

Seniors converge on Milton for largest zone rally yet

An estimated 330 senior citizens from 11 clubs in the Zone 13 area, United Senior Citizens of Ontario, converged on Milton Monday for the 14th annual zone rally.

It was a fun time for all. They sang along, clapped their hands and danced in the aisles as various groups provided entertainment on the stage at Milton Memorial Arena's Lions Club Hall.

And they did some business too—elections were finalized and a new executive headed by active Acton senior citizen

Bert Davidson was installed in office.

It was the largest rally in the zone's 14-year history, said Tom Bradley of Milton, one of the organizers. Mr. Bradley, a founder of Milton Senior Citizens Club, was also one of the originators of the zone which stretches out to embrace clubs in Waterdown, Oakville, Georgetown, Freeland, Acton, Burlington, Aldershot and Bronte.

Alfred Allen of Georgetown, president for the past

two years, welcomed the seniors. Mr. Bradley introduced Milton's Mayor Anne MacArthur who gave civic greetings and the nominating committee report was given by a past president Bill Fellows.

Guest speaker Lt.-Col. Ralph Young, a director and president of the Oakville Senior Citizens Residence, is also a director of the Ontario Association of Homes for the Aged. He said the OAHA executive is currently launching an in-depth study

of the role of homes for the aged in the future—a project designed to assess the needs of senior citizens into the 1980s.

You're "experts"
But he told the audience "you are the experts on aging—you are the ones who can put together your views in an organized basis and matters, for their guidance and assistance."

Mr. Young, himself a senior citizen, disputed the arbitrary "senior citizen" age of 65 and mandatory retirement at that age.

"While aging is a fact of life, it need not be the downhill route to the end of living," he stated. "Age 65, or any other specific age, should be eliminated as a point in the life or work cycle, when we suddenly become surplus to requirements in the work force and must retire—quite apart from economic, physical and mental needs and

capabilities."
Mr. Young said retirement should be voluntary when the person attains financial independence—at any age. "Otherwise, retirement should be based on physical and mental considerations, coupled with the economic needs of the individual."

Find something
Once a person retires or is forced to retire, they should find some suitable and rewarding activity, in keeping with their physical and mental condition, he felt.

"The natural condition is for most of us to remain in our home environment as long as possible. If and when it becomes necessary for a senior to seek a home in a public or private institutional setting, we should be careful not to mix those who are physically and mentally alert, with those who are chronically ill. And there should be a separation of those who are mentally

inadequate," he said.
A senior's entrance to an institution might be delayed if a more comprehensive and economical means of providing home care service was available to help more retain their independence and remain longer in their own homes. "Perhaps here is an area where active but retired senior citizens might be utilized in gainful but non-competitive employment,"

he suggested.
Some type of work He felt the trend should be toward more low rental senior citizen apartments—coupled with supportive services on a fee-for-service basis. Such support could include homemaker and health services and this is one area where seniors with time on their hands could enjoy some degree of work.
To conclude the program,

each club attending provided entertainment, including stories, songs, a harmonica band, two choirs, recitations, a rhythm band was a guest and the audience enjoyed the

group's performance. Rev. Lorne Brown of St. Paul's United Church, Milton, said grace before the lunch. Each senior brought their own lunch.



PRESIDENT BERT DAVIDSON of Acton presents gifts to retiring Zone 13 president Alfred Allen of Georgetown and Mrs. Allen, during the 14th annual zone rally in Milton Monday.

New manager at food store is busy

Local shoppers may have noticed a big change in Foodland since last week. The prices are lower, a delicatessen has been installed, and a new face can be seen.

Andy Thomson of Waterdown has been hired by the Lumsden Bros. of Burlington, the new owners of the store, to be the new manager.

Since last Wednesday's grand opening, Mr. Thomson can be seen in every corner of the store almost simultaneously, either stocking shelves or helping costumers.

The grocery store business is not new to Mr. Thomson. He started out in it 17 years ago in Guelph, where he was born and raised. After 11 years there, Mr. Thomson moved to Hamilton where he

was three years in the food game. He then helped open three stores for another chain store in Burlington before going into business for himself in Waterdown. From Waterdown, he came to Acton.

Mr. Thomson is looking for a home in town for his wife and two children. They are now living in Burlington.

The other two previously-mentioned changes in the store can be attributed to two factors. The lower prices are due to the fact that the Lumsden Bros. are wholesalers and can sell the food at cheaper prices than the average store, Mr. Thomson says. The delicatessen is Mr. Thomson's idea, which he hopes the customers like.



ANDY Thomson is the new manager at Foodland.

Organ recital

An interested crowd of over 80 enjoyed the Conn organ recital Monday evening at the music centre. Playing three different Conn organs - one of them worth \$11,000 - was Larry Baguley of Willowdale. He gave a two hour program and then let members of the audience try the instruments.

The organs are available at Watson's Music Store here. Edwin Watson is the local representative. Price range here is from \$1,495 up to \$11,000, but the organs can run up to \$65,000, Mr. Baguley explained. They have infinite varieties of musical capabilities, as he demonstrated Monday.

Mr. Baguley travels all over demonstrating the organs, and Acton is the smallest town he's been to yet. He prefers the smaller centres; "people are friendlier," he says. He lived in Guelph at one time.

He says he thoroughly enjoys himself playing for people who enjoy music. He spent Tuesday at the store here.

No Red Cross campaign here

A Milton Red Cross campaign for funds display advertisement for Nov. 8 through Nov. 22 was mistakenly placed in last Wednesday's issue of the Independent, Georgetown and also in the Acton Free Press.

Georgetown and Acton fund raising canvass will not be held until March of 1977.

Rick Devlin, manager of the Bank of Nova Scotia, Acton, has been appointed industrial, professional and business chairman of the Georgetown and District Branch of the Canadian Red Cross Society 1977 Campaign for Funds in Acton and district.

Information on local Red Cross services will be made available to every householder in Acton, Esquesing and Georgetown, a branch spokesman said.

A further organizational meeting for the March, 1977 canvass will be held at Georgetown and District Memorial Hospital on Nov. 24.

Manor employees vote on union

Approximately 250 employees of Halton Centennial Manor will be eligible to vote on the certification of a union at the Manor, Nov. 25.

The Canadian Union of Public Employees has applied for certification and a meeting has been held with Administrator Stan Allen and a representative from the Labor Relations Board.

Mr. Allen said the two parties had almost come to agreement on the bargaining unit. He explained there are still two positions the union wants included, and the Manor feels should be excluded from the bargaining unit.

That decision will be made by the Labor Relations Officer. Mr. Allen said the vote would be taken Nov. 25 and a decision should be known by the end of the month.

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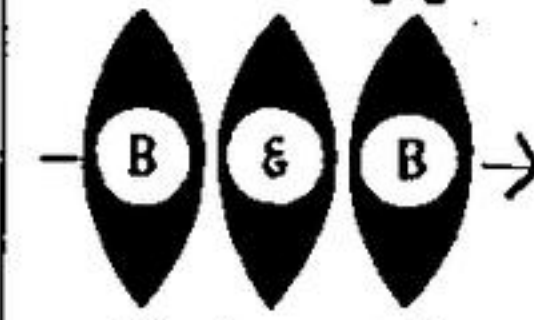
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