

ne life

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ited Halton MP Frank
a office last week.
ng hours on the job and a
r information are the
MP's.
le that sees him running
ginning of the day to the
morning, Dr. Philbrook
ng he would like to cut
elsewhere in this week's

y Steven Dills)



THE AVERAGE DAY for Dr. Philbrook runs into about 16 hours.



MP PHILBROOK works out in the MP's gym on a daily basis.



STAYING IN SHAPE is important to help the MP keep up the pace that is required on the Hill.



MP Frank Philbrook spends a lot of time in the House of Commons. Compulsory house duty amounts to a day and a half each week.



DR. PHILBROOK enters the west block on Parliament Hill.