Rev. R. Finley was preach- lated illness. ing at a former charge,

Ralph Bradley, of Pickering spoke for the alcohol and drug concerns. He spoke on, "What's happening in our chemical society?"

There are 3 phases to life, youth, middle age and "My! you're looking good!" There are eight chemicals in toothpaste, nine or ten in corn flakes, etc. We say we don't take drugs, but what about aspirin, pepto-bismal, etc? Vallium, or librium, are prescribed by doctors, to reduce "up-tightness." You have to have a doctor's prescription; you can become addicted in 3 weeks. (Heroin takes 8 days.) When one doctor cuts you off,

you begin doctor-shopping. We can't blame the youth; the so-called "straight" adult world is now into drugs. 90 per cent drink socially. Prohibition didn't work; in drug concerns, the society tries not to judge, or be negative. After the legal drinking age was lowered in 1971, youth drinking and accidents, in Pickering (some fatal) increased over 200 per cent. Serious alcohol problems are found as early as Grade 6.

Youth, in terms of drinking, are simply imitating their parents. If a person can't get along without one drink a day, he's beginning to have an alcohol problem.

Those who visit France, for instance, where wine is cheap and available, come home thinking that drinking is sophisticated, and that if it were more available, we would have no alcoholism here. But 50 per cent of the hospital beds in France are occupied by people with alcohol-re-

The human body is wonder-Smithfield, for their anniver- ful. If a person has started to get cirrhosis of the liver, and he stops drinking, his liver cells regenerate themselves. You can live high on life, without drugs. Witness the programme of excercise which brings back heart attack victims to jogging condition. You can come back

from false values of life. Toc-Alpha is now its 19th year. It takes \$55 to sponsor a young person at the four-day conference held every Dec. at Niagara Falls. It also has summer trailers. The TV beer commercials seem to show that drinking is synonymous with health, youth and lots of money. There are counter-commercials coming soon. The CBC is calling for 40 countercommercials to hold up an

alternative style of life. Next Sunday, Thanksgiving, holy communion will be observed and there will also be a baptism.

Limehouse

by Mrs. A. Benton Mr. and Mrs. Wm. Brigham sisters, Mrs. Roughley and

The Limehouse Presbyterian Church folks served turkey dinners with all the trimmings to over 300 paying customers on Wednesday

Our three local fairs engood crowds and weather this year.

Sideroad 5

Did you know that beet juice brushed on your cheeks makes a better blusher than most expensive cosmetic

There's many such beauty hints in my trusty Mother Earth News Almanac. Natural cosmetics are a boon to the penny-

For instance: Mix the yolk of an egg into a pint of water with a pinch of borax. Use an an excellent egg shampoo.

Rainwater rinses give your hair the best possible shine. But if your hair is dull, use this recipe on it. Simmer a pound of honey and one ounce of beeswax together for a few minutes. Strain off the liquid portion and add one-eighth ounce each of lavender, thyme and oil of almond. Stir until

A cold water and fine oatmeal paste is good for the

Any cooking oil or fat makes an excellent hand lotion. So does the lanolin from sheep's wool. Keep a sheep in the backyard and run out to run your hands through his fleece several times a day.

Cornmeal makes a super gritty skin cleanser. Lather your hands with soap and sprinkle cornmeal onto the suds. Scrub thoroughly into your face and neck. Rinse and enjoy a lovely

Mayonnaise is another good cleanser especially for sensitive skins. The egg yolk adds much needed Vit. A. The oil penetrates quickly, and the vinegar helps maintain the PH balance.

Try putting a cup of lavender, lemon varbena, violet, honeysuckle mint, carnation or geranium leaves or petals into a pint of boiling water. Simmer for two minutes in a glass or stainless steel saucepan. Add a cup of cider vinegar and bottle the solution sealing tightly. After two weeks unseal and strain solution. This is great for the skin, relieves dryness and itching. It's also good for sunburn and will even remove the dull soap film from hair if added to the final shampoo rinse.

