



MELVA SMITH, daughter of Mr. and Mrs. Ernest Smith of Alberta and Mark Hilfman, son of Mr. and Mrs. Lloyd Hilfman, R.R. 4, Acton, were married in St. Paul's United Church, Trochu, Alberta, Oct. 9. They are living in Mount Forest.

LIP grant

Co-ordinator to design clothes

The simple act of dressing oneself can pose a real problem for the elderly. Clothing manufacturers concerned more with fashion than function, senior citizens are doomed to struggling with buttons that are too small and zippers they can't reach.

Helen Lloyd, co-ordinator of Allied Health Programs for Sheridan College, Oakville South Campus, hopes to change all that.

She has been awarded a \$10,200 Local Initiatives Project grant from the federal government to hire three persons to research the clothing needs of the elderly and design garments especially for them.

The research-design project, scheduled to begin Jan. 4, will be the first of its kind in Canada to focus solely on the needs of the aged.

The only previous research on adaptive clothing has been limited to the handicapped.

"That was done by a group of occupational therapists at Sunnybrook Hospital," explains Lloyd. "We will be using that information as background but our research will zero in strictly on geriatrics."

The first step in the five-month project will be to survey residents of nursing homes, homes for the aged and senior citizens apartments to find out what clothing problems the elderly face and what they would like to see in the way of improvements.

"We will start with senior citizens first," says Lloyd, "because they are still looking after themselves and must deal with clothing problems on a regular basis."

In fact, senior citizens are

the major thrust of the project, which is designed to promote independence and self-care for the elderly for as long as possible.

"We hope that by developing clothing that is easy to put on, comfortable and easy to look after, the elderly will be able to remain on their own longer," says Lloyd.

She had seen the need for better-designed clothing for the elderly as a registered nurse working for many years in the nursing home field and as one of the instructors of Sheridan's health care aids course.

Geriatrics, activation, motivation and self-care are all important aspects of the health care aid course and, through direct experience in nursing homes within the community, students have become aware of the many clothing problems facing the aged.

In most cases, buttons are too small, armholes are not cut large enough and zippers are too difficult to handle.

Figure changes and disabilities such as arthritis demand clothing that is well-made, yet simple. It must also be soft, non-irritating, warm and easy to wash.

Those hired for the project will have had some experience in fashion design so that they can make sample items of clothing based on the needs they discover during their research of the elderly.

Those sample clothes will then be taken into the nursing homes and senior citizens residences to test them and obtain the reactions of seniors.

Couple wed in Acton now living in Victoria

A lovely double-ring candlelight ceremony took place on Friday evening, October 29 at St. Alban's The Martyr Anglican Church when Christine Brunelle and Lawrence Colero were wed.

They were married by Rev. Harry Dawson, now of St. James Anglican Church of Guelph. The beautiful wedding music was played by Mrs. Betty Oakes. Chris is the daughter of Mrs. Stella Brunelle and the late Sam Brunelle and Larry is the son of Lee and George Colero of Islington.

Bridal gown

The bride looked lovely in her gown of flowing off-white crepe with an embroidered matching eyelet yoke trim. Her full sleeves were cuffed with the eyelet and her gown was belted with an eyelet and crepe tie to match. Chris made her own wedding gown. Chris carried a cascade bouquet of deep peach rose buds and stephanotis and also wore a matching rose in her hair.

Her only attendant was her sister Bev, who was her maid of honor. She wore a lovely gown of multi-colored wine and pink polyester jersey with a matching wide-brimmed hat. She carried a basket of dried flowers. The groomsmen were Eddie Colero, uncle of the groom. The bride's mother wore a gown of blue and yellow flowered crepe and a corsage of yellow rosebuds. The groom's mother wore a white jersey gown bordered with pink and blue blouses and a corsage of pink rosebuds.

The bride was given in marriage by her brother Steve and the ushers were Tom Colero, Jodi Colero and Paul Brunelle, brothers of the bride and groom.

The church was filled with relatives and friends from near and far. There were four grandmothers and a grandfather at the wedding. They were Mrs. Mary Osbourne, Mrs. Anna Klapechuk of Kapuskasing, Mrs. Vittoria Maltese of Toronto and Mr. and Mrs. Sam Colero of Toronto. The grandmothers all wore red rose corsages.

After the ceremony, the guests celebrated the wedding at the Acton Meadows



CHRISTINE BRUNELLE, daughter of Mrs. Stella Brunelle and the late Sam Brunelle, Acton and Lawrence Colera, son of Lee and George Colero of Islington were married October 29 in St. Alban's church. They are now living in Victoria, British Columbia, where they both work for the B.C. government.

Brigade Milton display

There will be a special display in Milton Mall by the St. John Ambulance Brigade, and the Acton members hope people from here will be able to go down to Milton to see it. The display will be of interest to all; it will include movies of first aid, injuries, Anatomie Anne and much more.

In conjunction with the display, the brigade is having a draw to raise funds. The dollar tickets buy a chance to win a micro-wave oven, cassette radio, toaster oven and electric knife. The draw will be made this Saturday, Dec. 4 at 8:30 p.m.

