre board including two members of council, it was decided at a recent Eramosa township council meeting.

The council is looking for members from the community at large to fill the other three positions on the board. By virtue of a deed, the previous owner of the land is a member of such a board, Reeve Bill Adsett pointed out.

At a recent meeting with Bill Kriesel, area representative of the Ministry of Culture and Recreation, council

was told that the province considers the project a municipal facility and based the grants, amounting to some 50 per cent of the total costs, on this premise. Fair and orderly use by reservation is expected. Operating and maintenance costs are a municipal responsibility.

The Rockwood and District Lions' club has already donated one quarter of the total costs in materials and labor, and is assuming an additional liability of the sum of \$50,000, the fourth quarter of the total proposed cost of \$200,000. No municipal funds have been involved.

Free Press Rockwood & District

Arthur Thomas 93rd birthday

by Kerry Chalmers
Arthur (A.K.) Thomas celebrated his 93rd birthday last weekend. This longtime resident of Rockwood has led a full and varied life.

He was born in Cambridge, near Lindsay in 1884 and lived there during his early years. His father worked in the flour and rolled oats mill and although the mill has since been burned down, the small building used for drying the oats is still standing.

In his early twenties, Mr. Thomas had a furniture and barbershop in Cambridge.

First strike
He was working in the up-

holstery shop of McLaughlin Carriage Works (the forerunner of General Motors) in Oshawa when the first 200 car engines were brought in from the U.S.A. He also had the unenviable distinction of participating in what was probably Canada's first automobile strike. It was organized from Toronto to effect the McLaughlin plant. He did not return at the end of the strike.

From 1907 to 1919 he was in the furniture business at the corner of Guelph and Main Streets in Rockwood and from then until retirement at the corner of Alma and Main Streets.



Arthur Thomas operated dairy
For many years Mr. Thomas ran the Rockwood Dairy. At one time this was the only home delivery of milk in Rockwood. His last business was that of poultry and egg producer, delivering eggs in the village but more particularly in Toronto from 1930 until retirement. He married the former Ida May Stout in 1909 and she passed away in 1965.

To join in his birthday celebration, his daughter Mrs. Fred Day and husband, and his son Lloyd Thomas and wife visited.

Rockwood roundup

by Kerry Chalmers
Rockmosa 100 Snowmobile Rally is set to go this Sunday. This is the fifth year for the event and all proceeds go to the Rockmosa Community Centre. This Lions club sponsored rally starts at Swanson's Farm Equipment, Conc. 2-3 between Highways 7 and 24 between 8 a.m. and 10 a.m. Lunch is available.

Don't forget to pick up your pledge sheets at one of the following places: Winter's Esso, Roots Hardware (Guelph and Rockwood) Country Mart, R & M Shopette, Stratton's, Petty's Garage, Rockwood Royal Bank, Regal Cycle (Woodlawn Road) and Swanson's Farm Equipment. If weather not suitable, rally will be held January 30.

Historic Architecture in Eramosa Township will be presented tonight in Rockwood Town Hall at 8 p.m. Gordon Couling will show slides and give a commentary as guest of the Rockwood Horticultural Club.

Rock-a-long Institute

by Mrs. W. Petrie
The first meeting of the Rock-a-Long Institute of 1977 was held at the home of Mrs. H. Shultz with 14 members present. The president, Mrs. G. Mitchell read a poem called "Resolutions".

It was decided to cancel the eueches during January and February due to the extremely inclement weather. However, there will be a mommoth eueche sometime in the spring and a draw will be made for a quilt. Tickets will be available at 50 cents each.

Short course
A short course on "The festival of dairy foods" was attended by Mrs. C. Watson and Mrs. B. Leroy. They will give a demonstration on Monday, January 24 at No. 8 Community Centre. This will be postponed until Wednesday Jan. 26 if the weather is bad. The time in both cases will be 7 p.m.

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