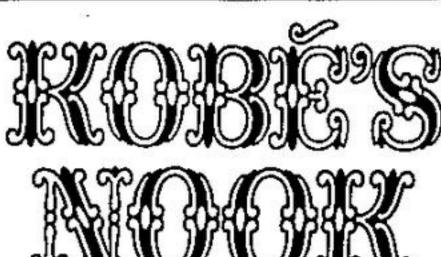
These and many other delightful hints can be found in the Mother Earth News Almanac. It's a valuable little book full of useful information and trivia.











Is pleased to announce the appointment of Mrs. Jessie Ganton as manager of its Moore Park Georgetown Branch and Mrs. Margaret Shearer of its Milton Branch in Milton Mall. 3oth Mrs. Ganton and Mrs. Shearer welcome. everyone to drop in and say "Hello" and see our beautiful selection of giftware.

Free Press

District Page

Name Clive Beardwood Township deputy clerk

By Dorls Fines

Clive Beardwood of Fergus has been appointed Deputy Clerk for the Township of Erin, council confirmed Monday. His duties start Nov. 1, and he comes with good recommendations.

County Land Division Committee for three years. He Town of Fergus, was with the Wellington County Health Department, and has taken a applied to annexation of the clerk-treasurer's course. Mr. Beardwood at one time was a resident of Ospring district, living on the third line just above 24 highway. Elmer McKinnon will stay on as clerk until the end of the year.

Jim Peer of Orangeville St., Hillsburgh, attended Erin Township council meeting Monday evening, with a proposal for an amusement park. re-grading and seeding. Bert Mr. Peer has been a resident of Hillsburgh for ten years, and has noticed the lack of recreation and amusement in the village. He proposes to have food booth, picnic areas, arts and crafts exhibits, amusement rides for children, on week-ends and holidays, and hire students as staff. He feels this is a unique idea, and would fill a need for the children. Council informed him he would first have to apply for a zone ture.

Violates By-law Another visitor to council was Mr. Pelegrini, who had

By Doris Fines

attended the wedding of

Catherine McCallum and

Garnet Bruce in St. Philip's

Church, Weston, on Sat. Sept.

25. Rev. Thos. Maxwell and

Canon Chotz officiated. The

bride's only attendent was

her sister Margaret Ellen

was his brother's best man.

Old Mill, and the happy

Brenda and Bradley, also

brother and sister-in-law Dr. school.

honeymoon.

from Montreal, Barry Bruce Doris.

Mr. and Mrs. Ward Bruce

Area guests attend

wedding in Weston

The reception was held at The McDougal from Elmira,

Mr. and Mrs. Byron Bruce, by the school pupils are going

were guests at the wedding, ordered. They must be turn-

and visited with Byron's ingout super salesmen at the

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couple left on a Barbados Mrs. Gordon Howes.

Ospringe

con, 3, and had received an order to have it removed. As this is a violation of the bylaw, the order still stands.

The plan for the Armstrong subdivision had been taken to County Planner Robert Truemner, and he presented For the past 12 years Mr. his views on it to council. He Beardwood has been working said it could be an asset to the for the County, and has been community. The plan calls secretary of Wellington for 140 to 150 ft. frontage on all lots, and they must provide their own water. It is a was Deputy Reeve of the wide open area, but not good

agricultural land. The village of Erin has 100 acres of the Thompson farm, at the north corner, and have agreed to give a letter that they wouldn't oppose the township development if the township didn't oppose their annexation. So far, no letter has been forthcoming

Among the accounts to be paid is the one for the ninth line cemetery for cleaning, lambs, and \$150 for a sheep. which were killed by wolves. He will also receive \$10 for shooting the wolf which was caught in the act of chewing the sheep while it was still

Approve grants A motion was carried to grant \$300 to Erin Agricultural Society, and \$150 to Acton Agricultural Society, to assist them in better agricul-

Hillsburgh trustees wrote a letter to council requesting that the stop sign be taken of Barker street. It is now a 2erected a shed for tools on his way stop on Barker and ten acre property on lot 5. Church. The letter was tabled

and Mrs. Garth Bruce, in

Mr. and Mrs. Fred Swain of

Niagara Falls visited on the

week-end with Mrs. Swain's

sister and brother-in-law Mr.