The Acton members of the St. John Ambulance Brigade, No. 477, Milton Combined Division, are S. Blair Beemer, Bill and Mary Ann Chagnon, George and Marie Hargrave and Fred De Haan.

Give time

"We all give of our time free of charge," Blair Beemer explains. Giving is a two-way street. We get our satisfaction when we are able

to help someone on to the road to recovery after an accident. We would like to cover, on request, such public functions as hockey games, track meets, fairs, horse shows, music festivals, etc.

"But in order to do our job adequately, we need more members to do first aid."

Mr. Beemer asks: "Can you breathe for someone? Can you control severe bleeding? Can you treat an unconscious person? If not, you need us. If yes, we need you!"

Friends-In-Deed

Busy schedule

by Mrs. Emily Price

As 1976 draws to a close, it's time to sum up what our group is.

We are a group of handicapped persons and friends trying to reach out and lend a helping hand to all who would like help to adjust to everyday living and those who have overcome their handicaps and are willing to help. All of us at some time were able to do everything and enjoy the same things other people do, but circumstances beyond our control, changed our way of living. Tragedies can happen overnight to young or old alike and it is very difficult for some people to make the adjustments necessary to live their lives normally among people who have the use of all their faculties. As citizens, we have the right to do so, and it is only with the help and understanding of other people, we are going to be able to do it.

A sincere invitation is extended to all interested in voluntary help and coming out to become a member of "Friends". With the help of so many people, our group was able to enjoy many outings and events this past year. We



SUE ROBSON delicately places a piece of gingerbread on a frame which, when all the work is done, will be a beautiful gingerbread house. Sue is a member of the Acton chapter Theta Phi which is making two such houses to sell tickets on for a draw. The proceeds will go towards benefits for the Acton Rest Home.

Omit bank last week

Three gingerbread houses made by the Acton chapter Theta Phi of Beta Sigma Phi will be on display in Viman Arts and Crafts Supply Outlet, Bank of Nova Scotia and the Bank of Montreal. Tickets are on sale throughout the town with the draw to be made on December 16.

The Bank of Montreal was omitted from last week's report.

Surprise party

The surprise birthday party planned for Roy Agar when he reached the age of 90 was a great success, with many friends as well as relatives present. The event was at the home of his daughter Annie (Mrs. Mel Sampson) in Nobleton on Saturday. Mr. Agar was especially happy to see friends from Acton.

He received gifts and cards, and a plaque from the Ontario government.

He's a former Acton businessman and just left town recently.

Draw winners

Winners of the anniversary draw at Halton Hills Furniture and appliances are: black and white 12 inch television, David Hollett, 71 Kingham; drip coffee percolator Mrs. Blackie, 128 Acton Blvd.; digital radio, Mrs. R. Manes, R. R. 1, Acton.

Don McMillan
for Regional Council



ON MONDAY, DECEMBER 6th, 1976

VOTE
RUSSELL MILLER
REGIONAL COUNCILLOR
WARD 2—ESQUESING

12 Years—Municipal Experience
3 Years—Halton Hills—Ward 2 Councillor
2 Years—Deputy Reeve—Esquesing
2 Years—Councillor—Esquesing
5 Years—School Board—Esquesing

A vote for Russell Miller is a vote for dependable representation and a keen sense of responsibility to the electorate.

Information and Transportation Call 877-6619



NOTICE OF POLL

Notice is hereby given to the Municipal Electors of the Township of Eramosa in the County of Wellington that whereas more candidates have been nominated to each of the following offices than the number required to fill such offices, therefore polls will be held at the times and places stated in this notice for the purpose of electing the holders of such offices.

OFFICE(S) FOR WHICH POLL TO BE HELD:

- Reeve— ONE (1) to be elected
- Deputy Reeve— ONE(1) to be elected
- Township Council— THREE(3) to be elected
- Plebicite— Re: Debentures on possible arena

ADVANCE POLLS:

Date: Saturday, November 27, 1976.
Location: Municipal Building on No. 24 Highway.

REGULAR POLLS:

- Date: Monday, December 6, 1976
- Location: PSD No. 1 - Eden Mills Community Hall
- PSD No. 2 - Rockwood Townhall
- PSD No. 3 - Rockwood Townhall
- PSD No. 4 - No. 8 Community Hall (NO. 5 Sideroad)
- PSD No. 5 - Municipal Building
- PSD No. 6 - Ralph Wright (Oustic)
- PSD No. 7 - Speedside Hall
- PSD No. 8 - Swanstons' Farm Equipment

All polls will be open from 11 o'clock a.m. until 8 o'clock p.m. and no longer.

PROXY APPLICATIONS

A person who has been appointed a voting proxy may apply to the clerk not later than 5 o'clock in the afternoon of Tuesday, November 30th to receive a certificate to vote by proxy; Given under my hand this 17th day of November, 1976.


L.T. Hindley, Returning Officer

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