

BARBECUE OR PICNIC ... *Either Way YOU SAVE*

FOODLAND

DATE OF SALE... JULY 14-15-16-17 1976

TENDER & JUICY CANADIAN PORK

SIDE RIBS *GREAT ON THE B-B-Q!* **143** lb.

FRESH CANADIAN PORK

PICNIC SHOULDER ROAST **79** lb. ¢

SHOPSY'S ALL BEEF

WIENERS 1lb. VAC PACK **89** ¢

BUTT or SHOULDER CHOPS *GREAT ON THE B-B-Q!* **119** lb.

PORK LIVER **45** lb.

LUNCHEON MEATS 5 VARIETIES **2/87** ¢

POLISH COIL BY THE PIECE **109** lb. ¢

FARM STYLE SAUSAGE **88** lb. ¢

SUGAR PLUM HAMS **179** lb. ¢

COTTAGE ROLLS *SWIFT'S PREMIUM SWEET PICKLED 1/2 CRYO VAC* **129** lb. ¢

SIDE BACON *SWIFT'S LAZY TRIPLE OR SHARP POINT* **174** 1lb. VAC PACK

CORN BEEF *SHOPSY'S DELICIOUS* **119** 2oz. - 4 PACKED

PARFAY DESSERTS **2/87** 12oz.

CORN HAMBURGERS **HOTDOG** **SKELET**

FROZEN PICNIC WHITE or PINK LEMONADE **39** ¢ 12 oz.

FROZEN M'CAINS MIXED VEG. 2 lb. PKG. **79** ¢

FROZEN FARM HOUSE APPLE PIE 24oz. **99** ¢

FRESH PRODUCE

PRODUCE OF USA
SUNKIST SIZE 113'S

VALENCIA ORANGES **89** DOZEN

FROM THE TROPICS
GOLDEN YELLOW

BANANAS **17** lb. ¢

PRODUCE OF SOUTH AFRICA
CANADA NO. 1 GRADE

PACKHAM PEARS **5/59** ¢

MAXWELL HOUSE COFFEE **189** 1lb bag

ROSE RELISH **39** ¢ 12 FL. OZ.

CAKE MIXES **69** ¢ 3 VARIETIES 13.5 oz. to 14oz.

AYLMER CATSUP **98** ¢ 32 FL. OZ. BOTTLE

CINDY LIQUID DETERGENT **59** ¢ 32 FL. OZ.

CARNIVAL APPLE JUICE **49** ¢ 48 FL. OZ.

YORK PEANUT BUTTER **199** 3lb.

24 oz. LOAF FOODLAND BREAD 29 ¢	3 QT. JUG 2% PARTLY SKIMMED SKIM 119 ¢ PLUS DEPOSIT	2 kilos GRANULATED SUGAR 89 ¢	KISMET SOFT 1 lb. MARGARINE 39 ¢	16 FL. OZ. CARNATION MILK 3/100
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FREE! IMPORTED
Scandia Glassware
with Cash Register Tapes

SCHNEIDER'S SLICED.
SIDE BACON 1lb. VAC PACK **156** ¢

FOODLAND 140 Mill St. ACTON ONT.
...A NAME YOU CAN TRUST...