Thunder Bay is holldaying

with Mrs. Thomas Fines and

Mrs. Alex Campbell of

Mr. and Mrs. Hugh

spent Sunday with Mr. and

like hot cakes. More had to be

Chocolate bars being sold

and Mrs. Elmer Fisher.

reasons for the change.

payers of Hillsburgh also sent a letter asking for an investigation into the noise of motorcycles, in the village, requesting them to act upon it as they see fit. It was suggested Elmer McKinnon get in touch with the OPP and review the problem.

A stop sign has been erected at Crewson's corners.

The village of Erin asked for a donation from Erin Township towards building their arena. As council hasn't donate outside their municiown plans are.

Fire chief Bob Cheyne gave his report on the investigation into tanks and trucks, to Berry will be paid \$140 for two make council aware of what may come up in the near future. The firemen had a successful dance to raise money, and they donated \$900, to the Hillsburgh arena.

Ed Barden was appointed Flood Emergency Co-ordin-

until the trustees outline their

The residents and tax-

Delay arena action been asked to donate to their own arena, they thought it was a little premature to pality. The request was tabled to a later date, until Erin has decided what their

ator for Erin Township.

Eden Mills

Church ladies serve East Rochester group

by Mrs. Georgina Wright The Presbyterian Women of Eden Mills Presbyterian Church were a busy group on Tuesday when they entertained a bus load of senior citizens from East Rochester, N.Y. to a hot dinner at noon. Forty-eight ladies and men enjoyed their outing, in charge of Mrs. D. Danlels of East Rochester (formerly

Jean Lawrie) of Eden Mills. Arriving before noon they had a tour of the Community Hall and the friendly Seniors' Club Room, then to the Church for dinner. A tour of the University was to take place later. Heading for home a supper at St. Catherines

Plan mini-fair

was planned.

The committee for the Eden Mills Fun Fair held a meeting last week and made plans for a Mini-Fair to be held indoors at the Community Hall Saturday. October 16th, due to the cancellation of the Fun Fair because of bad weather conditions.

Monthly meeting Mrs. G. Wright opened her home for the Presbyterian Women's monthly meeting with eleven ladies present. Mrs. W. Lasby, the president opened with a hymn, then the Lord's Prayer in unison.

Scripture reading was given by Mrs. G. Wright. Minutes of the last meeting and the Treasurers report

were heard and several

letters were read. Plans were made for the Fall Thank Offering Meeting in charge of Mrs. D. Blacklock and Mrs. Don Sinclair with a special guest speaker. Plans were also made for the combined Bazaar with the United Church in November.

Tickets are going fast for the Turkey Dinner in Eden Mills Community Hall Sat. October 2nd, sponsored by the U.C.W. of the United Church. A large crowd is expected.

The Acton Free Press, Wed., October 6, 1976 B 1



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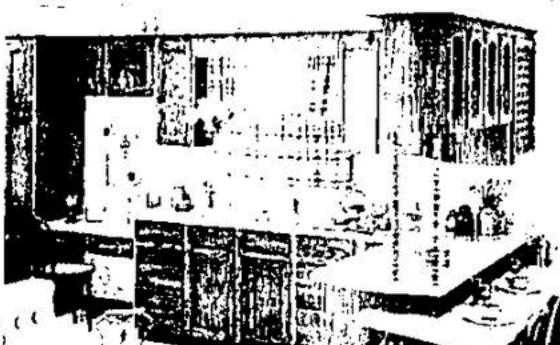
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of B.C. have been visiting his Miss Brigham.

rouges? Bet you didn't.

wise and those with hyper-sensitive skins.

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complexion.

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Jessie Ganton

